## **Nut Policy**

Nuts are a great hazard to young children. We are aware that children have, or could have (unknowingly), an allergy to nuts and their products, and in particular peanuts.

Our policy is not to use any nuts or their products in our cooking activities or at snack time. We do not buy biscuits that have on their packaging "traces of nut" or "contains nuts". We check lists of ingredients for nut oil, peanut oil and nuts. We only use sunflower oil or vegetable oil.

There is a question on the registration form about allergies. Parents are asked to let us know if their child has ever been ill due to eating any kind of nut. The severity may be mild (swelling of the face, and nausea), to anaphylactic shock. We need to know this, as it is information vital to the well being of the child while attending Mogghill.

For the safety of children at Mogghill we ask that no foods be brought into a session that contains nuts. Other foods that may cause an allergic reaction are fish, eggs and milk, and there is a question referring to this on the registration form.