

CMAC TAN Week #4

Results

**Girls 55 M Dash Varsity**

CMAC: 7.20 # 1/7/2026 Keoni Savoie

Name	Yr	School	Finals
<b>Finals</b>			
1 Ayla Williamson	10	Nipmuc Regio	8.00
1 Emma Watts	12	Nipmuc Regio	8.00
1 Abena Kwarteng	11	Bay Path Rvt	8.00
4 Jessica Casey	12	Nipmuc Regio	8.10
5 Iliana Lefort	9	Nipmuc Regio	J8.20
5 Carol Adarve	11	Uxbridge	J8.20
7 Elyse Da Silva	9	Bay Path Rvt	J8.20
7 Maya Williamson	12	Nipmuc Regio	J8.20
9 Leslie Mendoza	8	Uxbridge	8.30
9 Emmalyn Romano	12	Uxbridge	8.30
11 Vivian Strause	9	Tantasqua Re	8.40
11 Katheryne Moye	12	Nipmuc Regio	8.40
11 Mecheanise Calo-Resto	12	Bay Path Rvt	8.40
14 Deborah Lamptey	8	Bartlett	8.50
14 Jillian Culter-Johnson	10	Montachusett	J8.50
16 keira proulx	7	Quaboag Regi	J8.50
17 Abigail Foley	9	Bay Path Rvt	8.60
18 Rae-Lynn Stratford	9	Quaboag Regi	8.80
18 Nehemiah Ware	10	Montachusett	8.80
20 Jennaliz Booth	9	Tantasqua Re	8.90
21 Barbriann Powell	7	Southbridge	9.00
21 Sophia Diaz	11	Southbridge	9.00
23 Brittany Jubin	8	Bartlett	J9.20
23 Nuria Alfaro	11	Montachusett	9.20
25 cierra figueroa	7	Quaboag Regi	J9.20
26 Amy Estrada Rosales	11	Montachusett	9.30
27 Emma Ramos	8	Uxbridge	9.40
28 Emily Estrada Rosales	11	Montachusett	9.60
29 Danika Bridges	7	Quaboag Regi	J9.70
30 Briana Hawk	12	Quaboag Regi	J9.70
31 Jasmin Monterroza - benavid	9	Southbridge	10.10
32 Madelynn Mena	9	Southbridge	11.00
33 Jetsun Lama	8	Bartlett	12.80

**Girls 300 M Dash Varsity**

CMAC: 44.80 # 1/21/2026 Kendall Gilmore

Name	Yr	School	Finals
<b>Finals</b>			
1 Kendall Gilmore	12	Uxbridge	44.80#
2 Keoni Savoie	12	Tantasqua Re	44.90
3 Kaitlyn Daykin	12	Montachusett	51.30
3 Leslie Mendoza	8	Uxbridge	51.30
5 Kahlan Vilandre	10	Tantasqua Re	51.90
6 Carol Adarve	11	Uxbridge	52.30
7 Wraymonique Shaw	12	Southbridge	52.60
8 Deborah Lamptey	8	Bartlett	52.70
9 Madison Carroll	12	Montachusett	53.40
10 Emmalyn Romano	12	Uxbridge	53.70
11 Lisa Lenfest	9	Nipmuc Regio	53.80
11 Abena Kwarteng	11	Bay Path Rvt	53.80
13 keira proulx	7	Quaboag Regi	54.10
14 Annabella Robles	6	Southbridge	55.90

15 Brittany Jubin	8	Bartlett	56.10
16 Amy Estrada Rosales	11	Montachusett	56.60
17 Barbriann Powell	7	Southbridge	56.80
18 Natalia Giannandrea Mustion	9	Tantasqua Re	57.10
19 Audrey Papandrea	11	Tantasqua Re	57.30
20 Annabelle Reed	8	Bartlett	57.80
21 Faith MacDonald	10	Nipmuc Regio	58.60
21 Jetsun Lama	8	Bartlett	58.60
23 Evelyn Thomas	8	Quaboag Regi	59.70
24 Danika Bridges	7	Quaboag Regi	1:00.70
25 Karielyz Morales	9	Bartlett	1:00.80
26 Aria Worthington	9	Montachusett	1:02.10
27 Emily Estrada Rosales	11	Montachusett	1:02.90
28 Ava Hansmar		Southbridge	1:04.80
29 Katheryne Moye	12	Nipmuc Regio	1:09.80
30 Linelys Guzman Rojas		Southbridge	1:14.80

