

**58th Running - Sudbury July 4th Road Race - 7/4/2022**

**Featherland Park  
Sudbury, Massachusetts  
Results**

**Event 1 Girls 13&U 3.75 Mile Run**

Name	Age	Team	Finals	H#	Points
Results - Women 13 & Under					
1 Rachel Edlefsen	12	Sudbury, MA	30:53.35	6	1
2 Avery Gibson	11	Sudbury, MA	32:55.52	8	2
3 Emerson Acquaviva	13	Sudbury, MA	33:23.01	9	3
4 Avery Acquaviva	13	Sudbury, MA	33:32.86	9	4
5 Catherine O'sullivan	13	Sudbury, MA	33:36.12	9	5
6 Caroline Kenney	8	Westborough, MA	37:00.65	13	
7 Caterina Waring	10	Maynard, MA	47:30.22	19	
8 Magnolia Kaminski	9	Sudbury, MA	49:15.11	20	6

**Event 1 Boys 13&U 3.75 Mile Run**

Name	Age	Team	Finals	H#	Points
Results - Men 13 & Under					
1 Nikhil Luthra	13	Sudbury, MA	27:19.86	3	1
2 Gavin Fratto	12	Stow, MA	30:31.29	6	
3 Jacob Gawenus	12	Venetia, PA	34:14.16	10	
4 Michael B Waring	13	Maynard, MA	35:34.79	11	
5 Chase Champagne	11	Sudbury, MA	35:50.96	12	2
6 Henry Schmirer	12	Maynard, MA	36:27.72	13	
7 Andrew Biggins	7	Sudbury, MA	37:24.36	13	3
8 Adam Foraida	13	Sudbury, MA	37:34.86	14	4
9 Tyler DeMichele	13	Sudbury, MA	42:43.80	17	5
10 Reid Champagne	10	Sudbury, MA	50:13.36	20	6
11 James Llamas	13	Sudbury, MA	52:13.78	21	

**Event 1 Women 14-19 3.75 Mile Run**

Name	Age	Team	Finals	H#	Points
Results - Women 14-19					
1 Sarah Watson	18	Sudbury, MA	25:53.00	2	1
2 Charlotte Huck	16	Sudbury, MA	27:07.32	3	2
3 Mia Wolpe	17	Sudbury, MA	31:29.33	7	3
4 Itzel Martin	16	Chicago, IL	33:06.60	8	
5 Rachel Thomas	17	Sudbury, MA	33:11.45	9	4
6 Lillian Janigian	15	Sudbury, MA	34:24.54	10	5
7 Marin Frasca	15	Sudbury, MA	34:26.37	10	6
8 Dahlia Welland	15	Shrewsbury, MA	38:37.74	14	
9 Madison Gawenus	16	Venetia, PA	39:07.58	15	
10 Robyn Wessman	18	Sudbury, MA	44:50.32	18	
11 Sophia Orr	18	Sudbury, MA	44:50.71	18	

**Event 1 Men 14-19 3.75 Mile Run**

Name	Age	Team	Finals	H#	Points
Results - Men 14-19					
1 Reid Kiessling	18	Subsury, MA	22:03.19	1	1
2 Ben Doncov	18	Sudbury, MA	23:48.52	1	2
3 Colton Simon	18	Sudbury, MA	24:45.11	1	3

**58th Running - Sudbury July 4th Road Race - 7/4/2022**

**Featherland Park  
Sudbury, Massachusetts  
Results**

**....Event 1 Men 14-19 3.75 Mile Run**

4 Remy Jang	14 Sudbury, MA	24:50.21	1	4
5 Noah Krebs	19 Sudbury, MA	25:26.52	1	5
6 Oliver Adams	15 Sudbury, MA	29:52.49	5	6
7 Brandon Franklin	18 Leominster, MA	38:34.22	14	
8 Harry Murphy	17 Sudbury, MA	38:59.77	15	
9 Cohen Champagne	15 Sudbury, MA	50:12.36	20	

