

District E Girls & Boys Track & Field - 4/29/2023

Division 1 Relay Meet
Shrewsbury High School

Results

Girls 4x100 Meter Relay Division I

First Place 2023

School: Wachusett

Team	Relay	Finals
Finals		
1 Wachusett	A	51.50 10
2 Nipmuc	A	52.10 8
3 North Middlesex	A	52.90 6
4 Algonquin	A	53.33 4
5 Fitchburg	A	54.13 2
6 Worcester Technical	A	54.19 1
7 Shrewsbury	A	54.20
8 Nashoba	A	54.23
9 Westborough	A	54.66
10 Oakmont	A	54.86
11 Leominster	A	55.87
12 Shepherd Hill	A	55.95
13 Hudson	A	58.49
14 Auburn	A	59.29
15 South High Community	A	1:00.83
16 Marlborough	A	1:01.10

Girls 4x200 Meter Relay Division I

First Place 2023

School: Nipmuc

Team	Relay	Finals
Finals		
1 Nipmuc	A	1:49.70 10
2 Algonquin	A	1:52.60 8
3 Shrewsbury	A	1:54.90 6
4 Worcester Technical	A	1:55.00 4
5 Westborough	A	1:57.90 2
6 Wachusett	A	1:58.90 1
7 Hudson	A	2:00.70
8 Auburn	A	2:01.90
9 Nashoba	A	2:02.70
10 Shepherd Hill	A	2:03.60
11 North Middlesex	A	2:08.00
12 Oakmont	A	2:08.80
13 Leominster	A	2:10.50
14 Marlborough	A	2:20.80

Girls 4x400 Meter Relay Division I

First Place 2023

School: Wachusett

Team	Relay	Finals
Finals		
1 Wachusett	A	4:18.79 10
2 Shrewsbury	A	4:20.39 8
3 Shepherd Hill	A	4:22.51 6
4 Hudson	A	4:26.10 4
5 Nipmuc	A	4:26.93 2
6 Algonquin	A	4:27.63 1
7 Nashoba	A	4:28.13

8 Westborough	A	4:29.79
9 Auburn	A	4:47.54
10 Worcester Technical	A	4:47.95
11 Oakmont	A	4:52.88
12 North Middlesex	A	5:00.46
13 Fitchburg	A	5:11.78
14 South High Community	A	5:13.30

Girls 4x800 Meter Relay Division I

First Place 2023

School: Nashoba

Team	Relay	Finals
Finals		
1 Nashoba	A	10:05.60 10
2 Algonquin	A	10:10.30 8
3 Wachusett	A	10:29.20 6
4 Nipmuc	A	10:32.90 4
5 Westborough	A	10:43.10 2
6 Shrewsbury	A	10:44.02 1
7 Worcester Technical	A	11:00.70
8 Hudson	A	11:09.30
9 Shepherd Hill	A	11:23.40
9 Oakmont	A	11:23.40
11 Auburn	A	12:19.80
12 North Middlesex	A	13:02.90
13 Fitchburg	A	13:05.40

Girls 800 Sprint Medley 1-1-2-400 Division I

First Place 2023

School: Wachusett

Team	Relay	Finals
Finals		
1 Wachusett	A	1:52.90 10
2 Algonquin	A	1:58.50 8
3 Nipmuc	A	2:02.50 6
4 Shrewsbury	A	2:03.60 4
5 Hudson	A	2:06.00 2
6 Shepherd Hill	A	2:07.20 1
7 North Middlesex	A	2:11.80
8 Worcester Technical	A	2:12.40
9 Auburn	A	2:13.40
10 Marlborough	A	2:13.80
11 Leominster	A	2:15.40
12 Westborough	A	2:16.80
13 Nashoba	A	2:18.40
14 South High Community	A	2:24.10
15 Fitchburg	A	2:25.50

