

PROPHETIC WORDS GIVEN AT ALTON DAY OF RENEWAL

Prophecy isn't primarily about telling the future. It's essentially giving us current insight into God's plan and His Word, calling us back to what's already been revealed in public revelation. The Catechism of the Catholic Church states that although "Revelation is complete, it has not been made completely explicit; it remains for Christian faith gradually to grasp its full significance". (CCC66) Prophecy encourages us and reminds us of the heart of Christianity: of God's love, His mercy and forgiveness through Jesus and His presence with us through the power of the Holy Spirit.

The following words were given at Alton Day of Renewal, and we believe they are from the Lord. But they will not all be relevant for everyone: you need to pray to the Holy Spirit for discernment about whether God is speaking to you personally about something. We hope you find them inspiring, encouraging, or comforting. Although we have prayed and discerned that they are in line with Scripture and the teaching of the Church, please bear in mind that "Private revelations.... do not belong to the deposit of faith. It is not their role to improve or complete Christ's definitive Revelation, but to help live more fully by it in a certain period of history." (CCC67)

ALTON DAY OF RENEWAL WORDS OF PROPHECY 27/1/2024

First Word

During the adoration, I was reminded of when I was at our church last Saturday for adoration. I was kneeling in front of the Blessed Sacrament looking at the monstrance and suddenly it seemed to be like a searchlight, a concentrated beam of warmth of light just streaming out towards me. I really felt the love of God just surrounding me and streaming out just like a searchlight. It was beautiful and just reminded me again this morning that God loves each one of us, just the way we are.

Second Word

My contribution is the Prophet Micah 6:8 I don't know if it's relevant. *He has told you, O mortal, what is good; and what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?*

Third Word

That was a very lovely adoration time for me. When we lost the picture of Gareth's adoration, I closed my eyes and sort of inside my eyelids I still had the picture of the Lord in the monstrance and it was very, very powerful even with my eyes closed and it was as if the Lord said to me "You see the reality of my presence with you is so strong even if you can't see him." I thought that's really important and as I prepared myself in a way to come into his presence (occasionally the Lord blesses me with the feeling of his presence) I thought: we need so much to satisfy our eyes, but we mustn't forget that he can't be more with us than he is with us. So I just wanted to share that: each of us where we are, even when we're all apart, we're united. Because his presence is the same for each of us where we are, whether we can see him or not in our representation.

Fourth Word

I actually received this as a prophecy for 2024 and I sent it to Alastair and he suggested that I read it because it's very much on the theme of today. And I'm sure we all recognize the state the world is in. So I feel the Lord is saying that mankind has turned away from God to worship the gods of their own desires. "Therefore God gave them over in the desires of their hearts ..." (1 Romans 24). A time is approaching of natural disasters and growing political and social unrest, wars and turmoil across the globe. It's also a time of deceptions, falsehoods and distortion of the truth attempting to infiltrate every facet of our lives, including the Church. But we should have no fear.

“Will you trust me with all your hearts and lean not on your own understanding” (Proverbs 3:5) for I am the Lord your God who takes hold of your right hand. Do not fear, for I will help you. Are you prepared to *“walk by faith and not by sight”* (2 Cor 5:7), letting go of your own plans, to follow blindly where I will lead?

I sense the times ahead will call for a holy Church and not a “cosy” Church. He is asking us to *“Forget the former things; do not dwell on the past,”* but to grasp with both hands the new things He is doing. *“See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the wilderness and streams in the wasteland (Isaiah 43: 18-19)”*

He is calling each one of us to pursue a deepening holiness, to return to our first love, *“...to fan into flame the gift of God, which is in you ...”* (2 Timothy 1:6) He has given us His authority for such a time as this to carry out His purposes in advancing His Kingdom, healing the sick, defeating the works of Satan and the powers of darkness. He will give us the keys to unlocking the hearts of many. He will be our light for the path ahead; our protector and our provider. With our hand in His we will have the comfort and peace of knowing that the Father is defending us, Jesus is within us and His Holy Spirit is leading us.

