

PROPHETIC SHARING FOR ALL OF 2022

PROPHETIC WORDS GIVEN AT ALTON DAY OF RENEWAL

Prophecy isn't primarily about telling the future. It's essentially giving us current insight into God's plan and His Word, calling us back to what's already been revealed in public revelation. The Catechism of the Catholic Church states that although "Revelation is complete, it has not been made completely explicit; it remains for Christian faith gradually to grasp its full significance". (CCC66) Prophecy encourages us and reminds us of the heart of Christianity: of God's love, His mercy and forgiveness through Jesus and His presence with us through the power of the Holy Spirit.

The following words were given at Alton Day of Renewal, and we believe they are from the Lord. But they will not all be relevant for everyone: you need to pray to the Holy Spirit for discernment about whether God is speaking to you personally about something. We hope you find them inspiring, encouraging, or comforting. Although we have prayed and discerned that they are in line with Scripture and the teaching of the Church, please bear in mind that "Private revelations.... do not belong to the deposit of faith. It is not their role to improve or complete Christ's definitive Revelation, but to help live more fully by it in a certain period of history." (CCC67)

ALTON DAY OF RENEWAL WORDS OF PROPHECY 22/1/2022

First Word

While the intro music was playing, I had the image of a fist which became a precious stone from which four lines appeared to make an even-armed cross.

During Adoration I received the following: "Do not flinch away from the cross that I ask you to bear. Embrace it willingly and carry it as My witness to the whole world. Carry it humbly, not trying to impose My will upon others, but lovingly, inviting others also to take up their cross, to walk in My footsteps, to show My love to an uncaring world. That way, you will touch hearts and help make people curious and bring them to Me.

"I hold out a cup of blessing and the cup of suffering to you. Know that in the deepest suffering, there is the greatest blessing for you and for the whole world. Offer up your suffering that the whole world might benefit from My blessing."

Second Word

This came to me during Adoration: "You see, all is not well in my world, as you know. But you have a part in making it better. Seize every opportunity to praise me for all the goodness there is, that you may not see, but is surely there pushing back the darkness. People caring for others, helping one another, trying to live in peace with each other. You be part of that too, and my goodness will prevail."

Third Word

I had a lovely picture and the word I'm going to give, the Lord has told me, is not for everyone, but there are a few people here who it is for.

I had a picture of the Lord bending down with cupped hands to pick up a tiny ant. He brought the ant up close to his face and whispered something to it. I saw it jump about in excitement then he let it down to scurry back to its anthill. Then he said to me, "See how much I love even this tiny creature, yet my people are still afraid to come to me. My dear ones it grieves my heart when you hold back from me. You have nothing to fear! Why do you hold back, hanging your heads in shame? The truth is that I love you and there is nothing you have done, or ever can do, to change this. I am Love! I

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created you for love, to know love, to live in love and to be love. I am waiting for you with open arms. Come to me!”

Fourth Word

It's not very profound but after listening to Fr Anthony I had this picture of a car. I thought this was a bit odd, so I began to think what does this mean to me? I began to think about how it was running and how it needs different things like water but particularly fuel. Without fuel it isn't going to move at all. Then I saw a person – or me – and I got the distinct impression that I was being told to “fill up regularly and just keep moving” - in other words, sharing what I was filling up with, the fuel I have to keep me going. It just needs to be maintained regularly. It made me smile when I saw the car because it made me think this is how I would explain it to a man if he asked me what keeps you going.

Fifth Word

I just had the words “Come to me. Keep trusting. Do not fear and all will be well. All is well.”

Sixth Word

The word I got seems very similar in many ways to the third word we had just now. I believe I had a word from the Lord for those who find Adoration difficult. Jesus says: “Come to me with all your doubts and difficulties. I know all about them, but I want you to tell me your problems because I can help you and I will help you. But you first need to know that I am your friend, I am your brother and together we are children of our loving Father who loves you just as much as he loves me.” That's Jesus saying that – the Father loves each one of us just as much as he loves Jesus. It's sometimes difficult to get our head around that but it's the truth and we need to keep proclaiming it and believing it and trusting it.

Seventh word

I had a strong sense during Adoration that there are a number of people here today for whom the New Year hasn't started off in any way like they hoped for. In fact it's started off in a really difficult way with many challenges. I just sense the Lord saying to them: “Open yourself to me for I am closer to you than you imagine. Come to me. Come.”

Eighth word

This morning I was given a scripture passage it was Ephesians 3 and in Adoration I just had a sense that the Lord wanted me to say this to encourage people, especially about God's love. The Scripture is: “May your roots go down deep into the soil of God's marvellous love, and may you have the power to understand, as all God's people should, how wide, how long, how high and how deep His love really is. May you experience the love of Christ, though it is so great you will never fully understand it. Then you will be filled with the fullness of life and power that comes from God.” (Ephesians 3:17-19 New Living Translation).

Ninth Word

During the Adoration I had an image of earthen vessels being filled up with golden liquid. When I asked what that liquid was, I was told it's God's love. And the message was to receive this love, because allowing God to fill us with this love, right up to the brim, it is preparing us for the battle of life ahead.

Tenth word

FROST (18 January 2022)

Frost, white and delicate, is on glass outside –
not quite covering every part of the pane.

Light shines on it – sun beams fall, making the fragments glimmer softly.

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Everything is so fragile; and beauty is everywhere – for those who see it.

One tiny stone, thrown with force, shatters it all –
Breaking the glass into shards and splinters,
Ready to harm those who touch them or come too close.

Yet the frost, in its strange elegance, transcends the damage...
for still it glitters as though adorned with jewels,
covered in something wonderfully-rare.
But wonderfully cold, it eventually disappears as rays of light beam down...
Targeting its purity like missiles.

Splinters land in places where they cannot be easily seen, or found –
Being reflective, like chameleons, they are camouflaged by their environment.
Still, danger lingers and a new frost, a new beauty will in time, decorate danger.

What protection have we against such devious enemies – there is but One: Jesus.
He is above all.
His innocent heart was pierced by an enemy's spear and yet,
He is the very Author of Life, the Risen One, the Mighty Warrior!
He, Who is Love, promises us eternal life.

Fear not the splinters of misfortune, but look to Him –
The True Light, The True Beauty, Our True safety, and in Whom no deceit is found!

Juliehughespoetry © poetryjanuary2022

Eleventh word

When it came to Adoration I thought- I don't want to be just still, but I closed my eyes and just basked in Jesus' love.... I just surrendered completely to bask in his love. I'm different from the people who find Adoration difficult – I love it more than anything else, because it's without words and people.... You know he loves us so much no matter what we've done, no matter what will happen. There's nothing we've done or can do to stop him loving us and I didn't do anything else but allowed his love to just overwhelm me. And even though I'm crying now, that confusion and sickness has gone. So, thank you.

Twelfth word

May the Lord give strength to his people! May the Lord bless his people with peace. (Psalms 29:11)

Thirteenth word

I had a picture of a waterfall. With the words. My peace I give you. My love is forever flowing.

Fourteenth word

Do not be afraid. Come follow me and I will give you rest.

Fifteenth word

Affirming many of the words- My people you are so full of the darkness of fear. Turn to Me, let the light of my love for you drive out that darkness. Trust in me.

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Sixteenth word

Re Adoration I was reminded of words at the Adoremus conference 'when you look at me what do you see?'

Seventeenth word

When we surrender to God we offer Jesus our ordinary water and he turns our water into wine

Eighteenth word

"Come to me all who labour and I will give you rest. Shoulder my burden."

Nineteenth word

"Trust in the LORD with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight." (Proverbs 3:5-6)

Twentieth word

During adoration, I saw the sun shining on all of us and realised that the power of Jesus is shining down on all of us directly, wherever we are.

Words of knowledge for healing

- Someone with digestive problems - indigestion;
- Someone with digestive problems - stomach upset;
- Lady with a problem with her left hand where she is losing sense of feeling and also strength.
- Uncomfortable, watering and twitching right eye
- Someone with problems with their eyes – Macular degeneration?
- Someone with a persistent cough;
- Someone suffering from depression;
- Someone bereaved recently;
- Sense that God is saying: As we come into the New Year Jesus wants some people to have a new beginning- For them to give to him some of the burdens they are carrying, including feelings of despair and disillusionment and believing that nothing is going to change in them. Jesus is reminding you that In Him and with Him everything is possible

ALTON DAY OF RENEWAL WORDS OF PROPHECY 26/2/2022

First Word

"There are those who would desecrate the Blessed Sacrament even among us, who say it is a piece of bread and not worth looking at, but I tell you, I, the Lord, am present. When you receive the consecrated Host into yourself, you receive Me into yourself. Do you recognise My presence? Do you take the time to welcome Me into your life afresh? Be still and know that I am God. Open your hearts to Me and receive the graces that I would pour out on each one of you every day you come to Me, every day you receive Me."

Second Word

I got this during the Adoration and it confirms what was just said. This is what it was: "Pray for Ian Paisley who claimed that Catholics were stupid to believe that a piece of wafer could be Jesus", then I got the words "Be still and know that I am God."

Third Word

I felt at the beginning of Adoration the Lord was saying "Come and listen to me with your heart and expect the unexpected."

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Fourth Word

“It is by no means foolish to expect Me to accomplish all you ask of Me. Your prayers rise to My throne like incense; I hear them and I act. It is necessary to believe Me when I tell you this – your faith builds up those you are praying for. Delight to know this is true.”

Fifth Word

I just had the words “Come to me. Keep trusting. Do not fear and all will be well. All is well.” Every time during Adoration that I shut my eyes I had a picture of a group of people in Ukraine. There were elderly men and mothers holding their children to themselves. And there were little black things like bullets coming towards them, but they weren’t physical, they were spiritual. We know that the enemy can use trauma as an entry point so I think we are being asked to pray for spiritual protection for people, particularly for children and mothers in Ukraine so that the enemy doesn’t use this to enter with anger and despair and all the things he does through trauma.