**Event 1 Women 20-29 3.75 Mile Run**

Name	Age Team	Finals	H#	Points
Results - Women 20-29				
1 Andrea Almandoz	28 Sudbury, MA	27:15.33	3	
2 Lucy Santangelo	29 Sudbury, MA	28:38.31	4	
3 Sophie McLaughlin	23 Boston, MA	32:00.38	7	
4 Caroline Booth	25 Marlborough, MA	34:09.82	10	
5 Erin Flynn	22 Maynard, MA	38:39.89	14	
6 Megan Forman	20 Holliston, MA	40:59.81	16	
7 Emily Mercier	24 Framingham, MA	41:02.19	16	
8 Kate Molloy	21 Sudbury, MA	45:20.86	19	
9 Abby Ganz	20 Sudbury, MA	46:39.21	19	

**Event 1 Men 20-29 3.75 Mile Run**

Name	Age Team	Finals	H#	Points
Results - Men 20-29				
1 Andrew Glaser	28 Waltham, MA	26:57.46	2	
2 Nick Santangelo	27 Sudbury, MA	29:46.58	5	
3 Graham Sargent	26 Sudbury, MA	31:42.71	7	
4 David McNicholas	22 Sudbury, MA	33:13.90	9	
5 MJ Molloy	23 Brookline, MA	33:24.31	9	

**Event 1 Women 30-39 3.75 Mile Run**

Name	Age Team	Finals	H#	Points
Results - Women 30-39				
1 Carolina Costa	30 Marlborough, MA	26:26.15	2	
2 Claire Sulkowski	35 Sudbury, MA	27:13.14	3	1
3 Andrea Barhydt	36 Sudbury, MA	28:44.23	4	2
4 Danielle Hyman	38 Sudbury, MA	28:46.11	4	3
5 Ingrid Abrahamsen	39 Sudbury, MA	29:51.41	5	4
6 Ellen Goldstein	38 Sudbury, MA	33:48.61	10	5
7 amber herting	39 Sudbury, MA	34:12.54	10	6
8 Kate Madden	38 Sudbury, MA	34:31.29	10	
9 Esther Powell	38 Framingham, MA	35:58.21	12	
10 Sarah Macrowski	33 Chicago, IL	35:59.41	12	
11 Mary Biggins	38 Sudbury, MA	37:33.15	13	
12 Johanna Lam	35 Sudbury, MA	37:37.03	14	
13 Jamie Burgoyne	38 Sudbury, MA	37:44.46	14	
14 Amanda Outly	36 Sudbury, MA	39:02.44	15	
15 Katie Champagne	39 Sudbury, MA	40:52.61	16	
16 Melissa Cantarow	36 Medfield, MA	44:09.44	18	

**58th Running - Sudbury July 4th Road Race - 7/4/2022**

**Featherland Park  
Sudbury, Massachusetts  
Results**

**....Event 1 Women 30-39 3.75 Mile Run**

17 Tricia Sarvia 39 Framingham, MA 46:02.07 19

**Event 1 Men 30-39 3.75 Mile Run**

Name	Age	Team	Finals	H#	Points
Results - Men 30-39					
1 Charles Wallace	38	Marlborough, MA	21:13.99	1	
2 Eric Young	38	Sudbury, MA	24:06.99	1	1
3 Victor Sulkowski	37	Sudbury, MA	25:46.43	2	2
4 John Schlicher	36	Sudbury, MA	26:39.24	2	3
5 Scott Epple	39	Sudbury, MA	26:43.21	2	4
6 Tim Karłowicz	31	Worcester, MA	27:48.63	3	
7 Daniel Moore	39	Sudbury, MA	28:29.30	4	5
8 Brad Tunis	35	Framingham, MA	28:48.36	4	6
9 Christopher Mackowiak	38	Sudbury, MA	30:22.75	6	
10 Mark Madden	38	Sudbury, MA	35:00.39	11	
11 Gaurav Vohra	38	Sudbury, MA	41:19.62	17	
12 Ben Towne	38	Framingham, MA	45:57.70	19	