Fifth Word

This is what came to me in Adoration: My people, you whom I esteem above all others who don't know me yet. Come close to me in these days. Seek me. Find me in your heart, where I dwell. Open yourself to all the graces I offer you in these days.

Sixth Word

I went straight to Tyburn convent for live Adoration. But in those few minutes, I felt the Lord was saying *“Do not fret over these trials and tribulations. I am here with you in these times. Focus on me. Choose me as I have chosen you. You are more precious to me than many, many sparrows. So I ask you simply just to be holy because I am holy.”* And that reminded me really coming from 1 Peter 16 and taking us back, so I felt the Lord was telling us not to worry about these problems we were having with the technology. He was with us and we'd get through it.

Seventh Word

I'll just give you what I received now because it was almost exactly the same as the Lord gave you. So it's a wonderful confirmation. He said to me: *“Place everything in my hands; let go of your concerns. Trust me, I am with you always. Surrender to me and receive my grace, my holiness which is freely poured out on you by my spirit.”*

Eighth Word

The word that came to me immediately when we had the technical gremlins trying to invade our space was that the voice of prayer is never silent and I really felt that throughout the world someone somewhere was praying before the blessed sacrament. *“Lord, send us your blessed sacrament.”* And it came from Australia! But it was just such a lovely thing, praise God!

Ninth Word

Today. Is the day of Holocaust Remembrance. And I think the Lord is saying: *“Do not forget. Do not be indifferent. Because humanity killed 6 million of my people. Do not forget because indifference is like a sin.”*

Tenth Word

I felt the Lord wanted me to share this with people. I don't know whether it will resonate with any of you, but with the state of the world today, with all the things that are going on in Ukraine and in

the Middle East, I've often found it really difficult to pray about it because what do you pray for these absolutely awful situations and I've often found myself, you know, just weeping over it . Then suddenly last week I felt the Lord was saying to me, and it was from something that I printed off absolutely ages ago about lament.

“Lament is not despair. It's not whining and it's not crying into a void. Lament is a cry directed to God. It's the cry of those who see the truth of the world's deep wounds and the cost of seeking peace. The prayer of those who are deeply disturbed by the way things are.” And it's followed by the reading from the prophet Jeremiah when he writes of Rachel's lamenting voice in Ramah that can only weep at the world's suffering. *“A voice is heard in Rama, lamentation and bitter weeping. Rachel is weeping for her children. She refuses to be comforted for her children because they are no more.”* And I just felt the Lord was accepting my cry without words because I don't have the words. So I just wanted to share that with you. In case it resonated with anybody who feels how difficult it is to pray for these dreadful situations that we hear about today.

Eleventh word

That reminded me of something I read yesterday about Jesus: the fact that he wept on various occasions and particularly before he raised Lazarus from the tomb. He was just filled with such compassion that he weeps bitterly, really crying out to the Father from the depths of his being. Our prayer doesn't have to have words and this is where those who have the gift of tongues really are blessed because we can pray without words, we can pray with what the Spirit is guiding us to pray. And those of you who don't have that gift of tongues, do earnestly seek it because it's such a wonderful gift of being able to pray without even having to put it into words. The Holy Spirit praying in you.

Twelfth Word

“My lovely and loved people. I'm here gathered with you. I'm in your heart and I'm giving you peace and love. I want to live there in your heart. I want to suffer with you. Give me all, give me yourself. Also, I can make great miracles. Don't struggle my children. Come to my presence, go to your heart and you will find me there. My heart thirsts for you.”

Thirteenth Word

I would confirm Jenny's prophecy. War is coming unless we all pray and fast ever more earnestly for peace. I see atom bombs being dropped. Please pray more than ever before for peace.

Fourteenth Word

Go forth and tell, the Church of God awaits.

Fifteenth Word

What struck me was the simplicity of Jesus in the host compared to the ornateness of monstrance

Sixteenth Word

I'm not sure I've ever seen a monstrance so close, and it felt very intimate, profound and balanced. I also noticed that the monstrance seems to have, in its inner circle, flowers (nature) and something like buildings in its outer circle (human accomplishment) - indicating and guiding that we can deeply discover Christ in everything.

