

Harrison Junior Hoya Cheerleading

Discipline Policy

In order to maintain consistency throughout the program and discourage repetitive behaviors that reflect negatively on the cheerleading program, the following Discipline Policy, along with the Code of Conduct, will be enforced during the 2025 cheerleading season. Cheerleaders on multiple squads in one season will have a point total that will be kept separate, one for each squad. **The ownership and responsibility of the point system remains with the cheerleader.**

Each cheerleader will begin the season with 100 points. **A cheerleader will be removed from the squad if her point total falls below 60 points.** Point deductions will occur as follows:

Practice

- 📢 -5 points **late to practice**
- 📢 -5 points **(each) wrong/missing practice wear**
- 📢 -5 points **each incidence of wearing jewelry**
- 📢 -5 points **each incidence of redirection at practice**
- 📢 -5 points **use of electronic device**
- 📢 -15 points **missing practice (unexcused)**

Game

- 📢 -5 points **late to a game or other team event. This also applies to leaving early**
 - Consequences (in addition to point deduction)
 - ✓ 10 minutes late = cheerleader will sit out 1st quarter
 - ✓ 20 minutes late = cheerleader will sit out 1st half
- 📢 -5 points **returning late from 1/2 Time**
- 📢 -5 points **wearing jewelry**
- 📢 -5 points **each incidence of redirection on the sidelines**
 - includes socializing in chant line, not present when 1st cheer is called, talking to people in the stands or at fence, etc.) or using electronic device
- 📢 -5 points **wearing colored nail polish or artificial nails**
- 📢 -10 points **chewing gum/eating/drinking at inappropriate times**
- 📢 -10 points **wearing wrong or dirty cheer shoes**
- 📢 -10 points **forgetting required cheer items at game**
 - Includes cheer bag, rain coat, warm up jacket/pants, sweatshirt, gloves, megaphone, water bottle, poms etc.
 - Cheerleader will sit out if missing an item that the whole squad is using (i.e. it is raining and cheerleader is missing the rain jacket)
 - Cheerleader will sit out if missing her megaphone
- 📢 -10 points **not wearing hair as instructed to game**
- 📢 -10 points **not coming dressed & ready to go for the game (including hair)**
- 📢 -30 points **missing a game (unexcused)**

INCIDENCE/CONSEQUENCE CHART

Incidence	Consequence
5 points (each occurrence)	Physical conditioning
10 pts (each occurrence)	Sit out 1 st quarter of game
Over 10 minutes late to a game	Sit out 1 st quarter of game
Over 20 minutes late to a game	Sit out 1 st & 2 nd quarter of game
Missing a necessary item at games	Sit out until item is received
40 points (total accumulation)	Removal from squad/program

Multiple points for practice and/or game:

- 📢 Insubordination to a coach, team mom, board member
- 📢 Inappropriate language, gesture, or behavior
- 📢 Unsportsmanlike conduct
- 📢 Conduct that reflects negatively on the cheerleading program from the cheerleader or parent/guardian
- 📢 Misuse of social media
- 📢 Code of Conduct violation



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Excused practices:

- sickness, school related event, death in family, deployment of family member is excused.
- If you are sick and absent from school the day of practice, you are excused from practice.
- School related events are excused. However, all effort should be made to be at practice even if it is for 30 or 45 minutes before the school event takes place. Example: Chorus concert is typically the same night as a practice. If you must be at the school at 6:30 please come to practice for 45 min. or so and then go to the concert.
- Absences due to an immediate family member in military service being deployed or on leave from deployment will be excused.
- Any other reasons would be at the discretion of the board and/or coach.
- In any event of a missed practice, please notify your team mom prior to the practice so the coach can be notified in a timely manner (this does NOT excuse the practice).
- **All regularly scheduled doctor, orthodontic appointments, etc., should not be made at practice times and will not be considered excused.**

Excused games:

Sickness, death in family, school related trips are all excused. If you are sick, please notify the team mom as soon as you possibly can. Absences due to an immediate family member in military service being deployed or on leave from deployment will be excused.

Additional Information:

- Notifying a team mom, board member, and/or coach of a known absence/tardiness in advance **DOES NOT** excuse the cheerleader.
- The number of points deducted will be determined by the coach/board on an individual basis; based on the severity of the infraction and previous offenses. Each point deducted is the decision of the coach/board and is non-negotiable.
- Infractions and deduction of points during the 2025 cheer season could be considered during tryouts for the 2026 season.
- Removal from squad: if cheerleader falls below 60 points (accumulates 40 points) during the 2025 season. Removal from program will result in not being able to try out for the 2026 season.
- Coaches and/or board members will not discuss infractions made or deduction of points to anyone other than parents/guardians of the cheerleader.

I have read the Discipline Policy, along with the Code of Conduct, and understand the point system and consequences. I understand each point deducted is up to the discretion of the coach/Board. Confidentiality will be maintained, and I will not discuss infractions made by any cheerleader other than my own. In the event my cheerleader is removed from the program for falling below 60 points, I understand there will not be a refund of the money already paid to the HJCBC as those funds have already been used to pay the expenses of the program and 6th and 7th graders will not be eligible to try out for cheerleading for the 2026 year.

Parent Signature: _____

Date _____

Name of Cheerleader: _____