**Event 1 Women 40-49 3.75 Mile Run**

Name	Age	Team	Finals	H#	Points
Results - Women 40-49					
1 Lauren Frick	40	Sudbury, MA	27:18.68	3	1
2 Jill Swenson	47	Sudbury, MA	27:58.29	3	2
3 Kristin Romig	44	Sudbury, MA	30:16.71	5	3
4 Ann Gilmore	40	Sudbury, MA	30:41.77	6	4
5 Andrea Aris	40	Sudbury, MA	30:42.20	6	5
6 Colleen Mazin	44	Sudbury, MA	30:47.50	6	6
7 Jeanne Bizzoco	47	Framingham, MA	31:42.42	7	
8 Kimberley Ivers	49	Blackstone, MA	35:12.42	11	
9 Lyndsay Ronan	40	Sudbury, MA	35:38.70	11	
10 Beth Millstein	41	Sudbury, MA	35:46.25	12	
11 Meghan Hudson	43	Sudbury, MA	36:16.21	12	
12 Brandy Schmirer	47	Maynard, MA	36:20.09	12	
13 Jamie Micco	43	Sudbury, MA	36:51.31	13	
14 Melanie Ronsheim	46	Sudbury, MA	36:53.41	13	
15 Bridget Kenney	40	Westborough, MA	37:32.22	13	
16 Jennifer Progin	49	Acton, MA	39:08.51	15	
17 Nadia Graf	48	Stow, MA	39:38.89	15	
18 Victoria Cleaver	43	Sudbury, MA	40:05.96	15	
19 Cindy Smithlin	41	Sudbury, MA	40:10.23	16	
20 Kelley Murphy	48	Ashland, MA	40:54.38	16	
21 Moire Carmody	49	Sudbury, MA	41:13.43	17	
22 Alex Wade	44	Sudbury, MA	42:08.88	17	
23 Sherry Miscia	48	Framingham, MA	44:06.90	18	
24 Jaimee Ascolese	40	Sudbury, MA	44:32.79	18	
25 Lauren Massimo	40	Sudbury, MA	45:19.66	18	
26 courtney Fratto	40	Stow, MA	46:05.55	19	
27 Brenda Waring	46	Maynard, MA	47:31.94	20	
28 Rana Eletriby	40	Sudbury, MA	57:14.26	21	

**58th Running - Sudbury July 4th Road Race - 7/4/2022**

**Featherland Park  
Sudbury, Massachusetts  
Results**

**Event 1 Men 40-49 3.75 Mile Run**

Name	Age	Team	Finals	H#	Points
Results - Men 40-49					
1 Dylan Ascolese	40	Sudbury, MA	22:16.65	1	1
2 John Cecere	47	Sudbury, MA	23:59.36	1	2
3 Todd Jewett	48	Sudbury, MA	25:50.23	2	3
4 Mark Fratto	42	Stow, MA	26:28.24	2	
5 Peter West	45	Sudbury, MA	26:34.37	2	4
6 Bayard Huck	47	Sudbury, MA	28:04.82	3	5
7 Nicholas Ziemba	40	Sudbury, MA	28:49.08	4	6
8 Steven Frank	41	Sudbury, MA	29:10.14	5	
9 Fumin Zhou	47	Sudbury, MA	29:21.37	5	
10 Evan Barry	40	Sudbury, MA	29:22.33	5	
11 Jay Powell	40	Framingham, MA	30:11.58	5	
12 Patrick McCabe	44	Sudbury, MA	30:20.13	5	
13 Scott O'Hara	41	Sudbury, MA	30:21.20	6	
14 Marc Rosenbaum	43	Maynard, MA	30:37.64	6	
15 Brandon Edlefsen	45	Sudbury, MA	30:53.92	6	
16 Bobby Desaulniers	40	Sudbury, MA	31:07.58	7	
17 Nathan Champagne	40	Sudbury, MA	31:34.60	7	
18 Peter Rickenbach	40	Sudbury, MA	31:38.14	7	
19 James Dinsmore	48	Sudbury, MA	32:21.96	8	
20 David Haas	49	Sudbury, MA	32:46.29	8	
21 Clement Martin	49	Chicago, IL	33:09.21	9	
22 Keith Tottenham	49	Sudbury, MA	33:40.81	9	
23 Atul Sapkal	43	Acton, MA	35:31.06	11	
24 David Schmirer	46	Maynard, MA	36:03.85	12	
25 Michael Cameron	42	Sudbury, MA	36:37.04	13	
26 Scott Ovitt	41	Sudbury, MA	37:40.44	14	
27 Daniel Reilly	41	Sudbury, MA	38:16.18	14	
28 David Niro	40	Sudbury, MA	38:44.08	14	
29 Eric Gibson	47	Sudbury, MA	40:07.01	16	
30 Michael Waring	47	Maynard, MA	47:35.12	20	
31 Michael Kaminski	48	Sudbury, MA	49:15.70	20	
32 Salah Foraida	42	Sudbury, MA	57:15.61	21	

