

**S.W.C.L. Indoor Track
2022 - 2023 as of 1-31-23**

Relay Top Marks

Number of Top Times: 15

	Time	Convert	Rnd	Relay		
Female Open 4x200m Relay						
1	2:01.01		F	A Relay TANTASQUA	1/31/2023	SWCL League Meet
2	2:01.98		F	A Relay AUBURN	1/31/2023	SWCL League Meet
3	2:02.00		F	A Relay TANTASQUA	12/14/2022	SWCL Dual Meet #1 - Tan
4	2:02.70		F	A Relay TANTASQUA	1/18/2023	SWCL Dual Meet #5 - Tan
5	2:03.15		F	A Relay TANTASQUA	1/4/2023	SWCL Dual Meet #3 - Tan
6	2:04.06		F	A Relay MILLBURY	1/31/2023	SWCL League Meet
7*	2:05.70		F	A Relay MILLBURY	1/18/2023	SWCL Dual Meet #5 - NB
7*	2:05.70		F	A Relay GRAFTON	1/18/2023	SWCL Dual Meet #5 - Tan
9	2:05.97		F	A Relay GRAFTON	1/31/2023	SWCL League Meet
10	2:06.20		F	A Relay AUBURN	1/18/2023	SWCL Dual Meet #5 - Tan
11	2:06.30		F	A Relay AUBURN	1/4/2023	SWCL Dual Meet #3 - NB
12	2:06.41		F	A Relay DAVID PROUTY	1/31/2023	SWCL League Meet
13	2:06.70		F	A Relay MILLBURY	1/4/2023	SWCL Dual Meet #3 - NB
14	2:06.80		F	A Relay DAVID PROUTY	1/18/2023	SWCL Dual Meet #5 - Tan
15	2:08.00		F	A Relay AUBURN	12/14/2022	SWCL Dual Meet #1 - Tan
Female Open 4x400m Relay						
1	4:43.51		F	A Relay TANTASQUA	1/31/2023	SWCL League Meet
2	4:47.44		F	A Relay AUBURN	1/11/2023	SWCL Dual Meet #4 - Tan
3	4:49.19		F	B Relay WILBRAHAM MONS	1/11/2023	SWCL Dual Meet #4 - Tan
4	4:49.71		F	A Relay TANTASQUA	1/11/2023	SWCL Dual Meet #4 - Tan
5	4:56.02		F	A Relay GRAFTON	1/11/2023	SWCL Dual Meet #4 - Tan
6	5:01.69		F	A Relay AUBURN	1/31/2023	SWCL League Meet
7	5:05.80		F	A Relay AUBURN	12/21/2022	SWCL Dual Meet #2 - NB
8	5:10.54		F	A Relay DAVID PROUTY	1/11/2023	SWCL Dual Meet #4 - Tan
9	5:10.58		F	A Relay GRAFTON	1/31/2023	SWCL League Meet
10	5:12.90		F	A Relay GRAFTON	12/21/2022	SWCL Dual Meet #2 - NB
11	5:15.00		F	A Relay NOTRE DAME	12/21/2022	SWCL Dual Meet #2 - NB
12	5:16.47		F	A Relay QUABOAG	1/31/2023	SWCL League Meet
13	5:16.64		F	A Relay UXBRIDGE	1/31/2023	SWCL League Meet
14	5:22.14		F	A Relay NOTRE DAME	1/11/2023	SWCL Dual Meet #4 - Tan
15	5:26.80		F	A Relay QUABOAG	1/11/2023	SWCL Dual Meet #4 - NB
Female Open 4x800m Relay						
1	12:24.26		F	A Relay GRAFTON	1/31/2023	SWCL League Meet
2	12:24.50		F	A Relay TANTASQUA	1/31/2023	SWCL League Meet
3	12:57.64		F	A Relay AUBURN	1/31/2023	SWCL League Meet
4	13:22.29		F	A Relay UXBRIDGE	1/31/2023	SWCL League Meet
Male Open 4x200m Relay						
1	1:45.60		F	A Relay TANTASQUA	1/31/2023	SWCL League Meet
2	1:46.10		F	A Relay TANTASQUA	1/18/2023	SWCL Dual Meet #5 - Tan
3	1:46.29		F	A Relay GRAFTON	1/31/2023	SWCL League Meet
4	1:46.30		F	A Relay MILLBURY	1/31/2023	SWCL League Meet
5	1:46.80		F	A Relay GRAFTON	1/18/2023	SWCL Dual Meet #5 - Tan
6	1:48.37		F	A Relay QUABOAG	1/31/2023	SWCL League Meet
7	1:48.60		F	A Relay QUABOAG	1/18/2023	SWCL Dual Meet #5 - Tan

