

## ALIVE IN THE SPIRIT – Filled with all the fullness of God

**In 2020, ADoRE (Alton Day of Renewal\*) is running a monthly programme dedicated to encouraging and enabling participants to find, recover, renew or deepen a genuine relationship with God through Jesus, in the power of the Holy Spirit.**

The programme is run in a Catholic context but is open to anyone. We welcome Christians of any denomination.

Full programme details: <https://www.altonrenewal.com/2021.html>

**Key Scripture:** Mark 1:8 "He will baptize you with the Holy Spirit..."

### **Background:**

"I ask each and all of you that, as part of the current of grace of Charismatic Renewal, you organise seminars of Life in the Spirit in your parishes" - Pope Francis.

"I would ask you to share baptism in the Holy Spirit with everyone in the Church...." - Pope Francis

In response to Pope Francis' appeal, our programme this year follows the stages of a classic "Life in the Spirit" seminar series, exploring how the Holy Spirit inspires and empowers us to be missionary disciples.

### **Overview:**

Jesus instructed the Church to share his Good News with the world; but he knew that Christians would need supernatural power to enable them to do this, so he promised to baptize them in the Holy Spirit. The Church today needs to experience this power just as the first disciples did.

### **What is Baptism in the Holy Spirit?**

The Baptism in the Holy Spirit is an action of God, invited by an individual through prayer, which brings about a deeper conversion to Christ, and which gives the Holy Spirit permission to work in that individual's life in a more powerful way.

It's not a sacrament, but it re-ignites the graces already given to Christians through the Sacraments. And it's also a new, fresh experience of the Holy Spirit which equips and inspires the individual for service, for mission, for discipleship and for life.

Cardinal Raniero Cantalamessa, preacher to the Papal household explains that "Catholic theology recognizes the concept of a valid but tied sacrament. A sacrament is called tied if the fruit that should accompany it remains bound because of certain blocks that prevent its effectiveness." He goes on to say that sacraments are not magical rituals that act mechanically, without the person's knowledge or response. The individual's personal response and faith is needed in order for the grace and power of the sacraments to flow into their life

### **\*What is Alton Day of Renewal?**

We are a monthly meeting of the Catholic Charismatic Renewal formed in 1975 and blessed with the Gifts of the Holy Spirit ever since. We are now one of the longest continually running Catholic Charismatic Days of Renewal in Britain.

Our mission is the encouragement of a personal relationship with God, via his Son, Jesus Christ, and the charisms (gifts of grace) of his Holy Spirit. We provide spiritual refreshment to God's people through a monthly programme of: Prayer, Eucharist, Prophecy, Praise, Inspired Teaching, and Healing Ministry.

We currently meet online via Zoom once a month 10.00am – 1.00pm. To receive a registration link, please email [adore@altonrenewal.com](mailto:adore@altonrenewal.com)

**Acknowledgement.** *The following notes are adapted by Alastair Emblem from The Life in the Spirit Seminars Team Manual (Catholic Edition) by Stephen B Clark. Copyright © 1973, 1979 The Word of God. With an unrestricted license to The Sword of the Spirit. Free download from: <https://swordofthespirit.app.box.com/s/gr14ax8e9959z7tc5w44qi2xdtj8uyx3>*

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**Session One: GOD'S LOVE** Watch video of talk online: <https://youtu.be/qDALNhTxwLQ>

God is not beyond our contact, but someone who loves us and wants to be in a personal relationship with us, and who wants to give us a better life.

Our misconceptions of Christianity can be an obstacle to our finding this better life through Christ:

- We may have grown up with the idea that Christianity is all about a set of rules to keep so that we can go to heaven.
- Or that Christianity is only about loving your neighbour (“as long as I live a good life it doesn't matter what I believe”).
- Or that God is someone whom we cannot know or contact in any way, and who does not do anything that we can experience.

The truth is:

- God loves us unconditionally. There is nothing we can do that would make Him love us more or less.
- He wants to make contact with us and have a personal relationship with us.
- He wants to give us a new and better life.
- For this reason, he sent his only Son, Jesus Christ.

