

# Habits of Happiness

Be Happy. - Part 6

July 26, 2020

Philippians 3:1-14

## DAILY HABITS OF HAPPINESS

### 1. Relax in \_\_\_\_\_ .

1 John 4:10 (Emphasis added) - "This is love: not that we loved God, but that **He loved us** and sent his Son as an atoning sacrifice for our sins."

Philippians 3:1-3 – "Further, my brothers and sisters, rejoice in the Lord! It is no trouble for me to write the same things to you again, and it is a safeguard for you. <sup>2</sup> Watch out for those dogs, those evildoers, those mutilators of the flesh. <sup>3</sup> For it is we who are the circumcision, we who serve God by his Spirit, who boast in Christ Jesus, and who put no confidence in the flesh."

Being accepted as part of God's household is a matter of RELATIONSHIP and not a matter of RELIGION. Religion is what one DOES in an effort to appease God; Relationship is what God has DONE and is DOING for us!

### 2. Remember what \_\_\_\_\_ .

Philippians 3:7-8 – "But whatever were gains to me I now consider loss for the sake of Christ. <sup>8</sup> What is more, I consider everything a loss because of the surpassing worth of knowing Christ Jesus my Lord, for whose sake I have lost all things. I consider them garbage, that I may gain Christ..."

"He is no fool who gives up what he cannot keep for that which he cannot lose." - Jim Elliot

**3. Reacquaint yourself \_\_\_\_\_ .**

Philippians 3:10-11 – “I want to know Christ—yes, to know the power of his resurrection and participation in his sufferings, becoming like him in his death, <sup>11</sup> and so, somehow, attaining to the resurrection from the dead.”

We must understand the difference between knowing ABOUT Jesus and actually KNOWING him.

**4. Forget what cannot be changed and focus on the \_\_\_\_\_ .**

Philippians 3:13-14 - “Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead, <sup>14</sup> I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.”