

# Meal Plan June 2022

Key: Breakfast, **Breakfast**, Lunch, Snack

	Mon	Tue	Wed	Thu	Fri	Info
<b>Breakfast</b> Lunch <u>Snack</u>	30 <div style="border: 1px solid black; padding: 10px; text-align: center;"> <b>*CLOSED * MEMORIAL DAY</b> </div>	31 <b>Assorted Cereal/Fruit /Milk</b> Cheese Tortellini Corn Apple Slices / Milk <u>Chocolate Chip Cream Pies / Juice /Water</u>	1 <b>Pop Tarts/Fruit / Milk</b> Grilled Chicken Nuggets Roasted Broccoli Pears / Milk <u>Oyster Crackers/ Cheese/ Juice / Water</u>	2 <b>French Toast Sticks / Milk</b> Turkey Roll Ups Mixed Vegetables Mandarin Oranges / Milk <u>Graham Cracker Dots/ Juice / Water</u>	3 <b>Assorted Cereal/Fruit / Milk</b> Steak Fingers Green Beans Peaches / Milk <u>Ritz Bits with Cheese / Juice / Water</u>	<b>*MENU ITEMS SUBJECT TO CHANGE*</b>
<b>Breakfast</b> Lunch <u>Snack</u>	6 <b>Assorted Cereal/Fruit/Milk</b> Macaroni & Cheese Roasted Broccoli Mixed Fruit / Milk <u>Strawberry Chex Mix / Juice / Water</u>	7 <b>Mini Bagels/Fruit / Milk</b> Corn Dog Mixed Vegetables Mandarin Oranges / Milk <u>Wheat Crackers / Cheese / Juice / Water</u>	8 <b>Assorted Cereal/Fruit/ Milk</b> Turkey & Cheese Sandwich Green Beans Apple Slices / Milk <u>Vanilla Wafers / Juice / Water</u>	9 <b>Pancakes /Fruit / Milk</b> Cheese Quesadilla Salad Pineapple / Milk <u>Cheese Whales / Juice / Water</u>	10 <b>Assorted Cereal/Fruit / Milk</b> Hamburger on Bun Tater Tots Peaches / Milk <u>Oatmeal Cream Pies / Juice / Water</u>	<b>*We use Whole grain pasta, Wheat Bread and Brown Rice in our lunches.</b>
<b>Breakfast</b> Lunch <u>Snack</u>	13 <b>Assorted Cereal/Fruit / Milk</b> Chicken Taquitos Green Beans Apple Sauce / Milk <u>Goldfish / Juice / Water</u>	14 <b>Waffles/ Fruit / Milk</b> Beef Nuggets Carrots Pears / Milk <u>Animal Crackers / Raisins / Juice / Water</u>	15 <b>Pop Tarts/Fruit / Milk</b> Turkey & Cheese Sliders Roasted Broccoli Mandarin Oranges /Milk <u>Rich &amp; Crisp Crackers / Pickles /Juice / Water</u>	16 <b>Mini Muffins/Yogurt / Milk</b> Fish Sticks Mixed Vegetables Peaches / Milk <u>Assorted Fruit Bars / Juice / Water</u>	17 <b>Assorted Cereal/Fruit / Milk</b> Cheese Pizza Corn Pineapple / Milk <u>Sun Chips / Juice / Water</u>	<b>***Indicates the lunch may contain Dairy**</b>
<b>Breakfast</b> Lunch <u>Snack</u>	20 <b>Assorted Cereal/Fruit/Milk</b> Pasta/Red Sauce/Cheese Roasted Broccoli Pineapple / Milk <u>Chocolate Animal Crackers/ Juice / Water</u>	21 <b>French Toast Sticks / Milk</b> Hot Dog on bun Tater Tots Peaches / Milk <u>Cheddar Chex Mix / Juice / Water</u>	22 <b>Assorted Cereal/Fruit/ Milk</b> Chicken Nuggets Mixed Vegetables Apple Slices / Milk <u>Rice Krispy Treats / Juice / Water</u>	23 <b>Blueberry Pancakes / Milk</b> Steak Fingers Green Beans Mixed Fruit / Milk <u>Ritz Bits with Cheese/ Juice / Water</u>	24 <b>Assorted Cereal/Fruit / Milk</b> Chicken Quesadilla Corn Mandarin Oranges / Milk <u>Graham Crackers / Raisins / Juice / Water</u>	
Breakfast Lunch <u>Snack</u>	27 <b>Assorted Cereal/Fruit/Milk</b> Chicken Sandwich Mixed Vegetables Apple Slices / Milk <u>Ritz Crackers / Juice / Water</u>	28 <b>Pancakes /Fruit / Milk</b> Fish Shapes Carrots Peaches / Milk <u>Fruit Snacks / Juice / Water</u>	29 <b>Assorted Cereal/Fruit / Milk</b> Pasta Salad with Chicken Corn Mandarin Oranges / Milk <u>Mini Pretzel Twist / Juice / Water</u>	30 <b>Waffles/ Fruit / Milk</b> Pepperoni Pizza Salad Pineapple / Milk <u>Chocolate Chip Cream Pies / Juice / Water</u>	7/1 <b>Assorted Cereal/Fruit / Milk</b> Potluck Lunch (Nuggets, steak fingers) Green Beans Mixed Fruit / Milk <u>Potluck Snack / Juice / Water</u>	