Seventeenth Word

I heard the Lord remind me – “I am The Light of The World”.

Eighteenth Word

Seeking God not solely for earthly pleasure but seeking Him for eternal life, beholding Him in the Blessed Sacrament gives me inner joy of His presence.

Nineteenth Word

I noticed in the monstrance two arrows (roughly at 10 & 4 o'clock) pointing inwards towards what I felt was the total power and love of Jesus and He is saying: "Do not fear, follow and trust me always, I will never leave you."

Twentieth Word

"Come to me, all you who Labour and are overburdened and I will give you rest." (Matt 11:28) "Yes my yoke is easy and my burden is light". (Matt 11 :30)

Twenty first Word

Just felt the Lord is healing someone suffering with a heart problem.

Twenty second Word

You may not know me, but I know you. (Psalm 139:1)

I am familiar with all your ways. (Psalm 139:3)

I rejoice over you with singing. (Zephaniah 3:17)

You did not choose me but I have chosen you. (John 15:16)

I have made you to bring joy to the world and hope to people's lives. (Isaiah 61:1)

Twenty third Word

Thank you for the words on 'Lament'. During the Agnus Dei, I was taken aback by sudden tears.... I felt as though the Lord was crying, too. The prayers really spoke to me, especially when we said together 'Grant us your peace.' I just knew the Lord was with us in our prayers.

Twenty fourth Word

"The sun shall no longer be your light by day, nor for brightness shall the moon give light to you by night, but the LORD will be your everlasting light, and your God will be your glory. Your sun shall no more go down, or your moon withdraw itself, for the LORD will be your everlasting light, and your days of mourning shall be ended." (Isaiah 60:19- 20)

Twenty fifth Word

I closed my eyes when there was no Blessed Sacrament. When I opened my eyes I saw the Blessed Sacrament surrounded by thousands of people from all nationalities and behind each was a figure in white. At that point I noticed the Blessed Sacrament was from Australia. The figures around the monstrance disappeared but I realised it was telling me Jesus is with every one of us no matter where we are, who we are and at the same time our souls are joined to Heaven. Heaven & earth are one. It is just our bodies which separate us. Our souls can travel between the two and all over the world via prayer.

Twenty sixth Word

I used to attend the Ilfracombe Celebrate conference many moons ago and during the "prophecy" time I felt the Lord remind me of the stones that we took away with us after the conference ended. The stone had a name of someone who you would pray for. His word of encouragement is to highlight that these prayers are heard and answered and not to give up.

Twenty seventh Word

Part of the earlier prophecy (Fourth Word) resonated with what the Lord has been saying about our Prayer Meeting: Is 43:18 "Don't cling on to the old ways that prayer meetings have been run ... I am opening a new door ... I want your meetings to become a Field Hospital where people can unload their hurts and burdens at my feet so that you can pray over them!"

Twenty eighth Word

"My dear Children, I want you to know there is so much more to Christianity and life in general. You see Baptism and Confirmation aren't enough. We all need a living experience of the Love of God who wants us to experience the fullness of life. Only with the empowering of the Holy Spirit can that truly happen. Jesus came that we might live life to the full. He came to set us free from all that would prevent that from happening. He died that we might live. By dying, rising and ascending into Heaven, He was able to send His Holy Spirit not just at Pentecost but for all time to come. The most precious gift we could ever have. The most important thing is we have to ask and accept this gift with a sincere heart. Please don't wait any longer. Life is too precious."

Words of Knowledge for healing

I believe there will be someone who is suffering with very bad indigestion and nausea.

Someone who has a root of bitterness in their heart from being betrayed. Along with this is their belief that it is justified/and the belief that nothing can change. I would wish to pray that though being so badly betrayed, bitterness and unforgiveness in a way are justified, BUT that is the 'voice' of our humanity. I pray that there would be a new awareness of the new life living in you, Christ living in you and by His Grace and in His strength you can 'let go' of all the hurt, receive His healing and consolation. "It is no longer I, but Christ who lives in me" Galatians 2 v 20.

