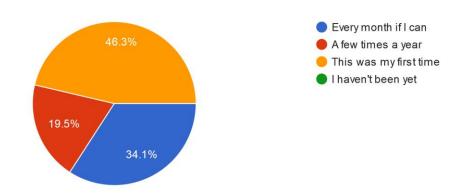
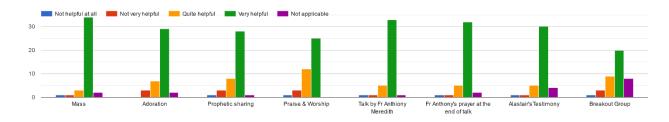
How frequently do you attend our meetings

41 responses



Please indicate how helpful you found each part of the meeting



### Please tell us your feelings about the things you found more helpful (summary of responses)

I liked that you gave an explanation for the adoration, I found I could get into God's presence once I understood.

Being immersed in the spiritual for a few hours gave me new strength and energy. New perspective on some scripture. Being told how much God loves me filled me with joy.

It was wonderful to be part of and take part in the retreat!

Such a faith filled day.

Holy Mass online Father Anthony

just listening to individuals talking especially the speakers

It was especially good to make time for adoration

Its very relaxing, it gives you the feeling of reassurance, you know others care about us even if we don't know them

I felt very much at home and filled with joy

The talk, the Praise and worship and Alistair's personal testimony. I find that personal testimonies are very powerful.

The talks

Father Anthony's Talk was inspirational. I am a big fan of testimonies even if there was no dramatic lightbulb moment, so Alastair's testimony was really interesting.

### FEEDBACK FROM ADORE JANUARY 2021 (NB Scroll to the end for our responses)

This was my first time. I enjoyed every session including the breakout sessions which was nice to meet and share.

Fr Anthony's explanation of the two parables (treasure in field and pearl of great price) were a revelation to me. I had always seen them as us discovering something of value - God's love for us. But Fr Anthony turned them on their head and explained they were about Jesus spending everything He had on us!

Relaxed and holy Mass. His homily and his talk were from the heart with no notes needed. He spoke of the two parables and very powerful when he said that the treasure that he found in the field was actually Jesus finding us, not us finding Him. He gave everything for us as he loved us all so much. Also great to hear Alistair 's honest testimony especially as many of us are brought up cradle Catholics and don't have a Damascus experience.

It is always good to hear the views of those who I think are steeped in spirituality. I found inspiration from all the aspects.

A real focus for prayer and worship.

Fr. Meredith's talk was best I've heard on God's love. Him having no time to prepare it clearly helped the Holy Spirit.

During Adoration I felt that the Eucharist was present in my room as truly if it had been there physically. That God was present in the same way. I've learned that I can use YouTube to find livestream Exposition and sit in God's presence as I could previously in our church. I know He's always here of course, but it helps to quieten and focus me. Alastair's testimony was especially helpful because he said he didn't have a dramatic experience when he was baptised in the Holy Spirit.

I just felt I was in God's presence and was being nourished

Since being on my own, and especially during the pandemic, I have found the numerous resources online from the newfound 'digital' church amazing ....and Adore is another. Also encouraging when you know some people too. Also helps to understand more fully the universal church. I agree with Alastair that it is much better with no 'chat' to distract you.

I was amazed at the new insight into the parable of the buried treasure

I thought that Fr Anthony was a very good speaker - I really enjoyed his talk and so did my husband. He was very clear and insightful. His humility, for example how he had lost the marker in his Bible, but went on to explain the Parable anyway, was so rich. We also really enjoyed Alastair's singing and wonderful testimony which followed the Talk.

I really enjoy everything. I always wanted to go to Alton but couldn't - but that was a good opportunity to join.

I felt encouraged and part of a community sharing with like-minded people. I have missed this.

The mass

Overall programme is beneficial for spiritual nourishment

Fr Anthony's reflections so compelling, and the sharing the young people in the group were so open.

The prophecy about the revolving door - this really spoke to me, not initially, but over the ensuing 24-36 hours.

Mass is important to calm my mind and therefore enter into Spiritual engagement.

Fr Anthony's homily during the Mass was lovely and the first part of his talk I heard was very good.

To hear that 78 people were there, I was glad of the sense of community it gave me.

