

YOUR TESTIMONY

- A shared story about something God has done in your life – how you have experienced the Kerygma*. How you said your personal “YES”
- Each testimony is unique because we are each a unique creation and our experience of God is unique
- Testimony is powerful because it is personal and real: difficult to argue with
- It could be an event, experience, decision or action. For example, it could be about:
 - Your conversion, when your faith became personal or alive
 - A time of suffering or challenge, how God carried you through
 - An important decision, how God guided you
 - A time that God worked in your life, not necessarily dramatic
 - It’s good to have several different testimonies to be used in various situations.

*Kerygma: “the initial ardent proclamation by which a person is one day overwhelmed and brought to the decision to entrust himself to Jesus Christ by faith.” (St John Paul II, in his 1979 apostolic exhortation [*Catechesi Tradendae*](#)).

YOUR TESTIMONY TEMPLATE

- 1. Background/context.** *What was your life like before? Your relationship with God /Jesus/ and others?*
- 2. What happened?** *Describe simply and clearly your encounter with Jesus.*
- 3. What happened afterwards?** *How did Jesus change/enrich your life? What does it mean for you today? What is your relationship with God and others like now?*
- 4. Invitation.** *How are you going to encourage the person you are talking to? (Invite them to something? Offer to pray with them?)*