



The Salute Online



Monthly newsletter of the Portsmouth Area Chapter, an affiliate of the Military Officers Association of America, serving Portsmouth, Chesapeake, Suffolk, Smithfield, Franklin, and surrounding counties, Virginia, since 1983. Dinner meetings are the Second Thursday of each month except July and August. Although <u>MOAA</u> and <u>PACMOAA</u> actively lobby legislatures for all US uniformed services members, we are nonpartisan and do not participate in political activities.

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LEARN MORE AT PACMOAA.ORG

NOVEMBER 2021

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FROM THE PRESIDENT'S DESK



Greetings,

We had a great meeting **IN-PERSON** at Roger Brown's Restaurant this October. We had interesting and interested speaker in <u>Representative Bobby Scott</u> (pictured at right with COL Bill Smith, USA (Ret) as well as a wonderful meal and fellowship. There is no replacement for the joy that **LIVE** interaction with fellow PACMOAA members gives me. As I stated at the meeting, unless prohibited by state policy, we will continue to meet in-person and Zoom those meetings to those who cannot



attend.

I have seen MOAA chapter newsletters in which presidents opine about political issues, state of the country, etc. I will not do that. PACMOAA is non-partisan and advocates for issues which support our veterans. In my role as your president, it is irrelevant to me if the politician is a Democrat, Republican, Libertarian, Independent or whatever, if they support us, I am glad to hear them. I trust you share this view.

November brings our annual business meeting. It will be most exciting as we elect new officers. If you are willing to serve, call me at 252-333-0871 to discuss available opportunities. Of great interest will be the informative presentation of each officer on activities/accomplishments for the current year. You may be surprised at what has been accomplished, notwithstanding the pandemic. I hope to see all of you at Roger Brown's Restaurant on November 11, 2021, at 6:00 pm. Isn't it fitting our meeting is on Veteran's Day?

Hope this finds you healthy and well. Be safe!

Warm Regards,

Bill Smith COL USA (Ret)

PACMOAA LEADERSHIP

SEE WEBPAGE



CHAPTER NEWS

NOVEMBER CALENDAR

MONTH OF THE MILITARY FAMILY

- 02 ELECTION DAY VOTE!
- 07 Daylight Saving Time Ends (Fall Back)
- 10 MARINE CORPS 246th Birthday 1775
- 11 PACMOAA Dinner Business Meeting & Elections
- 11 Veterans Day
- 23 Coast Guard Women's Reserve Established 1942
- 25 THANKSGIVING
- 28 HANUKKAH Begins

HAPPY NOVEMBER BIRTHDAYS

Bob Brewer
Peg Cicirelli
Larry Mellis
Paul Pratt
William Strickland
Chuck Waggoner
Bob Wall

THE NOVEMBER DINNER MEETING WILL BE BOTH IN-PERSON AND VIRTUAL.

Our October Dinner Meeting will be held on **Thursday**, **November 11**th at Roger Brown's Banquet Room, and on **Zoom** for those not attending in person.

Sign in and social hour begins at 6 PM, with Dinner Served at 6:30 PM.

Annual Business Meeting 7:30 PM – Ballot & Bios on pages 1-14

Buffett Menu CAESAR SALAD CORNBREAD AND HONEY BUTTER BACKYARD CHICKEN

(Grilled Chicken with bbq sauce, mixed cheese, bacon, tomatoes and green onion)
BAKED FLOUNDER WITH BOURBON SAUCE

WILD RICE SAUTEED GREEN BEANS CHOCOLATE CHIP COOKIES Water, Tea, & Coffee

Cost is \$25 (includes gratuity and tax). Please make your reservation no later than November 8th with Sherry Ferki at 757-686-4650 or by email at

navmedarmynurse@gmail.com.

A RESERVATION MADE IS A RESERVATION PAID

MEMBERSHIP

PACMOAA still has 70 members paid as of 29 October. No change in membership numbers since August. That number includes our 6 Life members and 2 Honorary Life Members as well as 7 new members for 2021. As noted at several MOAA meetings I've attended over the past year, membership includes retention and recruiting!! 95% of PACMOAA members eligible to renew this year, discounting deaths and moves, did so! Reasons for not renewing included age and medical issues.

