NCAA DIVISION 1 WOMEN'S BASKETBALL RECRUITING RULES

NCAA Division 1 sports must adhere to the most restrictive set of rules:

•Any time:

- •General materials: College coaches can send recruits general materials, such as questionnaires, camp information, non-athletic information about the school and materials published by the NCAA.
- •Student-athlete initiated contact: Recruits can call coaches or staff at any time and talk to them on the phone. However, they can't communicate with coaches in any other way (such as text or email) and student-athletes need to initiate the contact (coaches can't return a call when athletes leave a voicemail).
- •Verbal offers: There are no restrictions on when college coaches can make verbal offers.
- •Unofficial visits: Student-athletes can take unofficial visits at any time.
- •June 1 after sophomore year: Student-athletes can receive personal contact and recruiting materials. Coaches can call athletes, send text messages, direct messages and emails.
- •March 1 of junior year: Off-campus contact is allowed beginning March 1 through the day before the official start of the WBCA Convention.
- •Starting Thursday following the NCAA women's championship game (April) of junior year: Student-athletes can begin taking official visits and can take a maximum of five during their high school enrollment.