Girls 1600 Sprint Medley 2-2-4-800 Division I

First Place 2023

School: Algonquin

Team	Relay	Finals
Finals		
1 Algonquin	A	4:33.25 10
2 Auburn	A	4:33.82 8

District E Girls & Boys Track & Field - 4/29/2023

Division 1 Relay Meet
Shrewsbury High School
Results

Finals ... (Girls 1600 Sprint Medley 2-2-4-800 Division I)

Team	Relay	Finals
3 Wachusett	A	4:39.51 6
4 Nipmuc	A	4:50.90 4
5 North Middlesex	A	4:54.65 2
6 Leominster	A	4:55.66 1
7 Oakmont	A	4:56.39
8 Westborough	A	5:00.25
9 South High Community	A	5:06.46
10 Hudson	A	5:08.98
11 Worcester Technical	A	5:13.99
12 Fitchburg	A	5:51.45
13 Nashoba	A	6:03.55

Girls Distance Medley 12-4-8-1600 Division I

First Place 2023

School: Algonquin

Team	Relay	Finals
1 Algonquin	A	13:16.62 10
2 Wachusett	A	13:21.13 8
3 Shepherd Hill	A	13:26.58 6
4 Westborough	A	14:18.22 4
5 Hudson	A	14:19.54 2
6 Nipmuc	A	14:28.16 1
7 Shrewsbury	A	14:37.87
8 Oakmont	A	15:21.15
9 North Middlesex	A	16:06.10

Girls 4x100 Meter Shuttle Hurdle Division I

First Place 2023

School: Nipmuc

Team	Relay	Finals
1 Nipmuc	A	1:10.10 10
2 Algonquin	A	1:10.18 8
3 Westborough	A	1:10.80 6
4 Fitchburg	A	1:18.97 4
5 Wachusett	A	1:19.09 2
6 Nashoba	A	1:21.23 1
7 Worcester Technical	A	1:25.15

Girls High Jump Relay Division I

First Place 2023

School: Algonquin

Name	Yr	School	Finals
1 Elena Westphal	12	Algonquin	1.47m 3.3
1 Hannah Benoit	10	Nashoba	1.47m 0.2
1 Ellyna Hansen	12	Algonquin	1.47m 3.3
4 Sarah Edwardsen	11	Shrewsbury	1.42m 1.3
4 Regan Sullivan	10	Westborough	1.42m 2
6 Simone Roberts	10	Marlborough	1.37m 0.2
6 Abby Martin	12	Wachusett	1.37m 2.7
6 Cassie Pingitore	10	Wachusett	1.37m 2.7

6 Aniya Barnett	11	Worcester Te	1.37m 0.7
6 Niko Conway	9	Algonquin	1.37m 3.3
6 Corinne Levesque	11	Westborough	1.37m 2
12 Ellie Michalowski	11	Shrewsbury	1.32m 1.3
12 Bryden Emerson	9	North Middle	1.32m
12 Melanie Gitau	10	Worcester Te	1.32m 0.7
12 Sierra Kelch	9	Wachusett	1.32m 2.7
12 Enaisja Mendez	12	Marlborough	1.32m 0.2
12 Olivia Downin	11	Hudson	1.32m
18 Sophie Boyd	11	Westborough	1.22m 2
18 Kahlia Parker	11	Worcester Te	1.22m 0.7
18 Daria Giorgi Woodford	8	Hudson	1.22m
18 Valerie Michel	9	Nashoba	1.22m 0.2
18 Bridg Endris	10	North Middle	1.22m
18 Julia Chase	11	North Middle	1.22m
18 Emily Boucher	11	Shrewsbury	1.22m 1.3
25 Fiona Palmer	9	Fitchburg	1.12m
25 Julianna Ortiz	10	Fitchburg	1.12m
25 Sierra Nesman	9	Nashoba	1.12m 0.2
25 Jarelyne Porter	10	Marlborough	1.12m 0.2
25 Ti-Ti Nguyen	11	Hudson	1.12m
--- Noella Tamfu	12	Fitchburg	NH

Girls Pole Vault Relay Division I

First Place 2023

School: Westborough

Opening Height 7'6"

