

District E Girls & Boys Track & Field - 4/30/2022**Division 1 Relay Meet
Shrewsbury High School
Results****Boys 4x100 Meter Relay Division I**

Team	Relay	Finals	H#
Finals			
1 Shepherd Hill	A	44.63	1
2 Nashoba	A	44.89	1
3 Wachusett	A	46.28	1
4 Shrewsbury	A	46.35	1
5 Westborough	A	47.11	1
6 Nipmuc	A	47.33	3
7 North Middlesex	A	47.61	2
8 Shepherd Hill	B	47.79	3
9 Worcester Technical	A	47.94	2
10 Marlborough	A	48.28	2
11 Burncoat	A	49.47	2
12 Oakmont	A	49.77	1

Boys 4x200 Meter Relay Division I

Team	Relay	Finals	H#
Finals			
1 Wachusett	A	1:36.40	1
2 Nashoba	A	1:37.38	1
3 Shepherd Hill	A	1:40.55	1
4 Algonquin	A	1:40.59	2
5 North Middlesex	A	1:41.49	1
6 Worcester Technical	A	1:41.73	1
7 Shrewsbury	A	1:41.99	1
8 Marlborough	A	1:42.86	2
9 Hudson	A	1:44.89	3
10 Nipmuc	A	1:48.97	3
11 Burncoat	A	1:49.09	3
12 Oakmont	A	1:54.15	2
--- Westborough	A	DQ	2

Boys 4x400 Meter Relay Division I

Team	Relay	Finals	H#
Finals			
1 Nashoba	A	3:32.50	1
2 Shrewsbury	A	3:36.64	2
3 Shepherd Hill	A	3:40.34	1
4 Worcester Technical	A	3:41.19	1
5 Wachusett	A	3:41.27	1
6 Algonquin	A	3:42.35	2
7 Leominster	A	3:44.95	1
8 Westborough	A	3:48.50	1
9 North Middlesex	A	3:50.24	2
10 Nipmuc	A	3:51.17	3
11 Groton-Dunstable	A	3:54.35	2
12 Oakmont	A	3:57.69	3
13 Burncoat	A	4:25.80	3

District E Girls & Boys Track & Field - 4/30/2022**Division 1 Relay Meet
Shrewsbury High School
Results****Boys 4x800 Meter Relay Division I**

Team	Relay	Finals
Finals		
1 Nashoba	A	8:17.91
2 Shrewsbury	A	8:26.36
3 Wachusett	A	8:38.78
4 Algonquin	A	8:55.35
5 Westborough	A	8:57.50
6 Shepherd Hill	A	9:06.97
7 Worcester Technical	A	9:16.13
8 Marlborough	A	9:17.74
9 Hudson	A	9:19.19
10 Auburn	A	9:34.01
11 North Middlesex	A	9:41.53
12 Oakmont	A	9:48.35
13 Nipmuc	A	10:34.49
14 Burncoat	A	11:40.22

Boys 800 Sprint Medley 1-1-2-400 Division I

Team	Relay	Finals	H#
Finals			
1 Shepherd Hill	A	1:39.79	1
2 Shrewsbury	A	1:43.57	1
3 Hudson	A	1:45.03	1
4 Westborough	A	1:46.71	1
5 Algonquin	A	1:48.25	3
6 North Middlesex	A	1:49.32	3
7 Wachusett	A	1:49.52	1
8 Nipmuc	A	1:50.88	2
9 Auburn	A	1:51.07	3
10 Worcester Technical	A	1:51.43	2
11 Nashoba	A	1:52.79	2
12 Oakmont	A	1:56.97	2
13 Marlborough	A	1:58.57	1
14 Burncoat	A	2:01.08	2

Boys 1600 Sprint Medley 2-2-4-800 Division I

Team	Relay	Finals	H#
Finals			
1 Shrewsbury	A	3:58.09	1
2 Marlborough	A	3:58.36	1
3 Auburn	A	4:02.29	2
4 Shepherd Hill	A	4:04.55	2
5 Wachusett	A	4:05.40	2
6 Westborough	A	4:05.47	1
7 Nipmuc	A	4:05.72	1
8 Nashoba	A	4:06.76	1
9 Algonquin	A	4:12.03	2
10 Hudson	A	4:15.50	2
11 Oakmont	A	4:18.31	3

District E Girls & Boys Track & Field - 4/30/2022**Division 1 Relay Meet****Shrewsbury High School****Results****Finals ... (Boys 1600 Sprint Medley 2-2-4-800 Division I)**

