

# Medical Orders for Scope of Treatment

## [ MOST ]

A MOST is a doctor or nurse practitioner's order, that has 6 different levels of treatment that range from comfort care to critical care.

Ideally a MOST is completed following advance care planning and Goals of Care conversations. Your MOST can be changed at any time through conversations with your doctor or nurse practitioner



### My Goals of Care

### MOST (doctor or nurse practitioner's order)

My goal is to have a natural death. I want to receive care to ease pain and manage symptoms of my underlying illness. I want care provided within my current location when possible.

**M1**

Supportive care, symptom management and comfort measures.

**"M"** stands for Medical Orders

- Allow for a natural death.

My goal is to have readily reversible medical conditions treated, within my current location of care when possible. Treatment would be non-invasive and allow for a natural death. Transfer to higher level of care if comfort needs cannot be met in current location.

**M2**

Medical treatment within current location of care. Transfer to higher level of care if comfort needs cannot be met in current location.

- Life support measures will not be used if your heart stops or if you stop breathing.

My goal is to have my illness cured and/or controlled when possible. I know I may be temporarily transferred to a different care setting for tests or treatment, but I do not want to be transferred to a critical care unit.

**M3**

Medical treatments including transfer to a higher level of care, excluding critical care.

My goal is to have my life preserved and to have any medical problems reversed if possible. I want admission to critical care, including major or invasive procedures if offered. I would not want intubation or CPR.

**C0**

Critical care interventions, excluding CPR and intubation.

**"C"** stands for Critical Care Orders

- Attempt to extend or preserve life through aggressive treatments provided in critical care environments (e.g. ICU).

My goal is to have my life preserved. I want admission to critical care and all critical care interventions offered, including intubation if needed, but not CPR.

**C1**

Critical care interventions including intubation, but excluding CPR.

- These orders are not typically used if you are at the natural end of your life.

My goal is to have my life preserved. I want admission to critical care and critical care interventions offered, including intubation and CPR.

**C2**

Appropriate critical care interventions, including, CPR and intubation.

CPR: Refers to Cardiopulmonary Resuscitation, is an attempt to revive a person whose heart and breathing have stopped.

Intubation: is a tube inserted through the mouth and into the airway. This is done so that a person can be put on a mechanical ventilator to assist with breathing.