



# SALT AND LIGHT



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## Sports



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### Volleyball Championship: Lady Gryffindor Humbles Musketeers to Secure Gold



# Growth Without Compromise:

**On the increasing population of LIIFI community**



As the academic year unfolds, Lord Immanuel Institute Foundation Incorporated (LIIFI) finds itself at the cusp of a significant demographic shift. The halls once bustling with familiar faces now teem with a new wave of students, a testament to the school's growing popularity and reputation for excellence. While this surge in enrollment signals a vibrant and thriving community, it also underscores the pressing need for increased capacity and resources to accommodate the expanding student body.

LIIFI's burgeoning student population is undoubtedly a reflection of its success in providing quality education and fostering a supportive learning environment. With each passing year, the school attracts a diverse array of students, drawn by its academic programs, extracurricular activities, and vibrant campus culture. This influx of students not only enriches the school community but also reflects its growing influence and standing in the educational landscape.

However, with growth comes challenges, and LIIFI is not immune to the strains of an expanding student population. The surge in enrollment has placed unprecedented demands on the school's infrastructure, resources, and faculty. Classrooms once spacious now feel crowded, resources stretched thin, and teachers overwhelmed by the sheer volume of students under their care. As the student-to-teacher ratio climbs, concerns about individualized attention, academic support, and overall quality of education loom large.

In the face of these challenges, LIIFI must proactively address the needs of its growing student population to ensure that no one—students, teachers, or the integrity of education itself—is compromised. This requires a concerted effort to invest in infrastructure upgrades, expand facilities, and recruit and retain qualified faculty members. Moreover, it necessitates a commitment to fostering a culture of inclusivity, innovation, and academic excellence that empowers every student to thrive and succeed.

The rising tide of LIIFI's growing student population presents both opportunities and challenges for the school community. As the institution navigates this period of transition, it must remain steadfast in its commitment to providing a transformative educational experience that prepares students for success in an ever-changing world. By investing in its people, programs, and infrastructure, LIIFI can ensure that its growing community continues to flourish and thrive for generations to come.



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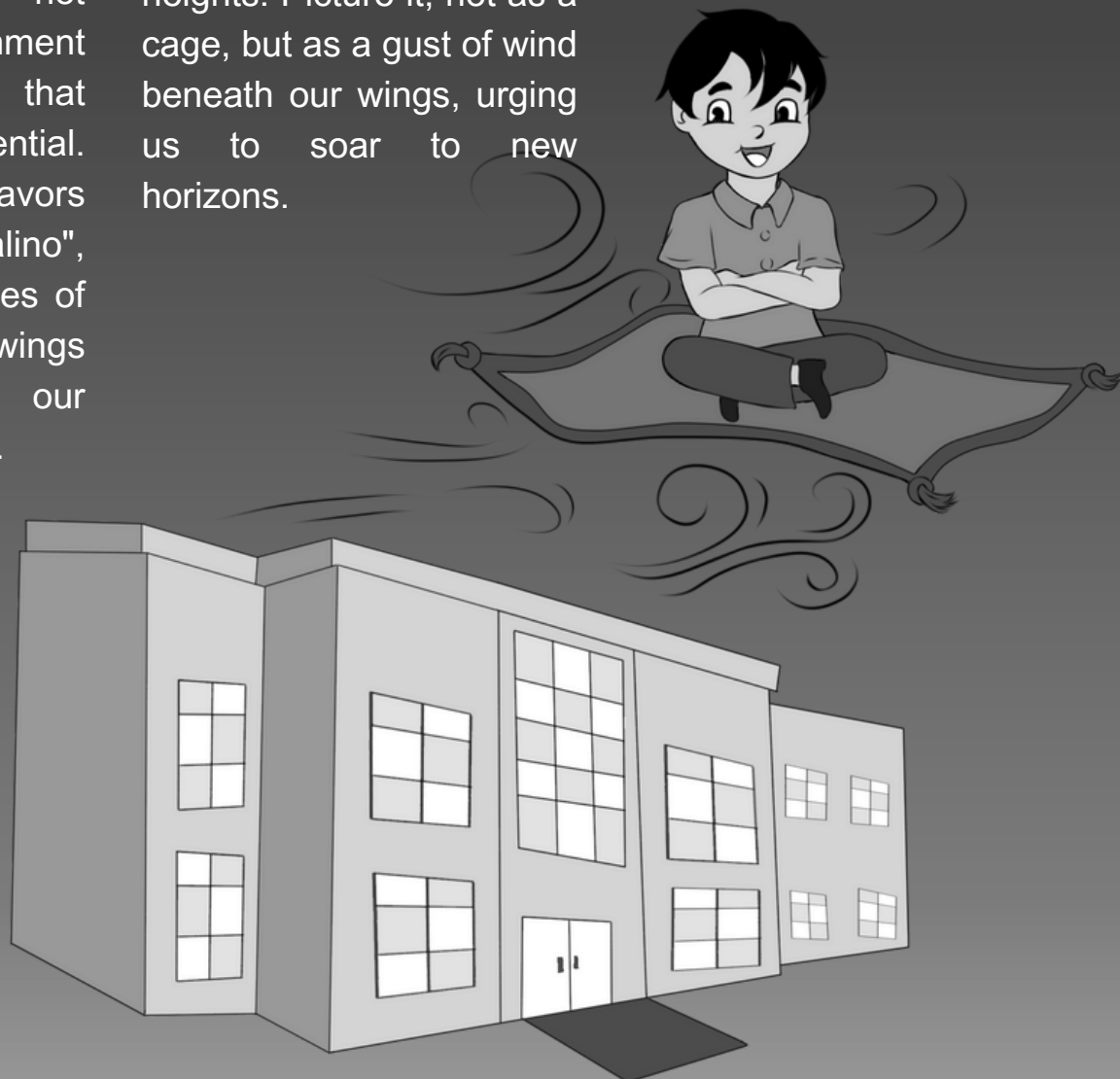
# The Allegory of a Classroom

