

**S.W.C.L. Indoor Track  
2022 - 2023 as of 1-31-23**

**Individual Top Marks**

Grafton [GRAF]

Number of Top Times: All

Mark	Convert	Rnd	Name	Age/Yr		
<b>Male Open 50y Dash NB</b>						
1	5.90	F	---	Aditya Kaki	121	12/14/2022 SWCL Dual Meet #1 - NB
2	6.10	F	---	Jhonyel Galvis	121	12/21/2022 SWCL Dual Meet #2 - NB
3*	6.20	F	---	Alex Inciong	101	12/14/2022 SWCL Dual Meet #1 - NB
3*	6.20	F	---	Logan Mayo	101	1/4/2023 SWCL Dual Meet #3 - NB
5	6.30	F	---	Jackson Shea	121	12/21/2022 SWCL Dual Meet #2 - NB
6*	6.40	F	---	Glen Kelley	121	12/14/2022 SWCL Dual Meet #1 - NB
6*	6.40	F	---	Sean Cable	101	1/4/2023 SWCL Dual Meet #3 - NB
8	6.50	F	---	dimitri morris	101	1/4/2023 SWCL Dual Meet #3 - NB
<b>Male Open 55m Dash Tan</b>						
1	6.85	F	---	Aditya Kaki	121	1/31/2023 SWCL League Meet
2	7.23	P	---	Alex Inciong	101	1/31/2023 SWCL League Meet
3	7.28	P	---	Jackson Shea	121	1/31/2023 SWCL League Meet
<b>Male Open 55m Dash TAN</b>						
1	6.50	F	---	Aditya Kaki	121	1/18/2023 SWCL Dual Meet #5 - Tan
2*	6.90	F	---	Alex Inciong	101	1/18/2023 SWCL Dual Meet #5 - Tan
2*	6.90	F	---	Jackson Shea	121	1/11/2023 SWCL Dual Meet #4 - Tan
4	7.00	F	---	Jhonyel Galvis	121	1/11/2023 SWCL Dual Meet #4 - Tan
5	7.30	F	---	Sean Cable	101	1/18/2023 SWCL Dual Meet #5 - Tan
<b>Male Open 300m Dash</b>						
1	41.15	F	---	Aditya Kaki	121	1/11/2023 SWCL Dual Meet #4 - Tan
2	41.90	F	---	Logan Mayo	101	1/18/2023 SWCL Dual Meet #5 - Tan
3	42.45	F	---	Jhonyel Galvis	121	1/31/2023 SWCL League Meet
4	42.80	F	---	Glen Kelley	121	1/18/2023 SWCL Dual Meet #5 - Tan
5	44.12	F	---	Alex Inciong	101	1/11/2023 SWCL Dual Meet #4 - Tan
6	45.30	F	---	Andrew Roseen	101	12/21/2022 SWCL Dual Meet #2 - NB
7*	46.70	F	---	Josh Kurutu	121	12/14/2022 SWCL Dual Meet #1 - NB
7*	46.70	F	---	Calvary Jamoko	101	1/18/2023 SWCL Dual Meet #5 - Tan
9	46.80	F	---	Jackson Shea	121	12/21/2022 SWCL Dual Meet #2 - NB
10	47.40	F	---	Paul Flanagan	101	12/14/2022 SWCL Dual Meet #1 - NB
<b>Male Open 600m Run</b>						
1	1:38.87	F	---	Logan Mayo	101	1/31/2023 SWCL League Meet
2	1:42.57	F	---	Anthony Lam	121	1/31/2023 SWCL League Meet
3	1:45.30	F	---	Abhinav Sood	111	12/21/2022 SWCL Dual Meet #2 - NB
4	1:46.30	F	---	Andrew Roseen	101	1/18/2023 SWCL Dual Meet #5 - Tan
5	1:48.70	F	---	Chase Dorazio	101	1/18/2023 SWCL Dual Meet #5 - Tan
6	1:49.10	F	---	Paul Flanagan	101	1/18/2023 SWCL Dual Meet #5 - Tan
7	1:49.70	F	---	Josh Kurutu	121	1/18/2023 SWCL Dual Meet #5 - Tan
8	1:51.90	F	---	Glen Kelley	121	12/21/2022 SWCL Dual Meet #2 - NB
9	1:55.40	F	---	Aiden Walker	121	1/4/2023 SWCL Dual Meet #3 - NB
10	1:58.01	F	---	Tyler Yarrow	101	1/11/2023 SWCL Dual Meet #4 - Tan
11	1:58.60	F	---	Remy Anderson	91	12/21/2022 SWCL Dual Meet #2 - NB
12	2:06.60	F	---	Cameron Tosches	101	12/14/2022 SWCL Dual Meet #1 - NB
13	2:35.10	F	---	Ebrima Fadera	91	12/14/2022 SWCL Dual Meet #1 - NB
<b>Male Open 1000m Run</b>						
1	3:02.10	F	---	Luke Herren	129	12/21/2022 SWCL Dual Meet #2 - NB
2	3:03.77	F	---	Abhinav Sood	111	1/31/2023 SWCL League Meet