Team	Relay	Finals	H#
12 Worcester Technical	A	4:27.68	3
13 North Middlesex	A	4:30.88	2
14 Burncoat	A	4:55.62	3

Boys Distance Medley 12-4-8-1600 Division I

Team	Relay	Finals
Finals		
1 Wachusett	A	11:27.68
2 Shrewsbury	A	11:30.02
3 Westborough	A	11:34.38
4 Algonquin	A	11:43.48
5 Nashoba	A	11:59.95
6 Hudson	A	12:23.72
7 North Middlesex	A	12:33.74
8 Groton-Dunstable	A	12:59.51
9 Worcester Technical	A	13:00.23
10 Shepherd Hill	A	13:29.17
11 Oakmont	A	13:30.06

Boys 4x100 Meter Shuttle Hurdle Division I

Team	Relay	Finals	H#
Finals			
1 Westborough	A	1:07.88	1
2 Algonquin	A	1:18.29	1
3 Oakmont	A	1:20.19	3
4 Auburn	A	1:22.93	3
5 Shrewsbury	A	1:25.23	2
6 Nipmuc	A	1:32.41	1
7 Burncoat	A	1:39.73	3
--- Shepherd Hill	A	DQ	2

Boys High Jump Division I

Name	Yr	School	Finals
Finals			
1 Boys Algonquin	12	Algonquin	5.01m 16-05.25
2 Boys Nashoba	12	Nashoba	4.91m 16-01.25
3 Boys Auburn	12	Auburn	4.81m 15-09.25
4 Boys Oakmont	12	Oakmont	4.76m 15-07.25
5 Boys North Middlesex		North Middlesex	4.71m 15-05.50
6 Boys Westborough	12	Westborough	4.66m 15-03.50
7 Boys Worcester Tech	8	Worcester Technical	4.36m 14-03.50
--- Boys Burncoat		Burncoat	NH
--- Boys Shepherd Hill	12	Shepherd Hill	NH
--- Boys Marlborough	12	Marlborough	NH
--- Boys Wachusett	12	Wachusett	NH
--- Boys Shrewsbury	12	Shrewsbury	NH

District E Girls & Boys Track & Field - 4/30/2022**Division 1 Relay Meet****Shrewsbury High School****Results****Boys Pole Vault Division I**

	Name	Yr	School	Finals	
Finals					
1	Boys Wachusett	12	Wachusett	10.52m	34-06.25
2	Boys Westborough	12	Westborough	10.50m	34-05.25
3	Boys Shrewsbury	12	Shrewsbury	9.45m	31-00.00
4	Boys Nashoba	12	Nashoba	8.70m	28-06.50
5	Boys Algonquin	12	Algonquin	8.55m	28-00.50

Boys Long Jump Division I

	Name	Yr	School	Finals		H#
Finals						
1	Boys Westborough	12	Westborough	17.23m	56-06.50	1
2	Boys North Middlesex		North Middlesex	16.97m	55-08.25	3
3	Boys Nashoba	12	Nashoba	16.76m	55-00.00	3
4	Boys Algonquin	12	Algonquin	16.49m	54-01.25	2
5	Boys Oakmont	12	Oakmont	16.48m	54-01.00	3
6	Boys Worcester Tech	8	Worcester Technical	16.46m	54-00.00	1
7	Boys Groton Dunstable		Groton-Dunstable	16.42m	53-10.50	2
8	Boys Shepherd Hill	12	Shepherd Hill	16.30m	53-05.75	1
9	Boys Wachusett	12	Wachusett	15.99m	52-05.50	1
10	Boys Nipmuc	12	Nipmuc	15.97m	52-04.75	3
11	Boys Shrewsbury	12	Shrewsbury	15.83m	51-11.25	1
12	Boys Marlborough	12	Marlborough	15.59m	51-01.75	2
13	Boys Burncoat		Burncoat	14.80m	48-06.75	2

Boys Triple Jump Division I

	Name	Yr	School	Finals		H#
Finals						
1	Boys Westborough	12	Westborough	35.74m	117-03.25	3
2	Boys Worcester Tech	8	Worcester Technical	35.57m	116-08.50	3
3	Boys Algonquin	12	Algonquin	35.14m	115-03.50	1
4	Boys Shepherd Hill	12	Shepherd Hill	33.87m	111-01.50	3
5	Boys Auburn	12	Auburn	33.47m	109-09.75	1
6	Boys Shrewsbury	12	Shrewsbury	33.00m	108-03.25	3
7	Boys Oakmont	12	Oakmont	32.07m	105-02.75	2
8	Boys Burncoat		Burncoat	30.38m	99-08.25	1
9	Boys Nipmuc	12	Nipmuc	29.92m	98-02.00	2

