



MICHIGAN GRANGE NEWS



Volume XXIV NO. 5

USPS 345-580

SEPT-OCT, 2018

145th Michigan State Grange Annual Convention October 18-20, 2018 Kalamazoo, MI

Lynette Schaeffer NG Executive Committee To be National Representative



Lynette Schaeffer, National Grange Executive Committee Secretary and Secretary of the National Grange Foundation, will be our honored guest at the 145th Michigan State Grange Annual Convention in October.

Lynette and her husband live in Lebanon, Illinois and are members of Shiloh Valley Grange. Lynette is a Computer Specialist at U.S.D.A. and she serves as Master of the Illinois State Grange.

Lynette and Don have two children and five grandchildren.

Please join us in making Lynette and Don, feel welcome at our Annual Convention.

Welcome!!

The seven Granges of Region 3 cordially invite you to attend a very special State Grange Convention in October. We have all been working diligently the past few months in true Grange cooperative spirit to offer a new and unique State Session.

For the first time ever, the meeting will be held in an actual Grange hall. The recently renovated West Oshtemo Grange Hall is an ideal spot for our meetings, with meals just across the street at the N. W. Oshtemo Methodist Church. The Grange Hall has an elevator and is handicap accessible.

Camping is available in the churchyard and at Tom Latterner's home.

Another first is how we are funding our hosting duties. Lunch will be available on Friday and Saturday by donation. This is our only planned moneymaker, and we are looking forward to this innovative challenge for funding. And what could be better than real Grangers cooking!???

At the Saturday banquet, we have entertainment planned, sure to get your toes to tapping. The Quinn school of Irish Dance will be performing and promises a good time. Jigs, clogging and "Riverdance" are fun for the participants and viewers, too.

We also have the hospitality room at the Grange hall and are looking forward to conferring the Degree of Pomona (5th).

Burr Oak, Colon, Community, Fredonia, Home, West Oshtemo and White Pigeon are the Granges of Region 3 and each of us extend a warm welcome to attend what should be a memorable Michigan State Grange Convention.

Page 3	Page 4	Page 5	Page 6	Page 7	Page 8
Convention Time Upon Us	Alexander Graham Bell	Mitten Tree Items Needed	Sharpening our Brain	County Fair & Congratulations to Bob	Convention Schedule



Michigan Grange News

(USPS 345-580)

Periodical postage paid at Durand, MI

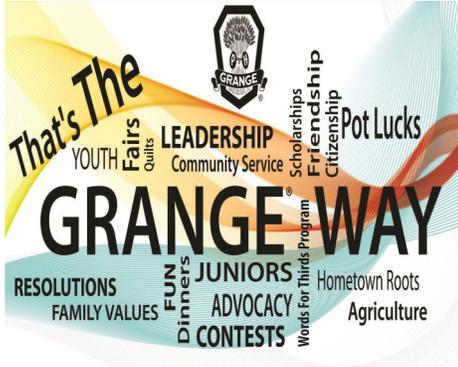
Michigan Grange News is published bi-monthly for the members of the Michigan State Grange.

Inquiries contact: Michigan State Grange
404 S. Oak Street, Durand, MI 48429

Editor & Adv. Manager:
Christopher D. Johnston

Postmaster send address changes:
Christopher D. Johnston, Editor
404 S. Oak Street, Durand, MI 48429

Sept. 3	Labor Day
Oct. 8	Columbus Day
Oct. 18-20	Michigan State Grange Convention
Oct. 31	Halloween



Whole page \$150.00

1/2 page \$90.00

1/4 page / business card \$50.00
\$40.00

The above rates include advertising space for two months.

Prices effective June, 1997. Payable in advance, check should be made to Michigan State Grange. Please include camera-ready copy. Copy to be received no later than the 15th of the month preceding date of insertion. Advertisements for alcohol or tobacco will not be accepted. Michigan State Grange reserves the right to refuse copy. Discounts available on multiple insertions.

6 issues per year, bi-monthly
404 S. Oak Street, Durand, MI 48429
Tel: 989-288-4546
E-mail msgrange1873@yahoo.com

Chaplain

Jeff Swainston P.O. Box 77, Manton, MI 49663 Tel: 616-405-6921 jeff@jnsphoto.biz

Something Beautiful

An artist decided to begin work on what he meant to be the masterpiece of his life. In his mind he knew exactly what he wanted to paint. He was working on the canvas, putting on the drab colors and grays that were to make up the background, when a friend came by to see him.

