

S.W.C.L. Indoor Track  
2023 - 2024 as of 1-24-24

## Individual Top Marks

Quaboag [QUAB]

Number of Top Times: All

Mark	Convert	Rnd	Name	Age/Yr				
Female Open 50y Dash NB								
1 6.80		F	- Schwenker, Nor	12	1/3/202	SWCL #3	- Northbridge	
2 7.20		F	- Osei-Opoku, As	13	1/3/202	SWCL #3	- Northbridge	
3 7.90		F	- Lussier, Alyss	09	1/3/202	SWCL #3	- Northbridge	
Female Open 55m Dash Tan								
1 8.12		F	- Schwenker, Nor	12	1/24/20	SWCL	League Meet	
2 8.71		P	- Osei-Opoku, As	13	1/24/20	SWCL	League Meet	
Female Open 55m Dash TAN								
1 7.60		F	- Schwenker, Nor	12	1/10/20	SWCL #4	- Tantasqua	
2 8.20		F	- Osei-Opoku, As	13	1/10/20	SWCL #4	- Tantasqua	
3 8.70		F	- Long, Abigail	13	1/17/20	SWCL #5	- Tantasqua	
4 8.80		F	- Lussier, Alyss	09	12/13/2	SWCL #1	- Tantasqua	
Female Open 300m Dash								
1 47.40		F	- Schwenker, Nor	12	12/20/2	SWCL #2	- Tantasqua	
2 51.78		F	- Osei-Opoku, As	13	1/24/20	SWCL	League Meet	
3 55.50		F	- Sauriol, Brey	10	12/13/2	SWCL #1	- Tantasqua	
4 56.30		F	- Lussier, Alyss	09	12/20/2	SWCL #2	- Tantasqua	
5 56.60		F	- Lussier, Bryan	09	12/13/2	SWCL #1	- Tantasqua	
Female Open 600m Run								
1 1:57.70		F	- Sloan, Riley	13	1/24/20	SWCL	League Meet	
2 2:16.37		F	- Grover, Lauren	12	1/24/20	SWCL	League Meet	
3 2:31.30		F	- Lussier, Bryan	09	12/20/2	SWCL #2	- Tantasqua	
Female Open 1000m Run								
1 3:47.79		F	- Grover, Bella	13	1/24/20	SWCL	League Meet	
2 4:42.90		F	- Feeney, Gabrie	11	1/17/20	SWCL #5	- Tantasqua	
Female Open 1 Mile Run								
1 7:20.20		F	- Mcgrath, Erin	12	12/20/2	SWCL #2	- Tantasqua	
Female Open 2 Mile Run								
1 15:22.4	7:41.2	F	- Mcgrath, Erin	12	12/20/2	SWCL #2	- Tantasqua	
Female Open 50y Hurdles NB								
1 8.70		F	- Grover, Bella	13	1/3/202	SWCL #3	- Northbridge	
2 10.90		F	- Lussier, Bryan	09	1/3/202	SWCL #3	- Northbridge	
Female Open 55m Hurdles Tan								
1 10.16		F	- Grover, Bella	13	1/24/20	SWCL	League Meet	
2 12.04		P	- Lussier, Bryan	09	1/24/20	SWCL	League Meet	
Female Open 55m Hurdles TAN								
1 9.80		F	- Grover, Bella	13	1/10/20	SWCL #4	- Tantasqua	
2 10.30		F	- Grover, Bella	13	12/13/2	SWCL #1	- Tantasqua	
3 10.50		F	- Lussier, Bryan	09	1/10/20	SWCL #4	- Tantasqua	
Female Open High Jump								
1 4-10.00	1.47m	F	- Grover, Bella	13	1/3/202	SWCL #3	- Northbridge	
2 4-03.00	1.29m	F	- Grover, Lauren	12	1/10/20	SWCL #4	- Tantasqua	
3 4-00.00	1.21m	F	- Feeney, Gabrie	11	12/13/2	SWCL #1	- Tantasqua	
Female Open Shot Put								
1 23-10.7	7.28m	F	- Grover, Lauren	12	1/17/20	SWCL #5	- Tantasqua	
2 23-07.5	7.20m	F	- Schwenker, Nor	12	1/17/20	SWCL #5	- Tantasqua	
3 19-01.2	5.82m	F	- Sloan, Riley	13	12/13/2	SWCL #1	- Tantasqua	
4 15-04.0	4.67m	F	- Osei-Opoku, As	13	12/20/2	SWCL #2	- Tantasqua	
5 15-00.5	4.58m	F	- Mcgrath, Erin	12	12/13/2	SWCL #1	- Tantasqua	
Female Open 4x200m Relay								
1 2:18.90		F	A Rela		1/17/202	SWCL #5	- Tantasqua	

2	2:19.40	F	A	Rela	1/3/2024	SWCL #3 - Northbridge
3	2:20.16	F	A	Rela	1/24/202	SWCL League Meet
4	2:20.30	F	A	Rela	12/13/20	SWCL #1 - Tantasqua
Female Open 4x400m Relay						
1	5:26.50	F	A	Rela	12/20/20	SWCL #2 - Tantasqua
2	5:54.00	F	A	Rela	1/10/202	SWCL #4 - Tantasqua