

Still looking for a better putter grip? Oversized grips are not just a fad!

Many golfers that have struggled with making putts have problems with the mechanics of their swing, not reading the greens. To address this problem major grip companies have developed the oversized grips to minimize the golfer's hand rotation at impact. And, contrary to common belief this is not just another golf equipment fad.

Smaller putter grips have been shown in on-course testing to create



Jordan Spieth celebrates 2015 Masters' win using The Super Stroke putter grip.

twitchy and inconsistent wrists which can result in misalignment of your club-head as it hits the ball. This puts the ball on a different path than the one you wanted, and ultimately, results in missed putts.

In comparison, jumbo grips can help the golfer's accuracy by increasing the diameter of the putter grip. This increased size forces the golfer to use the larger muscle group in their shoulders and arms, the group that moves dramatically less than the wrists do, which results in higher levels of accuracy around the greens.

For players that tend to get a little too handsy or wobbly while putting, the larger grip can make them more stable. This is another reason you'll see players with the putting yips turn to an oversize grip. The oversized grip can quickly smooth out the putting stroke making the player more consistent and accurate on their putts.



Phil Mickleson switched to The Super Stroke putter grip in route to his 2013 British Open win.

Another common problem golfer's face with their putting technique is shoulder alignment. In an ideal world, your shoulders would be completely square at setup and impact of the ball, creating consistent ball striking and results in good distance control.



In reality, many golfers have a dominate right hand which results in misaligned shoulder angle, again making solid ball striking difficult. While this problem can be solved by switching to a left-hand-low or cross grip style, however a majority of golfers are



Two thumb grip

switching to the jumbo grips that put the thumbs closer to each other during the stroke. This will readjust the shoulder tilt that will encourage sound putting techniques.

SuperStroke putter grips are "parallel" from the top down. While traditional putter grips tend to taper from the top of the grip down to the tip end, oversized SuperStroke putter grips maintain the same width from top to bottom. According to SuperStroke, parallel grips allow golfers to grip the putter with equal pressure throughout, leading to less hand tension and a more consistent putting stroke.

As always the best way to find out if the over-sized putter grips are for you is to head over to your favorite golf shop or club pro shop and try out a few of the jumbo grips available. Many of them will vary in size and weight but trying out a variety of different grips might help you find the one that's best for you.