

## Prayers:

This is statement of the basic beliefs of the Catholic Church. There are twelve articles (facts) stated in the Creed.

### The Nicene Creed or the Profession of Faith

I believe in one GOD, the Father almighty, maker of Heaven and Earth, all things, visible and invisible. (1)

I believe in one Lord Jesus Christ, the only Begotten Son of GOD (2) born of the Father before all ages. GOD from GOD, Light from Light, true GOD from true GOD, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation, he came down from Heaven.

(Bow while saying the next line)

**And by the Holy Spirit was incarnate of the Virgin Mary, and became man.** (3)

For our sake, he was crucified under Pontius Pilate. He suffered death and was buried (4), and rose again on the third day (5) in accordance with the scriptures. He ascended into Heaven and is seated at the right hand of the Father. (6) He will come again in glory to judge the living and the dead, and his kingdom will have no end. (7)

I believe in the Holy Spirit, (8) the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy catholic, and apostolic church (9). I confess one Baptism for the forgiveness of sins (10) and I look forward to the resurrection of the dead (11) and the life of the world to come (12). Amen.

### Act of Spiritual Communion

My Jesus, I believe that YOU are present in this Most Holy Sacrament.

I love you above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you.

Amen.

**This prayer replaces Holy Communion when we are not in a state of grace and are in need of going to confession.**

## St. Anthony of Padua Catholic Church

P.O. Box 425

Krotz Springs, LA 70750

(337) 566-3527



## Catholic Formation 8th Grade

**In order to progress to the next grade your child must master the information in this leaflet, meet class expectations and attendance requirements**

## Commandments

1. You shall have no other gods besides ME.
2. You shall not take God's name in vain.
3. Remember to keep God's day holy.
4. Honor your Mother and Father.
  5. You shall not kill.
  6. You shall not commit adultery.
  7. You shall not steal.
  8. You shall not lie.
9. You shall not covet your neighbor's wife/husband
10. You shall not covet your neighbor's goods.

At this age, you should be learning to follow mass in the books in the pews and recite the common prayers. You should also be at mass every Sunday and on Holy Days of Obligation. It is time to learn and live the Precepts (Rules) of the Catholic Church.

### The Precepts of the Catholic Church

We, as Catholics are required to live a Christian life; we are to pray daily, observe and participate in the sacraments, live morally, accept the teachings of Christ and His church. These are the minimum requirements of the church for all Catholics:

1. Attend mass on all Sundays and Holy Days of obligation, keeping the Sundays holy – no servile labor.
2. Go to confession at least once a year or more often when needed.
3. Receive Holy Communion at least during Easter, though weekly or daily is encouraged.
4. Observe the laws of fasting and abstinence established by the church:  
One full meal on Ash Wednesday and Good Friday; no meat on Fridays during Lent.

5. Support the church financially and otherwise: assist the material needs of the church, each according to their own ability.
  6. Obey the marriage laws of the church.
7. Love GOD with all of you heart, soul and strength and evangelize – share the good news of GOD's love with all people in a spirit of compassion and charity.

**Knowing the faith** is the first step to being Catholic, **Accepting the faith** is the second step, and **practicing the faith** is the third and most difficult step. Obeying the laws/rules involves appreciating the wisdom and value of the various precepts. You are called to put your beliefs into action – to practice what you believe.

Remember the scripture says:

1. "You shall love the LORD your GOD with all your heart, and with all your soul, and with all your mind. And you shall love your neighbor as yourself."  
(Matthew 22:37,39)
2. "Whatever you did for one of these least brothers of mine, you did for me."  
(Matthew 25:40)
3. "Love your enemies and pray for those who persecute you."  
(Matthew 5:44)
4. "Lead us not to/into temptation, but deliver us from evil."  
(Matthew 6:13)

**Holy Days of Obligation** are special days in the church when we are obligated to attend mass on other than Sunday – not attending is a sin. There are six Holy Days:

- August 15<sup>th</sup>** – Feast of the Assumption of Mary into Heaven
- November 1<sup>st</sup>** – All Saints Day
- December 8<sup>th</sup>** - Feast of the Immaculate Conception (Mary's life)
- December 25<sup>th</sup>** – Christmas – The Nativity of Jesus
- January 1<sup>st</sup>** – Feast of Mary, Mother of GOD
- 40<sup>th</sup> day after Easter** – Feast of the ascension of Jesus

**Notice that Ash Wednesday, Holy Thursday and Good Friday are not listed, however as Catholics we should realize their dire importance and attend mass during the Holy of Holy, the Triudum.**