**Event 1 Women 50-59 3.75 Mile Run**

Name	Age	Team	Finals	H#	Points
Results - Women 50-59					
1 Susan DeMichele	51	Sudbury, MA	29:13.91	5	1
2 Diane Zydlewski	52	Framingham, MA	32:39.05	8	
3 Jan Acquaviva	53	Sudbury, MA	33:41.36	9	2
4 Tammy Gibson	50	Sudbury, MA	34:15.66	10	3
5 Daphne McNicholas	50	Sudbury, MA	34:54.35	11	4
6 Jeannette Tsai	52	Sudbury, MA	35:04.12	11	5
7 Kim Kelly	52	Concord, MA	35:54.01	12	6
8 Lisa Saklad	52	Sudbury, MA	38:57.44	15	
9 Wendy Gilman	51	Hudson, MA	39:04.80	15	
10 Maura Carty	50	Sudbury, MA	39:51.58	15	
11 Marisa Lutz	50	Sudbury, MA	40:15.87	16	
12 Patricia Crossland	54	Maynard, MA	40:46.20	16	
13 Lourdes Bernal	51	Marlborough, MA	40:59.12	16	

**58th Running - Sudbury July 4th Road Race - 7/4/2022**

**Featherland Park  
Sudbury, Massachusetts  
Results**

**....Event 1 Women 50-59 3.75 Mile Run**

14 Amy Forman	51 Holliston, MA	41:00.27	16
15 Kim Lewis	54 Sudbury, MA	42:12.30	17
16 Judith Merra	54 Sudbury, MA	42:12.99	17
17 Jill Weinstein	54 Northampton, MA	43:49.11	18
18 Renee Magasanik	54 Sudbury, MA	46:03.26	19
19 Elizabeth Ganz	52 Sudbury, MA	46:38.70	19
20 Caroline Santangelo	59 Sudbury, MA	46:41.39	19
21 Janet Cote	53 Maynard, MA	51:47.61	20

**Event 1 Men 50-59 3.75 Mile Run**

Name	Age Team	Finals	H#	Points
------	----------	--------	----	--------

Results - Men 50-59

1 Kenneth Green	52 Sudbury, MA	24:04.73	1	1
2 Tim Fisher	54 Northampton, MA	25:44.13	2	2
3 Jose Almandoz	56 Sudbury, MA	27:47.11	3	3
4 Peter Welland	51 Shrewsbury, MA	28:11.93	3	
5 Lincoln Taylor	57 Sudbury, MA	28:50.40	4	4
6 Simon Barker	51 Sudbury, MA	28:53.17	4	5
7 Brian Barringer	55 Sudbury, MA	31:36.16	7	6
8 John Kane	55 Stow, MA	31:37.00	7	
9 Jono Lapat	51 Sudbury, MA	31:53.61	7	
10 Kevin Fitzgerald	52 Framingham, MA	32:42.26	8	
11 Thomas Kelly	54 Sudbury, MA	32:43.11	8	
12 Adam Crossland	53 Maynard, MA	34:52.59	10	
13 Ramon Llamas	50 Sudbury, MA	34:53.31	11	
14 Brendan Coyle	56 Sudbury, MA	34:53.83	11	
15 Larry Wolpe	52 Sudbury, MA	35:20.24	11	
16 Marco Ciaffi	56 Sudbury, MA	39:43.65	15	
17 Morgan Molloy	55 Sudbury, MA	41:15.27	17	
18 Jeffrey Dretler	58 Sudbury, MA	43:13.29	17	
19 Jeff Ganz	55 Sudbury, MA	46:39.92	19	
20 Michael Schwarz	50 Sudbury, MA	50:22.16	20	
21 Matt Murphy	54 Sudbury, MA	50:52.10	20	

**Event 1 Women 60-69 3.75 Mile Run**

Name	Age Team	Finals	H#	Points
------	----------	--------	----	--------

Results - Women 60-69

1 Meg Haydon	64 Sudbury, MA	33:12.81	9
2 Barbara Weinstein	69 Southborough, MA	36:13.64	12
3 Ellen Reiner	65 Sudbury, MA	38:27.01	14
4 Lisa Pepi	62 Sudbury, MA	42:34.58	17