**Girls 600 M Run Varsity**

CMAC: 1:54.00 # 1/7/2026 Ella Drumheller

Name	Yr	School	Finals
<b>Finals</b>			
1 Isabela Chapman	11	Uxbridge	2:03.70
2 Madison Tucker	11	Nipmuc Regio	2:04.40
3 Lily Moran	10	Nipmuc Regio	2:05.90
4 Mithra Balaji	10	Nipmuc Regio	2:06.20
5 Mackenzie Sherman	8	Quaboag Regi	2:08.40
6 Emma Haffty	11	Tantasqua Re	2:08.80
7 Gwen Lawrence	9	Montachusett	2:09.40
8 Bryce Vonhold	12	Tantasqua Re	2:12.90
9 Nora Bangma	12	Nipmuc Regio	2:14.30
10 Gemma Solomon	10	Montachusett	2:15.30
11 Amariyah Graham		Southbridge	2:26.70
12 Moira Hill	10	Tantasqua Re	2:27.30
13 Caydie Miner	10	Tantasqua Re	2:27.70
14 Adelynn Brunell	10	Montachusett	2:27.90
15 Makala Boucher	11	Montachusett	2:28.30
16 Kylie McCarthy	12	Tantasqua Re	2:32.00
17 Jayla Tirado	9	Southbridge	2:32.80
18 Abigail Cira-Paulino	8	Bartlett	2:38.50
19 Avari Anderson	6	Southbridge	2:39.80
20 Jasmin Monterroza - benavid	9	Southbridge	2:49.30

**Girls 1000 M Run Varsity**

CMAC: 3:17.80 # 12/17/2025 Vivien Bregman

Name	Yr	School	Finals
<b>Finals</b>			
1 Alyssa Friis	11	Uxbridge	3:39.80
2 Abby Spiecker	10	Uxbridge	3:52.40
3 Emme Powell	11	Tantasqua Re	3:55.80
4 Paige Spooner	12	Tantasqua Re	3:56.40
5 Emma Clements	9	Nipmuc Regio	4:05.70
6 Antonia Ceruti	11	Nipmuc Regio	4:07.10
7 Mairenn Vonhold	10	Tantasqua Re	4:12.30
8 Ainsley Mills	10	Tantasqua Re	4:12.70
9 Paige Foley	10	Uxbridge	4:14.50
10 Kaitlyn Reed	10	Tantasqua Re	4:14.90
11 Hayssa Freitas	12	Quaboag Regi	4:25.00

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Results

Finals ... (Girls 1000 M Run Varsity)

Name	Yr	School	Finals
12 Alisha Gastonguay	12	Montachusett	4:26.70
13 Neave Bilodeau	9	Tantasqua Re	4:27.40
14 Gabriela Feeney	12	Quaboag Regi	5:18.40
15 Emma Nichols		Southbridge	5:36.20

Girls 1 Mile Run Varsity

CMAC: 5:39.10 # 1/6/2026 Vivien Bregman

Name	Yr	School	Finals
1 Isabella Barrell	10	Bay Path Rvt	6:07.80
2 Isabela Chapman	11	Uxbridge	6:14.80
3 Stephenie Swistak	8	Quaboag Regi	7:00.00
4 Alise Quinn	11	Tantasqua Re	7:23.70
5 Celia Gerlt	11	Nipmuc Regio	7:42.40
6 Alisha Gastonguay	12	Montachusett	7:43.90
7 Serenity Agudo		Southbridge	7:56.70

Girls 2 Mile Run Varsity

CMAC: 11:28.60 # 1/20/2026 Emily Flagg

Name	Yr	School	Finals
1 Abby Spiecker	10	Uxbridge	13:45.40
2 Paige Foley	10	Uxbridge	13:56.20
3 Alyssa Friis	11	Uxbridge	14:02.90
4 Brianna Brink	12	Bay Path Rvt	14:36.70
5 Aleah Brink	12	Bay Path Rvt	14:54.00
6 Mackenzie Sherman	8	Quaboag Regi	15:17.60
7 Jariella Male	8	Quaboag Regi	16:25.20
8 Deanna Hamm		Southbridge	16:31.70

Girls 55 M Hurdles Varsity

CMAC: 9.00 # 1/7/2026 Mecheanise Calo-Resto

Name	Yr	School	Finals
1 Kahlán Vilandre	10	Tantasqua Re	9.80
2 Lisa Lenfest	9	Nipmuc Regio	10.50
3 Natalie Ingles	12	Bay Path Rvt	10.60
4 Nolah White	8	Uxbridge	10.80
5 Alessandra Santiago Vargas	10	Montachusett	10.90
6 Analicia Serret	12	Tantasqua Re	11.10
7 Lily Moran	10	Nipmuc Regio	11.20
8 Brynn DiAnni	12	Nipmuc Regio	J11.50
9 Mithra Balaji	10	Nipmuc Regio	J11.50
10 Natalia Giannandrea Mustion	9	Tantasqua Re	11.70
11 Jereilis Gonzalez	12	Southbridge	13.00
12 Galaxie Robles	8	Southbridge	17.90

Girls 4x200 M Relay Varsity

CMAC: 2:03.50 # 12/17/2025

A Cira-Paulino, A Reed, B Jubin, K Morles

Team	Relay	Finals
1 Nipmuc Regional	A	2:05.20
1) Emma Watts 12	2) Iliana Lefort 9	
3) Maya Williamson 12	4) Jessica Casey 12	