Name	Yr	School	Finals
1 Melinda Haagensen	12	Westborough	3.50m 3.3
2 Olivia LaBelle	11	Algonquin	2.75m 2
3 Katelyn Winchester	11	Westborough	2.60m 3.3
4 Sara Curran	11	Oakmont	2.45m 2.7
4 Rylee Dionne	12	Oakmont	2.45m 2.7
6 Imani Curran	9	Westborough	2.15m 3.3
6 Madison O'Brien	12	Oakmont	2.15m 2.7
8 Paulie Michel	11	Nashoba	2.00m 1
8 Elsie Opdyke	11	Wachusett	2.00m 1
8 Jane Zgurzynski	11	Wachusett	2.00m 1
8 Claire Hohn	11	Nashoba	2.00m 1
12 Sydney Carlson	11	Wachusett	1.85m 1
12 Maya Regan	10	Algonquin	1.85m 2
12 Kate Milhomme	11	Nashoba	1.85m 1
15 Ariella Zalev	11	Algonquin	1.70m 2
--- Grace Garbarino	10	Shrewsbury	NH
--- Alexandra Welch	10	Shrewsbury	NH
--- Sarah Sullivan	11	Shrewsbury	NH

Girls Long Jump Relay Division I

First Place 2023

School: Oakmont

Name	Yr	School	Finals
1 Melinda Haagensen	12	Westborough	5.23m 2
2 Lindsey Elliott	11	Oakmont	5.15m 3.3

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**Division 1 Relay Meet
Shrewsbury High School**

Results

Finals ... (Girls Long Jump Relay Division I)				
Name	Yr	School	Finals	
3	Katherine DeFosse	12 Auburn	5.08m	0.3
4	Samantha DiFonte	10 North Middle	5.00m	
5	Claire Huck	12 Wachusett	4.94m	0.7
6	Jada Sibley	12 Oakmont	4.90m	3.3
7	Amanda Kalinowski	11 Shrewsbury	4.88m	2.7
8	Sarah Edwardsen	11 Shrewsbury	4.85m	2.7
9	Kate DiTullio	11 Algonquin	4.84m	
10	Gianna Yordanopoulos	12 Nipmuc	4.80m	1.3
11	Maisie Rourke	9 Oakmont	4.77m	3.3
12	Arianna Gentile	10 Algonquin	4.68m	
13	Tishany Delarosa	11 Leominster	4.67m	
14	Lillia Young	11 Nipmuc	4.60m	1.3
15	Melrose Boazman	9 Westborough	4.58m	2
16	Andrea Silva	11 Fitchburg	4.52m	
16	Ohemaa Ofosu	11 Worcester Te	4.52m	
18	Hailey Huchowski	9 Auburn	4.44m	0.3
19	Ellie Michalowski	11 Shrewsbury	4.40m	2.7
19	Emma Watts	9 Nipmuc	4.40m	1.3
21	Sierra Kelch	9 Wachusett	4.38m	0.7
22	Abby Martin	12 Wachusett	4.36m	0.7
23	Jenna McFadden	12 North Middle	4.33m	
24	Athena Williams	10 Fitchburg	4.24m	
25	Enaisja Mendez	12 Marlborough	4.23m	
26	Fiona Palmer	9 Fitchburg	4.09m	
27	Samantha Cohlhepp	9 Westborough	4.00m	2
28	Grace Guthrie	9 Nashoba	3.96m	
29	Olivia Edmond	9 Nashoba	3.89m	
30	Stacy Sam	10 Worcester Te	3.88m	
31	Yaa Ansah	10 Leominster	3.85m	
32	Valerie Asare	11 Worcester Te	3.84m	
33	Angela Tenaglia	11 Hudson	3.79m	
34	Dayanara Garay	11 Leominster	3.63m	
35	Isabelle Edmond	10 Nashoba	3.61m	
36	Bryden Emerson	9 North Middle	3.58m	
37	Gabrielle Morales	12 Auburn	3.45m	0.3
38	Callie Sibole	10 Marlborough	3.40m	
---	Julia Barcelos Penteado	10 Algonquin	FOUL	
---	Simone Roberts	10 Marlborough	FOUL	
---	Gillian Woodcome	11 Hudson	FOUL	
---	Madeline Maher	10 Hudson	FOUL	

