

## Giving

The season of giving is here and

Instead of giving so many material gifts lets give a gift that can really benefit. Service to someone in need

Taking time out of our busy schedules to talk to others, smile and greet.

Be a friend, And listen as others speak, we can learn so much from paying attention. It seems hard in this fast paced world to not want to instantly throw our opinions on those around us. I ask you to find someone and just listen, then go home and ponder another's perspective. As humans we change and think on many different levels, eventually all will go through similar experiences in life, but not always through the same pace and path.

We need to fill our world with compassion and peace. Just imagine having a conversation with Jesus, Buddha or any of the Now acclaimed great spiritual leaders of time. You would listen and feel blessed at the opportunity to learn from them. And I say now because obviously they were not treated well at their time of life, it's always after death that we can see greatness in others. Why wait? Take time out of your day to be with your thoughts or even the thoughts of others, meditate in some way. We can be great now!

Lets show our spiritual leaders that we learned from them.

Help others so they can help themselves, please don't be so quick to pass judgement on another. As I've said many times, only God can judge us.

Be a Teacher, not a dictator.

Volunteer your time to someone in need, even for an hour without any expectations of your service being noticed or glorified. Go through your home and clean out What you do not use, no matter what it is and Donate

It. Remember also your family. We do not always get along with our families, yet we share the same genes. Don't cast stones, because none of us live in glass houses!

And give to your own health and well being take care of yourself so you have the ability to take care of others.

With Peace and Blessings,

Namaste,

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