“What do you think of this?” the artist asked his friend. “I plan for it to be the greatest work I have ever done.”

His friend could hardly suppress his laughter. “It looks like one big daub of paint,” the friend responded.

“Ah,” replied the artist, “you cannot see what is going to be there. I can.”

God knows what He wants to paint on the canvas of your life. He has something specific in mind. As you look at yourself, you may not see much potential. You might say your life looks like one drab daub of paint. But the Divine Artist has an image in mind.

You see, it’s not up to the canvas to become a valuable piece of art—it’s up to the artist. The canvas itself isn’t worth a lot. But when the artist transfers the vision he sees in his mind to the canvas, the work becomes beautiful and valuable.

Most of us have ideas of what we would like to accomplish. But we can do no better than to offer ourselves to God to create in us the work of art He has in mind. His plans are far greater than ours, for He says, “As the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts” (Isaiah 55:9).

Offer yourself to the Lord and He will truly make something beautiful of your life. As the Bible says, “He who began a good work in you will carry it on to completion until the day of Christ Jesus” (Philippians 1:6). You can trust Him to do it.

Community Service

CS Notebooks due

Tricia Eidsmoe 1451 Grey Road, Midland, MI 48640
Tel: 989-631-0079 E-mail: tennisbums@charter.net
Helen Mudd 1757 Stewart Road, Midland, MI 48640
Tel: 989-631-3708

Summer is coming to an end as August is here and county fairs are taking place all over the state! As I write this, it is still in the 80’s though!

Fall means it is time for the annual reports to the Michigan State Grange. Hopefully you have completed your community service book or are working on it. I still need to get my book completed for Studley Grange!



I have tried to pass along information in previous Grange News as a guide to putting together the community service book and remind you of the size requirement. If you have any questions at all, please give me a call or email me. I want to help in any way possible.

Your book needs to be at my house in Midland by Monday, September 10. If you have any questions or need to make special arrangements to get the book to me, please contact me. I am willing to work with you so that your community service book can be entered in the contest this year.

In the meantime, enjoy the remaining days of summer! I look forward to seeing you at the Michigan State Grange convention in Kalamazoo.

Christopher D. Johnston, Master 6241 Grand River Road, Bancroft, MI 48414
Tel: 989-634-9350 (H) 989-666-6648 (C) E-mail msgprez19@yahoo.com

Welcome to Fall!!!

Ok well almost, there has been a few days in between those insufferable ones that have resembled fall. I am looking forward to fall, the grandeur of mother nature truly expresses herself with the changing of color of leaves. Turning Michigan into a gorgeous painting. While there are many things I enjoy about this upcoming time of year, one of my favorites is convention. We work so hard in our respective Granges throughout the year, towards the betterment of Rural and Urban Michigan. Convention is the time we get together and celebrate our accomplishments and look towards what we can accomplish next year, while reminiscing with old friends and hopefully meeting new ones, that all share the one true common interest we call a fraternity. Our fraternity has stood the test of time and we should be planning and preparing to ensure it remains in touch with our roots, and with the needs of our hometowns, our counties and our state. We can accomplish this through writing sensible and factual resolutions that can and will put our organization in closer relationships with our legislators.

Convention

We are excited to be visiting a Grange in Southwest Michigan for our Convention this fall. West Oshtemo Grange is the hosting facility for our meetings and displays with the church across the road hosting our meals. The Grange hall does have a new elevator that makes this facility handicap accessible. Region 3 is also providing lunches at either the church or the Grange hall for the cost of a donation so that we don't have to travel into town for that meal. Elsewhere in the edition of the MGN is more detailed information in regards to the convention. I am also excited to have a long time friend as our National Rep. Lynette Schaeffer, NG Exec. Committee member and her husband Don will be joining us from the state of Illinois for the duration of our convention.

Elections

Reminder that this is a full election year with all officers with the exception of one Executive Committee member will be up for election this year and we will also vote on two members of the board of Direc-

tor of the Michigan State Grange Foundation.

National Information

This November we will be in Stowe, Vermont for the National Grange Convention. It would be great to see all of you make the trip and visit the Northeast Region for the National Convention.

Next Summer (2019), The National Grange is hosting a Grange Revival in Arkansas. This will be a great time to get together with Grange members from all across the Nation for some fellowship, fun, and relaxation with Brothers and Sisters of the order. Reservations are available now.