Sixth Word

I feel that God wants many of us to go deeper and to yield more completely to his love, but this is a specific word I think, for a few people here.

“When you look into the night sky and see the stars and planets arrayed before you, who do you see? When you feel the warmth of the sun peeking through the noontime clouds, whose warmth is it that you feel? When you hear those little birds singing before the dawn, in whose promises do you hope and trust?

“Do you not know I have called you out of darkness into my glorious light? It grieves me when I hear you say you feel unworthy. Who was it that I died for, hanging on that cross of wood, if it was not for you? Why are you listening to the devil’s lies? I have redeemed you because I love you. I have adopted you into my family and made a place for you in my house, because of my love for you. Have I not freely given you all these things? My children, give me your whole heart freely and without holding back. I am waiting to embrace you in my arms of love and mercy. I so long to fill you to overflowing with joy, abundant life and my Holy Spirit. My chosen ones, I am calling you, return to me and don’t hold back. “

1 Peter 2:9-10 But you are a chosen people, a royal priesthood, a holy nation, God’s special possession, that you may declare the praises of him who called you out of darkness into his wonderful light. Once you were not a people, but now you are the people of God; once you had not received mercy, but now you have received mercy.

Seventh word

We just heard a couple of people mention about “heart” and of course in this time we are living at the moment there is a famous passage of Ezekiel 36:26 and I was reflecting on that in the Adoration: “I will give you a new heart, and a new spirit I will put within you; and I will remove the heart of stone from your flesh and give you a heart of flesh.

Eighth word

This is a word of encouragement I believe. I read it this morning in “The Big Picture”, the Scripture passage. I think it carries on from what was said Just now (in the sixth word). St Paul says “I am convinced that nothing can ever separate us from his love: life can’t, the angels can’t, the demons can’t. Our fears for today, our worries about tomorrow and even the powers of hell can’t keep God’s love away. Nothing in all creation will ever be able to separate us from the love of God that is revealed in Christ Jesus our Lord.” (*Romans 8:38-39 New Living Translation*)

I really believe that’s a word of encouragement about God’s love and I also sensed the other day the Lord saying: “Trials are never wasted in the Kingdom of God.” And I just have this sense that if we

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don't spend more time with the Lord, we will become more and more spiritually malnourished. But the more time we spend with the Lord, when he's able to speak to us, then we will become more and more enveloped in the love of Christ so that, whatever trials come, then we will be able to manage them by the love of God. It's a word of encouragement particularly for those who are going through trials at this time.

Ninth Word

I wanted to share what I often feel when I'm pondering the Holy Spirit, pondering God. I often randomly open the Bible and I get Psalm 139:1-6 "O Lord you have searched me and know me...etc." Pondering this beautiful Psalm in Adoration I wrote a poem some years ago – it's only short.

Thank you, God, that I, who am nothing
Is heard by You, who is everything.
When I ponder this sublime realisation
A surge of immense love wells up in my heart
Flooding my entire being and I feel Your presence.

That You hear me and that I can talk to You -
A child to a loving Father
How great and beautiful You are!
And that You, unfathomable and mysterious
Love us in our ordinariness and smallness and imperfection
Among the billions and trillions of people
To whom you have given life!
Thank you, God of the Living.
Amen. (*Juliehughespoetry(c)poetry2017*)

Tenth word

"Why do you not open yourself to my tender loving embrace?"

Eleventh word

I saw a stream of refugees who came to us ...they were strong in faith and strengthened and enlivened our churches.

Twelfth word

Image of Jesus in white with His arms open wide.

Thirteenth word

About the earlier word seeing spiritual attack in Ukraine: for the last 2 days, when I pray for Ukraine, I see warrior angels covering Ukraine, like the Angels of Mons

Fourteenth word

I had the words " Come unto me all you are weary and burdened"

Fifteenth word

I saw the Eucharist spinning in the monstrance, shining Gods light out like a lighthouse to show the way.

Sixteenth word

I have seen angels protecting Ukraine when I have been praying too.

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Seventeenth word

"I have your heart but I need your time also."

Eighteenth word

Thanks to the people who had seen angels of protection over Ukraine. Now I understand why the picture I had looked strange. The bullets were bouncing off the people! Thank You Lord

Words of knowledge for healing

- A lady who has been widowed recently and the word "heartache" and "desolate" is how you feel - completely cut adrift from everything you knew and even your strong faith seems to have gone. But the LORD says this to you: I am making all things new. I am making you new in ways that you cannot imagine. Even this time of desolation I am using to show you how much you need me, your loving Lord.
- A man in his late 70s with a heart condition. Surgery has been recommended but you are very worried. The Lord wants to bless you with his peace about the operation.
- A lady who is a flower arranger at her church. You have a problem of forgiving someone – it might be someone in your church. The Lord wants you to ask for prayer to help you to forgive, even though that person is in the wrong. What they have done wrong is between them and God, but God wants you to forgive as you have been forgiven by him.
- Someone with ear ache in their left ear.
- For a woman who does not feel that God loves her. She has hurt her left arm between the elbow and the shoulder and it is not healing well. It hurts while she is practising archery which she loves.
- For a man having balance issues due to high blood pressure. He knows that he needs to lose weight and can't.
- For the head of the family feeling that they are carrying the whole world on their shoulders, trying to hold back the tide of Modernism. You need to stand firm in your faith but allow others to follow the path that they choose. To believe is a choice and a gift. Pray for them.
- For someone dreading going into hospital to hear test results. This is the path that the Lord is calling you to now. Share your faith along the way.
- Someone in a school wants to share their faith but does not know where to start. They are looking out onto the playing field and seeing it empty and don't know how to make inroads into it. Talk to people and build relationships so people trust you first, then you will be able to witness to your faith. If you are in Portsmouth diocese, look out for Ananias training. Get in touch with the Formation for Mission department.
- A man who needs to go to hospital for a full body scan. Ask for prayer for a firm conviction of healing.
- For someone getting recurring cold-like symptoms, affecting their sinuses.
- Broken Heart/ Broken relationships with a loss of hope
- Lady with a congenital eye defect

ALTON DAY OF RENEWAL WORDS OF PROPHECY 26/3/2022

First Word

I was drawn to the candles and wondering if they were wax or battery. As I was watching they flickered – one was flickering more than the other and it set me thinking and all of a sudden the line from 2 Timothy 1:6 came to me. I think it was for me but perhaps also for everybody – this flickering candle was flickering faith as well – the words were “this is what I remind you, to fan into flame the gracious gift of God, that inner fire which I gave you through the laying on of my hands.” I felt very much, we’ve got the gift but it does need occasionally either new battery or a certain fanning to get the flame going.

Second Word

I had almost exactly the same thoughts. I noticed the candle on the right – sometimes it seemed to flare up and other times it seemed to disappear altogether. I was thinking, what causes the flame to burn either brightly or not? It’s oxygen and I remembered an experiment we did at school where we put a glass jar over a lit candle and gradually the flame disappeared and died because it needs the fuel of the oxygen to keep going. The same Bible passage occurred to me as well, but what the Lord gave me was the following words: “I am the light within you. Allow the gentle breath of my Spirit to feed the flame of my love. Then you will glow with my presence and draw people to my light.”

Third Word

In the first reading (Hosea 5:15 – 6:6) the words really struck me as applying to the people in Ukraine. We heard last month that there was a huge conversion to Christianity in Ukraine in the years leading up to this dreadful war. And as we read those first few words: *They will search for me in their misery. ‘Come, let us return to the Lord. He has torn us to pieces, but he will heal us; he has struck us down, but he will bandage our wounds’* all I could think about was those people in Ukraine and Russia in this terrible time of misery and bloodshed. But also there was hope because I’m very drawn to St Teresa of Avila and her prayer “Christ has no body now on earth but yours, no hands but yours, no feet but yours; yours are the eyes through which Christ’s compassion is to look upon the world.” And now we’re seeing an outpouring of compassion from the world, from people of no beliefs and of every belief. All these people are wanting to bandage up the people of Ukraine and Russia in this time of grace.

Fourth Word

I had a picture in which I saw the Ark of the Covenant descending from heaven, the golden lid of which is the Mercy Seat on which the radiant figure of Jesus sat between the wings of two angels. I could not see the angels, only their wings. Through this picture he showed me that Jesus, the Lamb of God, is the Mercy Seat and that he alone is the atonement for the sins of this world. The blood being shed in the Ukraine is not only that of the people of that nation and the soldiers, but also the blood of Christ himself that comes to redeem our deepest misery and suffering. Then he said:

“My dear ones, when you see the terrible atrocities and sufferings now happening, know that I am there in the very midst of it so do not ask where I am. I am in every basement shelter; I am under the rubble of the bombed-out buildings; I am in the trenches and dug-outs; I am with the refugees fleeing for their lives. I am with the terrified Russian soldiers; I am with the brave Ukrainian army and volunteers. For the blood that is being shed in that land is also the blood of my Son Jesus Christ.

“Pray my dear ones, pray for them, and for the whole world, for the prayers of those who love me are as incense rising to the very throne-room of heaven. Pray for peace; pray for sanity; pray for protection. Pray also for the miracles that will lead many people to Christ. Do not be downcast, but instead allow my Spirit to guide you powerfully how to pray, for you have been called for such a time as this. “

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When he gave me this prophecy, I saw that Christ himself is now the "Mercy Seat". Rom 3: 24-25

And when he (the lamb) had taken it (the Scroll), the four living creatures and the twenty-four elders fell down before the Lamb. Each one had a harp, and they were holding golden bowls full of incense, which are the prayers of God's people. Rev 5:7

Fifth Word

I had: "The Lord comes to all who are sick and wounded to lay His healing hands on them. Trust in Him to heal you as He chooses. It is not always physical healing that He gives. Allow Him to fill you with His peace and joy, to be as one with Him, to know His loving arms enfolding you. Trust in Him. Put all your trust in Him."

Sixth Word

During an Adoration last week I had words that apply to me but I feel could also be for other people: "Give me your worries so that you make space for my grace. Sit still and let me fill you with my love and grace."