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	Mark	Convert	Rnd	Name	Age/Yr		
3	3:16.34		F	---	Christian Riddle	101	1/11/2023 SWCL Dual Meet #4 - Tan
4	3:17.40		F	---	Logan Mayo	101	1/18/2023 SWCL Dual Meet #5 - Tan
5	3:19.63		F	---	Cameron Tosches	101	1/31/2023 SWCL League Meet
6	3:28.60		F	---	Lucas Alderton	101	1/18/2023 SWCL Dual Meet #5 - Tan
7	3:35.90		F	---	Zachary Proulx	101	12/21/2022 SWCL Dual Meet #2 - NB
8	3:36.60		F	---	Remy Anderson	91	1/18/2023 SWCL Dual Meet #5 - Tan
9	3:55.20		F	---	Vishal Balagani	101	1/4/2023 SWCL Dual Meet #3 - NB
10	3:58.40		F	---	Jeremy Galvis	111	12/14/2022 SWCL Dual Meet #1 - NB
11	4:08.50		F	---	Brendan Molczyk	111	12/14/2022 SWCL Dual Meet #1 - NB
12	4:32.50		F	---	Tyler Yarrow	101	12/14/2022 SWCL Dual Meet #1 - NB
13	DNF		F	---	Ebrima Fadera	91	12/21/2022 SWCL Dual Meet #2 - NB
<b>Male Open 1 Mile Run</b>							
1	5:11.20		F	---	Luke Herren	129	12/21/2022 SWCL Dual Meet #2 - NB
2	5:28.00		F	---	Abhinav Sood	111	1/11/2023 SWCL Dual Meet #4 - Tan
3	5:41.13		F	---	Lucas Alderton	101	1/11/2023 SWCL Dual Meet #4 - Tan
4	5:52.70		F	---	Christian Riddle	101	1/4/2023 SWCL Dual Meet #3 - NB
5	6:02.83		F	---	Aiden Walker	121	1/31/2023 SWCL League Meet
6	6:09.40		F	---	Zachary Proulx	101	12/21/2022 SWCL Dual Meet #2 - NB
7	6:19.90		F	---	Joshua Allen	111	1/18/2023 SWCL Dual Meet #5 - Tan
8	6:21.00		F	---	Srivanth Pothineni	121	1/18/2023 SWCL Dual Meet #5 - Tan
9	6:29.37		F	---	Vishal Balagani	101	1/11/2023 SWCL Dual Meet #4 - Tan
10	6:34.70		F	---	Jeremy Galvis	111	1/4/2023 SWCL Dual Meet #3 - NB
11	7:18.80		F	---	Gabriel Koskinen	101	12/21/2022 SWCL Dual Meet #2 - NB
<b>Male Open 2 Mile Run</b>							
1	12:12.40	6:06.20	F	---	Abhinav Sood	111	12/21/2022 SWCL Dual Meet #2 - NB
2	12:49.50	6:24.75	F	---	Zayan Sharif	91	1/18/2023 SWCL Dual Meet #5 - Tan
3	12:58.60	6:29.30	F	---	Christian Riddle	101	1/18/2023 SWCL Dual Meet #5 - Tan
4	13:09.76	6:34.88	F	---	Jeremy Galvis	111	1/31/2023 SWCL League Meet
5	13:23.50	6:41.75	F	---	Zachary Proulx	101	1/4/2023 SWCL Dual Meet #3 - NB
6	14:28.19	7:14.10	F	---	Joshua Allen	111	1/11/2023 SWCL Dual Meet #4 - Tan
7	15:16.90	7:38.45	F	---	Vishal Balagani	101	12/21/2022 SWCL Dual Meet #2 - NB
8	15:20.00	7:40.00	F	---	Gabriel Koskinen	101	1/11/2023 SWCL Dual Meet #4 - Tan
9	15:48.90	7:54.45	F	---	Tyler Yarrow	101	12/21/2022 SWCL Dual Meet #2 - NB
<b>Male Open 50y Hurdles NB</b>							
1	8.30		F	---	Anthony Lam	121	1/4/2023 SWCL Dual Meet #3 - NB
2	9.30		F	---	Paul Flanagan	101	12/14/2022 SWCL Dual Meet #1 - NB
3	9.60		F	---	Ebrima Fadera	91	12/14/2022 SWCL Dual Meet #1 - NB
<b>Male Open 55m Hurdles Tan</b>							
1	9.53		F	---	Anthony Lam	121	1/31/2023 SWCL League Meet
2	9.73		P	---	Anthony Lam	121	1/31/2023 SWCL League Meet
3	10.01		P	---	Calvary Jamoko	101	1/31/2023 SWCL League Meet
<b>Male Open 55m Hurdles TAN</b>							
1	9.50		F	---	Anthony Lam	121	1/18/2023 SWCL Dual Meet #5 - Tan
2	9.70		F	---	Anthony Lam	121	1/11/2023 SWCL Dual Meet #4 - Tan
3	10.60		F	---	Calvary Jamoko	101	1/18/2023 SWCL Dual Meet #5 - Tan
4	11.10		F	---	Paul Flanagan	101	1/18/2023 SWCL Dual Meet #5 - Tan
5	12.20		F	---	Ebrima Fadera	91	1/18/2023 SWCL Dual Meet #5 - Tan