Dodgy left knee

Upset stomach causing loose faeces – see doctor

Passing a lot of urine and headaches – possible diabetes – see doctor

Tight calf muscles due to stress

Feeling of anxiety

Breathlessness

Someone suffering from a lack of balance, especially when they first get up

If you have the chronic bug that is going round, especially if it is affecting your voice, do make a call to the prayer line.

Prayer will help all the above conditions if only in making you feel calmer!

ALTON DAY OF RENEWAL WORDS OF PROPHECY 24/2/2024

First Word

During Mass I had: "Big guns are waiting to fire but my angels are watching over them and you. The whole world is under my protection. Be not afraid." And during adoration I had: "Turn back to the Lord, all peoples. Accept the cross you have been given. You who know me can change the world. Go out and share the good news. Pray and fast for peace. Pray, pray, pray. Small arms are firing, but the big guns are silent. Do not be afraid. Banish all spirits of fear. My protection is here for you and for all. Reach out to me. Follow the narrow path even though you walk in darkness, not able to see the road ahead. Keep going."

Second word

I heard in a talk recently that someone has counted that God says in the Bible 365 times "Do not be afraid" - one for each day of the year - so that really reinforces what you were saying about do not be afraid, the Lord is with us always.

Third word

I'd like to confirm the first prophecy because, at the beginning of what I'm about to read, I did have this sense of the Lord talking about light and goodness and beauty; and I had this sense of it spreading across the world and covering and restraining and eventually defeating all the evil that there is in the world. This is what I wrote down during Adoration: "I am light, I am goodness. I am beauty, I am truth. As you adore me, rays of light, goodness, beauty and truth shine out into the house and the neighbourhood in which you sit. As you adore me, my light, goodness, beauty and truth penetrate deep into your heart and sit there, a glowing fire which shines out through your eyes as you encounter others, enabling you to see me in them and enabling them to encounter me. My children, do not underestimate what I have given you in the Blessed Sacrament."

I asked the Lord for confirmation and I got 1 Corinthians 2:9 which says, "what no one ever saw or heard, what no one ever thought could happen is the very thing God prepared for those who love him." I took that to mean His presence in the Blessed Sacrament.

Fourth word

I didn't get words but I had a new understanding of the Eucharist and it was this: when Christ was on earth, he met thousands of people - still more must have just been in the crowds. He was able to make himself known to them. Nevertheless, the whole world could not get that close to him, those in the world at the time and those to come. They would just have to rely on hearsay words of how he was and what he did. But he wanted in future everyone all over the world to have that same opportunity of knowing and loving him. And so he came up with this most amazing way. He mystically made himself present in the Eucharist, so that he could not only stay with his disciples on earth, but also everyone else in the world and to come. I just became aware of how mind-blowing this is. And it's something that I have had great difficulty in explaining to non-Catholics.

Fifth word

I feel this is probably a word of knowledge for one or two of you. I feel the Lord say that some of you are going through a wilderness experience right now. I could see you trudging through dry dusty desert, stripped of your consolations, perhaps feeling abandoned, unable to connect with God or to hear his voice or feel his loving presence, or believe He will answer your prayers. You may be feeling

spiritually and emotionally ill-equipped, overwhelmed and numb. And I believe this is what he's saying to you.

“My dear ones, I want you to know that this wilderness of soul is my gift to you. For it is in this dry dusty spiritual desert, where you will become thirsty for me. Do not fret or worry. For I am forming and shaping you in this wilderness for what is to come. It is in the silence of the desert that you will hear your soul. Your eyes will search for me in the mirages shimmering on the distant dunes and as the parched desert wind blows, your longings are stripped away and you'll be ready for a life-changing encounter with me. Do not fret and worry, for even though you cannot see me or feel my presence, I'm with you. I'm carrying you. Yield to me, let go of your wilderness questions and trust in my promises. Wait in patience, quietness and stillness, for I've called you into this place, to make you ready for rivers of blessings that I have planned.”

