

THE GREATEST GIFT IS LOVE

(1 Corinthians 13:13)

The transformative power of God's love

In 2026 we explore the foundational truths of our faith, and how they reveal the amazing and powerful love of God. This will not only enable us to deepen our own understanding and appreciation of the Good News but will also inspire and equip us to share it with others.

The whole programme is underpinned with prayer and each guest speaker is requested to conclude their talk with a time of prayer for participants to be re-filled with the Holy Spirit, and with God's transformative love, so that they can be inspired and activated to put into practice what they have learned from the session.

"He who is filled with love is filled with God Himself." – St. Augustine

ZOOM MEETING FORMAT (scheduled timings, subject to some flexibility)

Most of our monthly meetings are on Zoom. Speakers may join the meeting either from the beginning or at the 11.10 break, They will have 35 minutes for the talk, including a time of prayer for the group, and a further 15 minutes to answer questions.

- 10.00 Introduction from ADoRE leader
- 10.05 Livestream Mass including homily
- 10.40 Livestream Adoration
- 10.50 Prophetic sharing (introduced by ADoRE leader)
- 11.10 Break
- 11.20 Introduction from ADoRE Leader
- 11.25 Praise and Worship
- 11.45 Short testimony
- 11.55 Main Talk by guest speaker, concluding with...
- 12.25 Prayer by guest speaker,
- 12.30 Q&A with guest speaker (optional)
- 12.45 Closing remarks and prayer from ADoRE leader
- 1.00 Finish meeting

LIVE MEETINGS

Two meetings this year (possibly May and September?) will be a full-day live format somewhere in the south of England. Locations, dates and full timetable to follow but there will be just under an hour available for the talk.

EXPANDED TALK SUGGESTIONS

When preparing your talk, please be guided primarily by the Holy Spirit. You should follow the main theme, but the following detailed suggestions are only given as possible guidance and are not intended to be prescriptive. You do not have to cover everything on the list – please ignore anything that is in conflict with what the Holy Spirit is prompting you to include.

We suggest that your talk might include relevant elements of your own personal testimony, and also include the importance of using the charisms of the Holy Spirit to bring others into the Kingdom. Please conclude your talk with a few minutes extended prayer for participants to be blessed with charisms in the ways that have been covered in your talk.

After the talk, we usually have around 15 minutes Question and Answer time with the speaker. (Questions are moderated by the meeting host). Please let us know if for any reason you would rather not have a Q&A.

January 24th GOD IS LOVE

Jesus taught us that God is loving and merciful and we should relate to him as “Abba” our perfect father.

“God is love. Whoever lives in love lives in God, and God in them.” (1Jn 4:16)

- God is love. This means love is not something God has, but rather who He is.
- Many people have a false image of God as a harsh judge, too Holy and unreachable, rather than a loving Abba father. Who is God the Father to You?
- We are His children, adopted into His family and unconditionally loved by Him.
- He wants us to seek him and His kingdom first, and He promises that all things will be added to us.
- Above all He wants us to love him as a child, in humility and acceptance of His perfect will.
- It is only by love that we keep the greatest commandments: Mark 12:30-31; John 15:13; 1 John 3:11; Luke 6:35; 1 John 5:3

February 28th JESUS – NO GREATER LOVE

There is no greater love than that of Jesus who laid down his life for us.

“For God so loved the world, that he gave his only Son, that whoever believes in Him should not perish but have eternal life.” John 3:16

- “Who do You say that I am?” Who do we say Jesus is? How do we know Jesus is God?
- We should all know the answer to this, so that we can help those who are searching.
- *Christ is the visible image of the invisible God (Colossians 1:15)*
- How do we relate to Jesus? Do we have a ‘personal relationship’ with him through an active prayer life?
- Is Jesus “Good News” to us? How would we describe the Jesus we know to others?

March 21st THE SPIRIT OF LOVE

The Holy Spirit transforms us by opening us to God's love.

I will give you a new heart and put a new spirit in you (Ezek 36:26)

- Introducing the person and role of the Holy Spirit and the transforming power of baptism in the Spirit.
- The Holy Spirit softens our hearts, making us more receptive to God's love.
- He moves us away from self-centredness towards a love for God and others.
- He reshapes our thoughts, replacing negative and worldly thinking with God's truth.
- He draws us into a closer relationship with God allowing us to experience His presence and guidance in our daily lives.
- (NB gifts of the Spirit will be dealt with in detail in another session)

April 25th SURRENDER TO LOVE

Our faith is a way of life; worshipping God because we love Him.

“God is Spirit, so those who worship him must worship in spirit and in truth.” (John 4:24)

- The full spiritual truth of our Faith and worship is that it's more than just attending Church on Sundays and living a 'good life,'
- Even if we've been Baptised and Confirmed, we need Baptism in the Holy Spirit so that we can intentionally receive and agree to co-operate with these graces in order to activate them fully.
- We need to make the Lord the centre of our lives, surrendering to him in trust.
- Because God loves us, we love, worship, obey and serve Him.
- Discovering Praise as a way of life and a way of expressing our love.
- Praise in singing and silence. Praise with our bodies and through our activities.
- The power of Praise to break strongholds and set us free!