*In the confines of a four-cornered structure, does learning truly find its limits?*

We were often told that knowledge bestowed upon us within the classroom walls only stretches so far. The constant barrage of rhetoric tells us that classrooms are not vessels of enlightenment but rather cages that shackle our true potential. Life, they argue, favors "diskarte" over "talino", and within the confines of those four walls, our wings are clipped, and our aspirations are stifled.

But what if, in this seemingly restrictive space, there exists a force more potent than confinement? What if the classroom is not just a building but a wind—a strong one at that? If harnessed skillfully, it possesses the power to propel us to unparalleled heights. Picture it, not as a cage, but as a gust of wind beneath our wings, urging us to soar to new horizons.

Just once, climb over that rock and tiptoe with every ounce of your strength. Can't you see them? They are not the least bit confined, let alone caged. They fly. With the four-cornered classroom as their wind, watch them soar.



## A Celebration of Gratitude: LIIFI Honors Teachers' Day with a Blast

Every year, on October 5, students dedicate a day to honor their teachers and their hard work. Celebrating Teachers' Day in LIIFI has prevailed for the past few years and has become a tradition for the school to celebrate.

This year, with the help of the current president of Servant Leaders for Christ, Roland Gayeta, and other student council members, LIIFI enjoys Teacher's Day with a smile. The program started with worship songs and Gospels from Pastor Custodio. Mrs. Amparo, the school's former principal also shared some few words of wisdom that made the event remarkable. It was then followed by a dance intermission from the Dance Ministry



Committee and some members of the MAPEH CLUB. Musical performances from students were then appreciated by the crowd. Talented poets from Young Language Community Club showed off their spoken poetry skills and each word was dedicated to their beloved teachers.

The fun began when the games started, smiles were evident on the faces of the faculty as they played the games and won some prizes. The excitement was amplified as they participated in the raffle event where the prizes were gifted by some students.

Certificates of appreciation were then handed out to each teacher which was led by the SLC president, Mr. Gayeta, and their Adviser, Mrs. Helen Gonzales. The program ended with the remarks of Mrs. Jackielou Ramos, the current principal of LIIFI.

To document and preserve this year's Teachers Day, the student council decided to open up a photo booth for students and teachers. The celebration ended with pictures of teachers and students, and their preparation for the upcoming intramurals. It was a remarkable day for the whole school as they celebrated a day of appreciation for the teachers' hardships and their dedication to sharing knowledge and wisdom with their students.

## New Classrooms Introduce Learning Possibilities of LIIFI Students to Further Heights

As LIIFI stands at the crossroads of academic evolution, the construction of new classrooms assumes paramount importance. These state-of-the-art facilities will not only provide students with modern learning spaces but also foster an environment conducive to intellectual exploration and innovation. Amidst the challenges facing the education sector, LIIFI remains steadfast in its resolve to fortify its foundations and uphold the principles of academic freedom and excellence. The construction of new classrooms

represents a tangible manifestation of LIIFI's commitment to nurturing a vibrant learning community. By investing in cutting-edge infrastructure, LIIFI aims to create a dynamic educational environment that empowers students to excel academically and contribute meaningfully to society. As the school continues on its journey of educational excellence, the construction of new classrooms serves as a testament to LIIFI's unwavering dedication to providing students with the tools and resources they need to thrive in an ever-changing world.