Then - this is a mixed metaphor - but he then gave me a picture of a caterpillar, happily feeding on its favourite leaves. In the next picture it lay quiet and still as if dead, wrapped safely in its cocoon. Inside the cocoon, the caterpillar is no longer the same, unrecognizable, reduced to a blobby mess, until it grew its wings to fly. So the Lord is saying to you, “wait on the Lord in his cocoon of love until he gives you your wings to fly.” And there's a Bible reference, Hosea 2:14-15. “Therefore I'm going to lure her, I will lead her into the wilderness and speak tenderly to her.”

Sixth word

This what came to me during adoration. “Now Michael, this is what I have to say to these people so far across the land. My people, I love you. Be gentle with yourselves. Do not criticize yourselves for what you have done wrong in the past - that is all forgiven. Instead, bend your eyes on the paths ahead of you, seeking my glory in your lives now till you see my glory in your life in heaven with me. Every day build my kingdom where you are.”

Seventh word

2 Chronicles 7: 13-14. “When I shut up the heavens so that there is no rain, or command locusts to devour the land or send a plague among my people, if my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land.” It's about humility.

Eighth word

During the adoration, I had this picture of someone sinking in the water with just his hand showing above the water. I think it was Peter, when he stepped out of the boat and started to sink, but the Lord was saying to me: “Don't rely on your own understanding. Just keep your eyes fixed on me.”

Ninth word

Two weeks ago I was at Douai Abbey for a study day. I'm looking for the joy in Lent and I managed to write a poem about it, which I'll now read.

Lent leads to the love of the Lord.
Arms stretched wide, dying to embrace the world,
In an execution designed to draw the last breath,
Executing a design of the Holy Spirit
To breathe into a world of death
The living word of the Father.

Tenth word

I had a big fall which fractured my vertebrae and I had been hospitalized for about 10 days and it was a real desert that I had been to. I have been seeking for him. I have been wanting to feel his tangible presence. And I know that he has allowed this to happen so that I can grow deeper in my intimacy with him... This morning I woke up and I was pain free. I was able to get out of my bed and walk then get ready to attend this conference ...and the words he gave me were: "when you were baptized in the Holy Spirit, I have given you the revelation that you are, all of you, my sons and daughters. You are made in my image and likeness. Now I'm sending you out with the power and authority of the Holy Spirit like those of the disciples in Acts, to be fishermen, to heal the sick, so the blind can see and the lame walk. So that every knee shall bow and every tongue confess that I am the Lord of all. Go spread the word to those in darkness and so, on the judgment day, all my children will be saved.

Eleventh word

The word came to me during the adoration from Psalm 27 verse 14. "Wait on the Lord. Be of good courage and he shall strengthen your heart. Wait, I say, on the Lord." So I feel this is very appropriate message for us or for the whole church really, to wait upon the Lord during this time of Lent. Lent is a time of slowing down, waiting upon the Lord, being with the Lord. So that's in order that he can strengthen your heart, as he says in the Psalm. So we can be strengthened, renewed, healed and transformed. To be ready to do his will, to be ready to do his work.

Twelfth word

During adoration I couldn't help noticing the picture on the floor! I kept getting the words "You are all pretty as pictures to me but you are fallen. Stay with me and I will pick you up again."

Thirteenth word

During the adoration, I had a strong sense of Jesus looking at me. No words, just his gaze.

Fourteenth word

During Adoration I felt the Lord saying that we are entering a new season. Now is the time of the Lord's favour. "Be not afraid but follow me and keep your eyes fixed on me and even if you fall or stumble reach out to me and I will raise you up."

Fifteenth Word

During the sermon it came to me to Pray for Putin for conversion and it will bring peace.

Sixteenth word

Do not be afraid, just trust and believe for I am with you always.

Seventeenth word

"The good Lord does not do things by halves; He always gives what we need. Let us then carry on bravely." —St. Zelig Martin.

Eighteenth word

During adoration this came to me: The Lord is bringing forgiveness and healing where there is condemnation.