Seventh word

What was said earlier about the precious blood and mercy chimes with something that has been going round and round inside me the last week – I feel the Lord was bellowing in my ear to pray the Divine Mercy Chaplet, the core of which is "Eternal Father I offer you the Body, Blood, Soul and Divinity of your dearly beloved Son...for the sake of his sorrowful passion have mercy on us and on the whole world." Divine Mercy Sunday is the Sunday after Easter so it's coming soon. I had been prompted to encourage the community I'm part of to pray the Divine Mercy Chaplet and I felt another nudge today.

Eighth word

"(Michael,) let Me say just this: Once upon a time you took Me to yourself; take Me again, every day, to be fully with Me, incorporated into My Being. There is nothing like being in Me, with Me and for Me. It's so simple you could miss it, but it's also a profound truth to live by."

Ninth Word

I say the Divine Mercy Chaplet every night and it's opened up so much more to me since I've been doing it, which is about 18 months. It's amazing. But I received from the Lord a comforting thought for all those who have been bereaved in Ukraine and Russia. The Lord says: "I have them all; I have my arms around them. They will be very sad but let them know that they are safe, they are with me." He also said to pray, and pray, and pray again. Every prayer counts. It is so important not just once a day or morning and night but whenever one can, pray for the light of Christ to pervade Russia and Ukraine and the whole world. It's so important that all of us pray: every prayer is so important.

Tenth word

A number of things tied together for me. First of all when Father was talking about JOY meaning Jesus first, Others second and Yourself last. And he was also talking about vocation and I struggle with that and I ask God where should I draw the line. In my situation, in my marriage, is it foolish to want to do as Christ would do? I saw in the time of Adoration many of you are there as wives and husbands and this is what I want for me and my husband to be able to do things like this together. Then in Adoration the words that came to me were: "The wisdom of the world is foolishness to me." What impressed on my heart was, "to have the kind of vocation and happy marriage that you want you have to look to God for what is wisdom, because what the world thinks of as wisdom, God thinks of as foolishness. As long as what you're doing is right by me, don't worry that the world thinks it's foolish – look unto me for wisdom." That's what came to me, I don't know if it applies to anybody else.

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Eleventh word

I had exactly the same thoughts during adoration about the candles!

Twelfth word

Proverbs 2:6 For the LORD gives wisdom, from His mouth come knowledge and understanding.

Thirteenth word

I was also struck by the candles with similar thoughts....Jesus is the light of the world to give us hope.

Fourteenth word

Interestingly I was nudged to say the Divine Mercy Chaplet rather than the rosary when on my walk 2 days ago

Fifteenth word

I can confirm that the Divine Mercy chaplet is very powerful. I pray it daily as well, like the other ladies here and I can see the changes thanks to this prayer in me and around me.

Sixteenth word

There is a sung 24/7 Divine Mercy Chaplet on YouTube. Once the beautiful, very simple tune gets inside you, it runs through your head all day, making constant prayer much easier!

Seventeenth word

I've been joining the St Faustina shrine webcam often and very much enjoying it

Eighteenth word

I wrote a poem last night. It starts like this ' Come and see, His amazing grace, our Lord our God can change our ways. When we open our heart, His love can bring a new start. Let our heart's desire to be His love, true love that reigns from above.'

Words of knowledge for healing

- Someone with problems with their wrists aching;
- Someone with a problem with their left knee;
- Someone with the need of a shoulder to cry on;
- Someone whose faith is being tested by the circumstances that they find themselves in;
- Someone self-conscious about a bald patch;
- Someone for whom paperwork is mounting up and they don't know how to tackle it;
- Someone struggling with the cross that they are carrying.

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ALTON DAY OF RENEWAL WORDS OF PROPHECY 23/4/2022

First Word

I had a picture of a bunch of crosses all over the place that then all lined up to face the same way. I feel that as we give witness, the Cross shines out in the world. Jesus is seen to be alive. I felt Jesus say:

“Let your love for Me shine out. Be seen in the world. How will others know Me if you do not tell them about Me? Without Me, you are nothing but without you, I cannot live in the world. Be the light shining in the darkness, helping others hear My word. I choose you to bring Me to others, to be the voice crying in the wilderness, to make the path smooth, to open the narrow way.”

Second Word

Fr Paul talks to us in the homily today about overcoming obstacles and over the past two years, due to the constraints of the pandemic, we've had many obstacles to overcome when it comes to meeting up with our family. We have a granddaughter who we've only seen a handful of times – Lacey aged 11 who is brought up without any faith, we were teaching her the faith before the pandemic. Yesterday I asked her to paint a couple of eggs and to put whatever she wanted on the egg. She did one for her granddad and automatically put the cross on that egg. Lacey has special needs, and for her to have done that is just so amazing. So we have to keep witnessing to everybody, especially in this time of great challenge. *(Note: although this is not strictly a prophecy, an inspired word from God as such, we are including it as the speaker was being a messenger of God's love, which is a prophetic thing to do.)*

Third Word

This is what came to me during Adoration: “Today I wanted to immerse you in my Sacred Heart and its love pouring out for you. Do not disdain what I have to offer you but welcome it, welcome me. In this way you will be doing good for yourselves, which will overflow to all those you desire to bless. It all starts with you and me together. This is a pattern for your lives.”

Fourth Word

During Adoration, on the monstrance on the left hand side the sunlight coming in through the window was just brightness to me and then it came to me, thinking of north south east and west, we seem to get predominant winds from the west and I thought the Holy Spirit blows wherever He will. Then psalm 30/31 came to me “As for me, I trust in you Lord, I say you are my God. My life is in your hands, deliver me from the hands of those who hate me. Let your face shine on your servant, save me in your love. Be strong, let your heart take courage, all who hope in the Lord.”

Following on from what was preciously said about obstacles, I know I have a lot of obstacles in my life and I feel we just need to trust in the Lord, trust the Spirit, follow the wind wherever it may blow in the light of Christ and His resurrection.

Fifth Word

Thinking about Fr Paul's words in his homily and looking at the monstrance the thought came to me, we are all like a monstrance, we all bear Him in us. Somehow, if we are tarnished His radiance can shine brighter; if we are broken, His glory can penetrate out of our brokenness. The thought is: don't hide. I know we can wear masks and things but the more we can just be open and ourselves, the more God can radiate from us and touch other lives.

Sixth Word

There's quite a united theme coming through the words so far, particularly about God working through us and shining through us and so on, and what I received is similar to that in many ways. I started off realising that the monstrance was there in a very ordinary room and thinking that Jesus is

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glorified in very ordinary places. He uses ordinary things like bread to make Himself present. Jesus makes the ordinary holy, that's the first word that came to me. Then I thought of the first reading from Acts (4:13), referred to by Fr Paul in his homily, where God used "uneducated laymen" to work a miracle, and I felt the Lord say this:

"Thank you for your humility in bowing down in adoration, but remember I promised to exalt the humble. Receive my holiness, my power, my fullness into your emptiness, and I will raise you up with my resurrection life, so that you can be my witness in the world."

Seventh word

I just wanted to echo the words of encouragement that we've heard. I had three words of encouragement. The first was "When you face fear and death, embrace my Cross and find new life." Obviously we've just had Good Friday and we're now in the time of celebrating the resurrection. The next is "When in times of sadness remember my presence (God is always present to us) – look forward to the eternal joy that will come." That is a promise we can trust and can rely on. And finally "In times of worry, trust in me even more and receive my peace which passes all understanding."

Eighth word

Ephesians 2: 4-6 "Because of his great love for us, God, who is rich in mercy, made us alive with Christ even when we were dead in transgressions—it is by grace you have been saved. And God raised us up with Christ and seated us with him in the heavenly realms in Christ Jesus."

Ninth Word

I was aware of a great lifting up of hearts to the Glory of God, Alleluia!

Tenth word

There is light and darkness in the world. The light overcomes the darkness.

Eleventh word

"Follow me."

Twelfth word

"Let go. Trust me. I am the creator. You cannot mould. I am the potter."

Thirteenth word

"I will be with you wherever you go, go now and spread my word."

Fourteenth word

"Let everything that has breath praise the Lord." I got the urge to sing, Go tell it on the mountain that Jesus Christ is Lord.

Fifteenth word

St. Joseph is very present to us all in this prayer group today, guiding and protecting us. Praise God for this. Praise God for His Holy Priests and lay people bringing Jesus to us into our homes today.

Sixteenth word

During Adoration I was aware of the wind blowing- a reminder of the presence of the Holy Spirit in the world

Seventeenth word

"This is the day that the Lord has made, let us rejoice and be glad in it. Follow me, I live within you. I love you."

Eighteenth word

"Come to me, immerse yourself in my light."

Nineteenth word

This was during Adoration, I felt the Lord saying: "I am the bread of life, I do not run short, my supply is everlasting. Remember when I fed the five thousand there was food left over to fill others too. Come to me and you will never be hungry. I feed you and I feed the whole world too."

Twentieth word

Whilst in Adoration I had this picture of a lion that was really roaring. And it came to me that the passage of scripture that kind of describes what's happening in Ukraine at the moment is how God, on the cross, has everything in control, He's beaten the devil. And it's this in Isaiah Chapter 11:6 & 9 "The wolf shall live with the lamb, and the leopard shall lie down with the kid. They shall not hurt nor destroy on all my holy mountain; for the earth shall be full of the knowledge of the Lord, as the waters cover the sea." And just as we see in 1 Peter chapter 2 "a stone that makes them stumble and a rock that makes them fall. They stumble because they disobey the word." That's kind of what's happening in Ukraine. But we are all called, as we are this morning and this wonderful proclamation which we see in Peter, it says "You are all a chosen race, a royal priesthood, a holy nation, God's own people in order that you may proclaim the mighty acts of Him who called you out of darkness and into His marvellous light." That mighty act of Jesus dying on the cross and rising again, and the power of the Holy Spirit which is pure love... and we pray for reconciliation, we pray for peace in Ukraine.

