

Swing on balance from the ground up...

How many golf instruction videos have you watched that urges you to stay on balance throughout your swing? The instructors will have you standing on one foot, then the other one while making a swing to demonstrate the importance of delivering your club at the bottom of your arc while standing steady from start to finish.

Maybe that balance should start with the shoes you wear. Nike thinks so.

NIKE TW'13 Men's Golf Shoes

Playing barefoot is described as the near perfect way to play golf, but of course not recommended. So Nike has come up with the TW '13 Men's Golf Shoe that mimics and conforms to the natural motion of the foot, allowing freedom of movement and helping to release more power through your golf swing.



It offers support through a Dynamic Fit system and Flywire technology for lightweight support along with mid-foot and arch glove-like locked-down fit. The TW'13 waterproof multi-stretch leather upper provides weather protection and durability. The Champ Scorpion Spikes and Tri-LOK system on the heel and forefoot adds an extra measure of traction and stability where it's needed most.

They have nice athletic style look and the comfort can be appreciated even more if you are a walker instead of a cart-rider. With the natural movement of your feet it seems that the fatigue in your feet and legs during a round is far less than before the Nike TW'13's.

One draw-back might be the heat that can be felt on the sole of the shoe. The thinner outer sole can seem considerably hotter and might be a shoe you wear more in the spring, fall or winter, if your climate allows cooler weather rounds. For more information on the new Nike TW'13 golf shoes log on at www.nike.com