Ideas from MOAA Roundtable Discussions On Recruiting On 28 September and Retention On 28 October 2021

Practices chapters throughout the country have found successful

- A chapter in Florida with 1200 members and several other chapters noted that they have been successful in providing news releases to local newspapers without charge. We have had very limited success with hat in the past. If anyone has any suggestions on how to accomplish this or has any contacts in the community, please let me know.
- Reminder chapters/PACMOAA can request MOAA send out an email blast twice a year to all eligible veterans in our chapter area inviting them to a chapter/PACMOAA event.
- One point of discussion was how the chapters dealt with COVID challenges for retention and recruitment. PACMOAA seemed to be ahead of many chapters with all the virtual meetings and hybrid meetings we've had over the past 15 months in addition to the frequent updates to our members on community impact like pharmacy and COVID vaccine availability!!
- Several mentions were made about the use of social media, especially with younger members/potential members. Thanks to Ken App, PACMOAA has had our own Facebook page since Jan 2020!!
- MOAA noted they are targeting potential members in the 40-60 age group and they are more interested in making a difference in their community than just social activities. This same point was made at the 17 September MOAA Chapter/Council Workshop.
- One chapter participates in the National Guard Association Convention each year. If anyone has a family member in the local National Guard Unit or any contacts with them, please let me know.
- Another note about National Guard was that many of them have high school students and mentioning MOAA and in our case, PACMOAA scholarships are a good recruiting tool.
- JROTC leaders are another potential pool of members. If anyone has children or grandchildren in an JROTC unit, inviting their unit lead instructor to a dinner meeting as a PACMOAA guest or provide their contact info to me would be great.
- Another suggestions was to have speakers from all uniformed services including NOAA and USPHS. Several of our members joined after doing a presentation for PACMOAA including CAPT Tom Cahill, USCG (while serving as CO of local Coast Guard Base) and Col Irv Lindley, USA (Ret), Chairman of Portsmouth Mayor's Military Affairs Committee.

Submitted by MAJ Sherry Ferki, USA (Ret) 2nd VP/Membership Chair

PERSONAL AFFAIRS

As I have mentioned in several previous columns, planning ahead for your survivors is essential. MOAA has several publications that are great tools to help collect the important documents/information you need to have available. I finally received copies of the most current editions of the *Personal Affairs Guide: A Personal*

Inventory for Peace of Mind as well as copies of the *Survivor's Checklist*. Both were published this year. I will bring copies of both of them to our November dinner meeting.

Sherry Ferki, Personal Affairs Officer

Home number: 686-4650 Cell: 630-5608

SURVIVING SPOUSE CORNER

Surviving Spouse Corner: Recognizing the Work of Surviving Spouses from MOAA.org

By: Gail Joyce October 04, 2021

"They bring new blood, fresh ideas, organizational skills, energy, creativeness, a 'can do attitude'— they have made us a better organization." These are the words of a chapter president about the work of surviving spouses in their local chapters and communities.

This month, we recognize the work of our local chapters and councils at MOAA's annual meeting, honoring the recipients of the <u>Levels of Excellence Award</u> as well as the winners of the Colonel Steve Strobridge Legislative Chair/Liaison Award and the Surviving Spouse Liaison Excellence Award (see announcement of these winners in the October issue of *Council & Chapter News*).

We also want to recognize the work of several other of our brightest shining stars: Judith Thomas of Houston; Janet Oglesby of Ohio; and Cheryl Toland of Mount Rainier, Wash.

Judith Thomas has had a long-distinguished career of working with community-service programs for veterans and their families and survivors in Colorado, Virginia, and Texas. In addition to providing information to her MOAA constituents about retiree and surviving spouse issues as surviving spouse liaison of the Houston Area Chapter, she is very active in the Vietnam War Memorial Program, having provided over 2,800 pins and certificates to surviving spouses in every state and worldwide. In addition, she presents the Vietnam Veteran Lapel Pin to veterans who served from 1955-75. She always keeps a few pins in her purse to present to an unsuspecting deserving veteran, whether in the grocery store, post office, restaurant, or at a MOAA meeting. She considers herself a well-seasoned Army brat, born at Fort Leavenworth; wife and now widow of a career Army officer; and mother of a currently serving Army officer (MOAA member) who continues to be an advocate for the military and for veterans and their families and survivors.

Janet Oglesby, a member of several Ohio chapters, has been instrumental in the creations and successes of these chapters. One chapter earned a 4-star Levels of Excellence Award in only its second year of existence as a result of her efforts. She and her husband were key organizers of two chapters, she edited the newsletter for another one for 10 years, designed and printed membership brochures for two chapters, and was a chapter secretary and surviving spouse liaison for another one. In addition, she served on the Ohio Council of Chapters for two years. She has been a very involved member of the Surviving Spouse Virtual Chapter since its inception. She said it has been a wonderful link for her to learn about current military issues, along with the MOAA website. Her goal in life is to help all surviving spouses work through complicated military issues, learn about their benefits, and to specifically provide assistance for those in a second marriage.