Twenty first word

I got these words a while ago but I came across my notes yesterday and I thought it was relevant for today: "In my mercy, seek help."

Words of knowledge for healing

- Man who has a sore throat and problems with his glands
- Someone with the soles of their feet being very itchy
- Woman with a sore left hip
- Woman who dances having a problem with her balance
- Someone who desperately wants the Gifts of the Holy Spirit - they have been trying for years and feel that they have never been baptised in the Holy Spirit
- All who would have a fresh outpouring of the Holy Spirit
- Woman who drives her car too fast and wants patience and restraint
- Someone who would share the Blessed Sacrament with others - in a school?
- Man being called to the diaconate
- Flower arranger who feels that their efforts are not appreciated
- Someone with depression and suicidal thoughts
- Someone plagued with guilt and self-blame, unable to forgive yourself.
- Man in his 70s who has a problem with his nose – blockage of right nostril?
- Lady with fibroids.

PROPHETIC SHARING FOR ALL OF 2022

ALTON DAY OF RENEWAL WORDS OF PROPHECY 18/5/2022

First Word

We heard in the talk the reference to “Our God reigns.” And in today’s Psalm: “Our God is King of all the earth” and it’s something I feel is so reassuring. Whatever the circumstance, we can trust in the God who reigns.

Second Word

“Tell them I love them, no matter what is going on in their lives.”

“My dear people, you whom I have chosen since before the world began, My chosen ones – come to Me, nestle on My shoulder; weep not. Be sustained by My strength which I impart to you and is, now, in you. You have much work to do which I will show each of you. Don't flinch, but be glad to carry out My wishes. My mother will help you.

Third Word

I had a picture where I was looking down from the sky upon a huge hurricane storm, where the eye of the storm was clearly visible. As I looked into the eye, I could see many people scurrying around trying to rebuild what the storm had destroyed, using the same flimsy building materials that had let them down before. After that I saw that the sky had turned red.

‘My dear ones, now you are in a time of relative peace but, like the eye of a storm, your peace is here now in the present moment. Whilst many are hastening to shore up and restore their lives to the “normal” they knew before, they have neither learned, nor heeded the lesson that came with the storm. For when mankind builds a world without God, it is as if he builds his house on sand. When the rains fall and the floods come, and the winds again blow and beat against those structures, great will be their fall.

‘My children rejoice, for you have built your lives upon the rock that is Christ. I am your rock and your fortress, your strength, and your provider. But in this season of relative peace in your land, do not be complacent, for you may be tempted to sit back and take your eyes off me. Do not focus on what is happening around you, make sure your foundation is secure so you will be able to withstand whatever comes your way. Then, when you pray for a deepening of your faith, for more wisdom and greater power, be sure that I will answer. For in these days, I will delight to give you my Spirit. I will anoint you and equip you with a double portion of my power so that you may rescue many souls and lead them to the rock that is the cross of Jesus.

‘Also, my children when you see blood red skies, do not be alarmed or fearful. Instead, lift up your heads, and greatly rejoice that you have been bought with the blood of the lamb; for I am with you always and nothing can ever separate you from my love.’

Therefore, everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock. The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation on the rock. (Matt 7:24-27).

When they had crossed, Elijah said to Elisha, “Tell me, what can I do for you before I am taken from you?” “Let me inherit a double portion of your spirit,” Elisha replied. (2 Kings 2:9)

And I will show wonders in the heavens above and signs on the earth below, blood, and fire, and vapor of smoke. (Acts 2:19)

PROPHETIC SHARING FOR ALL OF 2022

Fourth Word

I felt the Lord said: You look at the world and you see tumult and chaos and you are afraid, but I see birth pangs.” Then there was a sense of joy – not callous joy as if the Lord doesn’t care, but the kind of joy that a midwife would feel when a woman is in labour and thinks she’s having a hard time, but the midwife is filled with joy because she knows why the pain is there, and the joy that is to come. So I felt as if the Lord is saying that we look around and the world seems to be a very frightening place but it’s moving in the direction that is part of the Lord’s plan, and it’s a plan that is ultimately for joy.

Fifth Word

One of the things that we say at the beginning of each day is “Thank you Lord for the gift of being alive.” We just heard about when a woman is going to give birth and there’s so much pain but when the baby comes, the joy is beyond all understanding. It’s interesting because I’m doing a Novena to the Holy Spirit and today the topic is joy. So I thought I must say this because joy is something that we need to have all the time, so that we are able to carry that joy out to let other people see us, the way we are walking. Like in the Gospel the Lord says we are to be the light for the world.

Sixth Word

In the last few days I’ve learned how grateful I am for everything that happens, and I say all the time “Thank you my Lord, my love and my life,” and He loves it, he loves you to say thank you. Be grateful, gratitude is very important. He loves you and will give you more graces for the love He has for you.

Seventh word

I just had a real sense this morning that God went way before us for this day. I believe that in the praise and worship I felt the Holy Spirit really lifting my soul and also others, lifting us up into the presence of the Lord. And that’s really quite hard for me to say at this time. Three days ago, unexpectedly at the end of a meeting, the Lord gave me a picture: it was of a big sort of marquee, and it was opaque and it was holding us down, it was oppressing and restricting people. And I just sense today that the Lord is so pleased with the praise, that we were lifting that marquee up – the praise was releasing us and freeing us into a place with the Lord. I just have a sense that the Lord is so, so pleased with all of us. We just praise and thank him for the talk and for those young people who the Lord has given that gift of praise and worship which allowed us to be drawn up into the heavenlies with them. Amen.

Eighth word

While I was in the Adoration there was just one prayer that kept coming back, the Divine Will: “Thy will be done on earth as it is in heaven... Thy will be done on earth as it is in heaven.”

Ninth Word

One image that kept touching me was the crucifix, it’s so beautiful. Christ has such a peaceful look but also His arms outstretched and the message that came to me was “I love you, I love you.” And he just wants to wrap his arms around us.

Tenth word

The word that came to me was “Peace” – I felt the Lord was shining His peace out on us from the monstrance.

PROPHETIC SHARING FOR ALL OF 2022

Words of knowledge for healing

- Someone with Bell's palsy
- Someone with pain in left knee
- Someone with stomach complaint - cramps in left side
- Someone with swollen ankles
- Someone with hay fever - running eyes, sneezing, blocked nose
- Someone who has hurt their toe but doesn't want to admit they are having a problem with it.
- Someone with muscle ache in left arm
- Sinus problems – a longstanding condition. Strong sense God is saying “enough is enough” to this condition
- Lady with loss of feeling in the fingers of her left hand
- Lady with repetitive/ recurring mouth ulcers
- Lady with a stiff leg [has difficulty bending it] Believe it's the right leg. Jesus wants to heal her but she may also need to forgive someone who has deeply hurt her.
- A man who was in a car crash who blames himself although is now physically healed needs emotional healing
- Person with recurring pain in the centre, lower back. Very debilitating and has a lot of treatment and has given up hope of ever being free from pain Jesus wants to heal them.
- A lady who loves wearing a tartan scarf or cape (though maybe not today). You are having a relationship crisis and have to make an important decision. Receive prayer for the gift of discernment.
- At least 2 people having a crisis of faith at present. Your approach to faith has been mainly intellectual, but the Lord says you must worship in spirit as well as in truth – you need prayer to invite the Holy Spirit to be your personal teacher and guide.
- A man called Keith or Kenneth. You have complications following a hernia operation. Go for prayer and hand it over to the Lord.

ALTON DAY OF RENEWAL WORDS OF PROPHECY 25/6/2022

First Word

I was sitting at peace and the strange thing was I saw, it was almost like an eclipse, the round shape of the monstrance – but I wasn't seeing it as the monstrance – radiating out; and then a complete blackness in front of it, almost like a total eclipse, with just a little glimmer round the edge of the host. Then the word from Scripture about “My peace I leave you, my peace I give you”. It was an impression that, whatever is black in front of it, He is there. It's to have that inner peace even when everything around you is falling apart and dark. That was the impression I had – it was possibly for me, I don't know.

Second Word

The Lord has been talking to me about the “atmosphere of heaven” where everything seen & heard, & every action is filtered through the lens of his love. We all carry heaven within our hearts* but in the season ahead he wants to increase our faith & trust through a beautiful and revelatory charism of his love.

“My children, I want you to walk in the atmosphere of heaven, seeing everyone you meet, and every situation through the lens of my love. In the season ahead it is my love that will triumph. Will you let me dress you in a garment of radiant love so that your trust in me will be deeper than ever before? You are children of the king of heaven, the bride of Christ and heirs to the Kingdom of love. You have only to ask me for this gift to see how I will shower you with my love for all to see. “

*(*Ecclesiastes 3:11) He has made everything beautiful in its time. He has also set eternity in the human heart; yet no one can fathom what God has done from beginning to end.*

Third Word

I have been thinking about the way that the Lord might provide for the refugees and those who are displaced, especially those in Ukraine, and I just felt these words come. "I am in every tear; I am in every broken heart; I am in every broken dream; I am there in the heart of your brokenness. I will love you, I will cherish you, I will restore you. Look at me; really look at me and don't be afraid. I am yours and you are mine forever."

Fourth Word

I just had a sense that there's quite a few people that seem a bit lost at the moment. And I believe the Lord saying to them: "Do not look to the left or to the right but keep your eyes fixed firmly on me, for I am the beacon that will guide your path and show you the way."

Fifth Word

When we had the monstrance on the screen, as I looked at it, it became a tunnel, drawing me in, drawing me deeper into God's love, into God Himself. And behind there was a door that was very slightly ajar. And I had the impression that God wants us to go or maybe it's just me to go deeper with Him, to go into a deeper relationship, into a deeper ministry. Maybe it's just for me.

Sixth Word

"Come, now, My good people, harken to what I want to say to you. All is not well with My world, but you can help by little acts of kindness to the people I put among you and before you. Pray often for My goodness to prevail in all the situations that need My help."

