

**S.W.C.L. Indoor Track  
2022 - 2023 as of 1-31-23**

**Individual Top Marks**

**Quaboag [QUAB]**

Number of Top Times: All

	Mark	Convert	Rnd	Name	Age/Yr		
<b>Male Open 50y Dash NB</b>							
1	5.90	F	---	Tyler Withers	111	1/11/2023	SWCL Dual Meet #4 - NB
2	6.10	F	---	Gage Lane	127	1/11/2023	SWCL Dual Meet #4 - NB
3	6.30	F	---	Charles Schwenker	127	1/11/2023	SWCL Dual Meet #4 - NB
4	7.30	F	---	Trevor Contacos	71	1/11/2023	SWCL Dual Meet #4 - NB
<b>Male Open 55m Dash Tan</b>							
1	7.12	F	---	Tyler Withers	111	1/31/2023	SWCL League Meet
2	7.69	P	---	Andrew Gagnon	121	1/31/2023	SWCL League Meet
<b>Male Open 55m Dash TAN</b>							
1	6.80	F	---	Tyler Withers	111	1/4/2023	SWCL Dual Meet #3 - Tan
2	7.21	F	---	Charles Schwenker	127	12/14/2022	SWCL Dual Meet #1 - Tan
3	7.40	F	---	Andrew Gagnon	121	1/4/2023	SWCL Dual Meet #3 - Tan
4	7.50	F	---	Zachary Russell	127	1/18/2023	SWCL Dual Meet #5 - Tan
5	7.53	F	---	Brendan Burke	127	12/14/2022	SWCL Dual Meet #1 - Tan
6	8.31	F	---	Riley Douglas	81	12/14/2022	SWCL Dual Meet #1 - Tan
7	8.50	F	---	Trevor Contacos	71	1/18/2023	SWCL Dual Meet #5 - Tan
8	9.10	F	---	Thomas Bellizzi	81	1/4/2023	SWCL Dual Meet #3 - Tan
<b>Male Open 300m Dash</b>							
1	41.10	F	---	Charles Schwenker	127	12/21/2022	SWCL Dual Meet #2 - Tan
2	42.40	F	---	Gage Lane	127	1/11/2023	SWCL Dual Meet #4 - NB
3	42.60	F	---	Cadel Courtney	127	1/4/2023	SWCL Dual Meet #3 - Tan
4	45.30	F	---	Zachary Russell	127	1/18/2023	SWCL Dual Meet #5 - Tan
5	47.30	F	---	Hunter Sherman	81	1/11/2023	SWCL Dual Meet #4 - NB
6	50.10	F	---	Trevor Contacos	71	12/21/2022	SWCL Dual Meet #2 - Tan
7	54.50	F	---	Connor Burke	91	12/21/2022	SWCL Dual Meet #2 - Tan
8	56.00	F	---	Thomas Bellizzi	81	12/14/2022	SWCL Dual Meet #1 - Tan
<b>Male Open 600m Run</b>							
1	1:34.55	F	---	Camden Williams	91	1/31/2023	SWCL League Meet
2	1:40.50	F	---	Gage Lane	127	1/18/2023	SWCL Dual Meet #5 - Tan
3	1:48.38	F	---	Gavin Williams	81	1/31/2023	SWCL League Meet
4	1:52.30	F	---	Cadel Courtney	127	1/11/2023	SWCL Dual Meet #4 - NB
5	1:52.50	F	---	Hunter Sherman	81	1/18/2023	SWCL Dual Meet #5 - Tan
6	1:53.04	F	---	Brendan Burke	127	12/21/2022	SWCL Dual Meet #2 - Tan
7	1:56.19	F	---	Logan Spring	71	12/21/2022	SWCL Dual Meet #2 - Tan
8	2:09.00	F	---	Hunter Gagnon	91	12/14/2022	SWCL Dual Meet #1 - Tan
9	2:14.50	F	---	Mason Lakota	71	1/18/2023	SWCL Dual Meet #5 - Tan
10	2:15.00	F	---	Austin Letourneau	71	12/14/2022	SWCL Dual Meet #1 - Tan
<b>Male Open 1000m Run</b>							
1	3:24.85	F	---	Cadel Courtney	127	12/21/2022	SWCL Dual Meet #2 - Tan
2	3:26.90	F	---	Logan Spring	71	1/18/2023	SWCL Dual Meet #5 - Tan
3	3:54.30	F	---	Connor Snay	71	1/18/2023	SWCL Dual Meet #5 - Tan
4	3:59.50	F	---	Jack Beal	71	1/11/2023	SWCL Dual Meet #4 - NB
5	4:00.87	F	---	Kristian White	81	1/31/2023	SWCL League Meet
6	4:04.90	F	---	William Sexton	71	1/18/2023	SWCL Dual Meet #5 - Tan
7	4:20.00	F	---	Austin Letourneau	71	1/4/2023	SWCL Dual Meet #3 - Tan
<b>Male Open 1 Mile Run</b>							
1	5:26.80	F	---	Camden Williams	91	1/18/2023	SWCL Dual Meet #5 - Tan