In a significant move aimed at shaping the future of education, LIIFI has embarked on the construction of new classrooms. This transformative initiative underscores the school's commitment to enhancing its academic landscape and ensuring students have access to cutting-edge facilities. The decision to invest in new infrastructure goes beyond mere expansion; it represents a strategic investment in the intellectual development and growth of LIIFI's student body.



## Joyful Jingles and Festive Fun: LIIFI Rings in the Holidays with Heartwarming Christmas Celebration!

The festive atmosphere of Christmas permeated the school grounds of LIIFI as it kicked off its Christmas celebrations with an array of competitions. Enthusiastic students from grades 7 to 10 showcased their dancing prowess in a spirited dance competition, while senior high school students engaged in the creative challenge of the Parol Making Competition.

On December 14, 2023, the highly anticipated performances took center stage, emceed by grade 12 STEM students, Grant Blessing Perez and Miss Ivy Keith Abarico. The junior high school department captivated the

audience at 8 am with lively dance numbers, evoking cheers and applause. Despite occasional interruptions by rain, the students remained undeterred, showcasing their talents and dedication. The program also featured endearing performances by nursery students and their parents, adding a heartwarming touch to the festivities.



Simultaneously, senior high school students, displayed their craftsmanship in the Parol Making Competition. Using recycled materials, the students exhibited creativity and teamwork in their unique parol designs, each adorned

with vibrant ornaments and distinct styles.

The day concluded with the announcement of winners. In the dance competition, Grade 9 Isaac secured the championship, and Grade 8 Luke, Grade 7 Matthew, and Grade 10 Moses took the first, second, and third runner-up positions. In the Parol Making Competition, Grade 10 Joshua emerged as the champion, with Grade 12 HUMSS, Grade 10 David, and Grade 11 STEM as the first, second, and third runner-ups. Students departed with cherished memories and a joyful holiday spirit.

## Intramurals 2023: Natural Interferences Shifts LIIFI's Plans for the Sports Events

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The nice weather was then shifted into a moody one, interrupting the performances of this year's candidates for LIIFI's Mr. and Ms. Intramurals. Despite such instances, the program went well, and everyone performed successfully until the afternoon.

The following day of the school's sports event was again interrupted by a strong earthquake. Students who barely started playing were disappointed when the games were postponed. The students were instructed to go to their homes as per the LGU's memorandum. PHIVOLCS announced that the earthquake had a magnitude of 5.0 where it struck 14 kilometers southwest of Calaca City, Batangas, and occurred at 8:24 a.m.

# Values Formation and Spritual Enrichment Seminar: The Transformational Journey

In today's bustling and hectic world, where the pursuit of success often overshadows personal growth, Values Formation and Spritual Enrichment beliefs helps to enrich every individuals to make their behaviors more better. Seminars stand as sanctuaries for individuals seeking inner fulfillment, ethical, and spiritual development.

Values Formation and Spritual Enrichment allows people to look deeper within themselves to better discern the voice of God and one's role in this world. It allows each and everyone to learn more about the world of God and enhance their knowledge, enhance their connection, and gives us connection that shape our beliefs, behaviors, and understanding of meaning and purpose in life. Spritual value is a moral value that promote harmony between the individual and others. Moral values are the guiding principles that dictate the choices people make and how they behave in everything that they do. There are many different spritual and moral values that are important for human beings.



Values and Spritual enrichment helps people, it serves as a guide for human behavior. Generally, people are predisposed to adopt the values that they are raised with. These seminars serve as catalysts for personal growth, offering participants a profound journey towards self-discovery, values alignment, and spritual enrichment. They are immersive experiences that delve deep into the realms of personal ethics and spritual awakening.

At the core of these seminars lies a rich tapestry of teachings and activities aimed at nurturing values and enriching the spirit. They encompass diverse themes, from mindfulness practices to ethical decision-making, providing a holistic approach towards inner transformation and behaviors of every students and human beings.

