

## PROPHETIC SHARING FOR ALL OF 2022

### PROPHETIC WORDS GIVEN AT ALTON DAY OF RENEWAL

*Prophecy isn't primarily about telling the future. It's essentially giving us current insight into God's plan and His Word, calling us back to what's already been revealed in public revelation. The Catechism of the Catholic Church states that although "Revelation is complete, it has not been made completely explicit; it remains for Christian faith gradually to grasp its full significance". (CCC66) Prophecy encourages us and reminds us of the heart of Christianity: of God's love, His mercy and forgiveness through Jesus and His presence with us through the power of the Holy Spirit.*

*The following words were given at Alton Day of Renewal, and we believe they are from the Lord. But they will not all be relevant for everyone: you need to pray to the Holy Spirit for discernment about whether God is speaking to you personally about something. We hope you find them inspiring, encouraging, or comforting. Although we have prayed and discerned that they are in line with Scripture and the teaching of the Church, please bear in mind that "Private revelations.... do not belong to the deposit of faith. It is not their role to improve or complete Christ's definitive Revelation, but to help live more fully by it in a certain period of history." (CCC67)*

### ALTON DAY OF RENEWAL WORDS OF PROPHECY 22/1/2022

#### First Word

While the intro music was playing, I had the image of a fist which became a precious stone from which four lines appeared to make an even-armed cross.

During Adoration I received the following: "Do not flinch away from the cross that I ask you to bear. Embrace it willingly and carry it as My witness to the whole world. Carry it humbly, not trying to impose My will upon others, but lovingly, inviting others also to take up their cross, to walk in My footsteps, to show My love to an uncaring world. That way, you will touch hearts and help make people curious and bring them to Me.

"I hold out a cup of blessing and the cup of suffering to you. Know that in the deepest suffering, there is the greatest blessing for you and for the whole world. Offer up your suffering that the whole world might benefit from My blessing."

#### Second Word

This came to me during Adoration: "You see, all is not well in my world, as you know. But you have a part in making it better. Seize every opportunity to praise me for all the goodness there is, that you may not see, but is surely there pushing back the darkness. People caring for others, helping one another, trying to live in peace with each other. You be part of that too, and my goodness will prevail."

#### Third Word

I had a lovely picture and the word I'm going to give, the Lord has told me, is not for everyone, but there are a few people here who it is for.

I had a picture of the Lord bending down with cupped hands to pick up a tiny ant. He brought the ant up close to his face and whispered something to it. I saw it jump about in excitement then he let it down to scurry back to its anthill. Then he said to me, "See how much I love even this tiny creature, yet my people are still afraid to come to me. My dear ones it grieves my heart when you hold back from me. You have nothing to fear! Why do you hold back, hanging your heads in shame? The truth is that I love you and there is nothing you have done, or ever can do, to change this. I am Love! I

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created you for love, to know love, to live in love and to be love. I am waiting for you with open arms. Come to me!"

### Fourth Word

It's not very profound but after listening to Fr Anthony I had this picture of a car. I thought this was a bit odd, so I began to think what does this mean to me? I began to think about how it was running and how it needs different things like water but particularly fuel. Without fuel it isn't going to move at all. Then I saw a person – or me – and I got the distinct impression that I was being told to "fill up regularly and just keep moving" - in other words, sharing what I was filling up with, the fuel I have to keep me going. It just needs to be maintained regularly. It made me smile when I saw the car because it made me think this is how I would explain it to a man if he asked me what keeps you going.

### Fifth Word

I just had the words "Come to me. Keep trusting. Do not fear and all will be well. All is well."

### Sixth Word

The word I got seems very similar in many ways to the third word we had just now. I believe I had a word from the Lord for those who find Adoration difficult. Jesus says: "Come to me with all your doubts and difficulties. I know all about them, but I want you to tell me your problems because I can help you and I will help you. But you first need to know that I am your friend, I am your brother and together we are children of our loving Father who loves you just as much as he loves me." That's Jesus saying that – the Father loves each one of us just as much as he loves Jesus. It's sometimes difficult to get our head around that but it's the truth and we need to keep proclaiming it and believing it and trusting it.