Seventh word

I can say that when I was watching the monstrance, I kind of felt that the monstrance was far away, like in the distance. But at the same moment, I felt the strong presence of Jesus. And the word for me and for everyone was: "I am near."

Eighth word

"Integrity and honesty"

Ninth Word

I also had the word integrity... God is calling us to increasingly pray with all of ourselves, with undivided heart.

Tenth word

"I am with you, trust in me, I am The bread of life"

Eleventh word

"The road is narrow, the pathway steep, the mountain high. Temptations are many but do not fear for I am near. Climb, ascend, come follow me. I know your needs and will not fail you. I light your way - COME."

Twelfth Word

I had a picture of a stained glass window with the Holy Spirit dove in the centre. Surrounded by beautiful colours.

Thirteenth word

I saw a seashore, the water coming up to the sand, and I heard the crackling of burning wood. And I looked up, and there was Jesus cooking his fish and inviting us to come and eat. And this reminded me that God is always ready to feed us, and in adoration, we are spiritually fed.

PROPHETIC SHARING FOR ALL OF 2022

Fourteenth word

At the beginning of the time of adoration, because the Eucharist wasn't on the screen, I shut my eyes. And then when I opened them, the monstrance was there. And I was just blown away by God's presence in such an ordinary living room. And I realized that when I'm not seeing God present in my life, it's not because he's not there. It's because I've got my eyes shut and I need to open them.

Fifteenth word

I got the scripture reference, John 15: 26-27, which is, "When the counsellor comes, whom I will send to you from the Father, the spirit of truth, who goes out from the Father, he will testify about me. And you also must testify, for you have been with me from the beginning." And I felt that Jesus is saying, really emphasizing, that you also must testify. He says, do not be afraid to testify. My spirit will inspire and guide you.

Words of knowledge for healing

- Someone with an aching left wrist.
- A lady with a right wrist problem [very painful] and a recurrence of a previous condition.
- Someone who has lost their sense of smell recently, possibly as a result of Covid. *(claimed since the meeting)*
- Anyone with long Covid symptoms. *(claimed since the meeting)*
- Someone with a persistent cough.
- Someone struggling to climb stairs due to pain in the left knee. *(claimed twice since the meeting)*
- Someone else difficulty bending right knee.
- Someone getting very breathless when they walk.
- Someone whose bowel movements have changed: ask for prayer but also to go to a doctor.
- Blocked nose/ Sinus problem – a long standing condition. *(claimed since the meeting)*
- Sore/red/inflamed eye condition. Jesus wants to heal them physically but also spiritually so they will see Jesus more clearly. He will no longer be a blur. They will see him clearly in a new amazing way. *(claimed since the meeting)*
- There is someone whose soul is cast down. But take heart. God's message to you is that he remembers you. Deep down within your soul you will hear the thunder of God's cataracts and Gods waves and billows will go over you. God will command his steadfast love by day and at night his song will be with you and you can pray to the God of life and hope. *(claimed since the meeting)*

ALTON DAY OF RENEWAL WORDS OF PROPHECY 23/7/2022

First Word

The trickle which you have been receiving will turn into a flood if you allow God to enter fully into your life. Open the floodgates and bathe in his love. Fill the bath to overflowing and immerse yourself in his love. He is widening the channel for you, so concentrate on Him. Focus on Him. Put Him at the centre of your life.

Second Word

Today is a day of rejoicing, for my spirit is with you. Be glad to know his presence, healing, leading and guiding you. His purpose is to make you new. So submit to all he requires of you and rejoice as he takes away the old and offers you the new. Accept with both hands this heavenly treasure and be glad.

PROPHETIC SHARING FOR ALL OF 2022

Third Word

I felt the Lord saying this: "I love you. Remain in my love. Let my love flow through you like a mighty river. Drink and wash, be refreshed, for the journey is long and the heat of the sun is fierce. In me you can do all things; do not worry, but put your trust in my unfailing love. I love you. Remain in my love."

Fourth Word

I sense the Lord's saying: "Taste and see that the Lord is good. Now is not a time to hold back, but to move forward with confidence and faith. I will show you the path, the way ahead and I will place your feet on firm ground."

Fifth Word

I sensed in the time of Adoration, you know where it says in Scripture, Jesus says "I have nowhere to live, nowhere to lay my head." And I sense Jesus saying, "I will come and lay my head in your home. I will eat with you and speak with you if you open the door of your heart to me." And in Scripture where it says "and you must love the Lord your God with all your heart, all your soul and all your strength." Amen.

Sixth Word

I actually read this this morning at breakfast time. It so spoke to my heart that I decided it actually does follow on from what everyone else has said. "Come away with me. Leave behind the distractions and frustrations and even the daily routine, just for a little while. Come away with me. Set yourself apart for a few hours. I want to talk with you. I want to touch your heart. I want to listen to you. I want to teach you. I want to reveal to you the things to come. I want to strengthen you and I want to comfort you. I want to give you strategies to overcome the distractions and frustrations. Come away with me for a little while. I want to refresh you. I love you."

Seventh word

I seem to sense this dialogue between the Lord and my soul. And I felt he said: "Who will come close to me? Who will come close to my pain? I'm in the garden again. I am on the cross again. I cry out again 'Father, forgive. Oh, Father, forgive.' And I sense myself say: "But, oh Lord, I can't come too close. Your pain is unspeakable, your love boundless, infinite, inexhaustible. It frightens me, it overwhelms me. But here I am, Lord, just close enough to hear your word to me: 'I love you. Be free'."

Eighth word

During Adoration and just seeing how the host was held like that in a hand, I felt it was Jesus holding our suffering world and it was in his hands. And although he's been within our suffering world and it's this awesome world that he has created through total love for us, but there's just so much destruction in the world today that we're creating. You see so much suffering, through climate change, our greed resulting in famine, there's wars, there's disease and there's so much anxiety, but the fact that he's just holding the suffering world and there's trust in Him, it's his love that we must embrace. And it was just seeing that image that set my heart on fire and like the last speaker, which I thought was wonderful, it is overwhelming and it's to try and have that love and trust in Him that we can come closer to Him.

Ninth Word

My attention was also drawn to the monstrance at Adoration, but what I noticed particularly was the chair behind the table and it brought to my mind something which I read about right in the very early days of my conversion and coming into renewal and challenging my relationship with Jesus. The saying was (as you've probably heard) "who is on the throne of your life? Is it yourself or is it Jesus?" And that's a challenge which we all face. And many of us have probably made that decision

PROPHETIC SHARING FOR ALL OF 2022

to put Jesus on the throne of our lives, but the problem is keeping him there because we always want to get back on the throne ourselves as part of our fallen human nature, to be selfish. But we continually have to get back off the throne, put Jesus back on the throne. And I felt he was saying to me: "My kingdom will come into your life as you do my will and make me first in your life. And remember, I'm not a harsh and unreasonable king. I am your servant king overflowing with love for you."

Tenth word

During adoration, I had an image of a wine skin, which was old and it was being patched up. And the Lord was saying: "That's not going to work." And then I was taken to the vineyard with the vine, which was the gospel of today. And the wine was just pouring out through this wine skin. And I felt the Lord was saying: "that is my blood that's pouring out. New wine cannot be put into old wine skins. And my blood is flowing out to cleanse you, to cleanse the hearts and minds of my people, to cleanse the earth, because healing is needed. And my father has pruned but my blood needs to heal before the new wine can be put into new wine skins." So I felt the Lord was saying, we've got to be cleansed. We've got to allow him to do the healing before we can produce new fruit through him.

Eleventh word

Mine was pretty simple, actually. It was during Adoration. And what I was hearing was the Lord saying to me: "I am the Lord your God, God of the entire world and all its peoples. I am the God of heaven and earth and always will be." Which for me was a reminder that we don't judge people by the colour of their skin, by nationality, by the work they do. People are people. We are all part of the human race. And not even to judge this episode with Russia and Ukraine. We mustn't judge Russia even. We mustn't judge people because we don't know the whole story. We don't know necessarily what's behind things. And reminding me that he is the God of heaven and earth - just everything I see is his creation. Every smell in the air is his creation. I was sitting in the garden the other day and there must be some lilies or something next door, I don't know. But the smell was divine and then it went and it came back again. Every little thing is another gift from God.

Twelfth Word

"Every knee shall bow, and every tongue confess that Jesus Christ is Lord now and forever."

Thirteenth word

Ephesians 4:23-24 "You were taught with regard to your former way of life to put off your old self, which is being corrupted by its deceitful desires, to be made new in the attitude of your mind, and to put on the new self, created to be like God in true righteousness and holiness."

Fourteenth word

During Adoration, God said "Stay with me always and I will take care of you, do not worry."

Words of knowledge for healing

- There is someone who has been carrying a huge burden of guilt for many years. I sense that those feelings and the weight of guilt have been so embedded in the 'essence' of their being that it's hard for them to imagine anything different.... Please dear friend, seek prayer. The Lord is near and He can free you.
- There is a mother who has been estranged from her child/children for a long time. There is the belief that the situation is beyond the scope of the Lord. The Lord is on your 'case' - He is faithful - there is hope.
- Someone who broke their right ankle and is now having problems with it.

PROPHETIC SHARING FOR ALL OF 2022

- A man with lower back pain.
- Someone getting a tingling in their hands, like pins and needles, on a regular basis.
- Someone suffering from an invasion of spiders. They are getting on them and crawling on their skin.
- A man with poor eyesight who is getting headaches.
- A woman with Long Covid symptoms.
- A man and a woman who are eating too much. Not sure if that is singly or together.
- Someone whose anxiety is preventing them from making an important decision; when you have peace in the Lord you will be able to make the decision.
- A man apprehensive about forthcoming dental work – be reassured the Lord is aware of this
- Someone awaiting kidney dialysis – there will be a (beautiful) hospital room for this and the Lord will use this time for spiritual healing.

ALTON DAY OF RENEWAL WORDS OF PROPHECY 20/8/2022

First Word

I had a word that I felt was for someone thinking of starting a prayer group - although it could have been someone discerning a vocation too:

“Be in the company of others to worship and adore Me. Do not worry about what you should say for I will give you the words. Have more trust in Me. Step out in faith.”