Felt inspired to pray, refreshed in faith, encouraged to turn to Holy Spirit

Prophecy is very new to me, and it was great to hear the gift shared in such a non-threatening way

I was deeply touched by Fr. Meredith's talk. he is obviously a very humble, holy man and I would love to hear more from him.

Sharing after the prophetic time was very valuable, the whole session was really well managed.

## Please tell us your feelings about the things you found less helpful (summary responses)

I am not a Catholic but I am a Christian, I enjoy Catholic services, but don't always understand some of the symbolism, there for the explanation of the adoration was good.

I would like the talks to be in the afternoon

Singing. Should not be more than one voice at a time on zoom.

3 hours quite long to be sitting - not sure how you could shorten it - even if you wanted to!

I missed the Rosary Prayers.

I found it difficult to share as I was unfamiliar with people who were there. It was obvious that they knew each other and in some ways I didn't wish to intrude

Adoration continues to be difficult.

I enjoy singing but I didn't know a lot of the songs so couldn't sing along. I realise that this is just a problem for me as others probably knew them

In the breakout room we didn't know who was the leader. It might have been good to say who the leaders were for the groups.

Not so easy so to concentrate on Adoration. I'm always a reluctant member of a small group when I have to participate. I'm very happy to listen and interested in what is said, but it would have been rude to ignore direct questions and I felt uneasy.

Breakout room not well chaired, but then I don't find zoom meetings easy anyway.

Perhaps the break in the middle could be a bit longer....?10 minutes as 5mins is hardly long enough to get a cup of coffee!

It is difficult to enjoy the singing as much as I do when I am in a group and we are all singing and praising

Normally I don t like online prayers but I really enjoy it. I felt very connected.

The same issue with all zoom worship!

Repetition of words/chorus in ' modern' hymns are not my scene!

I always miss the praising in the "flesh" As this is what I thought would lift my spirit, which in the Lock down, was pretty low.

Couldn't contact old school friends on chat.

sometimes things said not resonating in my heart

Sound distortion on music - unsure if it was at my end or yours or both.

I normally love praise and worship but I have found it is more difficult to connect with it online. Our own technology is not particularly good and joining in on my own seems rather 'cold' even though I would like to be more involved. Having the scripture up before each song was a good idea.

# What suggestions do you have which might make the meetings more helpful and encourage more frequent attendance? (summary responses)

How to recognise higher gifts of the Holy Spirit in a parish setting

Tell others

I know you do this already but if you emphasise on new people welcome them at the beginning and at the end and that will make them feel that bit special, appreciated.

I think it was the length that was too much because looking at a computer screen is not easy when you have dry eyes

I was pleased that you do not allow the " chat" facility (except for contacting the main speaker/ Alistair). The "chat" is a terrific distraction and often, people seem unable to resist keep commenting on everything. Please keep up the good work!

Current format is excellent, allowing for people to join in the parts they can. Maybe a few more well known songs, e.g. Make me a Channel of your Peace, Be still for the Presence of the Lord, Spirit of the Living God, Shine Jesus Shine etc

I noticed that there were few young people. What measures are being taken to attract the younger generation? How do we encourage parish priests to promote LISS, ADORE, CELEBRATE and other charismatic grouping?

Perhaps include "Zoom etiquette" guidelines in the joining instructions (eg stay muted to avoid accidental voiceover during talks, prayers etc)

Praise songs which are better known.

I think the key for attendance is publicity and recommendations..... and prayer! The 'set up' for Adore (website etc is very good). The power of the internet and live streaming cannot be underestimated for those alone or who can't get to meetings, Mass etc

Maybe use some quotes from previous attendees in the advertising, so as to encourage new ones - mainly because there is a lot available on the internet at the moment.

Maybe, when it the adoration time asking people to switch off their camera. And we can be more with Jesus.

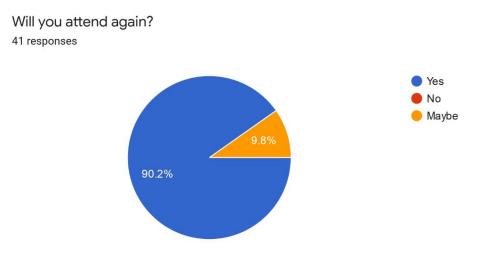
Include prayers for each participant

Personal invitation to friends and family from regular attendees

Your format is great

It was very caring attentive and approachable, especially when we got into groups - of strangerswhich is always a bit daunting.