### Seventh word

I had a strong sense during Adoration that there are a number of people here today for whom the New Year hasn't started off in any way like they hoped for. In fact it's started off in a really difficult way with many challenges. I just sense the Lord saying to them: "Open yourself to me for I am closer to you than you imagine. Come to me. Come."

### Eighth word

This morning I was given a scripture passage it was Ephesians 3 and in Adoration I just had a sense that the Lord wanted me to say this to encourage people, especially about God's love. The Scripture is: "May your roots go down deep into the soil of God's marvellous love, and may you have the power to understand, as all God's people should, how wide, how long, how high and how deep His love really is. May you experience the love of Christ, though it is so great you will never fully understand it. Then you will be filled with the fullness of life and power that comes from God." (Ephesians 3:17-19 New Living Translation).

### Ninth Word

During the Adoration I had an image of earthen vessels being filled up with golden liquid. When I asked what that liquid was, I was told it's God's love. And the message was to receive this love, because allowing God to fill us with this love, right up to the brim, it is preparing us for the battle of life ahead.

### Tenth word

FROST (18 January 2022)

Frost, white and delicate, is on glass outside –  
not quite covering every part of the pane.

Light shines on it – sun beams fall, making the fragments glimmer softly.

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Everything is so fragile; and beauty is everywhere – for those who see it.

One tiny stone, thrown with force, shatters it all –  
Breaking the glass into shards and splinters,  
Ready to harm those who touch them or come too close.

Yet the frost, in its strange elegance, transcends the damage...  
for still it glitters as though adorned with jewels,  
covered in something wonderfully-rare.  
But wonderfully cold, it eventually disappears as rays of light beam down...  
Targeting its purity like missiles.

Splinters land in places where they cannot be easily seen, or found –  
Being reflective, like chameleons, they are camouflaged by their environment.  
Still, danger lingers and a new frost, a new beauty will in time, decorate danger.

What protection have we against such devious enemies – there is but One: Jesus.  
He is above all.  
His innocent heart was pierced by an enemy's spear and yet,  
He is the very Author of Life, the Risen One, the Mighty Warrior!  
He, Who is Love, promises us eternal life.

Fear not the splinters of misfortune, but look to Him –  
The True Light, The True Beauty, Our True safety, and in Whom no deceit is found!

*Juliehughespoetry © poetryjanuary2022*

### **Eleventh word**

When it came to Adoration I thought- I don't want to be just still, but I closed my eyes and just basked in Jesus' love.... I just surrendered completely to bask in his love. I'm different from the people who find Adoration difficult – I love it more than anything else, because it's without words and people.... You know he loves us so much no matter what we've done, no matter what will happen. There's nothing we've done or can do to stop him loving us and I didn't do anything else but allowed his love to just overwhelm me. And even though I'm crying now, that confusion and sickness has gone. So, thank you.

### **Twelfth word**

May the Lord give strength to his people! May the Lord bless his people with peace. (Psalms 29:11)

### **Thirteenth word**

I had a picture of a waterfall. With the words. My peace I give you. My love is forever flowing.

### **Fourteenth word**

Do not be afraid. Come follow me and I will give you rest.

### **Fifteenth word**

Affirming many of the words- My people you are so full of the darkness of fear. Turn to Me, let the light of my love for you drive out that darkness. Trust in me.

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### **Sixteenth word**

Re Adoration I was reminded of words at the Adoremus conference 'when you look at me what do you see?'

### **Seventeenth word**

When we surrender to God we offer Jesus our ordinary water and he turns our water into wine

### **Eighteenth word**

"Come to me all who labour and I will give you rest. Shoulder my burden."

### **Nineteenth word**

"Trust in the LORD with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight." (Proverbs 3:5-6)

### **Twentieth word**

During adoration, I saw the sun shining on all of us and realised that the power of Jesus is shining down on all of us directly, wherever we are.