May 23rd THE GIFTS AND FRUIT OF LOVE

The Holy Spirit empowers us to be “other Christs”

“You will receive power when the Holy Spirit comes on you; and you will be my witnesses ... to the ends of the earth.” (Acts 1:8)

- Deepening our understanding of the work of the Holy Spirit, His power and His gifts.
- The Holy Spirit makes us more Christ-like so that we produce spiritual fruit through our active love and service of others.
- He empowers us, with gifts and charisms, to live out our faith, fulfil our calling, spread the Good News, and be a positive influence in the world.
- Difference between gifts and charisms and fruit
- Yielding to charisms and putting them into practice – with love (1 Cor.13:1-3)

June 27th LOVE ONE ANOTHER

Being a disciple of Jesus in the modern world

“By this everyone will know that you are my disciples, if you love one another.” (John 13:35)

- To be a Christian is to be a disciple, a follower of Jesus. Jesus served in humility, preferring the needs of others to his own.
- We are called to emulate him and to pass on to others this “Agape” love (selfless, unconditional) that we have received.
- How can we do this? Through our lives reflecting his and by the power of the Holy Spirit working through us! We are bearers of light to an ever-darkening world.
- Agape love is not just a feeling, but an active choice and commitment to love and care for others, even when it’s challenging
- The need to pray for courage to stand up for the truth of our faith in a world increasingly ignorant of God.

July 25th HIS BANNER OVER US IS LOVE

Responding to God’s invitation to His heavenly banquet.

“Let him lead me to the banquet hall, and let his banner over me be love” (Song of Solomon 2:4)

- Exploring the meaning of the parable of the wedding banquet (Matthew 22:1-14)
- Our Father God invites us personally to attend His heavenly banquet.
- We don’t have to worry what we will wear, as wedding garments will be provided.
- In other words, all God asks is that we RSVP his invitation by saying “Yes” to Jesus.
- As a foretaste of the heavenly banquet, Jesus invites us to the table of the Eucharist.
- Heaven comes down to us and the Eucharist transforms us into Christ Himself.
- As we consume the Holy Eucharist, we are drawn into the divine life of the Trinity.
- We are made one with God who is love and are given the food of eternity.

August 22nd LOVE MERCY

Responding to God’s mercy to us by forgiving others.

“What does the Lord require of you? To act justly and to love mercy and to walk humbly with your God.” (Micah 6:8)

- God’s infinite mercy: when we turn to him in repentance, His mercy is bigger than any mistake that we have made. It is an expression of his unconditional love.
- God does not cause human suffering but understands it and identifies with it through Jesus.
- Through mercy and forgiveness, He offers us a fresh start. We too need to be merciful and give those who hurt us a fresh start.
- Jesus taught us to forgive others as we are forgiven”. When we hold unforgiveness in our hearts it binds us and acts as a barrier between us and God.
- “Offence” is a word that we hear all too often in our society today, but if we are kind to someone who offends us, incredible things can happen!
- Our response can truly be the entryway to an encounter with Christ – God’s mercy may change their life and ours!

September 19th HEALING: LOVE IN ACTION

Stepping out in faith and love to pray for people.

"I will heal them; I will guide them and restore comfort" (Isaiah 57:18)

- Jesus performed many miracles of Healing and, through these signs and wonders, many believed in him and his message.
- God heals through his people today. The same authority and power to heal that Jesus gave to his disciples is given to us through the same Holy Spirit.
- Praying with others for healing in body, mind and spirit. Healing of memories; family trees (generational healing) etc.
- Praying over children & family. Offering to pray for friends often brings them peace and consolation - they may never have had anyone pray with them before.
- Faith is spelt RISK, in other words step out in faith, take the risk and offer to pray. Miracles happen this way.

October 24th THE HEART OF HOLINESS IS LOVE

Sainthood is for ordinary people!

"We are all called to be holy by living our lives with love and by bearing witness in everything we do, wherever we find ourselves." (Pope Francis)

- Holiness is not about "swooning in mystic rapture," but it is about recognizing and serving the Lord in the hungry, the stranger, the naked, the poor and the sick. (Pope Francis).
- We are all called to sanctity in the situations in which we live out our ordinary everyday lives.
- None of us can be perfect as we all sin but Jesus teaches us that to be holy means to live simply, putting God first, repenting of our sins, trusting him and not earthly wealth or power, being humble, mourning with and consoling others, being merciful and forgiving, working for justice and seeking peace with all.
- We do all this not to feel good about "our" achievements, but out of love for God. The good we do, we do simply and humbly for and in Christ, through the power of the Holy Spirit.

November 28th THE POWER OF LOVE

How to have victory in spiritual warfare.

"God gave us a spirit not of fear but of power and love and self-control." (2 Tim 1:7)

- A wake-up call to the spiritual battle going on around us - twisted truths and lies growing ever bigger on social media, etc.
- The difference between being Christian and being Kind (*not wanting to cause offence*)
- Understanding the nature of the spiritual battle between good & evil & our need for discernment. This battle involves the struggle against temptation, sin, and the influence of evil spirits.
- How to engage in the battle in our everyday lives, understanding the magnitude of God's power and love.
- The need to be rooted in God's word and our faith in His victory, so that we will not be deceived or fearful.
- Trusting that we have the authority of Christ and the power of the Holy Spirit and have nothing to fear. The battle belongs to the Lord; We are more than conquerors!