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	<b>Mark</b>	<b>Convert</b>	<b>Rnd</b>		<b>Name</b>	<b>Age/Yr</b>		
<b>Male Open High Jump</b>								
1	6-00.00	1.82m	F	---	Jackson Shea	121	1/31/2023	SWCL League Meet
2	5-11.00	1.80m	F	---	Caden Ashmore	111	1/11/2023	SWCL Dual Meet #4 - Tan
3	5-04.00	1.62m	F	---	Glen Kelley	121	1/4/2023	SWCL Dual Meet #3 - NB
4	5-00.00	1.52m	F	---	Christian Riddle	101	1/18/2023	SWCL Dual Meet #5 - Tan
<b>Male Open Shot Put</b>								
1	37-00.00	11.27m	F	---	dimitri morris	101	12/21/2022	SWCL Dual Meet #2 - NB
2	34-05.50	10.50m	F	---	Aiden Walker	121	1/31/2023	SWCL League Meet
3	33-04.00	10.16m	F	---	Zander Shaw	121	1/31/2023	SWCL League Meet
4	29-00.25	8.84m	F	---	Jack McCaffrey	101	1/18/2023	SWCL Dual Meet #5 - Tan
5	26-10.25	8.18m	F	---	Jack O'Neill	111	1/11/2023	SWCL Dual Meet #4 - Tan
6	26-09.00	8.15m	F	---	Tyler Yarrow	101	12/21/2022	SWCL Dual Meet #2 - NB
7	20-04.00	6.19m	F	---	Abdul Mohammed	101	12/21/2022	SWCL Dual Meet #2 - NB