Second Word

The monstrance was really glowing during Adoration and it reminded me of the first Mass reading (Ezekiel 43:1-7) about the glory of the Lord: “The earth shone with His glory” and then later on “The glory of the Lord filled the Temple...and the voice said I shall live here among the sons of Israel forever.” And thinking about that, I felt the Lord saying:

“I have promised to live among you forever and here I am! I have come to make the earth shine with my glory. I have come to bind up your broken hearts and to set you free from your burdens.”

Third Word

What I wrote down chimes with what has just been said. The monstrance was blindingly bright but occasionally clouds came across the sun and dimmed its radiance slightly, making it easier to see the Lord in the centre. It made me reflect on the fact that God’s glory must be blindingly bright so that he has to put a veil over it, so that the glimpses of his glory that we see on earth don’t overwhelm us. We really cannot begin to understand what we will begin to experience in heaven. All glory to you Lord!

Fourth Word

I felt Jesus saying: “Welcome me. Welcome me with joy, praise and thanksgiving wherever you are, wherever you go: in your home with friends and family, or at your work. Welcome me in happy times and sad times, difficult times and dark times. For I am your strength and protection; I am your sure hope and your steadfast love. Trust in me, welcome me.

Fifth Word

I had a picture of white horses been whipped up on the sea and had a sense that the Lord was saying that when we see this, we know it is time to reef the sails and head for harbour. Then he said:

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“Why do you hesitate to step into my heart? I see you with one foot over the threshold, looking fearfully back over your shoulder at the coming storms of this world. The trials of this world are many. Mankind has turned its back on the Author of Life, preferring to worship the gods of war, greed and self-gratification that can bring only misery. But I will always be with you. I am your refuge, your provider, and your shelter in every storm. I will deliver you, protect you and direct your steps. Come my dear ones, hesitate no longer, step into my love with repentant hearts. My arms are open wide to embrace you. Keep your eyes fixed only on me and take that step into my heart. I am waiting. Do it now!”

Sixth Word

I had three words, they were: Solace, Peace and Hope. I had a real sense that they were words of promise for three particular individuals attending the meeting this morning, speaking directly into a situation in their life at the moment.

Seventh word

“What I want to tell you is this: You are not forgotten among the people of this world. On the contrary I remember you every moment of every day. This means you have a purpose to fulfil, being My remembered children, and, like good children, doing what their Father says, which in your case is to reveal Him to others by your lives.”

Eighth word

I had an image of the Divine Mercy with these words: “Let my mercy be divine, only I see the why. My peace I give you.” And I just had this impression on my heart that sometimes, with our attitudes, we’re blocking God’s mercy and grace.

Ninth Word

Reflecting back on what was said earlier about the first Mass reading: “We are the Temple of the Holy Spirit: we can radiate something of His glory. We can be used by God to transform the face of the earth

Tenth word

As the monstrance was turned around, and the light shone on it, it came into something like the shape of a dove and I felt the Lord was saying he wanted to spread his love, light and peace over everyone. It’s not just for us in the meeting but for everyone, everywhere. That sense of peace radiated out all the way through Adoration.

Eleventh word

The Lord says: “Get rid of all your pre-conceived ideas and speak the words I give you. Come follow me!”

Words of knowledge for healing

- A woman suffering from headaches not caused by not drinking enough in the heat.
- A man with an aching right ankle.
- Someone struggling with depression.
- Someone with a lot of insect bites.
- A man with an aching right wrist.
- Someone with discomfort behind their left knee.
- Someone with tinnitus - this was mentioned before but they didn't seek prayer that time.
- A lady despairing over a son who will not settle. Ask for prayer for him but also for yourself, to receive peace about the situation.

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- Someone with an unusual infection in the nose.
- A lady suffering from bereavement - an elderly parent has recently died.
- A lady with a very sore ulcerous mouth possibly as a result of chemotherapy
- A man that has a speech impediment - that the Lord wants to free his tongue, that he might speak the Gospel.
- A man who is tentative about the permanent diaconate or the priesthood and the Lord wants to affirm him in his calling/vocation. (The name/place name Heston maybe relevant).

ALTON DAY OF RENEWAL WORDS OF PROPHECY 17/9/2022

First Word

“Receive the cup of power, the chalice of salvation. Be blessed in all you do. Be filled with my power. Trust in Me in times of trial. I am with you always. I will remove all the barriers in your way.”

Second Word

“I am kneading the bread. I work the leaven through you that not one piece of you will be left unchanged. Give your whole self to me, every thought and every gesture, every word and every deed. Let the leaven transform every part of you so that you might be true to My word. To keep your light burning bright, stay close to Me. Come to Me at every opportunity that you might be the one lighting up the meal table with My words.”

Third Word

For some it's time to move on in your life. And I had the words from Revelation 21:5 “And the one seated on the throne said, behold, I make all things new. I had the words, “Embrace the moment that you're living in. Don't look back but look forward.”

Fourth Word

During Adoration I had: “Dear people of mine, you whom I esteem highly for your devotion to me, I trust in you as you trust in me. For where you go, I go. And what you pray, I assure you I hear. So never give up seeking me in prayer in your special times with me and you will be rewarded.”

Fifth Word

Three nights before the Queen died, I woke in the night with an extraordinary picture of the Lord showing me that he is “The Lion of Judah.” “See do not weep for the Lion of Judah has triumphed” (Rev 5:5) He has conquered sin & death.

Then I heard the words: “Comfort, Comfort, my people” (Is.40:1) I sensed great tenderness in his words “Comfort my people.” But I also saw the word “COM-FORT” split into two syllables and sensed that he was calling us to COME to him to be strengthened (FORTified) for when trials come. Also I had a sense that suddenly something was soon to happen that would shock people, and then three days later the Queen died.

The Lord led me to Isaiah 40: 28 – 31: “Do you not know? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He will not grow tired or weary, and his understanding no one can fathom. He gives strength to the weary and increases the power of the weak. Even youths grow tired and weary, and young men stumble and fall; but those who HOPE in the Lord will renew their strength. They will soar on wings like eagles they will run and not grow weary, they will walk and not be faint.”

He wants us to trust and put our hope in Him in the certain knowledge that He is the Lion of Judah who has triumphed over sin and death and has conquered the devil.

Sixth Word

What I saw again was the sun and it was very bright and I was looking at the sun, and I was thinking about the sun reflecting light, and then I saw the moon and a complete contrast, and I think it was that contrast and just applying that generally; the sun always comes up in the morning somewhere and we have night. And that sort of reflected for me a little bit about how we are sometimes about being in the darkness and things just not working out. But yet even mariners at sea, when it's total darkness, there are those odd stars and those odd glimmers that do give hope. And it's people who really want to move on, just finding this specific star that is a guiding light. The north, the south and so on, they can find the direction. And I think it's sometimes looking to see who can help - it might be a person, but it might just simply be praying to come out of the darkness.

Seventh word

I had Psalm eleven: it's not too long, so I'll read it, if that's okay. "In the Lord I take refuge. How can you say to me, flee like a bird to the mountains? For lo, the wicked bend their bow, they are fitting their arrow to the string to shoot in the dark at the upright in heart. If the foundations are destroyed, what can the righteous do? The Lord is in his holy temple, the Lord's throne is in heaven. His eyes behold, his gaze examines humankind. The Lord tests the righteous and the wicked, and his soul hates him that loves violence. On the wicked he will rain coals of fire and brimstone. A scorching wind shall be the portion of their cup. For the Lord is righteous. He loves righteous deeds. The upright shall behold his face."

Eighth word

During Adoration, I asked the Lord to speak to me, and I felt him saying this: "It is not sufficient that you pray by yourself to me. You must pray as part of my body, the church. This is the will of my Father. Be perfected in me."

Ninth Word

During the Adoration time, I felt the Lord saying to me: prophet Micah. I haven't read Micah for a long, long time, but when I opened it, I discovered that I had underlined some passages a long time ago, but they seem to be quite relevant because it's all about deliverance, which is our subject today. And it's in chapter five, just after the bit which we often hear at Christmas time, about Jesus coming from Bethlehem, it's just after that, from verse four. "He will stand and shepherd his flock in the strength of the Lord, in the majesty of the name of the Lord his God, and they will live securely, for then his greatness will reach to the ends of the earth. And he will be their peace." And I felt the Lord sort of expanding on that and saying, "I am your peace, come to me with all your troubles and I will deliver you from them. You can trust in me, for I am the Lord. My majesty and power reach to the ends of the earth."

Tenth word

During the period of adoration a scripture came into my mind, I didn't know what it was. And it's Amos, chapter three, verse 15. So I looked it up and it may not make much sense to me, but perhaps when the team are discerning, it may make sense. The Lord is saying through Amos: "I will strike the winter houses along with the summer house and the houses of ivory shall perish and the great houses shall come to an end, declares the Lord." But I thought of this in relation to all the people who have been filing past Her Majesty's coffin. And [in Mass] Father said, Queen Elizabeth is not there, she's long gone, just the shell we knew. And I just felt all these heads of state, presidents, prime ministers, who will be coming in on Monday for the funeral. And I felt God saying, "Don't pay any attention to all these powerful people because they, like everyone else, shall just go to dust. Trust in me. I'm the only one that you can rely on. And don't be intimidated by all these figures of power. Don't be filled with fear at all the dire predictions we see in the media. Just trust me and I will take care of my people."

Eleventh word

I had this while I was adoring the Blessed Sacrament: "One small word or action can be the opening to something amazing which could change the world." It was like saying "You might think this is nothing but if you feel the Holy Spirit is guiding you to do or say this, you should do it."

Twelfth word

Doors: We don't know what is on the other side or even if it is locked. But we are called to step up and turn the handle; if it turns, open the door and trust Jesus is leading. The first through find it hard but those who follow find a wide open door and they can see what lies beyond.

