

Our Daily Bread....Jesus

“Jesus declared, “I am the bread of life. He who comes to me will never go hungry, and he who believes in me will never be thirsty.” John 6:35

What kind of bread do we like? Think about all the different kinds of bread we see on the grocery store shelves or the kind is baked at home.

The crowds following Jesus loved bread too. Jesus had just provided a miracle feast for more than 5,000 people by multiplying five loaves and two fish, and the people followed after him, hoping for more bread. Their hunger for physical bread provided Jesus with a teaching moment to talk about spiritual bread.

In the first of seven "I am" statements in John's gospel account, Jesus says, "I am the bread of life." In their eagerness for free food, the crowds had missed the main point of Jesus' banquet in the wilderness. They had forgotten that God had provided the ancient people of Israel with bread from heaven (manna) in the wilderness. And the physical bread Jesus had provided pointed to the spiritual bread of his body, the bread of life. Through his death, Jesus provided the bread of life for all God's people.

Homemade bread is wonderful, but eventually it runs out. Only those who feast spiritually on Jesus' body will be satisfied. What are you feasting on today?

We crave food at regular intervals during the day. At certain times, food occupies our thoughts and fills up our activities. But deep in our soul is a hunger, a soul hunger. It cannot be filled by food, drink, or chemicals. This hunger was the desire built into us by our Creator, placed there when he knit us together in our mother's womb. This hunger can only be satisfied by Jesus.

Prayer: Please fill me, my Father, with Jesus. Give me today, my Daily Bread, that I may find life in all its fullness. Precious Lord, Jesus my brother and Savior, fill me and touch me with your presence so that I can serve you by blessing those around me with your grace. Amen.