

# **“BLESSED ARE THE MEEK”**

## **Kingdom Upside Down—Part 4**

February 8, 2026

**Matthew 5:5** —“Blessed are the meek, for they will inherit the earth.”

### **What it means to be meek:**

#### **What meekness is not:**

1. Meekness is not \_\_\_\_\_.
2. Meekness is not \_\_\_\_\_.

#### **What meekness is:**

Meekness is not being overly impressed by a sense of one's self-importance, but gentle, humble, and meek.

Meekness describes those who do not assert themselves over others in order to further their own agendas in their own strength.

#### **Meek in our relationship to God:**

#### **Meek in our relationship to others:**

## How the meek are blessed:

Matthew 5:5 (Emp. Added) —“Blessed are the meek, for they will **INHERIT THE EARTH.**”

### What Jesus means by “inheriting THE EARTH:

(Reference: Psalm 37, Galatians 5:20)

## Our Response:

1. Receive this beatitude as a \_\_\_\_\_ .
2. Continually \_\_\_\_\_ in this virtue.
3. Recognize your need for \_\_\_\_\_ .

## FAMILY FOCUS:

1. In what ways have you seen the fruit of the Spirit—specifically meekness—grow in your life? Are there areas where you struggle to see this fruit?
2. What are some practical ways you can cultivate gentleness and meekness in your daily life, especially when dealing with people who have wronged you?
3. What do you most desire about the New Heaven we will one day call home?