Nineteenth word

I received the following: "Welcome me into your everyday life. I long to be involved in all the ordinary activities that occupy your day. Please don't confine me to your prayer times, your holy times: whenever you turn to me for help, I will make all those times holy."

Twentieth word

“Why are you waiting my children? I long to pour out my Holy Spirit upon you. Are you longing for me?”

Words of knowledge for healing

Persistent pain in left buttock.

Watery right eye.

Pain in muscle behind right knee.

Possible sprain to left ankle.

Pulled left hamstring.

Pulled groin muscles.

Someone in tears with despair.

Severe cramp in the left calf.

Neck ache.

Someone suffering an overwhelming grief.

I had an image of a Courtroom and with that, I had a sense of a lot of tension surrounding this image.

Someone who has felt misunderstood and judged unjustly.

ALTON DAY OF RENEWAL WORDS OF PROPHECY 23/3/2024

First Word

This is what came to me during Adoration. “What I have to say is this: my people, dear to me in all your doings, precious to me in all your praying, follow me closely for I am leading you along a path of gladness amid all the tribulation you see around you. For I am a holy God and will not be undermined in all I am doing in this world. For my power is great, greater than the powers of darkness. Rely on me to see all your hopes and prayers come to fruition.”

Second word

During the Adoration I got a picture of Jesus coming into Jerusalem on Palm Sunday and the people were all praising Jesus, shouting Hosanna, and the authorities tried to shut them up and Jesus said ‘If you try and stop them even the stones will cry out.’ And I thought in today’s secular society Christian voices are being shut up – it’s just not done to speak about Jesus in public, and if we do, we’re shut up. What this is saying is that we need to praise and speak out even more, in defiance of the secular society that tries to stop us.

Third word

During Adoration I had Jeremiah 29:11 “For I know the plans I have for you,” declares the LORD, “plans to prosper you and not to harm you, plans to give you hope and a future.”

Fourth word

During Adoration, I closed my eyes and a picture came of a little flower with a long stem like the hose of a shower, the top is like a torch, and the petals are spreading out as if blown by a strong wind. I was praying and saying “Lord I do not understand what that is.” But the picture that came to me is: we are like those little flowers and we are called to go out and spread the Good News.

Fifth word

During Adoration, I noticed the way the monstrance was situated, with the black space behind, and it was like Jesus was saying that he was there in the monstrance, a light shining in the darkness “I am with you always” and we must go out this Easter and fill the rest of that dark space with his light and with his power.

Sixth word

What came to me confirms what we just heard, because I noticed that the monstrance was off-centre relative to the black background, which brought to mind the word “eccentric” meaning off-centre. And I felt the Lord was saying: “Do not be afraid to be eccentric in the eyes of the world, if it means that you are centred on me. Keep your attention focussed on me at all times, for I am with you, within you, in your heart, in the centre of your being; guiding you, strengthening you, sharing my holiness with you.”

Seventh word

2 Chronicles 7: 13-14. “When I shut up the heavens so that there is no rain, or command locusts to devour the land or send a plague among my people, if my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land.” It’s about humility.

Eighth word

I had a picture of a room filled with light – it was more of a heavenly space actually – and in it I saw two armchairs. The Lord was sitting in one and the other was empty. Then he led me to the story of Martha and Mary and He said: “My beloved, why are you so preoccupied with the cares of the world? See, I have created a sacred space reserved specially for you and me to be together. I am waiting for you with open arms, filled with love. I want to be your confidant, your best friend, your lover, your go-to person in good times and bad.”

Then he showed me a book of prayers in his lap. Flicking through them he said: “I love it when you pray, but what I want even more is for you to sit with me and tell me in your own words what is on your heart, that we may ponder these things together. And then when we sit in silence, the silence of both of our hearts beating as one, I will fill you with my love and my peace beyond all expectations.” And then he smiled at me and just said, “I’m not the Pope, you know, you don’t need to book an audience with me.”

Ninth word

I felt the presence of the Holy Spirit and I got this word. “I have called you by your name and you are mine.” Whilst other people were sharing, I’ve been feeling the strong presence of the Lord. Just confirming the same thing - I’m feelings amazing!