We can experience a better life through authentic Christianity:

- The knowledge of God and the power to live the Christian life.
- Happiness, peace and joy, better personal relationships, healing.
- Genuine community.

**Whatever state your spiritual life is in at present, you can take steps which will allow Jesus Christ to establish or restore or deepen your relationship with God, Father, Son and Holy Spirit.**

- If you have been merely a nominal Catholic or have fallen away from the faith, Jesus offers you a whole new life—you can find or recover a genuine relationship with him (be baptized in the Spirit and experience spiritual gifts).
- If you have been trying to live the Christian life in some way but have found it difficult, or have not experienced much contact with God, Jesus will give you an experiential contact with him so that you will know that you know him, and he will give you new power to live the Christian life (he will baptize you in the Spirit, let you experience spiritual gifts).
- If you have already experienced personal contact with Christ, Jesus will give you a new and fuller relationship with himself (prayer “in the Spirit”, spiritual gifts).
- If you have already been baptized in the Spirit, the Lord will teach you more about what it means to be baptized in the Spirit and he will lead you into a deeper life in the Spirit.

**You can begin right away to turn to the Lord**

- The Lord will reach out to you, but you must reach out to him. “When you call to me and come to me, I will listen to you. When you seek me, you shall find me.” (Jeremiah 29:12-13)
- Starting today, pray every day to the Lord and meditate on his words in Scripture, e.g:

*“I have loved you with an everlasting love; I have drawn you with unfailing kindness.” (Jeremiah 31:3)*

*You, Lord, are a compassionate and gracious God, slow to anger, abounding in love and faithfulness. (Psalm 86:15)*

*For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. (John 3:16)*

*Greater love has no one than this: to lay down one's life for one's friends. (John 15:13)*

*God demonstrates his own love for us in this: While we were still sinners, Christ died for us. (Rom. 5:8)*

*The LORD your God is with you, the Mighty Warrior who saves. He will take great delight in you; in his love he will no longer rebuke you, but will rejoice over you with singing. (Zephaniah 3:17)*

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**Session Two: SALVATION** Watch video of talk online: <https://youtu.be/4pKqELAnnKE>

We need a Saviour because there is something seriously wrong with the world (with society as a whole and with individual lives) which cannot be resolved without God's help.

- God made the world to be a place of peace and justice and happiness, a place in which he would reign. He still wants the world to be that way (Isaiah 2:1-5).
- But everyone agrees that there is something seriously wrong with the way the world is now (war, poverty, riots, racial conflict, generation gap, exploitation).
- There is a growing realization that there is more than just a number of individual problems-- society as a whole has something wrong with it.
- Individuals suffer from the situation and from lack of help, and they experience many problems (loneliness, isolation, depression, anxieties, insecurities, lack of direction, meaninglessness, personal relationships characterized by fear, suspicion, mistrust, exploitation. Filling the emptiness with drugs, sexual immorality, pursuit of money or fame).

Since the cause of what is wrong (Satan, sin, and the dominion of darkness) is bigger than mankind can handle on our own. we need God to find the new life that is needed.

- Human efforts to improve the world are not succeeding. Even the most educated people and the most highly placed executives in business experience problems in their own lives, work, and relationships.
- Religions developed by mankind such as Buddhism, Yoga, Transcendental Meditation, Scientology, Freemasonry, New Age etc. do not provide a solution.
- Even some forms of Christianity amount to being human efforts to find a good life and change the world. But these are based on human wisdom; God's wisdom is needed (Isaiah 55: 8-9).

God tells us in the Bible that we are not just confronted with particular wrongs in society or in ourselves; behind the particular things that are wrong there is something bigger than we can handle:

- The pervasive power of sin (Romans 3:9, 23)
- A kingdom, the dominion of darkness (Colossians 1:13)
- A force in rebellion against God, at enmity with him (Ephesians 6:12)
- Satan is behind it (I John 5:19)
- We are not free, nor is our society (people are in spiritual bondage, under the oppression of evil) (Ephesians 2:1-3)

Mankind was created to need God to achieve true peace, justice, and truth:

- The spiritual realm is not an optional extra. (John 15:5c)
- Only in God's kingdom (under his rule) are these things possible. (Isaiah 2:1-5, Isaiah 45:22)
- Under God's rule, life can be changed now. (Isaiah 48:17-18, Mark 1:14-15)
- There is a choice before us: to live under the dominion of darkness or in the kingdom of God.