Cheryl Toland is relatively new to the work of a surviving spouse liaison — appointed to her position in 2019. She became well-informed and busy immediately. She currently serves as third vice president of the Mount Rainier Chapter and is the representative for Wreaths Across America. She is also a member of the Governor's Veterans Affairs Advisory Committee. She is the first person of contact for those members who have lost a spouse, providing information and support. She posts information on the chapter's Facebook page about topics such as VA Aid and Attendance and VA caregivers support programs in addition to other VA programs of interest to her chapter members. She is currently taking classes from TAPS about their benefits and has been trained in the VA Caregiver Support Mentor program. Recently, she was appointed as the surviving spouse

liaison for the <u>Washington Council of Chapters</u>. She says her goal is to prepare "spouses to be surviving spouses before it is time for them to be survivors."

How lucky MOAA is to have such dedicated, knowledgeable, and caring surviving spouses to ensure that valuable information is available along with a great support system. We are confident these special surviving spouses will always shine and never stop serving.

Surviving Spouse Corner: Join MOAA's Surviving Spouse Virtual Chapter from moaa.org

MOAA's Surviving Spouse Virtual Chapter is an affinity group whose members share information and ideas with others in a virtual environment. After starting the virtual meetings through quarterly teleconferences, the Surviving Spouse Virtual Chapter now meets monthly through Zoom. Almost 40 states are represented in the membership. This chapter is intended to be an enhancement to, rather than take the place of, geographic chapters, and there are no dues.

Several weeks in advance of each meeting, members receive an email alerting them to the date and time of the gathering; a follow-on email with instructions for joining is sent several days prior to each meeting. The session is kept to an hour and a half and members can log on or off according to their schedule. Topics of discussion and presentations have included Survivor Benefit Plan-Dependency and Indemnity Compensation offset updates, financial information, and updates from MOAA national as well as other items of interest.

Members participate to the extent they are able. While the chapter is geared toward surviving spouses and surviving spouse liaisons, any MOAA spouse is welcome for membership. MOAA's mantra "Never Stop Serving" is espoused to make a difference locally, statewide, and nationally.

Download a membership application <u>at this link</u>. It can also be obtained by sending a request to <u>mssvc02@gmail.com</u>.

VCOC, MOAA & LEGISLATIVE

PACMOAA PARTICIPATION IN VCOC BIENNIAL LUNCHEON CEREMONY 5 OCTOBER 2021

Five PACMOAA member/spouses attended the biennial luncheon and ceremony – Lt Col Jim Stephan (VCOC Acting Membership Chair and Treasurer), COL Hal Hostetler and Brenda, CDR Ken App, and MAJ Sherry Ferki. COL Hostetler and CDR Ken App also attended the VCOC Quarterly meeting that preceded the ceremony and luncheon.

The 2021 Legislators of the Year were recognized. Congresswoman Elaine Luria (at left) attended the luncheon and State Senator Jen Kiggins came toward the end of the ceremony and spoke briefly. A representative for Congressman Bobby Scott also attended.

COL Hostetler conducted the **Memorial Ceremony-** each chapter moved a rose from one vase to another and read of the names of deceased members. The following PACMOAA members/spouses were remembered, listed in the order of their death:



Betty Lambdin. Surviving Spouse CAPT Larry Anderson, USN (Ret)

CDR Henry Boschen, USN (Ret) MAJ Jim Yandle, USA (Ret) Irene Wagner, Surviving Spouse

Spouses of several longtime PACMOAA members were also included:

Eleanor Parker, wife of CAPT Bob Parker, USNR (Ret)

Paula Turner, wife of COL Steve Turner, USAF (Ret)

Several PACMOAA members received awards from MOAA Leadership Team members: MAJ Sherry Ferki, USA (Ret) received her 2nd MOAA Leadership Award Lt Col Jim Stephan, USAF (Ret) received the MOAA Outstanding Service Award

The 2022-2023 VCOC officers were installed and included PACMOAA member Lt Col Jim Stephan, elected as VCOC Treasurer for the 4th time!! MAJ Sherry Ferki will serve as the Surviving Spouse Liaison/Representative.

MOAA President and CEO, LtGen Dana Atkins, USAF (Ret), spoke for a short time and shared one of his favorite jokes. Consider the instructions to "secure the building". Say this to Navy, and they'll turn out the lights and lock the doors. Ask the Marines, and they'll obliterate everything inside the building. Direct the Army, and soon they'll establish defensive fighting positions around the building and then convert it into a command post. Ask the Air Force, and they'll take out a five-year lease with an option to buy. President-Elect CDR Linc Smith, USN (Ret) also spoke for a short time.