Help folk not be afraid of zoom? Offer 'online support' to set up/trouble shoot?



### Please let us know any other feedback you have (summary responses)

I enjoyed people sharing their reflections, some of them resonated with my thoughts so may be able to share another time.

Thank you for keeping the chat closed. Thanks for being there for me.

It was nourishing! Thank you!

If someone could greet them in person saying welcome, we are happy to see you.

Overall it was a good experience

I would like more continuous praise to help me open up to Gods presence and will for me

Just thank you! Being able to come together like this is so important at the moment.

I enjoyed session and feel that I can learn more.

This was my second time. Each time God has seemed so close. This has not been my experience for much of the time during this pandemic.

I think the inclusion of testimonies is an excellent idea.... always inspiring and encouraging to hear other people's faith journeys.

I found the testimony of one lady about, Exposition, particularly helpful: it was my lightbulb moment: I always struggled with it before but this lady comparing it to radiotherapy and the effect of the rays on the cancer, without seeing it. God ministering to our hearts at Exposition, without having to say anything. This was an image I will never forget and make sure I will stay for Exposition now! Also, at the end of Alastair's testimony he just said: make sure you open your heart to the Lord daily, so he can help you grow. That also gave me a jolt, as I have found it very hard to pray on my own, during the Lockdown.

I was a little sad to feel that I was apparently among the youngest participants.. and I'm 64... No criticism!! And I have no suggestions...

This was the first time I had joined online but I have attended a few meetings in the past at Alton.

#### **Responses from the ADoRE Core Group**

First of all, thank you very much for taking the trouble to respond – it is really helpful to have this feedback, as it encourages us to know where we are doing things that are helpful and we will do what we can to introduce many of your suggestions, where practical.

**Accessing the meetings:** we will have additional instructions on the invitation, with links to short video tutorials. We are also looking into the possibility of a technical support contact.

**Meeting time and length:** The morning session of 3 hours max seems to suit the majority. We don't include the Rosary as part of the online meeting as it would take up too much time. In the invitation we give links to online Rosaries if people would like to use them. We will allow a bit longer for the comfort break.

**Meeting etiquette:** We are well aware of the problem of more than one voice singing on zoom! We do already mention the muting issue in the joining instructions as well as mentioning it in the meeting. The problem is that some participants unfamiliar with zoom unmute themselves by mistake. Instructions and tutorials may help, if people follow them. We can also usually lock the mute on, but there were technical problems at the last meeting.

**Welcoming:** We will certainly do more to make everyone – especially newcomers – feel welcome. With over 100 participants, and no easy way of knowing who is new, it is not really practical to welcome newcomers by name at the beginning, but we will try to do this in the breakout groups.

**Building community:** The breakout groups are a good potential way of doing this and we will be improving the way we facilitate the groups to foster community whilst respecting those who prefer to just listen.

**The chat function** can also be helpful for building contact and community, but we need to use it carefully. There seems to be general agreement that chat can be a distraction during most of the meeting, but we are hoping to make general chat available during the break and towards the end of the meeting. Participants will also be able to use chat to make prayer requests to the host before Mass.

**Explanations:** We introduced more explanation of Adoration and prophecy after the previous feedback, and this was appreciated. We will repeat this and other explanations as appropriate.

**Praise and worship:** We agree that it is difficult to achieve the same feeling online as live. We will include more well-known songs to help people to be able to sing along (on their own!). But we also feel it is important to introduce newer songs to avoid staleness and to appeal to younger participants. Song choice is always a very tricky and controversial issue! We all like the familiar, but being open to new songs too is an opportunity for spiritual growth. We will be allowing a little extra time for praise.

**Publicity:** We will be continuing to encourage our present contacts to spread the word by personal recommendation, which is very effective: you can forward the newsletters/invitations and also use social media to forward invitations to friends, fellow parishioners and other contact groups. We are using more quotes from participants in our publicity, as suggested. We would love to have more young people participating – please let us know if you have contacts who can help with this.

Any other comments or suggestions? Please email adore@altonrenewal.com