

EDUCATION AT HOME

FOR KINDERGARTEN - GRADE 5

Saskatchewan Curriculum: edonline.sk.ca/webapps/moe-curriculum-BBLEARN/

If you are interested in learning about what your child would be doing at school, or what they will be doing next year, the Saskatchewan Curriculum is available for download and sorted by grade level and subject.

MATH

prodigygame.com/ - A video game style adventure game that requires you to answer math questions to level up. Sort by grade. Saskatchewan isn't listed as an option when signing up, so choose Ontario for a similar curriculum.

mathplayground.com/ - Math games covering just about every Math topic possible. Can be sorted by grade level.

pearsonathome.onthehub.com/WebStore/ProductsByMajorVersionList.aspx - Pearson e-Textbooks (including Math Makes Sense) for Grade 3-12. Free but requires sign in.

LITERACY

starfall.com/h/ - A great resource for early English learners. Direct instruction of the progression of reading and activities to go with each.

classroommagazines.scholastic.com/support/learnathome.html - Each day there are new stories, videos, and activities all about one topic posted. They have read alongs of all of the stories, so students can have the story read to them if they are not yet reading on their own yet. Updated every day with a new packet of work.

storylineonline.net/ - Videos of celebrities reading popular story books.

stories.audible.com/ - Instantly stream an incredible collection of stories, including titles across six different languages, that will help them continue dreaming, learning, and just being kids. All stories are free to stream.

EVERYTHING ELSE

splashlearn.com/ - Online learning activities that you can adjust by grade.

pbs.org/parents/pbskidsdaily - Parents can sign up for a daily newsletter that provides them with educational activities to do at home.

mysteryscience.com/school-closure-planning - Mini science lessons and activities that families can do at home. Lots of videos to go with content.

[Cincinnati Zoo Facebook](https://www.cincinnati-oh.gov/zoo/) - Their Facebook page is highlighting a different animal every day and providing an activity that can be done from home to go with it.

brainpop.com/ - Child friendly videos and quizzes on pretty much every topic ever.

sporcle.com/kids/ - Quizzes separated by grades K-8, on every topic.

picassohead.com/about.html - Mr. Picassohead, a digital tool that allows users to create their own masterpieces using famous features drawn by Picasso

gonoodle.com/ - GoNoodle provides brain breaks and educational songs for kids. Requires a free membership.

khanacademy.org/ - Khan Academy offers tons of video tutorials for a variety of different grade levels and subject matter.

[twinkl.ca/offer](https://www.twinkl.ca/offer) - Worksheets and presentations on many topics in the curriculum. Use this code for a free month: "CVDTWINKLHELPS". Start with the Parents' Guide: [twinkl.ca/resource/t-par-82-twinkl-parent-free-user-guide](https://www.twinkl.ca/resource/t-par-82-twinkl-parent-free-user-guide)

[varsitytutors.com/](https://www.varsitytutors.com/) - Varsity Tutor's "Virtual School Day": Each student in grades K-12 can receive 20 hours per week of free, live, online instruction on a variety of subjects and topics.

MENTAL HEALTH

[CalmKids](https://www.calmkids.com/) - a meditation and relaxation app that includes guided meditation, relaxing music, and bedtime stories for grades K-6. Can be accessed from the Apple App Store or Google Play

[Journaling](#): Take 15-20 minutes each day for your student to sit in a quiet space that is away from distractions and write down their thoughts and feelings. They might need a prompt to get them started (what was your favourite thing about yesterday, what are you worried about, what are you excited for, list three things you are grateful for).

Think about where your student may struggle and connect it to real world activities you can do together. For example baking together, reading together, building something, or exploring topics using Lego or candy for math concepts. Use lots of repetition and praise your student often with the works they do and successes they have.

EDUCATION AT HOME

MIDDLE AND HIGH SCHOOL 6-12

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pearsoncanadaschool.com/index.cfm?locator=PS3e22 - Pearson Mathology (90 day trial)

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EVERYTHING ELSE

lah.elearningontario.ca/ - Materials for STEM related learning from the Ontario curriculum. Online courses you can work through at your own pace.

Google Arts & Culture: artsandculture.google.com/ Articles, virtual tours, art galleries, and more.

Google Earth: google.com/earth/ Interactive 3D model of the earth with satellite imagery and virtual city tours.

artsalive.ca/en/ - Learn about orchestral music, dance, English and French language theatre, and explore engaging archival collections.

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MENTAL HEALTH

All applications can be accessed through the Apple App store and the Google Play

[StoreWoebot](#) - Uses Cognitive Behavioral Therapy methods to help individuals work through challenging emotions/situations.

[Pacifica](#) - A mindfulness app that can help the user identify their feelings or troubles, then move toward acceptance and peace.

[Mindshift](#) - Based on Cognitive Behavioural Therapy (CBT) to help you learn to relax and be mindful, develop more effective ways of thinking, and use active steps to take charge of anxiety.

[Happify](#) - Based on Cognitive Behavioural Therapy (CBT) this app uses games to help work on mindfulness strategies.

[Headspace](#) - Guided meditation.

[Calm](#) - A meditation and relaxation app that includes guided meditation, relaxing music, and bedtime stories.

[Journaling](#) - Take 15-20 minutes each day to sit in a quiet space that is away from distractions and write down thoughts and feelings (what was your favourite thing about yesterday, what are you worried about, what are you excited for, list three things you are grateful for).