Submitted by MAJ Sherry D. Ferki, USA (Ret)

Ask Your Lawmaker to Delay DoD's Planned Medical Billet Cuts from moaa.org under News and Info/news

By: Karen Ruedisueli October 27, 2021

As the FY 2022 National Defense Authorization Act (NDAA) moves toward conference, where the House and Senate will reconcile differences between their versions of the bill, MOAA remains focused on supporting a key provision to ensure continued beneficiary access to quality health care.

Section 721 of the House bill – which has already <u>passed its chamber</u> – would halt DoD's plan to cut medical billets for a year following the enactment of the FY 2022 NDAA. It also would require a Government Accountability Office (GAO) report on the analyses used to support billet cut plans, including an evaluation of medical manpower requirements and the effect of billet cuts on local health care networks.

[TAKE ACTION: Urge Your Lawmakers to Stop Cuts to Military Medicine]

The Senate NDAA, while still subject to floor amendments and debate, does not include this language at present. Keeping the House section in the final bill will be critical to preventing planned cuts from corroding your earned health care benefit.

A recently released <u>DoD report</u> to Congress gave us the first glimpse at <u>how medical billet cuts might impact</u> <u>individual military treatment facilities</u> (MTFs) but offers few details on specific positions to be cut or mitigation plans for impacted beneficiaries. It also raises the following concerns:

 Most eliminated billets will be replaced either with civilian hires or contract personnel, or absorbed by remaining MTF staff. However, the report does not indicate what, if any, analysis has been done to assess the feasibility of hiring civilian replacement personnel or the ability of current staff to absorb additional workload. • Medical billet cuts have been reduced from 17,005 in the original proposal to 12,801 – a move driven primarily by the Army, which accounted for 95% of the adjustment. The medical billet cuts proposed by the Navy and Air Force appear to remain almost unchanged, and MOAA remains concerned lessons learned regarding Military Health System surge capacity requirements and limits to civilian provider availability have not been fully considered in the Navy and Air Force plans.

[RELATED: A Major Pharmacy Provider Is Rejoining the TRICARE Network. Another Is Leaving]

- Although many of the cuts are for administrative or other nonclinical positions, there are still a substantial number of medical provider billets proposed for elimination, including 779 physicians and 1,081 nurses.
- MOAA also is concerned about significant cuts planned for pediatrics and mental health billets areas already are under strain in the civilian health care system.

While MOAA supports military health system reforms aimed at enhancing the focus on medical provider readiness, the recent report to Congress indicates DoD has not conducted the analysis and feasibility assessments necessary to ensure continued access to quality care for beneficiaries.

Please amplify our efforts by contacting your lawmakers and urging them to support Section 721 of the House NDAA as the FY 2022 NDAA process continues.

COMMUNITY NEWS

REMEMBER VETERANS DAY 11 NOVEMBER 2021

Most Hampton Roads cities are holding events honoring veterans like all of us that served in the United States Armed Forces. Some examples include:

- The Tidewater Veterans Day Parade in Virginia Beach on 11 November, starting at 0900 at VA Beach oceanfront on Atlantic Ave and proceed up 19th Street to the Tidewater Veterans Memorial.
- Annual Veterans Day Service by the Smithfield VFW held at the Veterans Memorial at the corner of N Church ST and Luter Drive in Smithfield at 1100.
- Chesapeake Veterans Day Memorial Ceremony at 1100 at City Hall, 306 Cedar Rd with guest speaker Col Gabrielle M. Hermes, USMC.
- Portsmouth Remembrance Service at 1100 at the flag pole in downtown Portsmouth

NMCP IMMUNIZATION STATUS/AVAILABILITY 1 November 2021

Information below verified by calling NMCP Immunization clinic at 757-953-2207

Senior Flu Shot available by walk in

COVID Vaccine booster dose available by walk in. Only Pfizer vaccine is available but can be used for booster dose whether you received the Pfizer vaccine or Moderna for 1st 2 doses.

Walk in hours:

Monday – Friday: 0800 – 1600 for flu vaccine

Monday – Friday: 0800 – 1530 for Covid vaccine (extra time needed to draw up med)

Saturday : 0800 - 1200

Information below copied from NMCP website at https://portsmouth.tricare.mil/COVID-19 unless NOTE or REMINDER

"As a reminder, appointments are highly suggested for <u>first</u>, <u>second</u>, <u>third</u>, <u>and booster</u> doses." NOTE: You can also call 757-953-6620 to schedule 1st, 2nd or 3rd (booster) dose.

"Booster dose appointment should be booked 6 months after 2nd dose.