Thirteenth word

I noticed that Jesus in the Blessed Sacrament was not particularly illuminated today - I sensed the Lord saying, "How often I am among you and you do not see me; how often I speak to you and you do not hear me; I am so close to you and you do not discern my presence. Open your eyes, your ears and your heart, I am so close to you."

Fourteenth word

In our prayer group on Thursday, we had exactly the same passage from Micah [that was mentioned earlier.]

Fifteenth word

I was praying for the Christian faith to be rekindled in this country through the death of Queen Elizabeth and the mourning for her. My mind was drawn to the Eucharistic Adoration in Hyde Park during Pope Benedict's visit: there was deep silence although very many people were gathered and the monstrance, relayed on many TV screens, was brilliant against the dark night. Today's monstrance was also beautiful and today's background was white. I was struck by this light/dark contrast. I also remembered how Pope Benedict won over a Parliament and a media that had been sceptical before his arrival. Then in my prayer the host within the monstrance became dim, indistinct and in that place was a very bright and clear candle flame. I felt this to be Jesus saying: 'I am the light of the world.' I wonder if this is a particular time to share, with humility in a culture of pluralism, who Jesus, 'the light of the world' is.

Words of knowledge for healing

- There is someone who has been wearing a mantle of shame for a very long time - I sense the Lord is longing for you to come to him - just come as you are. The words from scripture that came to my mind are from Ezekiel 16 v 8: "I passed by you again and looked on you; you were at the age for love. I spread the edge of my cloak over you and covered your nakedness: I pledged myself to you and entered into a covenant with you, says the Lord your God, and you became mine." My dear friend, please seek prayer now.
- I have a sense that there is someone who is feeling very vulnerable due to uncertainty about their roots - many questions going round in their head.
- Someone with pain in the middle of their back.
- Someone in tears over the death of the Queen, but it is really because of the earlier death of a loved one.
- Someone whose buttocks ache so sitting is no longer comfortable.
- A woman with pain in the stomach area – it is gynaecological.
- A man who snores and wakes up with a dry mouth most days and a sore throat on occasions.

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- Someone with problems with their eyes.
- Someone who is shaking with Parkinson-like symptoms.
- A man who keeps getting pins and needles in his fingers.
- A woman with a painful right knee.
- A woman who is younger, no older than their early sixties, who keeps falling asleep in the afternoons.

ALTON DAY OF RENEWAL WORDS OF PROPHECY 22/10/2022

First Word

“Those who are sick will rise again. The Lord hears their prayers. Do not weep for those who are gone. They are with the Lord in heaven. Even from your sickbed, you can be driving yourself on the journey to heaven. Read the Scriptures and pray. Look forward to the ending of one phase of your life and a new beginning with Christ in heaven. Let the fire of the Lord be poured out over you to burn away all that holds you back from Him. You can do so much more for Him when you are clean and shining (go to Confession); when you are immersed in His word and His Sacraments; in prayer and worship.”

Second Word

The way the Blessed sacrament was positioned, I couldn't see the host at all, but it was just a ball of light. So it came very strongly, the words which Jesus so often said “I AM the light of the world. Do not fear these tumultuous times. I AM the ruler of all nations, I AM the king of kings. Trust me to lead you where I want you to go. Remember, I AM in you and with you always.” And I just thought it was very powerful with the light and then with his hands outstretched, with Christ on the cross behind, it was just amazing.

Third Word

I was also struck by the monstrance, and I had a very similar word, but because of the monstrance, how it was, I just need to say something that really struck me. I recently heard that the new James Webb telescope has shown that there are at least 100 billion suns in the Universe. During Adoration, when I saw the monstrance shining so gloriously, I was overcome by the realisation that our God who created the Universe and whose unimaginable power & energy is more than 100 billion suns, was in that small monstrance as “the word made flesh”. More than that, he has given us this same power of his Holy Spirit – this means I have the power of at least 100 billion suns dwelling within me. Mind-blowing!

Then I saw a light bulb plugged into an electric socket, and he said to me that he has given us his spirit but “In order to give light it is not enough to be plugged in we must also switch it on – flick the switch.”

“This world knows only darkness; a darkness that is destined to deepen. Yet the light of my Son will shine brightly to illuminate the way for those who are able to receive it. My children, are you ready to bring that light to the people and places where I will send you? I need a people who will glorify my name, who will not take pride in themselves, for I will use my power working through them mightily in ways you have not yet seen; I am calling you, not just to bring the light, but to BE the light through the witness of your lives. Will you seek me with all your heart; surrendering to me in trust even when you do not understand? I have given you my power, now will you agree to switch it on?”

PROPHETIC SHARING FOR ALL OF 2022

Fourth Word

During Mass, it was just three words: "Be not afraid." And then when it was adoration, I got Psalm 26. I'll read it because it's not too long. "Vindicate me, O Lord, for I have walked in my integrity and I've trusted in the Lord without wavering. Prove me, O Lord, and try me; test my heart and my mind. For thy steadfast love is before my eyes and I walk in faithfulness to Thee. I do not sit with false men, nor do I consort with dissemblers; I hate the company of evildoers and I will not sit with the wicked. I wash my hands in innocence and go about thy altar, O Lord, singing aloud a song of thanksgiving and telling all thy wondrous deeds. O Lord, I love the habitation of thy house and the place where thy glory dwells. Sweep me not away with sinners, nor my life with bloodthirsty men, men in whose hands are evil devices and whose right hands are full of bribes. But as for me, I walk in my integrity; redeem me and be gracious to me. My foot stands on level ground; in the great congregation I will bless the Lord."

Fifth Word

When I looked at the monstrance, I was unable to see the host because it was shining so brightly. And it reminded me of the hymn that we used to sing a lot when I was a child that talked about God in light inaccessible, hid from our eyes. And I realized that when I can't see God, when I can't see what he's doing, it's not that He's not there, it's not because of the darkness, it's because he's so close and he's shining so brightly that I'm just dazzled by his presence.

Sixth Word

Similar to Veronica, I couldn't see the Eucharist due to the light reflecting from the monstrance initially, and then suddenly part of the Eucharist was visible, like a door opening, I suppose, and I was permitted to enter in, and I heard the words, I felt from the song "He is Lord." But it was: "I am Lord. I have risen from the dead and I am Lord. I have risen for you and for all people." And then later on I got "Be still and know that I am God. Listen to me and receive all I wish to give you."

Seventh word

I was thinking earlier on, particularly with the first reading and the introductory hymn which I sang "Our God Reigns," I was reflecting on the fact that when Pope St John Paul came to England back in the early 80s, we went to the Mass at Wembley Stadium, where he said the Mass, (on a scorching hot day, I think some of you may well have been there as well.) And this was in the days before my faith really came alive in a big way. I wasn't used to doing anything other than Sunday Mass, but I was somehow persuaded to go along to Wembley, and it was just a wonderful occasion. And one of the many things which impressed me was the crowd singing "Our God Reigns" at the top of their voices. I'd never come across a group of Catholics singing with enthusiasm before, and it was just wonderful. But anyway, that's all beside the point, because then when it got to the adoration time, the words that came to me were really all about those words from the hymn, or from Isaiah, about bringing peace.

So I felt the Lord saying this: "I AM the good news of peace. I will bring peace to your heart. If you trust completely in me, no matter what distresses you in the world, in the nation, in your own life, I will be your peace that goes beyond anything the world can give. My peace, my shalom, will penetrate through your deepest emotions and bring healing to your heart. Know in the depths of your being that I love you."

Eighth word

What came to mind was basically Romans 12:1-2, and for me, it brought together several strands from this morning. One to do with the Mass of John Paul second, the other Father Paul talking about Peter's transformation in Christ, and also linking to the talk that Allegra is going to give, "Do whatever he tells you." So if I just read this, I think it does pick up those three threads. "I beg you therefore, my brethren, by the mercy of God, to give yourselves as a living and holy sacrifice pleasing

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to God.” And it struck me that John Paul II had actually done that. “Do not be conformed to the world where you live, but rather be transformed through the renewal of your mind.” That’s the importance of days like today, so the spirit can transform our minds. “You must discern the will of God, what is pleasing and what is perfect.” And it struck me at the end of that, that what is perfect is doing whatever he tells you.

Ninth Word

Like several others, when I saw the monstrosity, I was so taken aback. It was just so beautiful and the light that was shining out and what came to me was, I couldn't think where it was, but how beautiful it is in heaven. And it's actually Revelation Four, and it talks about worship in heaven and I obviously don't have time to read all of it, but St. John says: “and I saw a throne in heaven and someone sitting on it. The one sitting on the throne was as brilliant as gemstones, Jasper and Carnelian. And the glow of an emerald circled his throne like a rainbow.” And then it continues to tell you what is happening in heaven, how they are worshiping God in heaven. And it comes down to: “day after day and night after night, they keep on saying, Holy, holy, holy is the Lord God Almighty, the one who always was, who is and who is still to come. And whenever the living beings give glory to honour and thanks to the ones sitting on the throne, the one who lives forever and ever, the 24 elders fall down and worship, the one who lives forever and ever. And they lay their crowns before the throne and they say, you are worthy, O Lord our God, to receive glory and honour and power, for you created everything, and it is for your pleasure that they exist and were created.” And the Lord really put on my heart, how we are all part of that. We are all part of heaven. What happens in heaven is what God wants to happen on earth. And we have been called into that same kind of worship to the Lord. And when we talk about making God centre of everything, I just thought this was such a beautiful reminder of what is happening in heaven and how we are all drawn into that in such a supernatural way, but in also such a natural way. And I would just recommend anyone who has time to read that Revelation 4, to meditate on that for a while. Praise God.

Tenth word

I just had a sense that the Lord was saying that dark clouds are gathering whichever way we look, but he wants us to remember that his light is always shining and that his light will always shine, it will never dim. And I was also reminded that darkness cannot overcome light, that darkness really is just the absence of light. You can't switch on darkness to overcome light, but it's when light fades that darkness gathers in. I sense the Lord saying: “Keep my light burning so that the darkness cannot gather in.”