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	Time	Convert	Rnd	Relay		
8	1:48.70		F	A Relay	MILLBURY	1/18/2023 SWCL Dual Meet #5 - NB
9	1:48.90		F	A Relay	TANTASQUA	1/4/2023 SWCL Dual Meet #3 - Tan
10	1:49.00		F	A Relay	TANTASQUA	12/14/2022 SWCL Dual Meet #1 - Tan
11	1:49.20		F	A Relay	QUABOAG	1/4/2023 SWCL Dual Meet #3 - Tan
12	1:49.80		F	A Relay	AUBURN	1/18/2023 SWCL Dual Meet #5 - Tan
13	1:50.10		F	A Relay	GRAFTON	1/4/2023 SWCL Dual Meet #3 - NB
14	1:50.20		F	A Relay	MILLBURY	1/4/2023 SWCL Dual Meet #3 - NB
15*	1:50.90		F	A Relay	AUBURN	1/31/2023 SWCL League Meet
15*	1:50.90		F	A Relay	NORTHBRIDGE	1/18/2023 SWCL Dual Meet #5 - NB
Male Open 4x400m Relay						
1	4:07.08		F	B Relay	WILBRAHAM MONS(C	1/11/2023 SWCL Dual Meet #4 - Tan
2	4:07.73		F	A Relay	AUBURN	1/11/2023 SWCL Dual Meet #4 - Tan
3	4:10.65		F	A Relay	GRAFTON	1/11/2023 SWCL Dual Meet #4 - Tan
4	4:10.89		F	A Relay	DAVID PROUTY	1/11/2023 SWCL Dual Meet #4 - Tan
5	4:11.28		F	A Relay	GRAFTON	1/31/2023 SWCL League Meet
6	4:12.47		F	A Relay	AUBURN	1/31/2023 SWCL League Meet
7	4:13.30		F	A Relay	TANTASQUA	1/11/2023 SWCL Dual Meet #4 - Tan
8	4:14.80		F	A Relay	MILLBURY	12/21/2022 SWCL Dual Meet #2 - NB
9	4:15.47		F	A Relay	UXBRIDGE	1/11/2023 SWCL Dual Meet #4 - Tan
10	4:17.05		F	A Relay	QUABOAG	12/21/2022 SWCL Dual Meet #2 - Tan
11	4:17.40		F	A Relay	AUBURN	12/21/2022 SWCL Dual Meet #2 - NB
12	4:17.70		F	A Relay	MILLBURY	1/31/2023 SWCL League Meet
13	4:17.79		F	A Relay	TANTASQUA	1/31/2023 SWCL League Meet
14	4:18.30		F	A Relay	NORTHBRIDGE	1/31/2023 SWCL League Meet
15	4:21.09		F	A Relay	UXBRIDGE	1/31/2023 SWCL League Meet
Male Open 4x800m Relay						
1	10:04.89		F	A Relay	UXBRIDGE	1/31/2023 SWCL League Meet
2	10:11.08		F	A Relay	LEICESTER	1/31/2023 SWCL League Meet
3	10:23.02		F	A Relay	MILLBURY	1/31/2023 SWCL League Meet
4	10:25.98		F	A Relay	GRAFTON	1/31/2023 SWCL League Meet
5	10:34.20		F	A Relay	AUBURN	1/31/2023 SWCL League Meet
6	10:50.01		F	A Relay	QUABOAG	1/31/2023 SWCL League Meet
7	11:56.86		F	A Relay	DAVID PROUTY	1/31/2023 SWCL League Meet