Please ensure utilization of the DHA Appointment Portal (DAP) to schedule. https://informatics-stage.health.mil/COVAX

Or use one of the following links:

NMCP - https://informatics-stage.health.mil/NMCPCOVIDApp/

Monday through Friday, 8 a.m. to 4 p.m. (last person admitted at 3:30 p.m.), and Saturdays 8 a.m. to 12 p.m. (last person admitted at 11:30 a.m.)."

REMINDER: both the flu vaccine and COVID vaccines are available at participating TRICARE retail network pharmacies and a TRICARE-authorized provider - if you go to your doctor for the vaccine, you'll need to pay your co-payment or cost-share for office visit. There is NO CHARGE for either vaccine at military clinics or retail pharmacies! If you need the senior flu vaccine, it would be helpful to check with whichever facility you plan on visiting to see if it is in stock.

PHARMACY REMINDER AND UPDATE FOR SCOTT CENTER ANNEX, NNSY

The refill pharmacy drive through window is open from 0730 - 1700 Monday – Friday and 0730 - 1600 on Saturday.

Thanksgiving hours: 0730 - 1600 on Wednesday 24 November, closed on Thursday 25 November and regular hours on Friday 26 November.

REMINDER PER TRICARE OPEN SEASON

TRICARE Prime, TRICARE Select and Federal Employees Dental & Vision Insurance Plan (FEDVIP) all have open season 8 November – 13 December 2021. During open season with FEDVIP, you can enroll in a FEDVIP plan, make changes, or cancel a current FEDVIP policy. You will automatically be re-enrolled in a 2022 plan if no action is taken. For FEDVIP eligibility or general questions go to the website: www.opm.gov/fedvip.

PORTSMOUTH MAYOR'S MILITARY AFFAIRS COMMITTEE (PMMAC)

The Portsmouth Mayor's Military Affairs Committee (PMMAC) met for the third and last time this year on Wednesday 27 October. Several new representatives from Portsmouth military commands were present and introduced by our own Col Irv Lindley.

Councilman William Moody brought greetings and expressions of appreciation. Captain John Dewey, commander of Coast Guard Base Portsmouth, was the features special speaker. Portsmouth is the largest Coast Guard Base in the US with nine cutters assigned.



We were reminded of upcoming events to include the Veterans Day activity at the Portsmouth flagpole at 11 am, a good opportunity for PACMOAA to be seen.

L-R Captain John Dewey, USCG; PACMOAA's COL Irv Lindley, USA (Ret); Honorable William Moody The meeting was attended by COL Hal Hostetler, USA (Ret)

PLEASE CONSIDER DONATING TO PORTSMOUTH VOLUNTEERS FOR THE HOMELESS (PVH)

Continuing to Serve... From PVH Executive Director, Darlene Washington 2 November 2021

To date, it's been **600 uninterrupted nights** of our PVH COVID-19 homeless sheltering response! If we count from the beginning of our regular 2019 (Nov) shelter season, it's been 721 nights and 10,000-plus hours of service from our volunteers. No positive COVID-19 cases and no COVID-19 related illnesses.

With the current rise in outbreaks of the more contagious Delta variant, we remain acutely aware of the continuing unmet needs of our citizens who are experiencing homelessness.

PVH was able to quickly pivot our operations at the onset of the pandemic to adopt sound public health protocols, including educating clients, training staff and adding robust cleaning and social distancing practices. Through these efforts along with a new partnership with Portsmouth's Sheriff Michael Moore and his Team, we have been able to continue our efforts to shelter our most vulnerable during this public health disaster event.

When people know they have a place to lay their heads, (housing first approach) they can focus on rebuilding their lives. Working with other partners, several clients have been housed during this time, some have gained employment and others have been able to secure their benefits and maintain medical appointments. We also have also been able to get everyone desiring to do so vaccinated and are awaiting our Boosters.

We could not do this work without our volunteers, nor without your generous donations and caring support. We are thankful for the continued assistance of our "Adopt-a-Week," Host Churches and Community partners. We are additionally grateful to our city leaders who are connected and working to explore better options.

The needs of our brothers and sisters who are homeless have not ended. We are encouraged as future solutions are being considered!

We're always available if you have questions or want to learn more about how things are going.

Yours in service,

Our on-going PVH Service Center and Shelter material donation needs are listed below.