Girls Triple Jump Relay Division I

First Place 2023

School: Oakmont

Name	Yr	School	Finals	
Finals				
1	Madeline Maher	10 Hudson	10.48m	
2	Alexandra Welch	10 Shrewsbury	10.46m	2.7
3	Kate DiTullio	11 Algonquin	10.44m	1.3
4	Elsie Opdyke	11 Wachusett	10.31m	0.3
4	Lindsey Elliott	11 Oakmont	10.31m	3.3
6	Jada Sibley	12 Oakmont	10.16m	3.3
7	Andrea Silva	11 Fitchburg	10.15m	

8	Samantha DiFonte	10 North Middle	10.10m	
9	Casey Keyes	11 Nipmuc	10.01m	2
10	Riley Restic	9 Nipmuc	10.00m	2
11	Paulie Michel	11 Nashoba	9.92m	0.7
12	Ella Kerr	9 Nashoba	9.84m	0.7
13	Sarah Sullivan	11 Shrewsbury	9.82m	2.7
14	Jessica Casey	9 Nipmuc	9.70m	2
15	Arianna Gentile	10 Algonquin	9.68m	1.3
16	Ohemaa Ofosu	11 Worcester Te	9.48m	
17	Grace Garbarino	10 Shrewsbury	9.44m	2.7
17	Katy O'Connell	10 Algonquin	9.44m	1.3
19	Julia Chase	11 North Middle	9.40m	
19	Danielle Amoah	10 Oakmont	9.40m	3.3
21	Erin Farmer	10 Nashoba	9.34m	0.7
22	Aniya Barnett	11 Worcester Te	9.31m	
23	Angela Tenaglia	11 Hudson	9.18m	
24	Billie Kane	11 Wachusett	9.16m	0.3
25	Alaina Fernandes	12 Westborough	9.11m	
25	Carolyn Creamer	10 Wachusett	9.11m	0.3
27	Athena Williams	10 Fitchburg	8.91m	
28	Maeve Martin	9 Westborough	8.80m	
29	Aidan Boornazian	11 North Middle	8.59m	
29	Gillian Woodcome	11 Hudson	8.59m	
31	Aurea Bhatia	9 Westborough	8.40m	
32	Lixion Koumbai	11 Worcester Te	8.00m	
---	Sari Reinoso	11 Fitchburg	FOUL	

Girls Shot Put Relay Division I

First Place 2023

School: Algonquin

Name	Yr	School	Finals	
Finals				
1	Betsy Bertozzi	10 Algonquin	9.16m	3.3
2	Amelia Squires	10 Nipmuc	8.98m	2.7
3	Amanda Kalinowski	11 Shrewsbury	8.92m	1.3
4	Kaela Burke	10 South High C	8.14m	
5	Ashlee Zaleski	12 Shepherd Hil	7.93m	
6	Ava Biancheri	12 Westborough	7.87m	2
7	Austeja Bazikas	11 Algonquin	7.85m	3.3
8	Corinne Levesque	11 Westborough	7.82m	2
9	Abby Mohler	11 Nashoba	7.81m	
10	Lyla Hill	9 Nipmuc	7.70m	2.7
11	Maeve Whittemore	10 Auburn	7.68m	
12	Katy O'Connell	10 Algonquin	7.51m	3.3
13	Audrey Tomen	11 Wachusett	7.49m	0.5
14	Charlotte Romeo	12 Nashoba	7.25m	
15	Mackenzie Crandall	11 Shrewsbury	7.24m	1.3
16	Mia Malcom	10 North Middle	7.22m	0.5
17	Kaylee Meadows	12 North Middle	6.92m	0.5
18	Sophia Gawronski	12 Auburn	6.90m	
19	Lilly Goyette	11 North Middle	6.81m	0.5
20	Judith Adu	12 Worcester Te	6.80m	
21	Naya Nayfeh	10 Shepherd Hil	6.76m	
22	Syrah Stidsen	10 Wachusett	6.74m	0.5
23	Elly Hume	12 Wachusett	6.72m	0.5