Structured sessions, interactive workshops, and contemplative exercises form the backbone of these seminars. With the help of this it determines how we should act right. Each element is meticulously

designed to evoke introspection, inspire self-awareness, and foster a sense of interconnectedness among attendees. Renowned experts and spritual leaders often grace these seminars, sharing wisdom, guiding introspection, and offering tools for personal growth. Their influence catalyzes the transformative journey embarked upon by the participants. Values and Formation and Spritual Enrichment Seminar happen in Lord Immanuel Institute Foundation Incorporated this happen in school conference room at 8:00 am, September 22, 2023 the leaders of this seminar are Sir Leonilo Fosana, Patrick Von Fallaria they give all their best for every students of Lord Immanuel to enhance their knowledge and understand about their values and spritual beliefs, how will they enhance their knowledge about the word of God and how will they change their behaviors and bad doings. They helped students to realize and make their behavior and every decision in life even better. Beyond the seminar's conclusion, the impact endures. Participants or students



carry forth the lessons imbibed, leading to profound changes in their attitudes, behaviors, and relationships. These seminars sow the seeds for continuous self-improvement and ethical living. To enhance their knowledge and behaviors. The Impact and Long-Term Effects is beyond the seminar's conclusion, the impact endures. Participants carry forth the lessons imbibed, leading to profound changes in their attitudes, behaviors, and relationships. These seminars sow the seeds for continuous self-improvement and ethical living. In Practical Takeaways participants don't merely gather insights but leave equipped with practical tools to navigate life's complexities. From mindfulness techniques to ethical frameworks,

these tools become integral in their day-to-day lives. This seminar will absolutely helped each and every students. Your words become your actions, your actions become your habits, your habits become your values, your values become your "destiny" this quote should people keep in our mind. Values Formation and Spiritual Enrichment Seminars transcend the traditional idea of learning; they embody a transformative odyssey.

They serve as beacons of hope, guiding individuals towards inner fulfillment, ethical living, and a deeper connection with themselves and the world. It help to determine what a person prioritizes, who they want to be, how they live their lives and how they interact with their community.



The importance of teaching moral values to students should begin right at home and from the very beginning. Parents should also must take charge in shaping their kids' life at early stages. Learning and Enriching Values and Spirituality provides you with a feeling of accomplishment; it allows us to feel prepared to take on new challenges and explore different things. Continuing to learn this helps us to build confidence encourages a growth mindset, emphasizing that intelligence and abilities can be developed through effort, perseverance and embracing challenges.

*“your words become your actions, your actions become your habits, and your habits become your values...”*



## LIIFI's Servant Leaders Council (SLC) Joins Lobo Foundation Celebration - Alay Lakad 2023

In a vibrant display of solidarity and community spirit, LIIFI's Servant Leaders Council (SLC) took center stage during the recent 152nd Lobo Foundation Celebration - Alay Lakad 2023. On September 26, 2023, SLC members marched proudly alongside Lobo's municipal leaders and local government officials, becoming an integral part of the town's cherished tradition.

As the procession wound its way through the bustling streets of Barangay Poblacion, the SLC officers and Alay Lakad Volunteers were met with warm greetings and smiles from their fellow Lobo kababayan. The air was filled with an atmosphere of camaraderie and shared purpose, underscoring the deep-rooted bonds that define the Lobo community.

For LIIFI's SLC, participating in the Alay Lakad 2023 was more than just a symbolic gesture; it was a tangible expression of their commitment to service and civic engagement. Through their active involvement in this time-honored tradition, they embodied the values of leadership, empathy, and community building that lie at the heart of LIIFI's educational philosophy.

The event served as a powerful reminder of the transformative potential that emerges when individuals come together in pursuit of a common cause. As the echoes of the celebration reverberated through the streets, it was evident that the spirit of unity and solidarity embodied by LIIFI's SLC had left an indelible mark on the fabric of the Lobo community.

In the midst of the festivities, the Alay Lakad 2023 underscored the timeless truth that true progress is forged not in isolation, but through collective action and shared purpose. As LIIFI's SLC continues to lead by example, their participation in events like the Lobo Foundation Celebration serves as a beacon of hope and inspiration for generations to come.



## THE ACADEMIC WORLD

Some say school is as easy as the water  
flows,  
But is it really how it shows?

Students bargain and yearn for a peace of  
mind,  
But isn't it the same for the teachers who'd like  
to also unwind?

But then again, we need to work hard for  
something,  
Not just praying and yearning for a thing.

School can be pretty tough,  
Yet students still manage to push through

## LIFE OF A CHRISTIAN

A Christian life is not as easy as it goes,  
Never forget hardship always visits every foe.

But do not fear, as God's guidance will always  
comes through,  
Just as swiftly as the wind comes to you.

Every command shall thy be your mission,  
As He always set His mind on what He already  
envisioned.

"Go therefore and make disciples" as He said,  
Let us Christians follow as God leads us  
ahead.

## A FATHER'S LOVE

Love Is Forever ever-lasting,  
Even when we ask God's love,  
Love shall forever live for eternity.

Love is Forever Ever-growing,  
Even when we growing old,  
Love will Grow up within us.