- Thermal Underwear (ladies and men's)
- Razors (Men's & Women's), Body Wash (Men's & Women's, full size), Foot Powder (travel size)
- Hand Sanitizer (large & individual size), Disposable Gloves (non-latex), Toilet paper
- Room Deodorizers (solid), Disinfectant Spray, Bleach (chlorine)
- XL Ziploc bags (10 gallon size), Kitchen Trash bags, Garbage Bags
- Mops / Brooms , Paper towels
- Cleaning Products
 - o Disinfectant Solution
 - o OdoBan
 - o Bathroom Cleaner
 - Scrub Brushes

Note: PVH is a non-profit 501 (c) 3 corporation governed by a twenty-one (21) member independent Board of Directors. Before COVID, PVH provided nightly shelter for homeless persons from mid-November through May each year and provided a twelve (12) month Outreach Service Center where clients could shower, do laundry, receive their mail and use the telephone.

PACMOAA had donated items to this most worthwhile organization since their Executive Director spoke at our meeting in October 2011. Donations have fallen off significantly since the COVID pandemic began versus monthly donations in the past. Every little bit helps!

PACMOAA in SEAMAN'S MINISTRY



Karl Wilson, Bob Brewer, and Hal Hostetler have been busy in visiting ships and accompanying pharmacists to international ships in port to have crew members vaccinated against the covid virus.

The seamen are always highly appreciative.

PACMOAA's CAPT Bob Brewer & COL Hal Hostetler meeting Captain & Crew of the ALBATROSS ISLAND at the loading pier on the Elizabeth River in Portsmouth, VA. April 2021.

CHAPLAIN'S CORNER

A Message for Veterans

By Robert F. Brewer, PACMOAA Chaplin

Veteran's Day is November 11th. It is an important day to honor and show appreciation for the members of our military, past and present. Remember them on this Veteran's Day, and every other day as well. We need to thank all those special men and women who have served our country or continue to serve today. We have an obligation to remember them and pray for their success. Veterans are good, law-abiding Americans. They are the kind of patriots that fly an American flag and give service to others without expecting something in return. These good neighbors we salute and offer a prayer to their honor and sacrifice.

A Prayer for Veterans (by Joanna Fuchs)

Dear Lord,

Today we honor our veterans, worthy men and women who gave their best when they were called upon to serve and protect their country.

We pray that you will bless them for their unselfish service in the continual struggle to preserve our freedoms, our safety, and our country's heritage, for all of us.

Bless them abundantly for the hardships they faced, for the sacrifices they made for their many different contributions to America's victories over tyranny and oppression.

We respect them, we thank them, we honor them, we are proud of them. We pray that you will watch over these special people and bless them with peace and happiness.

THAT'S A WRAP FOR NOVEMBER 2021!
PACMOAA 2021 BALLOT and BIOGRAPHIES on the following pages

PACMOAA 14 November 2021 election Ballot

Download your ballot. Select **enable edit** mode. Mark your ballot by typing an "X" in the box next to your choices. To vote for the entire slate 'as is' use **only** the bottom voting line item. To vote for a Write-in Nominee: mark the box as above then type the name of your nominee in next box to the right. **Please get permission from nominee before submitting name**. Change Ballot entries by placing cursor in the box then use delete or backspace keys.

Be sure to save completed ballot. Use "REPLY" email with saved ballot attached. <u>DO NOT USE</u> "REPLY TO ALL." You may also email your completed ballot to <u>thesalute1@gmail.com</u> to arrive NLT 10 November 2021. If you do not use <u>reply</u> mail make sure to return your ballot using your email address on file with PACMOAA (The email at which you receive your copy of *The Salute express*.) You may also print and mark ballot and bring it to the November 12th Dinner Meeting, or mail it to: PACMOAA, PO Box 5353, Portsmouth, VA 23703. Mail it early so it gets to PACMOAA by NOV 10, 2021.

If you experience serious difficulties, download or request another blank ballot and try again, contact Ken App at 757-630-0886 or thesalute1@gmail.com, if you have questions or continue having trouble. After membership verification at PACMOAA and attached ballot saved, no additional ballots from that email address will be processed. You will receive confirmation of ballot receipt.

Mark your ballot by typing an X in the selection box **Positions Open** 1st VP Program Chair **COL Hal Hostetler, USA (Ret)** (vote for one only) Write in Nominee 2nd VP Membership Chair (1 year only) MAJ Sherry D. Ferki, USA (Ret) (vote for one only) Write in Nominee **Secretary (vote for one only)** Vacant Write in Nominee Treasurer CDR Hans Sache, USN (Ret) (vote for one only) Write in Nominee **Board of Directors positions (Vote for 2 only)** 1. MAJ Stephen Watkins, USA 2. Kay Watkins, Spouse of PACMOAA member Write in Nominee Write in Nominee TO VOTE FOR THE ENTIRE SLATE OF CANDIDATES LISTED ABOVE, PLACE X HERE.>