Boys Shot Put Division I

	Name	Yr	School	Finals		H#
Finals						
1	Boys Burncoat		Burncoat	35.09m	115-01.50	3
2	Boys Shrewsbury	12	Shrewsbury	34.08m	111-09.75	2
3	Boys Marlborough	12	Marlborough	32.38m	106-03.00	3
4	Boys North Middlesex		North Middlesex	32.36m	106-02.00	1
5	Boys Auburn	12	Auburn	32.29m	105-11.25	3
6	Boys Algonquin	12	Algonquin	31.58m	103-07.50	3
7	Boys Wachusett	12	Wachusett	31.40m	103-00.25	2
8	Boys Shepherd Hill	12	Shepherd Hill	30.39m	99-08.50	2
9	Boys Worcester Tech	8	Worcester Technical	30.06m	98-07.50	2

District E Girls & Boys Track & Field - 4/30/2022**Division 1 Relay Meet****Shrewsbury High School****Results****Finals ... (Boys Shot Put Division I)**

	Name	Yr	School	Finals		H#
10	Boys Oakmont	12	Oakmont	30.04m	98-06.75	1
11	Boys Westborough	12	Westborough	29.71m	97-05.75	2
12	Boys Nashoba	12	Nashoba	29.15m	95-07.75	1
13	Boys Nipmuc	12	Nipmuc	23.88m	78-04.25	1
14	Boys Groton Dunstable		Groton-Dunstable	23.43m	76-10.50	3

Boys Discus Throw Division I

	Name	Yr	School	Finals		H#
Finals						
1	Boys Westborough	12	Westborough	96.13m	315-05	1
2	Boys Wachusett	12	Wachusett	88.47m	290-03	1
3	Boys Nipmuc	12	Nipmuc	86.51m	283-10	3
4	Boys Oakmont	12	Oakmont	84.11m	275-11	3
5	Boys Marlborough	12	Marlborough	80.70m	264-09	2
6	Boys Algonquin	12	Algonquin	80.09m	262-09	2
7	Boys Shepherd Hill	12	Shepherd Hill	76.79m	251-11	1
8	Boys Auburn	12	Auburn	76.12m	249-09	2
9	Boys Shrewsbury	12	Shrewsbury	75.03m	246-02	1
10	Boys North Middlesex		North Middlesex	75.01m	246-01	3
11	Boys Groton Dunstable		Groton-Dunstable	74.89m	245-08	2
12	Boys Nashoba	12	Nashoba	73.71m	241-10	3
13	Boys Worcester Tech	8	Worcester Technical	66.83m	219-03	1
14	Boys Burncoat		Burncoat	46.92m	153-11	2

Boys Javelin Throw Division I

	Name	Yr	School	Finals		H#
Finals						
1	Boys Nashoba	12	Nashoba	117.10m	384-02	2
2	Boys Oakmont	12	Oakmont	102.66m	336-10	2
3	Boys Shrewsbury	12	Shrewsbury	99.98m	328-00	3
4	Boys Algonquin	12	Algonquin	95.22m	312-05	1
5	Boys Westborough	12	Westborough	91.63m	300-07	3
6	Boys Nipmuc	12	Nipmuc	91.23m	299-04	2
7	Boys Wachusett	12	Wachusett	91.21m	299-03	3
8	Boys Shepherd Hill	12	Shepherd Hill	89.50m	293-08	3
9	Boys Marlborough	12	Marlborough	86.41m	283-06	1
10	Boys Worcester Tech	8	Worcester Technical	82.75m	271-06	3
11	Boys Groton Dunstable		Groton-Dunstable	73.64m	241-07	1

Men - Division I - Team Rankings - 15 Events Scored

1) Shrewsbury	69	2) Nashoba	66
2) Westborough	66	4) Wachusett	54
5) Algonquin	51	6) Shepherd Hill	41
7) Oakmont	24	8) Auburn	20
9) North Middlesex	17	10) Marlborough	16
11) Worcester Technical	14	12) Burncoat	10
13) Nipmuc	9	14) Hudson	7