District E Girls & Boys Track & Field - 4/29/2023

**Division 1 Relay Meet
Shrewsbury High School**

Results

Finals ... (Girls Shot Put Relay Division I)

Name	Yr	School	Finals	
24	Samantha Kulesza	11 Nipmuc	6.66m	2.7
25	Sienna Gallimore	9 Westborough	6.65m	2
26	Ella Oberacker	11 Hudson	6.58m	
27	Madison Whalen	10 South High C	6.47m	
28	Auburn Shot #3	Auburn	6.05m	
29	Emma Garceau	9 Shepherd Hil	5.99m	
30	Sofia Dos Santos	10 Worcester Te	5.91m	
31	Nakiya Davis	11 Fitchburg	5.75m	
32	Emma Dionne	10 Nashoba	5.74m	
33	Cindy Enang	9 Fitchburg	5.65m	
34	Emma Salvucci	12 Shrewsbury	5.61m	1.3
35	LaAnna Draper	10 Fitchburg	5.51m	
36	Madison Kilcoyne	9 Worcester Te	5.32m	
37	Amira Alston-Madison	9 South High C	4.61m	

Girls Discus Throw Relay Division I

First Place 2023

School: Hudson

Name	Yr	School	Finals	
Finals				
1	Savannah Gao	11 Hudson	27.85m	3.3
2	Kaela Burke	10 South High C	24.94m	
3	Bella Cotter	12 Nashoba	24.22m	2
4	Adelaide Johnson	10 Marlborough	24.11m	2.7
5	Maeve Whittemore	10 Auburn	22.68m	0.7
6	Amelia Squires	10 Nipmuc	22.29m	0.3
7	Rachel Powell	12 Marlborough	21.92m	2.7
8	Meredith Kelley	10 Westborough	21.51m	1.3
9	Audrey Tomen	11 Wachusett	21.49m	
10	Olivia Barter	11 Shrewsbury	21.15m	
11	Leila Mullahy	11 Hudson	20.98m	3.3
12	Eliza Rogers	12 Nashoba	20.92m	2
13	Betsy Bertonazzi	10 Algonquin	20.62m	
14	Lyla Hill	9 Nipmuc	20.54m	0.3
15	Norah Tesini	11 North Middle	20.43m	
16	Mackenzie Crandall	11 Shrewsbury	19.97m	
17	Sophia Gawronski	12 Auburn	18.60m	0.7
18	Haley Fallon	10 Wachusett	18.38m	
19	Anna Iacobucci	8 Hudson	17.94m	3.3
20	Brooke Ferlo	9 Algonquin	17.75m	
21	Shaivi Patel	10 Westborough	17.61m	1.3
22	Trisha Rajasekar	12 Westborough	17.50m	1.3
23	Violet Ren	11 Marlborough	17.22m	2.7
24	Judith Adu	12 Worcester Te	17.17m	
25	Isis Harrison	10 Fitchburg	16.87m	
26	Julia Landgren	9 Algonquin	16.45m	
27	Abigail Bloom	12 North Middle	15.65m	
28	Kailee DeJesus	12 Nashoba	15.61m	2
29	Chloe Verccellini	10 Auburn	15.00m	0.7
30	Emma Salvucci	12 Shrewsbury	14.63m	
31	Nakiya Davis	11 Fitchburg	14.53m	
32	Mia Malcom	10 North Middle	14.31m	
33	Madison Kilcoyne	9 Worcester Te	14.25m	

34	Akua Afriyie	9 South High C	13.85m	
35	Sofia Dos Santos	10 Worcester Te	13.20m	
36	Eliza Kurze	10 Nipmuc	13.13m	0.3
37	Amira Alston-Madison	9 South High C	12.69m	
38	Savannah Boothe	10 Fitchburg	11.45m	
---	Sylvia Newman	12 Wachusett	FOUL	

