

"BLESSED ARE THOSE WHO MOURN"

Kingdom Upside Down—Part 3

February 1, 2026

Matthew 5:4 —"Blessed are those who mourn, for they shall be comforted."

What it means to mourn:

1. It does not mean, "Blessed are the spiritually _____."
2. It does not mean, "Blessed are those with an absence of _____."
3. It does not mean, "Blessed are those who never experience any _____ in this life."
4. It does not mean, "Blessed are those who mourn over _____ in this life."

MOURNING = Profound, heart-gripping sorrow or deep anguish.

What it means to be blessed:

Matthew 5:4 (Emp. Added) —“Blessed are those who mourn, for they shall be **COMFORTED**.”

The three tenses of God’s comfort:

1. The Father’s comfort relates to the _____ .
(Reference: Isaiah 61:1, 40:1)

2. The Father’s comfort relates to the _____ .
(Reference: Psalm 32:5, I John 1:9)

3. The Father’s comfort relates to the _____ .
(Reference: Revelation 7:14-17, 21:3-4)

Our Response:

FAMILY FOCUS:

1. What does it mean to “mourn over the power of sin” in our lives, and how does this differ from simply feeling guilty?
2. In what ways might we be tempted to ignore, excuse, or minimize our sin? How can we guard against this in our lives?
3. How can the assurance of God’s presence, peace, and eternal belonging change the way we respond to our sin?