Eleventh word

I received from the Lord about the beauty we've had this autumn, the absolute glorious colours. So brilliant. And he said: “The kingdom of heaven is so much greater than the colours in this autumn. The beauty is beyond compare.” We cannot imagine what heaven is like. And for those who really love Jesus, that is what awaits them. The glory of God. If you really love Jesus, if you manifest Him, let his love come true to everyone you meet, every person, show Jesus. And that's what awaits us. If we really and truly love and filled with the Holy Spirit of God, that is what awaits us. This absolutely glorious, wonderful, beautiful heaven. And so wonderful. And if heaven is a million times better than that, my goodness me, I can't wait to get there!

Twelfth word

I just felt there was so much power coming from the blessed Sacrament and that God was really imparting new gifts and very refined gifts of listening to Him and extending an invitation to be like sheepdogs with very alert ears, really attuned to the master's voice. So it was like the impartation of new and deep and special, refined gifts of listening to Him.

PROPHETIC SHARING FOR ALL OF 2022

Thirteenth word

Ephesians 4:11-13 "The gifts he gave were that some would be apostles, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ."

Words of knowledge for healing

- A man who feels very bowed down with the weight of the world. The Lord wants to fill him with peace & joy.
- Someone who is fearful of getting close to God as she does not feel worthy.
- Someone worried about their forgetfulness!
- A very painful big toe making walking difficult.
- A person with an upset stomach who knows their symptoms are getting worse and should go to the doctor.
- Someone worried about a mole on their cheek. Ask for prayer to relieve your anxiety but also follow the doctor's advice.
- A man who has painful ribs when he stretches.
- Someone who has a relative fighting in Ukraine. Ask for prayer for their safety.
- A lady with an infected blister on her toe.
- Someone who needs to forgive a bad relationship with their father. Ask for prayer to help you forgive and it will also release you from your headaches.
- Someone with backache.
- A woman with pain in the stomach and kidney area.
- Someone with a continually running nose, affecting their singing in church.
- A man who suffers from migraine and thought they had gone but had a bad one recently.

ALTON DAY OF RENEWAL WORDS OF PROPHECY 26/11/2022

First Word

I was very taken during the Mass and certainly afterwards with the lovely candles. And I was thinking about the oil in the lamps. And of course, that little wick inside is giving so much light. And then during the adoration, Timothy Two came: "fan into a flame the light that you've been given" [2 Timothy 1:6 For this reason I remind you to fan into flame the gift of God, which is in you through the laying on of my hands.] And I was thinking about oil and all the anointing we have in our life that perhaps is our oil. But as I looked at the actual flames that were coming from those lamps, one was slightly taller or sharper than the other one, but they both shed light and they didn't flicker. They were steadfast. And that word steadfast came to me: "Be encouraged, but stay strong. Don't let it go". But again, it's that power of the oil and the blessings and how much light and not letting it flicker. So with a whole lot of symbolism, probably just for me, but I got an awful lot out of looking at those lamps.

Second Word

I started with the candles as well. As soon as we went to Rome, I was very struck by the globe shape of the candle and the flame on the top. And it spoke to me of the purity of the world when the world was first created and before the fall. And the flame was sort of like Jesus, the light of the world on the top. But then when we went to Adoration and Jesus was there in the monstrance, he seemed to be looking over the world, kind of protecting it. And a couple of times a shadow appeared on the

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wall. I think it was Father Anthony, but a shadow appeared on the wall, a misshapen shadow. It didn't look like a person. It was just a black shape coming in from the right. And it seemed to be threat, darkness, evil coming over the world. And Jesus was there protecting the world and keeping it safe.

And then I don't know whether the monstrance, the spikes coming out of it, were gold all the way around, but suddenly some of them - and it could just have been the way the sunlight was coming in the window - but some of them at the bottom suddenly looked silver and more and more of them were turning silver starting at the bottom of the of the monstrance. And then it kind of seemed to me that it was ice forming around the bottom of the monstrance coldness: coming from the world towards Jesus. So then I was upset that he should feel this coldness coming towards him, so I started sort of praying to console him and to tell him how much we do appreciate him and what he's done for us and who he is and everything. And then these silver spikes on the monstrance went pink, they went kind of rose gold and the shadow, the black shadow sort of disappeared. No overall conclusions, but thank you, Lord.

Third Word

I also looked at the candles and I just felt that there was steadfast love for us all. So I wrote down, "My dear ones, in these times, never be anxious or afraid. Wherever you are and whatever your concerns, I am always with you and I position my angel to watch over you. You are never alone, never abandoned and always at all times, my beloved child."

Fourth Word

Like everybody else, my attention was drawn to the oil-filled candles and I thought of the worship song, "Give me oil in my lamp, keep me burning." And it sort of tied in with what Father Anthony was saying in the homily, that we can grow stale and lose our enthusiasm. Our hearts can be hardened by the cares of life, as it said in the Gospel. And we need to be continually refilled with the oil of the Holy Spirit. And the Lord said this: "Receive from me the oil of gladness that will cause your heart to glow with my love. Burn brightly in the darkness so that people will be drawn to me, the light of the world."

Fifth Word

"My word is fading away in this world. Only you can help to bring my word back to others. Be my hands and feet, be my mouth. Speak for me to those around you. Stand up for me and be my witness in the world. The world will persecute you, but you know what is right, what is just, what you must do. Do not be afraid to do it. Bring the people to me. Break the chains that enslave them. Pray for the world. Never cease to pray, no matter how hopeless things may seem. Trust in me. Read the Bible Read good books. Be ready to speak out. You never know the time I am calling you to stand up and be counted. But that time is coming. Do not be afraid for I have overcome the world."

Sixth Word

First of all, during Mass, I was very struck by the words "inspiration and revelation", because inspiration always brings to me the Holy Spirit – "inspire", as in "breathing in." And then when we went to the Blessed Sacrament, the Adoration, I too, was struck by the candles. I was struck by the monstrance, and I saw the shadow as well. But what really struck me all of a sudden, and this has never happened to me, as I was sat there looking at our Lord and he looking at me, the spikes on the monstrance reminded me of the crown of thorns, which became a crown of glory. And then it seemed to be burning brighter. And then I saw this silver at the bottom, and the Blessed Sacrament itself seemed to be burning brighter and brighter. It was almost as if to say: "Don't worry, the suffering will come to an end and it will be a crown of glory in the end." That's what came to me very strongly this time.

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Seventh word

I only got two words, but I think they might be really special. BE PEACEFUL. BE in capital letters: "Do it!" And peaceful: full of peace. And I think it is because of all the turmoil we're in and the world is in that it's the case of trying to place ourselves in that, to actually be peaceful.

Eighth word

Our parish priest has asked us to think about our favourite Bible quotation to put in the newsletter. And I'm afraid to say I got distracted at Communion because I was trying to think of the Bible quote and the way it went, which is, for me, it's just after the Ascension. And I couldn't believe my ears, because the next minute I knew Father was saying the Communion antiphon, which was: "I will be with you always until the end of time." And that was exactly what I was trying to work out the exact words of in my head. And I thought, yes, Lord, you are with us. You're with me, you're with all of us, and for always. And I just thought that was a lovely reminder.

Ninth Word

I had this sense that as we journey to Bethlehem, this Advent, that he's inviting us to prepare a stable in our hearts, and he wants to come to us in a new way. And I'm aware of the Scripture, I think it's Romans five, verse five, where it says, "He pours His own love into our hearts." His own love, because our love is very wonky, isn't it? He pours His own love into our hearts, and then He will enable us to really love in a new way. And for that to impact those around us and impact the world.

Tenth word

At the beginning of this month, during silent prayer, I had the words, "Maranatha*, come to me." And I know the song, and so that's been coming to me quite often this month, and it was in the psalm today, so that moved me a lot.

["Maranatha" is an Aramaic word used in the early church. It can mean "Our Lord has come," "Come, Lord!" or "Our Lord is coming."]

Eleventh word

I noticed the candles too...one flame taller than the other and no flickering either...yes let us remain steadfast, trust and rejoice in the Lord always.

Twelfth word

I noticed that brightness at the bottom too. And I loved the candles too.

Thirteenth word

"Be still and know that I am God, fix your gaze on Me," says the Lord.

Fourteenth word

The candle, sphere, representing the world, being transparent and pure and illuminating the world with the Lord's light through the way you speak and act.

Fifteenth word

The word PEACE came to me as well.

Sixteenth word

"Keep your eyes on the Prize; Heaven high, beyond the sky; Where I fly, free as a bird."

Seventeenth word

I also had the sense that God wants to come into our hearts in a new way.

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Eighteenth word

The message that came to me at adoration was- "Be still and know that I am God. I am in control. Trust in me."

Words of knowledge for healing

- Someone with fallen arches getting intermittent pain in both feet.
- A woman with a painful right knee at times. This word was given a couple of months ago and not claimed.
- A man with lower back pain.
- Someone getting very forgetful.
- Someone struggling with poorer eyesight in the dark.
- Someone coughing when eating muesli or breakfast cereal.
- Someone needing the courage to speak out about their faith and the injustice that they see.
- Someone with toothache.
- Someone with cancer of the mouth, on the roof of the mouth at the side – the Lord says to be at peace
- A woman feeling shame – the Lord wants you to know he is merciful and wants to welcome you and assure you that 'you have a place at the table'.
- I feel there are several people at the meeting who are Catholics married to non-Catholics and the division is causing problems. We encourage you to ask for prayer from the telephone ministry to receive gifts of love, patience and tolerance.
- Someone with a dental problem who is having difficulty getting an appointment - ask for prayer support to resolve this problem.
- There is woman who is struggling with regret because her mother is now dead and their relationship was not at all close. The scripture that came to mind was from Joel 2 v 25. 'I will repay you for the years the locust has eaten...' Have faith dear friend, that the Lord can bring deep healing to you and enkindle a flame of love in your heart for your mother even though she is no longer with you on earth. Your relationship can be restored.