Meeting People for the First Time

First Impressions

Do you like meeting new people? What do you talk about? Usually we want to know about the person, so we ask questions. For example, Where are you from? What do you do? What do you like to do in your free time? Then, we listen to their answers. However, before we speak to someone, we often decide things about that person. For example:

1. TRUST - First, we think about trust. Can we trust this person? We trust people who smile. We don't often change our first opinions about trusting people.

2. INTELLIGENCE - How intelligent is this person? We often decide very quickly. Do they look at you when they talk to you? Usually, people like eye contact. People think "this person is intelligent." Also, do they wear glasses? We think people who wear glasses are clever.

3. SUCCESS - How successful is this person? Do they wear expensive, brand name clothes? Do they wear suits specially made for them? If they do these things, we think that they are successful. People think that having expensive clothes equals success.

4. PERSONALITY - People also judge the way we move. We think that people who walk in a relaxed way are adventurous and friendly. We think that people who walk in a quick, stiff way are nervous and not friendly.

How do you make a good first impression? Smile, make eye contact, and do not move around when talking? Of course, the best way to understand someone is to talk to them.

1. How do you judge people before you speak to them?

2. After the first time you talk to someone, what do you talk about?

3. What is important to you to make friends?