

HE RESTORES MY SOUL

Living in the Goodness of God – Part 3

November 15, 2020

Psalm 23:2-3 (NKJV) - "He makes me to lie down in green pastures; He leads me beside the still waters. ³He restores my soul."

REASONS WE DO NOT RELAX

1. _____ .

Ecclesiastes 10:15 (GN) – "Only someone too stupid to find his way home would wear himself out with work."

2. _____ .

Proverbs 23:4-5 – "Do not wear yourself out to get rich; do not trust your own cleverness. ⁵Cast but a glance at riches, and they are gone, for they will surely sprout wings and fly off to the sky like an eagle."

3. _____ .

Ecclesiastes 4:4 – "And I saw that all toil and all achievement spring from one person's envy of another. This too is meaningless, a chasing after the wind."

4. _____ .

Ecclesiastes 6:7 – "We do all our work just to get something to eat, but we never have enough."

Psalm 127:2 (GNT) - "It is useless to work so hard for a living, getting up early and going to bed late. For the Lord provides for those he loves, while they are asleep."

BIBLICAL KEYS TO RELAXING

1. Acknowledge our _____.

Ephesians 2:10 (Emphasis added) – “For we are God’s HANDIWORK, created in Christ Jesus...”

It is not what I DO that gives me worth, but whose I AM.

James 1:18 – “Of His (God’s) own will He brought us forth by the word of truth, that we might be a kind of FIRSTFRUITS of His creatures.”

2. Appreciate our _____.

Philippians 4:12-13 – “I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. ¹³I can do all this through him who gives me strength.”

Ecclesiastes 4:6 – “Better one handful with tranquility than two handfuls with toil and chasing after the wind.”

3. Address our _____.

Matthew 6:26-30

Matthew 11:28-30 – “Come to me, all you who are weary and burdened, and I will give you rest. ²⁹Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. ³⁰For my yoke is easy and my burden is light.”