BIOGRAPHIES FOR NOMINEES



1ST VICE PRESIDENT HAL HOSTETLER

Hal was born in South Dakota, but grew up in Portsmouth. He graduated from Cradock High, Moody Bible Institute in Chicago, VMI, and holds Master and Doctorate degrees from The Southern Baptist Theological Seminary, Louisville. Hal's Military background include Active, Guard, and Reserve Army Duty having served with the 82nd Airborne, 4th Infantry in Vietnam, the 101st Airborne at Fort Campbell, and The Army School of the Americas, Panama. He was tactics instructor with the KY Army National Guard OCS for 3 years at Fort Knox, and served Army Reserve tours with SOUTHCOM Panama, and 5th Corps Germany before retiring COL INF in 1998. Hal is a graduate of Army Airborne and Ranger

schools, as well as Command and General Staff College, and the Army FAO course. His military life has been interspersed with service to God as a church minister and missionary having served as a lay leader, ordained minister, and Missionary in Latin America and the Caribbean. Hal has been with PACMOAA since his return to the US in 2003 and has served as Secretary multiple times, member of Board of Directors, Legislative Representative and Legislative Representative Assistant (current position), Assistant VCOC Representative, and President. He has also served as the Nominating Committee Chair for 4 years. Hal is currently active in Calvary Baptist Church as a Bible teacher, men's fellowship leader, and in the music ministry as well as a member of the Tidewater Concert Band, normally performing twenty to thirty times per year. Tidewater Concert Band has performed at PACMOAA's Annual Christmas Gala for many years. Hal plays in the band, sings one or two songs, and recites a stirring rendition of The Night Before Christmas!



2nd VICE PRESIDENT MAJ SHERRY D. FERKI USA (Ret)

Sherry is from Norfolk and graduated from Norview High School. She graduated from an Army Nursing Scholarship program (WRAIN) with a BSN from the University of Maryland and with a MSN from Catholic University of America. Sherry retired after 20 years' service as an Army Nurse in a variety of positions, the last 12 as a pediatric nurse.

After retirement, she started working for EDMARC Hospice for Children for 12 years. Sherry also started teaching pediatric nursing in 1994 and has taught with the nursing programs at Norfolk State University, Louise Obici School of Nursing, the College of the Albemarle in Elizabeth City, Old Dominion University and Hampton University (the Virginia Beach Campus). She recently retired from working with ODU nursing students at CHKD. She has been very active in the local Virginia Nurses Assoc (VNA) serving in a variety of positions over the past

30 years including president and treasurer as well as program chair.

She is currently President of the Hampton Roads Chapter of VNA. Sherry joined PACTROA in 2000, was elected as 1st Vice President a year later and served as PACTROA / PACMOAA President from Jan 2003 to Dec 2006. Then she served as Immediate Past President and 1st Vice President. When Dave Davis, the new President, relocated due to a new job in May 2010, Sherry assumed the Presidency and was elected for an additional two terms for a total of over 9 years as President. After one term as Secretary, she was elected President again in Nov 2016. Sherry has also been the Chair of the PACMOAA Scholarship Committee (Co-Chair for the past 5 years) and coordinated the annual JROTC MOAA medal / certificate awards for the past 20 years. Over the past 3 years, she has been the Chair of the Personal Affairs Committee and is the Acting Surviving Spouse Liaison. Sherry worked closely with Gordon Nelson for over 12 years on the newsletter and was the Interim Editor for about 1 ½ years. She assisted previous longtime Membership Chair, Dolly

Cherrington, for 4 years with the online membership system with MOAA as well as serving as Membership chair for the past year. Sherry was presented with a MOAA Leadership Award by ADM Doran in October 2015 and by Lt Gen Atkins in October 2021. She is a Lifetime member of MOAA and she and her husband Bruce have lived in Portsmouth for 25 years.

TREASURER CDR HANS SACHSE, USN (Ret.)

A native of East Lansing, Michigan, CDR Sachse graduated from undergraduate and graduate school at Michigan State University. Hans subsequently graduated from medical school at the University of Michigan. After initial residency training in general surgery at the University of Missouri-Columbia, he entered the U.S. Navy on the Berry Plan. He served in amphibious forces, first as Medical Officer on the USS DURHAM (LKA-114), participating in Vietnam refugee operations and the evacuation of Saigon. He then served as Medical Officer on the USS NEW ORLEANS (LPH-11), which was the prime recovery ship for the Apollo-Soyuz Test Project, and then as a medical officer at the Marine Corps Recruit Depot in San Diego. He furthered his interest in aviation as a student Naval Flight Surgeon in Pensacola, FL, earning designation as a Naval Flight Surgeon in May 1979. Tours as the fighter flight surgeon on the CARRIER AIR WING TWO (CWV-2) and then as Senior Medical Officer on the USS RANGER (CV-61) followed. He then returned to hospital-based medicine as a resident in radiology at Naval Hospital, San Diego, leading to Board Certification in Diagnostic Radiology in 1990. Tours as a radiologist followed at the U. S. Naval Hospital, Naples, Italy, as Chief of Radiology and Director of Ancillary Services and then Naval Medical Center, Portsmouth, where he was Head of Diagnostic Radiology. He retired from active service in 1997 and has been in private practice ever since. Hans is also involved in teaching radiology residents as an Assistant Professor at Eastern Virginia Medical School. Hans has served as PACMOAA treasurer for the past 10 years and is currently serving in that role.



