



H.Y.P.E.

Help Your Play Excel

When: Wednesdays
January 10 - February 28, 2024

Where: St. Luke's, 702 Union
Blvd Allentown PA

Times: TBD
Sessions vary 5:45 pm - 9:00
pm

Times are tentative based on the number of participants. More information to follow.

Cost: \$145 / 7 sessions

Need to Know

Bring: Outdoor hockey stick, shinguards, mouthguard, sneakers/turf shoes

Arrive 15 minutes prior to your session for warm-up

Email: marojokasec@gmail.com

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Drills to sharpen
outdoor skills
&
small-sided games
to refine your skills