God sent his son Jesus to break the hold of Satan and give us new life through his death and resurrection. Jesus is the Lord and Saviour, the Christ, the Messiah, the one God sent. (Colossians 1:13, John 11:21-27, Matthew 16:13-17).

- Jesus died to free us from our sins. (Isaiah 53:4-6, Hebrews 9:11-28)
- He rose to give us new life (Romans 4:25, Colossians 1:20, Titus 3:3-7):
- He broke the hold of Satan. (John 12:31, 1 John 4:4)
- Salvation is more than just going to heaven: it is a whole new way of life on earth as well. (John 10: 10b, John 4:14)
- Jesus is Lord: God gave him full power and authority to bring freedom and new life to those who accept him. (Matthew 28:18, Philippians 2:5-11). Jesus lives in his church and acts through it and in it to bring life to those who are his followers. (Ephesians. 2:17-22)

**Next session: What the new life is and what a person can expect from being baptized in the Spirit.**

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**Session Three: NEW LIFE** Watch video of talk online: <https://youtu.be/3q8eQHF6834>

“I came so that they may have life and have it in abundance.” (John 10:10)

The Father wants everyone to have new life. He sent his son Jesus into the world so that we could be given the source of new life, the Holy Spirit.

- Often the Christianity with which we have come in contact has not been spiritually alive, but God is continually renewing his Church by a fresh outpouring of his Spirit. Pope Francis has frequently commented that everyone should be “baptized in the Holy Spirit.”
- Jesus is Lord; if we accept his lordship, we can experience a new freedom and a new life.
- In him all our sins can be forgiven (no matter what we have done), and every barrier between us and the Father can be taken away.
- After Jesus rose from the dead and ascended to the Father, he sent the Holy Spirit to bring us new life. (Acts 1:1-5)

When the Holy Spirit comes to a person, they become a changed person. (Acts 2 or Acts 19:1-7) They are given the power to know God and to live a new life:

- Experiencing in a new way God as your Father who loves you and cares for you; who speaks in your heart, teaching and guiding you.
- Knowing in your heart that Jesus is your personal Lord and Saviour; putting him at the centre of your life so that his principles shape your life.
- Praying in a new way, more centered on God than yourself; more often prayer of praise and thanksgiving; discovering you can pray in tongues; the gift of tongues is a means of spiritual growth and of praising God; it allows the Holy Spirit to pray within you when you cannot pray adequately.
- Discovering that the Bible, the liturgy and the sacraments come to life. Noticing that the fruit of the Spirit develop within you (love, joy, peace, etc. Galatians 5).
- Understanding that you can receive the gifts of the Spirit to serve God (prophecy, healing, discernment of spirits, inspirations to speak etc. (I Corinthians 12).

There is no need for anyone to be the kind of Christian who is not in vital contact with God or who does not experience the power of the Holy Spirit in their life. Everyone, even beginners in the Christian life, can be baptized in the Spirit.

- For most of us, this is not our first reception of the Holy Spirit, but a release of his power that is already within us through baptism and confirmation.
- Different people see different changes happen to them: many may consciously experience the Holy Spirit in them for the first time. Others who have already consciously experienced something of the Spirit’s presence in their lives can receive a fuller experience, may become aware of new effects, new changes which the Spirit brings about in them. Everyone can experience a new presence and working of the Spirit.
- Those of us who have been Christians before will see that our years of Christian living have provided us with many resources that will be brought to life by the new presence of the Spirit in us.

Baptism in the Spirit is only the beginning of a new life.

- With the help of committed Christians as our brothers and sisters, we can grow to spiritual maturity; we can develop a daily dialogue and friendship with Christ; experience a new peace and joy, see ourselves being healed, becoming loving people, develop better relationships.

**Next session: how to turn to Christ so that we can receive the fullness of the new life he is offering.**