

# HOW TO BE MORE CONSISTENT

Bruce Parker  
Owner/Director of Golf  
The Effortless Golf Center

There is a lot of talk about what moves what in the golf swing. There are many different methods to this madness.

I have been teaching for close to 30 years and the most common thing all golfers want is to be more consistent. I mean golf is about knowing what's going to happen when you swing. Having a repeatable swing is the ultimate. Let me give some simple advice, and remember this, "A manipulated movement is an inconsistent way to move, a reactionary movement will happen the same way every time."

So the more reactionary your swing is the better and more consistent you can become. If you manipulate a shoulder turn, a hand hinge, weight transfer, and all the other 417 moving parts that are over analyzed in the golf swing you just don't have a chance. Let's figure this out.



Your grip or hands control the club face.

As Hogan said "To try and control the swing with the hands is folly, way too fast and devilish of a move."

If you talk to any tour player and ask them the biggest flaw with all the armatures they play with, it's that they don't stay centered during their swing."

I take that as they are trying to use their body too much and in the wrong manipulated manner, hard to make consistent contact. I'm here to tell you, if you use your arms to swing, your

body and hands will react properly and do it the same way every time. This is the basic golf swing. Anything else you may add to this movement is an enhancement that may take away from your consistency.

To put it even more simply, learn to throw a strike before you try a 100 mph fast ball. Remember, the pitcher gets pulled in the 6th inning because his arm got tired.

To find out why my clients keep improving, come see me, I will change your game.



**LEARN TO BE MORE CONSISTENT**

by contacting:

**BRUCE PARKER**

@ The Effortless Golf Center

located at 10401 Cadillac Street

Pineville, NC 28134

704-759-4676

OR

704-962-3838