

# EAST COWETA HIGH SCHOOL CHEERLEADING

Application/Candidate Information- For Football/Competition Squads (Varsity and JV)

Name \_\_\_\_\_ Parent/Guardian(s) \_\_\_\_\_

Address \_\_\_\_\_

Home Phone # (or parent cell) \_\_\_\_\_

Parent Contact Info: (please list email address) \_\_\_\_\_

Upcoming Grade \_\_\_\_\_ School Presently Attending \_\_\_\_\_

No candidate will choose what squad they will tryout for. Coaches will decide what squad a candidate will participate on. JV/Varsity will consist of members in all grades 9th-12th grade with the exception of candidates in the 8th grade (2020-2021 school year) will only be allowed to participate on the JV squad due to GHSA rules.

-----  
Please check which tumbling skills you plan on doing at tryouts **without** a spot:

**Standing:**

Back Handspring \_\_\_\_\_ Standing Tuck \_\_\_\_\_ Hand Hand Layout \_\_\_\_\_ Hand Hand Full \_\_\_\_\_

**Running:**

Rd off BHS \_\_\_\_\_ Rd off BHS Tuck \_\_\_\_\_ Rd off BHS Layout \_\_\_\_\_ Rd off BHS Full \_\_\_\_\_

-----  
Check your position if you have experience:

Main base \_\_\_\_\_ Side Base \_\_\_\_\_ Back Spot \_\_\_\_\_ Flyer \_\_\_\_\_

**\*MEDICAL INFORMATION (Please list medical problems/allergies/injuries):**

\_\_\_\_\_

I grant permission for my child to try out for cheerleading at East Coweta High School. I have been informed of the rules, commitment expectations, and risk of injury. I understand that my child will be evaluated at tryouts by the cheerleading coaches and agree to abide by their decisions. I believe my child to be in proper physical condition to be involved in cheerleading and agree to sign an insurance/consent form and obtain a physical from a doctor to substantiate same.

\_\_\_\_\_  
Parent/Guardian Signature

I understand the eligibility criteria, rules, physical expectation, and commitment expectations involved in cheerleading. If selected as a cheerleader for East Coweta High School, I agree to abide by the rules as set forth by the school and coaches.

\_\_\_\_\_  
Candidate Signature

## **EAST COWETA CHEERLEADING TRYOUT LETTER AND APPLICATION 2020**

Dear Parent/Guardian,

Your child has expressed an interest in cheerleading at East Coweta High School. We will have a mandatory parent meeting on Wednesday, February 12 in the 9th grade cafeteria at 6:00 to go over required paperwork and for parents to have a chance to ask any questions they may have for the cheerleading coaches prior to tryouts. Please use [www.echscheer.com](http://www.echscheer.com) to refer to any information and forms given out, as well as the TENTATIVE ECHS cheerleading calendar.

The number of cheerleading teams offered each year is determined by the East Coweta Cheer Coaching Staff and depends on the skill levels of candidates, number of candidates trying out, and the availability of coaches. This tryout is specifically for those interested in trying out for the JV and Varsity Competition and Football Sideline at East Coweta. JV will consist of 12-18 members in grades 9-12<sup>th</sup>. Varsity will consist of 16-20 members in grades 9<sup>th</sup>-12<sup>th</sup> grade. Tryouts for specifically these 2 squads will be the week of March 9th-13th from 3:45-6:00, with the exception of Friday which could go until 8:00, in the old gym at East Coweta High School. We will have cuts if needed on Wednesday. Attitude, cooperativeness, and candidate's willingness to work hard will also be observed during the tryout.

Preferred Skill Sets: **JV Comp/Sideline** – strong motions, jump ability, very spirited  
**\*\* BACKHANDSPRINGS OR HIGHER ARE PREFERRED!**  
**Varsity Comp/Sideline**- very spirited, strong motions, jump ability  
standing/running tuck or higher **\*\* FULLS ARE PREFERRED!**

**Jumps Combination:**  
All 3 jumps must be  
connected!  
Hurdler, Pike, Toetouch

We are looking for candidates who will represent East Coweta in a positive manner and who will work cooperatively as a team. Also understand that candidates chosen will be placed on teams based on their "**overall score**". Tumbling is not required but is a skill that coaches will be looking for. Tumbling is on the GHSA scoresheet in order for a team to max out in a routine. Our coaching staff will be evaluating candidates all week and will be the ones to judge the final evaluation on Friday. Coach Guess will send out a mass email to the appropriate schools with a list of candidate's names to receive teacher evaluations on each cheerleader. Teachers will be asked about the candidate's effort in class, attendance, attitude, and cooperativeness. Teacher evaluations are confidential and will not be discussed with a candidate or their parent/guardian. Please understand that teacher evaluations can play a big role as to whether a cheerleader is placed on a team regardless of skill level. The top 3 evaluations from the candidate's teachers will be included in their scoresheet.

The Georgia High School Association (GHSA) has sanctioned cheerleading as a sport, and it will be treated as such by East Coweta High School. To be eligible to try out for a position on a cheerleading team, candidates must be academically qualified and on track for graduation. They must also have the following completed: **current physical, emergency medical treatment form, Heat and Humidity form, Concussion Awareness form, Tryout Application and constitution permission form.** All paperwork is due to Coach Guess on the first day of tryouts. (Please read each carefully and sign and date all appropriate areas). **If you have a current physical that can get you through tryouts, you will need to provide a copy of that physical. Students that are at ECHS and have a physical on file will be checked prior to tryouts by the athletic office.**

Cheerleading requires a tremendous commitment of time, effort, and financial responsibility. Included in this packet is an estimate of costs that should be considered before tryouts. Fundraisers will be organized to try and offset costs. Schoolwork is top priority, and therefore candidates should consider whether or not they will be able to handle a rigorous schedule of cheerleading practice and events along with his/her schoolwork. All squads require a year-round commitment. There are activities that are required before/after your season. Your duties as an ECHS cheerleader are not complete until tryouts for the next season.

During the season, it is possible that practices and events will be held up to six days a week (sometimes at 7:00 am), and practices may fall during holidays. Other activities, fundraisers, and conditioning will also be held during the summer. All dates will be provided as soon as possible. Included in this packet is a list of some of the dates that have already been set for this year. As with any successful team, it is imperative that each member attend all practices and events. Not attending practices and events could result in not being able to participate in upcoming events, benching, extra conditioning or removal from the squad. Please take this information into consideration before making the decision to commit to high school cheerleading. Thank you for your interest in East Coweta Cheerleading. We are looking forward to a successful season. Please feel free to contact us if you have any further questions.

Sincerely,

**Jodi Guess**

Head Cheerleading Director, Head Varsity Competition Coach, Varsity Football Assistant Coach - [jodi.guess@cowetaschools.net](mailto:jodi.guess@cowetaschools.net)

**Kelley Eickelman**

Head Varsity Football Coach, Varsity/JV Assistant Competition Coach - [kelley.rosales@cowetaschools.net](mailto:kelley.rosales@cowetaschools.net)

**Kaylee Brewer**

Head JV Competition Coach, Varsity Competition Assistant Coach - [kaylee.brewer@cowetaschools.net](mailto:kaylee.brewer@cowetaschools.net)

**Haleigh Tierman**

Head JV Football Coach, JV Assistant Competition Coach - [haleigh.tierman@cowetaschools.net](mailto:haleigh.tierman@cowetaschools.net)

\* Information and forms are posted on [www.echscheer.com](http://www.echscheer.com) -- If you have been to our website before make sure you REFRESH your screen to update the website