**Event 1 Men 60-69 3.75 Mile Run**

Name	Age Team	Finals	H#	Points
------	----------	--------	----	--------

Results - Men 60-69

1 Bob Cargill	64 Sudbury, MA	28:43.23	4
2 Glenn Meister	60 Wellesley, MA	30:48.03	6
3 Brad Glaser	62 Sudbury, MA	32:11.83	8

**58th Running - Sudbury July 4th Road Race - 7/4/2022**

**Featherland Park  
Sudbury, Massachusetts  
Results**

**....Event 1 Men 60-69 3.75 Mile Run**

4	Liam Vesely	61	Sudbury, MA	32:56.44	8
5	Kevin Murphy	62	Ashland, MA	34:27.01	10
6	Marc Pepi	60	Sudbury, MA	36:40.22	13
7	Lowell Mercier	65	Framingham, MA	41:17.58	17
8	Dana Scesny	61	Maynard, MA	44:51.62	18

**Event 1 Men 70-79 3.75 Mile Run**

Name	Age	Team	Finals	H#	Points
Results - Men 70-79					
1	Rob Eustis	70 Sudbury, MA	28:41.77	4	1
2	Douglas Hubbell	70 Sudbury, MA	32:25.96	8	2
3	William McElroy	72 Sudbury, MA	36:00.58	12	3
4	Bob Sheldon	71 Sudbury, MA	36:37.64	13	4
5	Kevin Sieck	71 sudbury, MA	44:27.39	18	5
6	Russ Miller	75 Sudbury, MA	44:45.46	18	6
7	Joseph Koziol	79 Framingham, MA	52:02.53	20	

**Team Scores**

Rank	Team	Runner 1	Runner 2	Runner 3	Runner 4	Runner 5	Runner 6
Results - Men 13 & Under							
	1 Sudbury, MA	27:19.86	35:50.96	37:24.36	37:34.86	42:43.80	50:13.36
	Total Time:	3:51:07.20					
	Average:	38:31.20					
Results - Men 14-19							
	2 Subury, MA	22:03.19	23:48.52	24:45.11	24:50.21	25:26.52	29:52.49
	Total Time:	2:30:46.04					
	Average:	25:07.68					
Results - Men 30-39							
	3 Sudbury, MA	24:06.99	25:46.43	26:39.24	26:43.21	28:29.30	28:48.36
	Total Time:	2:40:33.53					
	Average:	26:45.59					
Results - Men 40-49							
	4 Sudbury, MA	22:16.65	23:59.36	25:50.23	26:34.37	28:04.82	28:49.08
	Total Time:	2:35:34.51					
	Average:	25:55.76					
Results - Men 50-59							
	5 Sudbury, MA	24:04.73	25:44.13	27:47.11	28:50.40	28:53.17	31:36.16
	Total Time:	2:46:55.70					
	Average:	27:49.29					
Results - Men 70-79							
	6 Sudbury, MA	28:41.77	32:25.96	36:00.58	36:37.64	44:27.39	44:45.46
	Total Time:	3:42:58.80					
	Average:	37:09.80					
Results - Women 13 & Under							
	7 Sudbury, MA	30:53.35	32:55.52	33:23.01	33:32.86	33:36.12	49:15.11
	Total Time:	3:33:35.97					
	Average:	35:36.00					
Results - Women 14-19							
	8 Sudbury, MA	25:53.00	27:07.32	31:29.33	33:11.45	34:24.54	34:26.37
	Total Time:	3:06:32.01					
	Average:	31:05.34					
Results - Women 30-39							

**58th Running - Sudbury July 4th Road Race - 7/4/2022**

**Featherland Park  
Sudbury, Massachusetts  
Results**

**....Event 1 Men 70-79 3.75 Mile Run**

9 Sudbury, MA	27:13.14	28:44.23	28:46.11	29:51.41	33:48.61	34:12.54
Total Time:	3:02:36.04					
Average:	30:26.01					
Results - Women 40-49						
10 Sudbury, MA	27:18.68	27:58.29	30:16.71	30:41.77	30:42.20	30:47.50
Total Time:	2:57:45.15					
Average:	29:37.53					
Results - Women 50-59						
11 Sudbury, MA	29:13.91	33:41.36	34:15.66	34:54.35	35:04.12	35:54.01
Total Time:	3:23:03.41					
Average:	33:50.57					