November 2019 we will be making the trek to Minnesota for the National Convention that Michigan is co-hosting with Ohio, Indiana, Illinois, Wisconsin, Minnesota, and Iowa. Many hands make light work, so if you are looking for something to do, come on out and we can find something for you to do.

Michigan Pins



The new pins are still available at the cost of only \$5. They will be at the convention. The funds from the sale of this pin will be used towards the 150th Michigan State Grange Convention in 2023.

Reminders:
All reports and forms are due on Sept. 10
~~~~~  
Resolutions are due to the State Office by  
October 1...Please get them in so they can  
be added to the Resolution Pad  
~~~~~  
Bring to Convention:
Items for the West Oshtemo Mitten Tree
Silent Auction Prizes
Pennies from Heaven

Luanna Swainston, Director 965-108th Street, SW Byron Center, MI 49315
Tel: 616-262-3516 E-mail: plswainston1@gmail.com

As many of you know from the Thank-you's for the contributions to the Deaf Awareness Fund, we contribute to the Michigan Chapter of the Alexander Graham Bell Association for the Deaf and Hard of Hearing Summer Camp Fund.

The Michigan State Grange received a thank you letter from the Chapter. I would like to share this letter with you.

Dear Michigan State Grange,

You made the difference in the life of a deaf or hard of hearing child today. Thanks to your generous donation of \$150.00 a deaf or hard of hearing child was able to participate in an incredible camp experience! The MI A.G. Bell Summer Camp is a place where children with hearing loss have the opportunity to take part in summer camp as well as have amplification support and a 1- hr daily language enrichment program. The AG Bell staff offers 24 hour consultation support to cabin counselors, activity leaders, and camp staff to make the experience truly meaningful! Thank you for your support of this program.

The Alexander Graham Bell Association for the Deaf and Hard of Hearing helps families, health care providers and education professionals understand childhood hearing loss and the importance of early diagnosis and intervention through advocacy, education research and financial aid. AG Bell helps to ensure that every child and adult with hearing loss has the opportunity to listen, talk and thrive in mainstream society.

It is wonderful to see what can be accomplished when individuals and organizations come together to support projects that so directly impact the lives of children with hearing loss. MI G Bell strives to increase our programs as demand increases. Present and future goals include meeting expensive objectives: organizing a professional conference, offering scholarships to children with hearing loss that attend our mainstream YMCA summer camp, and offering worthwhile programming such as Parent Advocacy Training workshops to families with deaf or hard of hearing children. Your donation will help fund the many activities MI AG Bell provides across the State of Michigan.

Sincerely,

Diane Hodgin, Treasurer

MI Chapter AG Bell Association for the Deaf and Hard of Hearing

I researched information about their summer camp. The Michigan AG Bells hosts a one-week, camping opportunity for children ages 8 – 18 with hearing loss who use listening and spoken language to communicate. Camp is located on 1200 acres in wooded meadow-land at the YMCA Storer Camp in Jackson, MI. AG Bell provides professionals in the areas of Deaf and Hard of Hearing education, speech Pathology and/or Audiology on staff to support this fully mainstream program, amplification support and a daily language enrichment program for children with hearing loss. The AG Bell staff offers 24 hour consultation support to cabin counselors, activity leaders and camp staff to make the experience truly meaningful, and to educate staff members about how to best interact with students with hearing loss.

Auditory oral deaf and hard of hearing campers who attend this camp are fully mainstreamed in cabins with same age peers. Younger campers (grades 3-7) stay in beautiful, spacious cabins with showers, running water and bathroom facilities. Older campers (grades 8-10) stay in a coed village focused on teamwork and personal development. A Counselor in Training program is offered for students entering grades 11 and 12.

Some of the wonderful camp activities provided through the YMCA Storer camp are a Climb and capped wall, High and low ropes courses, Backpacking, Hiking, Rock Climbing tower, General Horseback Riding, English and Western riding. Individual and Team Sports, Archery, Riflery, General Water Sports, Recreational Swimming, Canoeing, Fishing, Rowing, Kayaking, Snorkeling, Sailing, Arts and Crafts, Horse lessons, Orienteering, Outdoor Living Skills, camp-outs, Team-building skills, Survival skills, etc.

MI AG Bell depends solely on volunteers and donations to accomplish their goals. They devote their time, energy and talents towards helping children with hearing loss become successful adults in mainstream society.

Hopefully next season we will be able to contribute more for their camp fund.