### **Words of knowledge for healing**

- Someone with digestive problems - indigestion;
- Someone with digestive problems - stomach upset;
- Lady with a problem with her left hand where she is losing sense of feeling and also strength.
- Uncomfortable, watering and twitching right eye
- Someone with problems with their eyes – Macular degeneration?
- Someone with a persistent cough;
- Someone suffering from depression;
- Someone bereaved recently;
- Sense that God is saying: As we come into the New Year Jesus wants some people to have a new beginning- For them to give to him some of the burdens they are carrying, including feelings of despair and disillusionment and believing that nothing is going to change in them. Jesus is reminding you that In Him and with Him everything is possible

## **ALTON DAY OF RENEWAL WORDS OF PROPHECY 26/2/2022**

### **First Word**

"There are those who would desecrate the Blessed Sacrament even among us, who say it is a piece of bread and not worth looking at, but I tell you, I, the Lord, am present. When you receive the consecrated Host into yourself, you receive Me into yourself. Do you recognise My presence? Do you take the time to welcome Me into your life afresh? Be still and know that I am God. Open your hearts to Me and receive the graces that I would pour out on each one of you every day you come to Me, every day you receive Me."

### **Second Word**

I got this during the Adoration and it confirms what was just said. This is what it was: "Pray for Ian Paisley who claimed that Catholics were stupid to believe that a piece of wafer could be Jesus", then I got the words "Be still and know that I am God."

### **Third Word**

I felt at the beginning of Adoration the Lord was saying "Come and listen to me with your heart and expect the unexpected."

### Fourth Word

"It is by no means foolish to expect Me to accomplish all you ask of Me. Your prayers rise to My throne like incense; I hear them and I act. It is necessary to believe Me when I tell you this – your faith builds up those you are praying for. Delight to know this is true."

### Fifth Word

I just had the words "Come to me. Keep trusting. Do not fear and all will be well. All is well." Every time during Adoration that I shut my eyes I had a picture of a group of people in Ukraine. There were elderly men and mothers holding their children to themselves. And there were little black things like bullets coming towards them, but they weren't physical, they were spiritual. We know that the enemy can use trauma as an entry point so I think we are being asked to pray for spiritual protection for people, particularly for children and mothers in Ukraine so that the enemy doesn't use this to enter with anger and despair and all the things he does through trauma.

### Sixth Word

I feel that God wants many of us to go deeper and to yield more completely to his love, but this is a specific word I think, for a few people here.

"When you look into the night sky and see the stars and planets arrayed before you, who do you see? When you feel the warmth of the sun peeking through the noonday clouds, whose warmth is it that you feel? When you hear those little birds singing before the dawn, in whose promises do you hope and trust?

"Do you not know I have called you out of darkness into my glorious light? It grieves me when I hear you say you feel unworthy. Who was it that I died for, hanging on that cross of wood, if it was not for you? Why are you listening to the devil's lies? I have redeemed you because I love you. I have adopted you into my family and made a place for you in my house, because of my love for you. Have I not freely given you all these things? My children, give me your whole heart freely and without holding back. I am waiting to embrace you in my arms of love and mercy. I so long to fill you to overflowing with joy, abundant life and my Holy Spirit. My chosen ones, I am calling you, return to me and don't hold back. "

*1 Peter 2:9-10 But you are a chosen people, a royal priesthood, a holy nation, God's special possession, that you may declare the praises of him who called you out of darkness into his wonderful light. Once you were not a people, but now you are the people of God; once you had not received mercy, but now you have received mercy.*

### Seventh word

We just heard a couple of people mention about "heart" and of course in this time we are living at the moment there is a famous passage of Ezekiel 36:26 and I was reflecting on that in the Adoration: "I will give you a new heart, and a new spirit I will put within you; and I will remove the heart of stone from your flesh and give you a heart of flesh.

