



***ACTION PLAN FOR FLAGSHIP TEAM***  
**S.Y 2022-2023**

AREAS OF CONCERN	OBJECTIVES	STRATEGIES/ ACTIVITIES	TIME FRAME	RESOURCES			FUNDING SOURCE	EXPECTED OUTCOME
				Fund	Human	Materials		
<b>SPORTS &amp; ATHLETIC TEAM</b>	1. To ensure player and coaches in their training to develops and maintain the specific skills and fitness of the player they require for their sport.	1. Through trainings the players will follow each work- out routine on learning, practicing and mastering the basic skills of sport is one of the foundations of coaching, sports performance and athletic training.	Year Round	P 5,000	Teachers Students Principal DepEd Officials	Sports Equipment	School Fund, Stakeholders, Missionaries and Donors from Alumni	1. The players and coaches are mentally and physically assist in their sport to grow socially and emotionally through the use of positive feedback and timely sensitive communication with each student-athlete in the activity that coaches will attempt to promote school spirit, team spirit, and cohesiveness.

	<p>2. To develop student's psychomotor skills and fine-tune motor skills with coordination, movement, strength, dexterity, grace, and speed, and also find healthy outlets for energy.</p>	<p>2. Coordinate the teachers with the following activity:</p> <ul style="list-style-type: none"> <li>• Jumping</li> <li>• Throwing</li> <li>• Running</li> <li>• Galloping</li> </ul> <p>3. Create comprehensive strength and conditioning program that prepares athletes for and sustains them through their competitive seasons.</p> <p>4. Ensure proper nutrition and effective support for athletes' physical and mental</p>						<p>2. The players increase engagement by providing their opportunities to interact socially with their peers, which fosters a sense of belonging, positive mental health, and greater engagement in both academic and non-academic activities.</p>
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		health to facilitate competition at the highest level							
	3. Develop sportsmanship among students through athletic events	5. Integrate values formation among the athletes and ensure that the focus is on learning important skills both on and off the field while also working towards a common goal.							3. The player understand and commitment to fair play, ethical behavior and integrity, and general goodwill toward an opponent.
	4. Bring out well-trained athlete	6. Attendance to sports clinic and being committed (give a full effort to improve							4. Produce athletes for higher level competition equipped with Christian values



		everyday), respecting the game, opponents, themselves, and having a positive attitude.						
	5. Accentuate spiritual formation in athletic activities	7. Execute try- outs for student in different sports event and paying attention to God's presence in sports has worshipful implications for the sportsman Soul training entails developing experiential knowledge of God by spiritual						5. Hopefulness. If there is one thing that spirituality can add to our life it is a sense of hope, optimism, compassion and understanding sense of purpose meaning inspiration, appreciation and Peace of mind.



		development						
	6. Build and instill the value of characters, integrity and leadership among athletes.	8. Conduct spiritual formation/re treat in selected athletes to build character through positive coaching in creating a team-oriented mindset; coaches, coach teams, not just players.						6. The player being compassionate, honest, or fair, moral character speaks to an athlete's personal values.
	7. Designate Sports Chaplain	9. Sports chaplain has been selected that providing guidance and discipline to athletes.						7. A sports chaplain provides pastoral care for the sports community, including athletes, coaches, administrators and



								their families.
	8. Provide quality, advance and equitable sports training to all students athletes.	10. Conduct practice and trainings related to the sports being participated by the athletes						8. The players develop many of the social skills they will need for life. It teaches them to cooperate, to be less selfish, and to listen to other player. It also gives a sense of belonging. It helps them make new friends and builds their social circle outside school.
	9. Good stewardship of the sport equipment	11. Execute proper training to all student athletes with the help of the coaches						9. Equipment that is not maintained drastically increases the likelihood of injuries. By having a proper maintenance routine, you ensure that your fitness facility is operating safely. Consistent safety checks will also bring any small issues with your machines attention.



	10. Develop conducive environment place for equitable training	<p>12. Record the list of players (e.g. basic information, win or lose, etc.)</p> <p>13. Make an inventory of sports equipment</p> <p>14. Find place where the training can be executed very well.</p>						10. Engaged training environment increases students' attention and focus, promotes meaningful training experiences, encourages higher levels of student performance, and motivates students to practice higher-level critical thinking skills.
	11. Develop scholar-athletes and leaders for the future	<p>15. Expand leadership development programs to prepare athletes for competition and life beyond athletics.</p> <p>16. Inspire academic excellence by connecting</p>						11. The students scholar –athlete are physically, intellectually, and emotionally committed to high-level achievement in both their academic and sport endeavors. They will develop integrated skills like teamwork, a strong work ethic, commitment,



		<p>faculty and athletes and celebrating the intellectual and athletic achievements of our students.</p> <p>17. Develop more engagement opportunities for athletes on school.</p>							<p>leadership, time management, and physical and emotional health.</p>
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