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	Mark	Convert	Rnd		Name	Age/Yr		
2	5:56.40		F	---	Hunter Dodson	81	1/11/2023	SWCL Dual Meet #4 - NB
3	6:15.24		F	---	Gavin Williams	81	12/21/2022	SWCL Dual Meet #2 - Tan
4	8:52.00		F	---	Kristian White	81	12/14/2022	SWCL Dual Meet #1 - Tan
<b>Male Open 2 Mile Run</b>								
1	12:27.60	6:13.80	F	---	Hunter Dodson	81	1/18/2023	SWCL Dual Meet #5 - Tan
2	16:56.00	8:28.00	F	---	Kristian White	81	12/14/2022	SWCL Dual Meet #1 - Tan
<b>Male Open 50y Hurdles NB</b>								
1	8.30		F	---	Cadel Courtney	127	1/11/2023	SWCL Dual Meet #4 - NB
2	9.20		F	---	Logan Spring	71	1/11/2023	SWCL Dual Meet #4 - NB
<b>Male Open 55m Hurdles Tan</b>								
1	9.41		F	---	Cadel Courtney	127	1/31/2023	SWCL League Meet
2	14.09		P	---	Logan Spring	71	1/31/2023	SWCL League Meet
<b>Male Open 55m Hurdles TAN</b>								
1	9.10		F	---	Cadel Courtney	127	1/4/2023	SWCL Dual Meet #3 - Tan
2	9.91		F	---	Tyler Withers	111	12/21/2022	SWCL Dual Meet #2 - Tan
3	10.80		F	---	Logan Spring	71	1/4/2023	SWCL Dual Meet #3 - Tan
4	12.10		F	---	Kristian White	81	1/18/2023	SWCL Dual Meet #5 - Tan
<b>Male Open High Jump</b>								
1	5-10.00	1.77m	F	---	Tyler Withers	111	1/18/2023	SWCL Dual Meet #5 - Tan
2	5-00.00	1.52m	F	---	Gage Lane	127	1/18/2023	SWCL Dual Meet #5 - Tan
3	4-10.00	1.47m	F	---	Charles Schwenker	127	1/18/2023	SWCL Dual Meet #5 - Tan
4	NH		F	---	Hunter Dodson	81	12/14/2022	SWCL Dual Meet #1 - Tan
<b>Male Open Shot Put</b>								
1	45-10.00	13.97m	F	---	Brendan Burke	127	1/31/2023	SWCL League Meet
2	38-08.50	11.79m	F	---	Andrew Gagnon	121	1/31/2023	SWCL League Meet
3	38-03.25	11.66m	F	---	Nathan Church	121	1/4/2023	SWCL Dual Meet #3 - Tan
4	31-02.50	9.51m	F	---	Caden Prinsen	81	12/14/2022	SWCL Dual Meet #1 - Tan
5	26-10.00	8.17m	F	---	Samuel Carrasco	101	1/11/2023	SWCL Dual Meet #4 - NB
<b>Male Open Shot Put j.v.</b>								
1	19-01.50	5.82m	F	---	Cameron Bennett	81	1/4/2023	SWCL Dual Meet #3 - Tan