### Eighth word

This is a word of encouragement I believe. I read it this morning in "The Big Picture", the Scripture passage. I think it carries on from what was said Just now (in the sixth word). St Paul says "I am convinced that nothing can ever separate us from his love: life can't, the angels can't, the demons can't. Our fears for today, our worries about tomorrow and even the powers of hell can't keep God's love away. Nothing in all creation will ever be able to separate us from the love of God that is revealed in Christ Jesus our Lord." (*Romans 8:38-39 New Living Translation*)

I really believe that's a word of encouragement about God's love and I also sensed the other day the Lord saying: "Trials are never wasted in the Kingdom of God." And I just have this sense that if we

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don't spend more time with the Lord, we will become more and more spiritually malnourished. But the more time we spend with the Lord, when he's able to speak to us, then we will become more and more enveloped in the love of Christ so that, whatever trials come, then we will be able to manage them by the love of God. It's a word of encouragement particularly for those who are going through trials at this time.

### Ninth Word

I wanted to share what I often feel when I'm pondering the Holy Spirit, pondering God. I often randomly open the Bible and I get Psalm 139:1-6 "O Lord you have searched me and know me...etc." Pondering this beautiful Psalm in Adoration I wrote a poem some years ago – it's only short.

Thank you, God, that I, who am nothing  
Is heard by You, who is everything.  
When I ponder this sublime realisation  
A surge of immense love wells up in my heart  
Flooding my entire being and I feel Your presence.

That You hear me and that I can talk to You -  
A child to a loving Father  
How great and beautiful You are!  
And that You, unfathomable and mysterious  
Love us in our ordinariness and smallness and imperfection  
Among the billions and trillions of people  
To whom you have given life!  
Thank you, God of the Living.  
Amen. *(Juliehughespoetry(c)poetry2017)*

### Tenth word

"Why do you not open yourself to my tender loving embrace?"

### Eleventh word

I saw a stream of refugees who came to us ...they were strong in faith and strengthened and enlivened our churches.

### Twelfth word

Image of Jesus in white with His arms open wide.

### Thirteenth word

About the earlier word seeing spiritual attack in Ukraine: for the last 2 days, when I pray for Ukraine, I see warrior angels covering Ukraine, like the Angels of Mons

### Fourteenth word

I had the words " Come unto me all you are weary and burdened"

### Fifteenth word

I saw the Eucharist spinning in the monstrance, shining Gods light out like a lighthouse to show the way.

### Sixteenth word

I have seen angels protecting Ukraine when I have been praying too.

### Seventeenth word

"I have your heart but I need your time also."

### Eighteenth word

Thanks to the people who had seen angels of protection over Ukraine. Now I understand why the picture I had looked strange. The bullets were bouncing off the people! Thank You Lord

### Words of knowledge for healing

- A lady who has been widowed recently and the word "heartache" and "desolate" is how you feel - completely cut adrift from everything you knew and even your strong faith seems to have gone. But the LORD says this to you: I am making all things new. I am making you new in ways that you cannot imagine. Even this time of desolation I am using to show you how much you need me, your loving Lord.
- A man in his late 70s with a heart condition. Surgery has been recommended but you are very worried. The Lord wants to bless you with his peace about the operation.
- A lady who is a flower arranger at her church. You have a problem of forgiving someone – it might be someone in your church. The Lord wants you to ask for prayer to help you to forgive, even though that person is in the wrong. What they have done wrong is between them and God, but God wants you to forgive as you have been forgiven by him.
- Someone with ear ache in their left ear.
- For a woman who does not feel that God loves her. She has hurt her left arm between the elbow and the shoulder and it is not healing well. It hurts while she is practising archery which she loves.
- For a man having balance issues due to high blood pressure. He knows that he needs to lose weight and can't.
- For the head of the family feeling that they are carrying the whole world on their shoulders, trying to hold back the tide of Modernism. You need to stand firm in your faith but allow others to follow the path that they choose. To believe is a choice and a gift. Pray for them.
- For someone dreading going into hospital to hear test results. This is the path that the Lord is calling you to now. Share your faith along the way.
- Someone in a school wants to share their faith but does not know where to start. They are looking out onto the playing field and seeing it empty and don't know how to make inroads into it. Talk to people and build relationships so people trust you first, then you will be able to witness to your faith. If you are in Portsmouth diocese, look out for Ananias training. Get in touch with the Formation for Mission department.
- A man who needs to go to hospital for a full body scan. Ask for prayer for a firm conviction of healing.
- For someone getting recurring cold-like symptoms, affecting their sinuses.
- Broken Heart/ Broken relationships with a loss of hope
- Lady with a congenital eye defect