BOARD MEMBER MAJOR STEPHEN P. (STEVE) WATKINS

MAJ Watkins is an Operational Law and Authorities Observer/ Trainer, and the USTRANSCOM Lead Planner, in the Deployable Training Division, Joint Staff J7 Joint Force Development Directorate. He provides objective analysis to Joint Force Commanders and staff and publishes insights and best practices in order to deliver training through a tailored and focused continuum. Prior to his current assignment, MAJ Watkins was the Deputy Staff Judge Advocate for the 1st Theater Sustainment Command, a 2-star command responsible for providing mission command and operational-level sustainment support to Army, Joint, Interagency, and Multinational Forces throughout the CENTCOM AOR. Steve Watkins, a native of Waxahachie, TX, was commissioned a First Lieutenant in the Judge Advocate General's Corps, US Army Reserve in 2003

and accessed to the active component in 2005.

MAJ Watkins has served in a variety of positions in the JAG Corps, to include deployments in support of Operation Joint Guardian (Kosovo), Operation Iraqi Freedom (Iraq), Operation Enduring Freedom (Afghanistan), Operation Spartan Shield (Kuwait), and the Multinational Force and Observers (Egypt). His major awards include the Bronze Star, Meritorious Service Medal (three bronze oak leaf clusters), Kosovo Campaign Medal, Iraq Campaign Medal, Afghanistan Campaign Medal (two bronze campaign stars), Global War on Terrorism Expeditionary Medal, Global War on Terrorism Service Medal, NATO Medal (bronze service star), Armed Forces Reserve Medal ("M" device and "2" numeral device), and the Multinational Force and Observers Medal. He and his wife, the former Kay Dreyer, a native of Chattanooga, TN, reside in Norfolk.

MAJ Watkins joined MOAA in 2008 and became a PACMOAA member in April of last year. He attended his first in person PACMOAA meeting in May and he and Kay were able to join us for our Annual Joint Brunch in July.



BOARD MEMBER KAY DREYER WATKINS

Kay Dreyer Watkins is a native of Chattanooga, TN, where her parents still reside. Kay received her B.S. in Business Management from the University of Tennessee at Chattanooga, her M.A. in Christian Education from The Southern Baptist Theological Seminary in Louisville, KY, and her M.S. in Family Studies from the University of Kentucky. Kay is a Clinical Fellow of the American Association for Marriage and Family Therapy and an Associate Member of the American Psychological Association. Kay is a Licensed Marriage and Family Therapist, being licensed in Virginia and Kentucky. She is also a Board Certified-TeleMental Health Provider and a Certified Daring WayTM Facilitator (CDWF).

Kay opened her own practice in 2013 in Northern Virginia, then relocated to Elizabethtown, KY when Steve PCS'd to Fort Knox. At that time, she continued

seeing clients face-to-face but began a telehealth practice with some of her previous clients. In 2018, she transitioned to full-time tele-mental health practice when she and Steve moved to Suffolk. The onset of the pandemic in early 2020 caused people to become more comfortable with online activities in general, and Kay's practice grew substantially.

Kay has been an Army Spouse since 2003, living in Fairbanks, Alaska (Fort Wainwright); Watertown, New York (Fort Drum); Alexandria, Virginia (Fort Belvoir); Elizabethtown, Kentucky (Fort Knox); and Norfolk, Virginia (JCS Suffolk, TRADOC Fort Eustis). While at Fort Drum, Kay completed her licensure requirements working at the Fort Drum Family Life Chapel, serving Soldiers, Military Families, civilians, and government contractors. She then worked as a Military Family Life Counselor (MFLC) at Fort Drum. She has been married to Steve Watkins, currently an active duty Army Judge Advocate, since 1996.

Kay and Steve have bought their "forever home" in Norfolk and she if finding ways to integrate into the great Hampton Roads community while exploring the area. As she is preparing for Steve's retirement from the Army, Kay is looking forward to a future with no more PCS's!