

FAMILY TREE - WHAT TO LOOK FOR

Below are some of the common areas of generational bondage or sin that may help jog your memory and make a more complete picture of your family line.

It is a shortened version of **YOZEFU'S** 'download four sheets'. When you put his name into Google and look for "Spiritual Healing of Family through prayer" and on the page that appears, read the bottom line 'Download four sheets.....' (DON'T PRINT) just read and see if anything stands out.

First of all:

Unforgiveness

List all those situations and names of people you still need to forgive.

Childhood Trauma

List those situations where you experienced any kind of trauma – especially when you were a child.

Death

- Unusual or violent deaths
- Committed or attempted suicide
- Were murdered or died in tragic ways such as accidents, wars or violence
- Had an abortion or participated in/sponsored an abortion Had repeated miscarriages
- Died in a mental institution, nursing home or prison, especially those who felt lonely, unloved and/or abandoned
- Those who were unnaturally grieved
- Untimely deaths. This could include, for example, a pattern in the male line of a family dying at an early age.

Evidence of, demonic or oppressive spirits

- Superstitions
- Involvement in activities such as witchcraft, astrology, spiritualism, divination, magic, channeling of spirits, meditation, New Age or non-Christian religions of any sort
- Opening oneself to powers of the spiritual realm, such as pre-cognition or other psychic abilities
- Severe trauma, with evidence of effects passed on through the family (e.g., drowning resulting in fear of water in other members, especially descendants)
- Made a blood covenant with Satan or involved in Satan worship Involved with a witch or other persons involved in the occult

Habitual patterns of sin

- Adultery / fornication
- Prostitution
- Homosexuality, lesbianism

- Incest
- Pornography (homosexual, heterosexual or child)
- Sexual perversions such as bestiality and pedophilia
- Fetishes
- Sexual / Lust / Sexual addictions

Other besetting habitual sins:

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| • Violence | • Religious prejudice | • Hatred, |
| • Abuse (Physical, mental or emotional) | • Murder | • Unforgiveness or holding grudges. |
| • Racial prejudice | • Greed | |
| • Anger | • Materialism | |
| | • Arrogance, | |

Destructive or abnormal patterns of relationships

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| • Addictions (alcoholism, nicotine, drugs, food, etc.) | • Hostility | • Bitterness |
| • Divorces | • Control /Manipulation | • Anger |
| • Abuse (Physical, mental or emotional) | • Bondage (Domination) | • Depression |
| | • Revenge-seeking | • Person considered an outcast, reject or black sheep |
| | • Unforgiveness | |

Diseases and/or predisposition to illness

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| • Arthritis | • High blood pressure | breakdowns |
| • Cancer | • Manic-depressive disorders | • Respiratory trouble |
| • Diabetes | • Mental retardation | • Skin problems / Ulcers |
| • Depression | • Mental disturbances | |
| • Forgetfulness | • Nervous | |
| • Headaches | | |
| • Heart trouble | | |

Historical Family Connections

- Involvement with events of great sin, evil or trauma e.g., massacres, plagues, slavery, conquests, etc.
- Ethnic origin issues – negative traits, cultural evils, oppression, curses (e.g., European, Asian, African, Native American or Caribbean ancestry, etc.)

Religious History List all non-Judeo/Christian religions in the family (including atheism)

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- A child conceived in lust or rape
- Illegitimacy
- Parent considering adoption or abandonment
- Ambivalence or rejection from either parent
- Fears/anxiety (ex: mother had difficulty carrying child to term)
- Attempted/failed abortion
- Loss of father
- Life-threatening illness of the mother
- Life-threatening illness of the baby
- If mother had miscarriage(s) or abortion before you were conceived

CHILDREN LEARN WHAT THEY LIVE

*If a child lives with criticism
He learns to condemn*

*If a child lives with hostility
He learns to fight*

*If a child lives with fear
He learns to be apprehensive*

*If a child lives with pity
He learns to feel sorry for
himself*

*If a child lives with ridicule
He learns to be shy*

*If a child lives with jealousy
He learns what envy is*

If a child lives with shame He learns to feel guilty

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*If a child lives with tolerance
He learns to be patient*

*If a child lives with
encouragement
He learns to be confident*

*If a child lives with acceptance
He learns to love*

*If a child lives with praise
He learns to be appreciative*

*If a child lives with recognition
He learns it is good to have a goal*

*If a child lives with approval
He learns to like himself*

*If a child lives with honesty and
fairness, He learns what
truth and justice are*

*If a child lives with sharing
He learns about generosity*

*If a child lives with friendliness
He learns that the world is a
nice place in which to live*

*If a child lives with security
He learns to have faith in
himself and in those about him*

If you live with serenity

your child will live with peace of mind