ALTON DAY OF RENEWAL WORDS OF PROPHECY 26/3/2022

**First Word**

I was drawn to the candles and wondering if they were wax or battery. As I was watching they flickered – one was flickering more than the other and it set me thinking and all of a sudden the line from 2 Timothy 1:6 came to me. I think it was for me but perhaps also for everybody – this flickering candle was flickering faith as well – the words were “this is what I remind you, to fan into flame the gracious gift of God, that inner fire which I gave you through the laying on of my hands.” I felt very much, we’ve got the gift but it does need occasionally either new battery or a certain fanning to get the flame going.

**Second Word**

I had almost exactly the same thoughts. I noticed the candle on the right – sometimes it seemed to flare up and other times it seemed to disappear altogether. I was thinking, what causes the flame to burn either brightly or not? It’s oxygen and I remembered an experiment we did at school where we put a glass jar over a lit candle and gradually the flame disappeared and died because it needs the fuel of the oxygen to keep going. The same Bible passage occurred to me as well, but what the Lord gave me was the following words: “I am the light within you. Allow the gentle breath of my Spirit to feed the flame of my love. Then you will glow with my presence and draw people to my light.”

**Third Word**

In the first reading (Hosea 5:15 – 6:6) the words really struck me as applying to the people in Ukraine. We heard last month that there was a huge conversion to Christianity in Ukraine in the years leading up to this dreadful war. And as we read those first few words: *They will search for me in their misery. ‘Come, let us return to the Lord. He has torn us to pieces, but he will heal us; he has struck us down, but he will bandage our wounds’* all I could think about was those people in Ukraine and Russia in this terrible time of misery and bloodshed. But also there was hope because I’m very drawn to St Teresa of Avila and her prayer “Christ has no body now on earth but yours, no hands but yours, no feet but yours; yours are the eyes through which Christ’s compassion is to look upon the world.” And now we’re seeing an outpouring of compassion from the world, from people of no beliefs and of every belief. All these people are wanting to bandage up the people of Ukraine and Russia in this time of grace.

**Fourth Word**

I had a picture in which I saw the Ark of the Covenant descending from heaven, the golden lid of which is the Mercy Seat on which the radiant figure of Jesus sat between the wings of two angels. I could not see the angels, only their wings. Through this picture he showed me that Jesus, the Lamb of God, is the Mercy Seat and that he alone is the atonement for the sins of this world. The blood being shed in the Ukraine is not only that of the people of that nation and the soldiers, but also the blood of Christ himself that comes to redeem our deepest misery and suffering. Then he said:

“My dear ones, when you see the terrible atrocities and sufferings now happening, know that I am there in the very midst of it so do not ask where I am. I am in every basement shelter; I am under the rubble of the bombed-out buildings; I am in the trenches and dug-outs; I am with the refugees fleeing for their lives. I am with the terrified Russian soldiers; I am with the brave Ukrainian army and volunteers. For the blood that is being shed in that land is also the blood of my Son Jesus Christ.