Love is Forever Ever-powerful,  
Even when everything else Fails,  
Love will push us forward.

Love is Forever Ever-merciful,  
Even when we fall into temptation,  
Unconditional God's love shall forgive us.

## GOODNESS IN HIM

His Grace ends not as we're saved,  
but continues in the life He paved,

A life for each and every one of us,  
who in Christ Jesus put their trust.

Grace points to the goodness of God,  
across the many lands we trod,

This so others can come to know,  
The Lord above who loves them so.



# BEHIND A STUDENT- JOURNALIST'S PIECE

Aren't you curious how journalists write their literature? Well you're in good luck! Let me tell you how I wrote a poem for the Salt and Light Newspaper. To be honest, I don't have that much experience when it comes to writing poems, since I was only taught how to write editorial and feature. Thus, this did not necessarily mean that it should stop me. The first thing I did was to research how to write a poem and the fundamentals of it. Although I researched hard and thoroughly there was something missing, that something was the lack of motivation and inspiration. I could not write a single poem because of it, I tried every single topic I could do but there was none. But there was only one topic that I could write with compassion and motivation, it was about God's greatness and love. It was like I could write hundreds of poems about Him and never run out of ideas. Ideas and words popping in my head from time to time as the tick of the clock goes by. I could not forget my first experience writing a poem. My anxiousness and nervousness was spreading all over my body as I was about to submit my first draft as a new journalist in Lord Immanuel. But to my surprise it was received well and even got praise for it. My journey as a first timer Literature Editor was a bumpy road at first, but time will only tell how it will end. Truly, His guidance and love will always prevail. "Trust in the LORD with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight" Proverbs 3:5-6

## Volleyball Championship: Lady Gryffindor Humbles Musketeers to Secure Gold

In a gripping volleyball showdown, two determined teams clashed on the school ground, showcasing their skills and tenacity. The Maroon Team narrowly clinched the first set 25-14, setting the tone for an intense match. The Yellow Team fought back fiercely, securing the second set 23-25. In a nail-biting final set, the Maroon Team emerged victorious with a 15-6 win. The match was a testament to the competitive spirit and sportsmanship of both teams, leaving fans with a thrilling volleyball experience.

# Saviors Strike Gold, Dominating Takraw District Meet Championship



In a thrilling sepak takraw match held on November 17, 2023, at the basketball court in Brgy. Tayuman (Mailiw), Lord Immanuel Institute Foundation Incorporated (Saviors) faced off against Masaguitsit Banalo National Highschool (Soaring Eagles). Led by Coach Mrs. Sharon P. Rodolfo, the Saviors displayed unwavering determination, drawing excitement from fans packed into the stands. From the onset, it was clear this was not an ordinary contest. The Saviors, guided by star player Aldrick Amboy, showcased impressive skills, while the Soaring Eagles responded with equal intensity. The match saw lightning-fast reflexes, precision kicks, and remarkable teamwork, with the Soaring Eagles narrowly claiming the first set. As the game progressed, LIIFI demonstrated tactical prowess and determination, eventually securing victory with a final score of 2-1. Celebrations echoed around the court as fans cheered for the team's commitment and sportsmanship. The match showcased the power of teamwork and the spirit of competition, leaving a lasting impression on spectators.



## Evergreens reigns over Blue Rays Master, 97-77

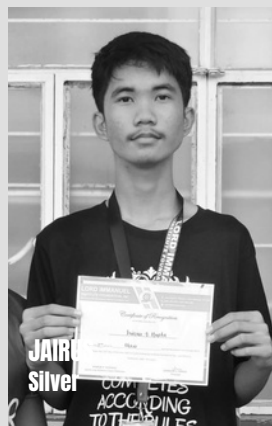
During a thrilling basketball match at LIIFI, the Green team triumphed over the Blue team in a 97-77 victory. Star player Aldrick Amboy led the Greens with impressive three-pointers and strategic plays. Meanwhile, Daniel Bagsic showcased exceptional skills for the Blues. The game, filled with intense moments and deafening cheers, kept spectators on the edge of their seats. Ultimately, the Green team's sharpshooting secured their victory in this memorable LIIFI Intramurals showdown.

# SPORTS BULLETIN



## Lobo District Meet 2023

District pride, collective stride—making memories that bind. Each schools sends its best athletes to participate in the event in which they have been—training. Bringing other groups from a certain district together to socialize, exchange stories, and take part in various activities is frequently the goal. Beyond boundaries, within our district—where excellence meets community. In the heart of district, we find unity and strength.





# SALT AND LIGHT

## SCHOOL EVENTS ACROSS THE MONTHS