Don't forget to look at the Contests in the Deaf Awareness program booklet and enter the contests available. I would like to see an increase in this area.

Also I would like to know if your Grange or you might be willing to sponsor a child in the Michigan School for the Deaf Christmas Program. I have already heard from some of you and hopefully all who sponsored a child last year will this year too. If your Grange or you have not "adopted" a child this is a good time to do it!

Thanks!!!

Marybeth Bower, CO-Director 708 Ralston Road, Colon, MI 49040
Tel: 269-432-3921 E-mail: mashview@live.com

Tom Smith, Co-Director 816 4th Street, Three Rivers, MI 49093
Tel: 269-858-8305

And here we are, just a few weeks from our State Grange convention. So much to do, so little time! Hope everyone has been busy throughout the year getting ready with their entries and reports. Please issue that final appeal for entries in your Grange, to insure our displays and contests are competitive. We need to make those judges work!! And don't forget, the quilt contest is open to members, and non members (prospective members).

Our Family Activities/Community Service Project for this year is a mitten tree. **Gloves, mittens, hats & scarves** are all welcome and your help in decorating the tree is appreciated. Articles may be hand made or purchased. All articles that are collected at the convention will be given to West Oshtemo Grange for their own mitten tree, and then donated to the Deacon's Conference in Kalamazoo for distribution to the needy in the Kalamazoo area prior to Christmas.

With the convention coming up, there is usually quite a lot of time spent sitting, so here are some exercises you can do while sitting to tone you up.

To exercise leg muscles and restore circulation you should place hands on top of upper thighs, press feet firmly to the floor. Push on your hands as if trying to get up. Hold, as you count to 3, relax, and repeat.

To relieve cramping, straighten knees and extend legs as much as possible. Press heels against the floor. Hold, as you count to 3, relax and repeat.

To improve circulation in your feet, put your heels on floor, knees bent. Turn soles of feet inward. Visualize grasping an object with the feet. Press soles together. Relax, and repeat.

To relieve neck and shoulder tension, stretch one arm up high as if trying to reach an overhead light. Repeat with other arm.

Just be careful with that last exercise, it might appear you are volunteering to help!

Healthy Living: Watermelon. A wonder fruit?

Hydrates—We know that drinking water is important for health. With watermelon being 92% water, it helps to hydrate and helps us to feel full!

Contains Nutrients and beneficial plant compounds —One cup of watermelon provides the following recommended daily intake:

- Vitamin C: 21% of the RDI
- Vitamin A: 18% of the RDI
- Potassium: 5% of the RDI
- Magnesium: 4% of the RDI
- Vitamins B1, B5 and B6: 3% of the RDI

Beneficial antioxidants in watermelon include Vitamin C, which according to the article, prevents cell damage; Carotenoids, which are converted to Vitamin A; Cucurbitacin E which has an anti-inflammatory effect; and Lycopene, a wonder plant compound with its own list of benefits.

May Help Prevent Cancer—Some plant compounds in watermelon, including Cucurbitacin E and Lycopene, have been studied for their potential to prevent cancer.

May improve Heart Health—Several factors suggest that watermelon may help to lower cholesterol and blood pressure, and reduce stiffness and thickness of artery walls.

May Lower Inflammation and Oxidative stress — Watermelon may help lower inflammation and oxidative damage as it is rich in the anti-inflammatory antioxidants Lycopene and Vitamin C.

My Support Eye Health — The presence of Lycopene may prevent age-related macular degeneration.

May help relieve muscle soreness — Watermelon juice has some potential as a recovery beverage after exercise.

Is Good for Skin and Hair — Several nutrients in watermelon are good for your hair and skin. Some help keep skin supple while others protect against sunburn.

Can help improve digestion — Watermelon contains lots of water and a small amount of fiber —both of which are important for healthy digestion. And while we're at it, let's add one more, possibly the most important health benefit of them all:

Can increase Socialization (and put a smile on your face) — Cut into a watermelon, and it can easily draw the attention of those around you for a little impromptu gathering, creating plenty of opportunity for bonding, laughter, and summertime reminiscing. That really does make it a wonder fruit.