“Pray my dear ones, pray for them, and for the whole world, for the prayers of those who love me are as incense rising to the very throne-room of heaven. Pray for peace; pray for sanity; pray for protection. Pray also for the miracles that will lead many people to Christ. Do not be downcast, but instead allow my Spirit to guide you powerfully how to pray, for you have been called for such a time as this. “



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*When he gave me this prophecy, I saw that Christ himself is now the "Mercy Seat". Rom 3: 24-25*

*And when he (the lamb) had taken it (the Scroll), the four living creatures and the twenty-four elders fell down before the Lamb. Each one had a harp, and they were holding golden bowls full of incense, which are the prayers of God's people. Rev 5:7*

### **Fifth Word**

I had: "The Lord comes to all who are sick and wounded to lay His healing hands on them. Trust in Him to heal you as He chooses. It is not always physical healing that He gives. Allow Him to fill you with His peace and joy, to be as one with Him, to know His loving arms enfolding you. Trust in Him. Put all your trust in Him."

### **Sixth Word**

During an Adoration last week I had words that apply to me but I feel could also be for other people: "Give me your worries so that you make space for my grace. Sit still and let me fill you with my love and grace."

### **Seventh word**

What was said earlier about the precious blood and mercy chimes with something that has been going round and round inside me the last week – I feel the Lord was bellowing in my ear to pray the Divine Mercy Chaplet, the core of which is "Eternal Father I offer you the Body, Blood, Soul and Divinity of your dearly beloved Son...for the sake of his sorrowful passion have mercy on us and on the whole world." Divine Mercy Sunday is the Sunday after Easter so it's coming soon. I had been prompted to encourage the community I'm part of to pray the Divine Mercy Chaplet and I felt another nudge today.

### **Eighth word**

"(Michael,) let Me say just this: Once upon a time you took Me to yourself; take Me again, every day, to be fully with Me, incorporated into My Being. There is nothing like being in Me, with Me and for Me. It's so simple you could miss it, but it's also a profound truth to live by."

### **Ninth Word**

I say the Divine Mercy Chaplet every night and it's opened up so much more to me since I've been doing it, which is about 18 months. It's amazing. But I received from the Lord a comforting thought for all those who have been bereaved in Ukraine and Russia. The Lord says: "I have them all; I have my arms around them. They will be very sad but let them know that they are safe, they are with me." He also said to pray, and pray, and pray again. Every prayer counts. It is so important not just once a day or morning and night but whenever one can, pray for the light of Christ to pervade Russia and Ukraine and the whole world. It's so important that all of us pray: every prayer is so important.

### **Tenth word**

A number of things tied together for me. First of all when Father was talking about JOY meaning Jesus first, Others second and Yourself last. And he was also talking about vocation and I struggle with that and I ask God where should I draw the line. In my situation, in my marriage, is it foolish to want to do as Christ would do? I saw in the time of Adoration many of you are there as wives and husbands and this is what I want for me and my husband to be able to do things like this together. Then in Adoration the words that came to me were: "The wisdom of the world is foolishness to me." What impressed on my heart was, "to have the kind of vocation and happy marriage that you want you have to look to God for what is wisdom, because what the world thinks of as wisdom, God thinks of as foolishness. As long as what you're doing is right by me, don't worry that the world thinks it's foolish – look unto me for wisdom." That's what came to me, I don't know if it applies to anybody else.

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### **Eleventh word**

I had exactly the same thoughts during adoration about the candles!

### **Twelfth word**

Proverbs 2:6 For the LORD gives wisdom, from His mouth come knowledge and understanding.

### **Thirteenth word**

I was also struck by the candles with similar thoughts....Jesus is the light of the world to give us hope.

### **Fourteenth word**

Interestingly I was nudged to say the Divine Mercy Chaplet rather than the rosary when on my walk 2 days ago

### **Fifteenth word**

I can confirm that the Divine Mercy chaplet is very powerful. I pray it daily as well, like the other ladies here and I can see the changes thanks to this prayer in me and around me.

### **Sixteenth word**

There is a sung 24/7 Divine Mercy Chaplet on YouTube. Once the beautiful, very simple tune gets inside you, it runs through your head all day, making constant prayer much easier!

### **Seventeenth word**

I've been joining the St Faustina shrine webcam often and very much enjoying it

### **Eighteenth word**

I wrote a poem last night. It starts like this 'Come and see, His amazing grace, our Lord our God can change our ways. When we open our heart, His love can bring a new start. Let our heart's desire to be His love, true love that reigns from above.'

