

ALTA SIERRA XC FALL CAMP

WHEN

Nov. 3, 5, 10, 12, 17, 19

Dec. 2, 4

3:15-4:45 PM

WHERE

Alta Sierra Track

Sign Up and Print out the waiver at:

WWW.ALTASIERRAXC.COM

ALL ATHLETES MUST HAVE A SIGNED WAIVER ON THE FIRST DAY THEY ATTEND CAMP.

**“STAY POSITIVE,
WORK HARD, MAKE IT
HAPPEN”**

**CURRENT 7TH &
8TH GRADERS
ONLY**

FREE CAMP

Come as many of the days as you can

WHAT TO BRING

- *Running Clothes
- *Running Shoes
- *Watch (recommended)
- *Water Bottle
- *Mask

COVID-19 PRECAUTIONS

All CUSD return to play social distancing guidelines will be enforced

COACHES

Coach Beauchamp
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Coach Jauregui
Coach Reynolds
Coach Fernandez