Kevin Young, Director 60822 Creek Road, Niles, MI 49120
 Tel: 269-684-3870 E-mail: Kevin60822@sbcglobal.net

Wow! August is almost over and another County Fair season is in the books for my area. I am sitting here after finishing up a very busy week (August 21st) at the Berrien County Youth Fair both as a volunteer and a very proud Uncle! We started out with loading the 4 market pigs in less than 15 minutes! The kids washed the pigs in the trailer and then my oldest nephew gave each pig a haircut. The pigs looked very good and all made weight on Sunday morning during weigh in at the fair. The market goats and breeding stock all made it to the fair in good condition as well. The proud Uncle was so happy with how the kids did this year with their goats. They did very well with showmanship and then came the really proud moment when 2 of the kids were in the champion drive for Grand Champion Dairy Market Goat, which my nephew was the winner with his goat that we raised in my back yard! That makes 2 years in a row as my niece won last year! The pigs looked really well but the judge wasn't looking for what we had in the type of pigs. With the fair week past us, that means my chores will slow way down as I do not have goats and pigs to care for any longer. They will surely be missed for the next few weeks, but I do have

Our small flock of one guinea hen are They enjoy all of garden that have too long. Like the size of base-toes that the bugs They expect "goodies" every time I go out to the coop!



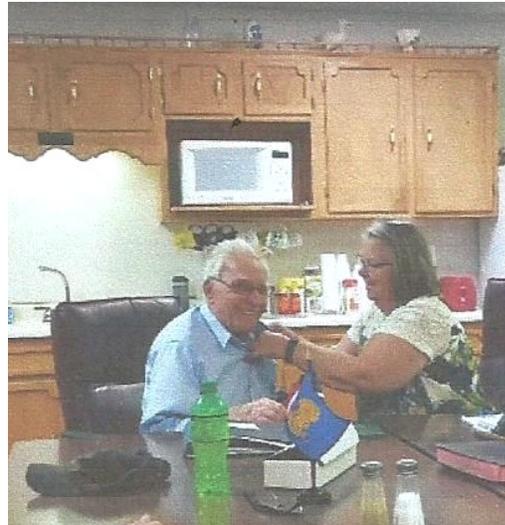
chores to do yet. 17 chickens and stilling doing well. the things from the been there a little zucchini that are ball bats or toma-started to eat on.

The garden hasn't done well this summer for some reason. The zucchini didn't produce like they usually do and the tomatoes did poorly. The only good thing so far is the butternut squash! Let's hope there will be plenty of squash to exhibit at State Session!! I hope everyone that has planted items for the Agriculture Department classes are doing well too!

As we move in to the harvest season, please keep in mind that we will once again be sharing the roads with very large sized farm equipment. I know we are all in a hurry to get where we are going but we need to keep in mind that those big pieces of equipment help to put food on our families' tables.

I look forward to seeing everyone at the Michigan State Grange Convention that is being held in mid October at the West Oshtemo Grange Hall. This is the first time in a very long time that State Session has been held at a Grange Hall. I am part of the Host Region and can't wait for everyone to see the remodeled Grange Hall thank s to Township Board who owns the Grange Hall. I know our host region has been working hard to make this convention very nice. Keep in mind that State Session is still on a shortened schedule so check the MGN and the website for the proposed schedule. One change for this year is we are having the Awards meal as a dinner rather than at noon for lunch.

**Ya'll come now, ya hear!!!
 See you at State Session!!**



At the July 7th meeting of the St. Joseph/Cass/Kalamazoo Pomona Grange, it was a pleasure to honor one of our own. Brother Robert Lat-terner decided not to accept an-



other tem as Master, Bob served years ago as Master of the Kalamazoo County Pomona Grange and on two separate times as Master of the St. Joseph/Cass/Kalamazoo Pomona Grange.

Just prior to another super Grange potluck, Lecturer, Tom Smith announced the honors. Bob was given a Past Pomona Master's jewel by incoming Master, Mary Beth Bower and was pinned with a carnation boutonniere of white with Pomona green ribbon by his daughter, Lois Hicks. The original St Joseph County Pomona \$4 was organized in 1875, and Mary Beth Bower is our first lady Master in the 143 years history. And, we look forward to many more years with her leadership.

