



## Golden Horseshoe Product Collection

# Breathe Strong



Breathe Strong is a combination Menthol and American Ginseng (panax quinquefolius). Menthol clears air passage ways for effective breathing while American Ginseng strengthens lung capillaries and promotes proliferation of vascular cells to help prevent bleeding. This supplement will also top up any deficient B vitamins prior to workout or race allowing for optimal muscle performance.

Breathe Strong embraces the many cardiovascular benefits of Ginseng, helping to reduce exercise-induced pulmonary hemorrhage (EIPH), improving oxygen delivery to the working muscles and lungs. During exercise, the heart must be able to deliver adequate blood flow to the working muscles, and the lungs must be capable of filling the blood with enough oxygen to help fuel muscle contraction. Exercise-induced pulmonary hemorrhage (EIPH), or bleeding from the lungs, occurs in a wide variety of horses under intense sprint activities such as Thoroughbred, Standardbred and Quarter Horse racing, endurance events, 3 day eventing, reining, barrel racing and roping.

Ginseng is one of the most widely used herbal medicines and is reported to have a wide range of health benefits. It is a powerful antioxidant, maintains integrity and pumping ability of the heart and strengthens pulmonary capillaries that can be damaged during extreme exercise.

**Available Size:  
80gr Syringe**