# Marojoka COVID Procedures for Training Sessions

The Board of the Hockey Club has created this three step safety policy.

### Prior to arrival:



- 1. If you or your athlete have any symptoms of a cold, or flu, or a fever, please stay home.
- 2. Please follow all relevant CDC and Pennsylvania Department of Health guidelines related to COVID-19.
- 3. Please FILL your water bottle prior to arrival. You MUST have your name on your bottle(s) (even if it is a disposable water bottle).
- 4. Please visit the restroom BEFORE coming to any session (bathrooms may be CLOSED).
- 5. Players must label all their equipment with their first and last name (especially their STICK and their reversible pinnie).
- 6. Pack a personal bottle of hand sanitizer and an *extra* mask.

## Upon Entry to Facility:

- 1. Please put on your mask **<u>before</u>** entering the facility (ALL *athletes* and adults, please).
- 2. Please arrive no later than fifteen minutes before your session for your temperature screening.
- 3. Players will have their temperature taken (touch-less) prior to entry. If they have an elevated temperature of 100.4 F (or greater), they will not be allowed to participate that day.
- 4. **NOTE**: Parents/Guardians are asked to NOT LEAVE UNTIL their child has been cleared to enter. Until further notice, all training sessions will be CLOSED to Parents and Guardians. Only Athletes, Coaches, and designated volunteer staff will be permitted inside the facility.
- 5. After being cleared to enter, EVERY athlete will go to the designated seating area for their group **and remain there** (wearing a mask) until a coach directs them to begin an activity.

## During the training session:

- 1. Everyone will wear masks\* when not engaged in strenuous physical activity.
- 2. Athletes will not touch equipment (balls, cones, the boards, goals, floor tape) with their bare hands. Disposable gloves will always be provided to the small group of players who set-up or clean-up (players will rotate these duties weekly).
- 3. During the session, athletes will keep all personal items, including water bottles, in the designated area for their group.
- 4. Players are requested to not touch any items belonging to their teammates.

## These policies are subject to change as needed to ensure participant safety. (10/28/2020)

\* The HYPE program @ St. Luke's 702 Union Blvd. requires 100% mask use per SLUHN policy.