Schedule continued from page 8

- Roll Call of Officers
- Adoption of Friday's minutes
- Unfinished Business
- Installation of Officers
- 4:00 p.m. Closing of 144th Annual Session
- 7:30 p.m. Annual Banquet
- Dedicated Worker/VIP
- Announcement
- Youth/ Young Adult Raffle
- Dance

TENTATIVE SCHEDULE (Subject to change)

Thursday, October 18

- 1:00 p.m. Registration
- 2:00 p.m. Display Room Opens for entries
- 4:00 p.m. Committee Meetings
- 6:00 p.m. Baking Contest Judging
- 7:00 p.m. Welcome
 - Baking Contest Auction
 - State Officers/Department Directors
 - Entertainment
 - State Officer Practice

Friday, October 19

- 7:30 a.m. Registration
- 9:00 a.m. Open 144th Annual Session in 6th Degree
- 9:15 a.m. Lower to 4th Degree – admit 4th degree members
 - Flag Presentation
 - Roll Call of Officers
 - Roll Call of Delegates
 - Welcome by City Officials
 - Executive Committee Response
 - Partial Report – Credentials Committee
 - Adopt Order of Business
- 9:30 a.m. Lecturer, Family Activities, Junior, Deaf Awareness contest judging
- 10.00 a.m. Report of Executive Committee
 - Financial Reports
 - Proposed Budget
 - Masters Address
 - Session Committee Reports
- 12:00 p.m. Lunch break
- 12:45 p.m. Foundation Meeting
- 3:00 p.m. Budget Approval
 - Election
 - Speaker
 - Session Committee Reports
- 6:00 p.m. Awards Dinner
- 7:30 p.m. Call to Order
 - Memorial Service
 - Session Committee Reports
 - Close in 4th degree
 - 6th Degree Practice
 - 5th Degree Practice
 - Session Committee Meetings

Saturday, October 20

- 8:30 a.m. Open with 5th Degree
 - 6th Degree
 - Feast Table and Executive
 - Committee Milk Break
 - Roll Call of Officers
 - Session Committee Reports
- 12:00 p.m. Lunch Break
- 1:30 p.m. Call to Order

Continued on page 7

Legislative

Resolutions

Jeff Swainston, Director P.O. Box 77 Manton, MI 49663
Tel: 616-405-6921 jeff@jnsphoto.biz

The upcoming 145th Annual Session of the Michigan State Grange at West Oshtemo Grange Hall is approaching quickly. One of the main reasons for the convention is to establish the legislative policy of the Michigan State Grange. To make the process more efficient it is extremely important that resolutions that are sent in are written in the proper format. I know some of you probably get sick of hearing this but it bears repeating until everyone gets it. The following is a brief explanation of how to prepare a proper resolution for consideration at the upcoming convention. Hope to see you all there!!

Writing Resolutions that Work

The Grange has a long history rooted in member participation in our policy development through our resolution process. Each Granger is tasked with addressing voids and surpluses in our policy and can propose to implement these changes by offering amendments to your local and State Granges. Drafting resolutions may seem like a daunting task at first, but if you follow three simple steps listed below, you will soon be on your way to writing a clear and effective resolution.

First, it is important to know the anatomy of a resolution.

There are three main parts, the **Title**, the body or **Whereas** section, and the conclusion or **Resolved** section.

The Title should clearly state the issue to be addressed. For example, if you are drafting a measure to deregulate the postal service, your title should be something along the lines of:

Example:

Deregulation of the Postal Service rather than just Postal Service

The whereas section is where you get to make your argument for why this resolution is necessary. This section does not become policy but explains to other Grangers why the issue is important and provides details, data, and other reference material so they can be better educated on voting for the issue.

Example:

Whereas, the federal government imposes unreasonable regulations and mandates on the U.S. Postal Service but no longer funds any of the organization's operating costs; and

Whereas, the U.S. Postal Service will continue to be forced to close local post offices and reduce services under such a business model; and

Whereas, the U.S. Postal Service could survive and compete if allowed to create its own business model free of Congressional oversight; and

Whereas, the National Grange has a rich tradition in helping to ensure the rural free delivery of mail; be it

The Resolved section must be a complete sentence which sums up what your resolution is trying to achieve and can stand alone without any of the supporting information.

Example:

Resolved, that the National Grange support legislation that creates an autonomous U.S. Postal Service which can set its own operating procedures and business model without the undue regulation of the federal government.

Writing Resolutions that Stand the Test of Time

In closing, make sure your resolution can stand the test of time. A good deal of Grange policy dates back 75 years or more and continues to be relevant because the ideals and concepts hold true today. However, we also have policy that is out-of-date and relates to issues that have been dealt with on the local and congressional levels. If you have a resolution that deals with an issue that is connected to a current event or particular bill, your resolution may be included in the committee of jurisdiction's policy statement for that year, rather than passed as a resolution. Rest assured that this is still very important and is actually a better home for your resolution. Good luck and happy policymaking!