Girls Javelin Throw Relay Division I

First Place 2023

School: Hudson

Name	Yr	School	Finals	
Finals				
1	Savannah Gao	11 Hudson	33.46m	3.3
2	Elena Westphal	12 Algonquin	32.39m	2.7
3	Kenzie Cumming	12 Leominster	27.99m	2
4	Lilia Rosadini	11 Nashoba	27.13m	1.3
5	Sylvia Newman	12 Wachusett	24.93m	0.7
6	Meredith Kelley	10 Westborough	24.03m	
7	Leila Mullahy	11 Hudson	23.99m	3.3
8	Norah Tesini	11 North Middle	23.90m	0.3
9	Abigail Hennessy	12 Marlborough	23.86m	
10	Jillian French	10 Leominster	23.44m	2
11	Ula Bazikas	11 Algonquin	23.16m	2.7
12	Adelaide Johnson	10 Marlborough	21.72m	
13	Mirabelle Silva	9 Auburn	21.50m	
14	Austeja Bazikas	11 Algonquin	21.49m	2.7
15	Emma Boccelli	11 North Middle	21.14m	0.3
16	Nhilynn Reyes	11 Worcester Te	21.12m	
17	Erica Korowski	11 Hudson	20.62m	3.3
18	Kyah Montano	10 Nipmuc	19.71m	
19	Lixion Koumbai	11 Worcester Te	19.50m	
20	Paige Umile	11 Shrewsbury	19.04m	
21	Williams Sanyiah	11 South High C	18.79m	
22	Madison Whalen	10 South High C	18.66m	
23	Olivia Brideau	9 Wachusett	18.65m	0.7
24	Aine Lachance	12 Nashoba	18.62m	1.3
25	Ava Moran	11 Wachusett	18.52m	0.7
26	Sienna Geiman	9 Westborough	17.88m	
27	Tamia Nedd	11 Fitchburg	17.70m	
28	Kiera Petri	12 Nashoba	17.16m	1.3
29	Chikalia Igwenagu	9 Auburn	16.93m	
30	Wren Curewitz	9 Auburn	16.54m	
31	Katherine Vona	12 Shrewsbury	16.41m	
32	Asia Soukseunchay	10 South High C	16.35m	
33	Paige Humphrey	11 Oakmont	16.19m	
34	Laiha Diaz	12 Fitchburg	15.72m	
35	Josephine Hayes	12 Nipmuc	15.08m	
36	Avery McMahan	11 Oakmont	14.64m	
37	Savannah Boothe	10 Fitchburg	14.60m	
38	Trisha Rajasekar	12 Westborough	14.55m	
39	Praisey Baidoo	10 Worcester Te	14.54m	
40	Lydia Melino	11 North Middle	14.22m	0.3
41	Isabel Wandless	11 Oakmont	13.04m	
42	Anabelle Bien-Aime	10 Leominster	12.55m	2
43	Bethany Gibson	12 Marlborough	12.45m	

District E Girls & Boys Track & Field - 4/29/2023

**Division 1 Relay Meet
Shrewsbury High School
Results**

Finals ... (Girls Javelin Throw Relay Division I)

	Name	Yr	School	Finals
44	Nicole Orlik	12	Shrewsbury	12.20m
45	Leah Kirby	11	Nipmuc	11.39m

Women - Division I - Team Rankings - 15 Events Scored

1)	Algonquin	95
2)	Wachusett	70.5
3)	Nipmuc	64
4)	Westborough	46
5)	Shrewsbury	43
6)	Oakmont	28
6)	Hudson	28
8)	Nashoba	26.5
9)	Shepherd Hill	13
10)	Auburn	11
11)	North Middlesex	10.5
12)	Marlborough	8.50000
13)	Worcester Technical	7
13)	Leominster	7
15)	Fitchburg	6