

2024 Georgetown Rec Center Personal Training Rates w/ Karin Taylor

*R=Resident (inside Georgetown City Limits)

	30 Minute Sessions		60 Minute Sessions			Pairs-2 People	Group=3-4 People
	5 Pack-30 mins (R)	10 Pack-30 mins (R)	1 Hour (R)	5 Pack-1 Hour (R)	10 Pack-1 Hour (R)	5 Pack-1 Hour Pairs (R)	5 Pack 1 Hour Group (R)
Price/Total Package Price	\$225.00	\$450.00	\$60.00	\$275.00	\$550.00	\$250.00	\$225.00
# of Sessions	5	10	1	5	10	5	5
Cost/Session/Person	\$45.00	\$45.00	\$60.00	\$55.00	\$55.00	\$50.00	\$45.00

*NR=Non-Resident (outside Georgetown City Limits)

	30 Minute Sessions		60 Minute Sessions			Pairs-2 People	Group=3-4 People
	5 Pack-30 mins (NR)	10 Pack-30 mins (NR)	1 Hour (NR)	5 Pack-1 Hour (NR)	10 Pack-1 Hour (NR)	5 Pack-1 Hour Pairs (NR)	5 Pack 1 Hour Group (NR)
Price/Total Package Price	\$275.00	\$550.00	\$70.00	\$325.00	\$650.00	\$300.00	\$275.00
# of Sessions	5	10	1	5	10	5	5
Cost/Session/Person	\$55.00	\$55.00	\$70.00	\$65.00	\$65.00	\$60.00	\$55.00

Sessions/Packages have a Six (6) month expiration date from the date of purchase.

*Clients must provide a minimum of 24 hours' notice to cancel or reschedule a training session.

*If a client cancels or reschedules a session with less than 24 hours' notice, the session is considered a "late cancel" and is charged at the full rate.

**Clients can pay their Rec Center Personal Training Fees by calling (512) 930-3596 or visiting the Georgetown Rec Center (1003 N. Austin Ave.)

***Please note that Personal Training Rates are only for either 30 or 60 minutes of in person personal training sessions and do NOT include a detailed program or workouts for the client to do on his/her own.

***Clients who wish to receive workouts to do on their own and/or a detailed custom training program, a monthly online training program + coaching,

a monthly online nutrition program, or a combination package must purchase these separately and are purchased directly through Karin Taylor.

*Clients may find the most value by investing in a hybrid training model, which combines the best of in person personal training sessions as needed with a one time program or a monthly online training program/nutrition coaching.

***Program fees are paid directly to Karin Taylor. Forms of currently accepted payments: Venmo, Zelle, Cash, or Checks.

***Program fees are separate from and in addition to the personal training fees paid to the Georgetown Rec Center.

2024 Program Fee Rates for Georgetown Rec Center Clients w/ Karin Taylor

<u>One Time Fee Training Program</u>		<u>Online Training Program + Coaching</u>	<u>Online Nutrition Plan Coaching</u>	<u>Online Training Program + Nutrition Plan Coaching Program</u>
\$100.00				
	4 Weeks	\$200.00	\$200.00	\$350.00
	8 Weeks	\$375.00	\$375.00	\$675.00

* Please note that One Time Fee Training Programs do NOT include any updates or weekly checkins.

* Monthly Programs and Coaching have a variety benefits and set clients up for long term success.

**Please visit the following link for more information regarding rates, program inclusions, benefits, and how to get started today!

http://www.myhighoctanetraining.com/georgetown_rec_center_clients_and_services