2 Tantasqua Re	A	2:09.30
1) Jennaliz Booth 9	2) Audrey Papandrea 11	
3) Vivian Strause 9	4) Nia Warren 11	
3 Montachusett	A	2:14.30
1) Madison Carroll 12	2) Jillian Culter-Johnson 10	
3) Kaitlyn Daykin 12	4) Gemma Solomon 10	
4 Southbridge	A	2:22.10
1) Jereilis Gonzalez 12	2) Wraymonique Shaw 12	
3) Sophia Diaz 11	4) Noelle Appiah 7	
5 Quaboag Regi	A	2:28.00
1) Briana Hawk 12	2) Hayssa Freitas 12	
3) cierra figueroa 7	4) Evelyn Thomas 8	

Girls 4x400 M Relay Varsity

CMAC: 4:41.60 # 1/6/2026

D Rezak, E McKenna, S Goyette, K Kline

Team	Relay	Finals
1 Bay Path Rvt	A	4:59.60
1) Mecheanise Calo-Resto 12	2) Isabella Barrell 10	
3) Abigail Foley 9	4) Elyse Da Silva 9	
2 Nipmuc Regional	A	5:14.90
1) Emma Clements 9	2) Madison Tucker 11	
3) Lily Moran 10	4) Antonia Ceruti 11	
3 Montachusett	A	5:44.40
1) Makala Boucher 11	2) Alisha Gastonguay 12	
3) Gwen Lawrence 9	4) Aria Worthington 9	
4 Southbridge	A	6:35.50
1) Serenity Agudo	2) Avari Anderson 6	
3) Ava Hansmar	4) Amariyah Graham	

Girls High Jump Varsity

CMAC: 4-10 # 1/6/2026 Kendall Gilmore

CMAC: 4-10 # 1/20/2026 Abigail Hunter

Name	Yr	School	Finals
1 Kendall Gilmore	12	Uxbridge	J4-06.00
2 Madison Carroll	12	Montachusett	J4-04.00
2 Brynn DiAnni	12	Nipmuc Regio	J4-04.00
4 Mecheanise Calo-Resto	12	Bay Path Rvt	J4-04.00
5 Gwen Lawrence	9	Montachusett	J4-02.00
6 Analicia Serret	12	Tantasqua Re	J4-00.00
7 Leslie Mendoza	8	Uxbridge	J4-00.00
8 Carol Adarve	11	Uxbridge	J3-10.00
9 Elyse Da Silva	9	Bay Path Rvt	J3-10.00
9 Emmalyn Romano	12	Uxbridge	J3-10.00
--- Kahlán Vilandre	10	Tantasqua Re	NH
--- Jereilis Gonzalez	12	Southbridge	NH
--- Gabriela Feeney	12	Quaboag Regi	NH

Girls Shot Put Varsity

CMAC: 37-02.50 # 1/7/2026 Isabel Zukowski

Name	Yr	School	Finals
1 Kameron Getman	10	Nipmuc Regio	33-08.75
2 Jillian Culter-Johnson	10	Montachusett	27-10.25
3 Abigail Foley	9	Bay Path Rvt	23-01.00

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Results

Finals ... (Girls Shot Put Varsity)

	Name	Yr	School	Finals
4	Lillian Dugas	11	Tantasqua Re	22-11.25
5	Addison Peloquin	10	Quaboag Regi	22-08.00
6	Louise Terwilliger	11	Tantasqua Re	20-02.75
7	Wraymonique Shaw	12	Southbridge	19-07.50
8	Nehemiah Ware	10	Montachusett	19-05.25
9	Maddison McCarthy	11	Tantasqua Re	19-00.50
10	Briana Hawk	12	Quaboag Regi	18-10.25
11	Melonie Cancel	9	Southbridge	18-06.50
12	Rae-Lynn Stratford	9	Quaboag Regi	18-01.50
13	Madelynn Mena	9	Southbridge	17-03.25
14	Brittany Jubin	8	Bartlett	17-01.50
15	Sophia Diaz	11	Southbridge	16-10.25
16	Ammie Ross	8	Uxbridge	16-06.50
17	Natalie Ingles	12	Bay Path Rvt	15-11.50
18	Liana McCarthy	11	Tantasqua Re	15-09.00
19	Shaye Riley	10	Bay Path Rvt	14-10.00
20	Emily Guajardo	8	Bartlett	14-09.50
21	Andrea Barch	8	Uxbridge	14-00.75
22	Barbriann Powell	7	Southbridge	13-10.25
23	Annabelle Reed	8	Bartlett	11-07.25

Women - Varsity - Team Rankings - 11 Events Scored

1)	Uxbridge	91.5
2)	Nipmuc Regional	87.5
3)	Tantasqua Regional Senior	50
3)	Bay Path RVT	50
5)	Montachusett Reg Voc Tech	37
6)	Quaboag Regional Middle/High	13
7)	Southbridge	8