### **Words of knowledge for healing**

- Someone with problems with their wrists aching;
- Someone with a problem with their left knee;
- Someone with the need of a shoulder to cry on;
- Someone whose faith is being tested by the circumstances that they find themselves in;
- Someone self-conscious about a bald patch;
- Someone for whom paperwork is mounting up and they don't know how to tackle it;
- Someone struggling with the cross that they are carrying.

ALTON DAY OF RENEWAL WORDS OF PROPHECY 23/4/2022

**First Word**

I had a picture of a bunch of crosses all over the place that then all lined up to face the same way. I feel that as we give witness, the Cross shines out in the world. Jesus is seen to be alive. I felt Jesus say:

“Let your love for Me shine out. Be seen in the world. How will others know Me if you do not tell them about Me? Without Me, you are nothing but without you, I cannot live in the world. Be the light shining in the darkness, helping others hear My word. I choose you to bring Me to others, to be the voice crying in the wilderness, to make the path smooth, to open the narrow way.”

**Second Word**

Fr Paul talks to us in the homily today about overcoming obstacles and over the past two years, due to the constraints of the pandemic, we've had many obstacles to overcome when it comes to meeting up with our family. We have a granddaughter who we've only seen a handful of times – Lacey aged 11 who is brought up without any faith, we were teaching her the faith before the pandemic. Yesterday I asked her to paint a couple of eggs and to put whatever she wanted on the egg. She did one for her granddad and automatically put the cross on that egg. Lacey has special needs, and for her to have done that is just so amazing. So we have to keep witnessing to everybody, especially in this time of great challenge. *(Note: although this is not strictly a prophecy, an inspired word from God as such, we are including it as the speaker was being a messenger of God's love, which is a prophetic thing to do.)*

**Third Word**

This is what came to me during Adoration: “Today I wanted to immerse you in my Sacred Heart and its love pouring out for you. Do not disdain what I have to offer you but welcome it, welcome me. In this way you will be doing good for yourselves, which will overflow to all those you desire to bless. It all starts with you and me together. This is a pattern for your lives.”

**Fourth Word**

During Adoration, on the monstrance on the left hand side the sunlight coming in through the window was just brightness to me and then it came to me, thinking of north south east and west, we seem to get predominant winds from the west and I thought the Holy Spirit blows wherever He will. Then psalm 30/31 came to me “As for me, I trust in you Lord, I say you are my God. My life is in your hands, deliver me from the hands of those who hate me. Let your face shine on your servant, save me in your love. Be strong, let your heart take courage, all who hope in the Lord.”

Following on from what was preciously said about obstacles, I know I have a lot of obstacles in my life and I feel we just need to trust in the Lord, trust the Spirit, follow the wind wherever it may blow in the light of Christ and His resurrection.

**Fifth Word**

Thinking about Fr Paul's words in his homily and looking at the monstrance the thought came to me, we are all like a monstrance, we all bear Him in us. Somehow, if we are tarnished His radiance can shine brighter; if we are broken, His glory can penetrate out of our brokenness. The thought is: don't hide. I know we can wear masks and things but the more we can just be open and ourselves, the more God can radiate from us and touch other lives.

**Sixth Word**

There's quite a united theme coming through the words so far, particularly about God working through us and shining through us and so on, and what I received is similar to that in many ways. I started off realising that the monstrance was there in a very ordinary room and thinking that Jesus is

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glorified in very ordinary places. He uses ordinary things like bread to make Himself present. Jesus makes the ordinary holy, that's the first word that came to me. Then I thought of the first reading from Acts (4:13), referred to by Fr Paul in his homily, where God used "uneducated laymen" to work a miracle, and I felt the Lord say this:

"Thank you for your humility in bowing down in adoration, but remember I promised to exalt the humble. Receive my holiness, my power, my fullness into your emptiness, and I will raise you up with my resurrection life, so that you can be my witness in the world."