Tenth word

I saw that Jesus took his heart - I think I've seen this image and you would probably know where it came from - it's as if he took his heart out of his chest and was holding it out to me. And he gave his heart to me and then I did the same, because that's what I knew he wanted me to do, to take my heart and give it to him. So it was as if we exchanged hearts, and as he took my heart, he kissed it very tenderly before he took it into himself. And I got this, the words and the thoughts: that his kiss cleanses, heals and enlivens us, enlivens our hearts. And also, that he treasures our hearts.

Eleventh word

I think what I had was, when it came to the homily, the idea of gathering together, I'm calling you from different places and I'm gathering you my people. And then at the time of the adoration, as I was looking at the Blessed Sacrament, the idea of a stillness on the actual host. And then the thought that came to mind was how all those rays of sunshine are all of the church, all of us, each one of us coming together and keeping Jesus in the centre.

I was wanting to work out more about the light, but then it was like, keep focused on the centre, which is Jesus. And then it was the idea of the cross and that was a very personal experience for me, when I went to Medjugorje, the experience of the cross. And I had a feeling of desperation that I don't want to let go of Jesus but I have to go because I have to go and do a job. And I felt like he was trying to say: "You keep at it, you keep together, focus on me, but keep looking at each other and spreading the joy you are going to find through going through all of this. Don't forget that you are a family."

Twelfth word

During adoration, I felt that the Lord was saying, "Don't focus on your shortcomings, focus on the fullness of my love so that I can speak to you and give you my love that you can then spread around. My love is for you and also for everybody else that is created in my image. And trust me for all your tomorrows.

Thirteenth word

You are in a little bubble surrounded by a glass case. You cannot stay in your citadel protected by those around you forever. Spread your wings, move out into the world. The time is coming when you will have to do this. Do not be afraid. I am with you. I will guide you. You are mine and under my protection it will be as I decide. Be at peace.

Fourteenth word

"Father forgive them for they know not what they do."

Fifteenth Word

"Walk in truth and light."

Sixteenth word

"Be bold. I will give you the courage you need to witness to the truth."

Seventeenth word

During the adoration I got a ministration in my spirit that Jesus' adorers are unstoppable. Let's keep adoring Jesus in the blessed sacrament.

Eighteenth word

"Trust me more, you have nothing to lose but everything to gain"

Nineteenth word

I wanted to centre the monstrance then realised it doesn't matter as long as Jesus is centred within you.

Twentieth word

I saw the wall and light and shade and had a sense of real peace. The left side got darker but "I am here."

Twenty first word

I too saw the Monstrance to the left of the black background. I felt Jesus was saying “Don’t put me in a corner of your life, keep me in the centre.”

Twenty second word

Philippians 2:12-16 “Therefore, my dear friends, as you have always obeyed – not only in my presence, but now much more in my absence – continue to work out your salvation with fear and trembling, for it is God who works in you to will and to act in order to fulfil his good purpose. Do everything without grumbling or arguing, so that you may become blameless and pure, ‘children of God without fault in a warped and crooked generation.’ Then you will shine among them like stars in the sky as you hold firmly to the word of life. And then I will be able to boast on the day of Christ that I did not run or labour in vain.”

Twenty third word

“Be still and know that I am God. I love you and want to make you whole. Remember who you are and who I am. You are my children and I have redeemed you. I don't condemn you but stand between you and the accuser. There is nothing that can separate you from my love if you accept my love and forgiveness. Trust in me for I am a faithful God, I give life and eternal happiness.”

Words of knowledge for healing

- I sense there is someone who has quite a troubling anger issue, either themselves or family member
- Someone who is very unhappy in a work situation and wondering whether to leave
- Someone fearing a secret might be exposed
- Someone with a deep sadness held in the chest, beloved come for prayer.
- Someone with tinnitus
- Someone with toothache
- Someone with stomach ache that might be an ulcer – see a doctor too
- Someone with a groin injury – stop walking
- Someone with a neck ache
- Someone with pain behind a left knee
- Someone with right eye pain