### **Seventh word**

I just wanted to echo the words of encouragement that we've heard. I had three words of encouragement. The first was "When you face fear and death, embrace my Cross and find new life." Obviously we've just had Good Friday and we're now in the time of celebrating the resurrection. The next is "When in times of sadness remember my presence (God is always present to us) – look forward to the eternal joy that will come." That is a promise we can trust and can rely on. And finally "In times of worry, trust in me even more and receive my peace which passes all understanding."

### **Eighth word**

Ephesians 2: 4-6 "Because of his great love for us, God, who is rich in mercy, made us alive with Christ even when we were dead in transgressions—it is by grace you have been saved. And God raised us up with Christ and seated us with him in the heavenly realms in Christ Jesus."

### **Ninth Word**

I was aware of a great lifting up of hearts to the Glory of God, Alleluia!

### **Tenth word**

There is light and darkness in the world. The light overcomes the darkness.

### **Eleventh word**

"Follow me."

### **Twelfth word**

"Let go. Trust me. I am the creator. You cannot mould. I am the potter."

### **Thirteenth word**

"I will be with you wherever you go, go now and spread my word."

### **Fourteenth word**

"Let everything that has breath praise the Lord." I got the urge to sing, Go tell it on the mountain that Jesus Christ is Lord.

### **Fifteenth word**

St. Joseph is very present to us all in this prayer group today, guiding and protecting us. Praise God for this. Praise God for His Holy Priests and lay people bringing Jesus to us into our homes today.

### **Sixteenth word**

During Adoration I was aware of the wind blowing- a reminder of the presence of the Holy Spirit in the world

### **Seventeenth word**

"This is the day that the Lord has made, let us rejoice and be glad in it. Follow me, I live within you. I love you."

### **Eighteenth word**

"Come to me, immerse yourself in my light."

**Nineteenth word**

This was during Adoration, I felt the Lord saying: "I am the bread of life, I do not run short, my supply is everlasting. Remember when I fed the five thousand there was food left over to fill others too. Come to me and you will never be hungry. I feed you and I feed the whole world too.

**Twentieth word**

Whilst in Adoration I had this picture of a lion that was really roaring. And it came to me that the passage of scripture that kind of describes what's happening in Ukraine at the moment is how God, on the cross, has everything in control, He's beaten the devil. And it's this in Isaiah Chapter 11:6 & 9 "The wolf shall live with the lamb, and the leopard shall lie down with the kid. They shall not hurt nor destroy on all my holy mountain; for the earth shall be full of the knowledge of the Lord, as the waters cover the sea." And just as we see in 1 Peter chapter 2 "a stone that makes them stumble and a rock that makes them fall. They stumble because they disobey the word." That's kind of what's happening in Ukraine. But we are all called, as we are this morning and this wonderful proclamation which we see in Peter, it says "You are all a chosen race, a royal priesthood, a holy nation, God's own people in order that you may proclaim the mighty acts of Him who called you out of darkness and into His marvellous light." That mighty act of Jesus dying on the cross and rising again, and the power of the Holy Spirit which is pure love... and we pray for reconciliation, we pray for peace in Ukraine.

**Twenty first word**

I got these words a while ago but I came across my notes yesterday and I thought it was relevant for today: "In my mercy, seek help."

**Words of knowledge for healing**

- Man who has a sore throat and problems with his glands
- Someone with the soles of their feet being very itchy
- Woman with a sore left hip
- Woman who dances having a problem with her balance
- Someone who desperately wants the Gifts of the Holy Spirit - they have been trying for years and feel that they have never been baptised in the Holy Spirit
- All who would have a fresh outpouring of the Holy Spirit
- Woman who drives her car too fast and wants patience and restraint
- Someone who would share the Blessed Sacrament with others - in a school?
- Man being called to the diaconate
- Flower arranger who feels that their efforts are not appreciated
- Someone with depression and suicidal thoughts
- Someone plagued with guilt and self-blame, unable to forgive yourself.
- Man in his 70s who has a problem with his nose – blockage of right nostril?
- Lady with fibroids.