

The Next Siouxland Intergroup Meeting will be 7PM <u>Thursday, March 20, 2025</u> at the Central Office, 614 Cook St. in Sioux City Come early and grab a good Seat!

If you would like your EVENT to be listed in the GROUPLINE or if you have artwork, poetry or an article you would like to be considered for



print, please email your submission to:

aacentralofficesc@gmail.com

or drop it by the Central Office or call us at 712-252-1333

Our website is



www.aasiouxcity.org

The next DISTRICT 1 Meeting will be 6:30PM <u>Tuesday, March 11, 2025</u> at Club 215

**CENTRAL OFFICE HOURS** 

Sat, Sun, Mon: CLOSED Tues--Thurs: 9:00 am to 2:30 pm Fri: 9:00 am to 1:00 pm The International Journal of Alcoholics Anonymous

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# MARCH 2025 Sober and Out

This month's featured section is "Sober and Out." LGBTQ+ AA members share stories of acceptance, tolerance, service, sponsorship and love.

THE INTERNATIONAL JOURNAL OF ALCOHOLICS ANONYMOUS AA GRAPEVINE.ORG MARCH 2025

SIOUXLAND INTERGROUP, PO Box 3684 51102 or 614 Cook St, Sioux City, IA 51103, 712.252.1333

A Short Memo From Siouxland Intergroup Central Office

**Hello!** This past month the phone continues to ring on average of 10-12 calls per week for available meetings within our District as well outside of our District. Last month Central Office had **23** *drop in visitors*: to *buy literature, meeting schedules, pamphlets and offer group donations*. The website got an average of 46 daily visits this past month (1286 total). Donations were received from 11 AA Groups, 31 Faithful Fiver's and 1 birthday. Thank you to those groups and individuals that continue supporting your Intergroup Central Office! Thank you to those who stop in every month, we do have continuous sales of our AA literature from our members including District 2 and Vermillion. The *Plain Language Book* is now available, \$12.

District 1 report for February meeting, still looking for Functions & Committee Chair. Intergroup's next meeting 3/20/2025, and Intergroup will be hosting upcoming Unity Dinner 3/29/2025.

We are happy to inform the fellowship that we have a PayPal giving fund account, search us under charities if you are wanting to make personal donations or go to our website homepage.



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The flyers for activities that are coming up are available on the website, www.aasiouxcity.org, in the *local* events tab.

As always, I am very grateful to be here keeping the AA energy flowing and keeping AA available and accessible for new and seasoned members!

Siouxland Intergroup Central Office Manager, Veronica K.

# Thank you to our <u>*February 2025*</u> monthly "<u>*Faithful Fivers*</u>", "<u>*Birthdays*</u>" & "<u>*Groups*</u>" contributions that make it possible for Siouxland to have a Central Office!!!

<b>Group/</b> Check Your Ego at the Door Jackson Mon. Night Group Living in The Solution Loons Near the Dunes Intergroup monthly mtg PayPal Sunrise Attitude Adj. Zoom Group Sat. Sunrise Attitude Adj. Group Stockyards Men's Group Vast Amounts of Fun Wed. Where It All Begins Group	Faithful five// Bill H. Bob L. Carol C. CJ Dan P. Dean R. Dakota Dave W. Diane B Greg R. James S. Jay M. Jim S. Jesse V. Jesse S. Kevin M. Levi M. Luke S. Matthew W. Mick M.	Mike G. Mike H. Paul T. Rick W. Rod C. Tim L. Tom S. Tom U. Veronica K. Sunrise Attitude Adj Group <b>Birthday/ Individual</b> Rick W. (40 year!)
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### Siouxland Intergroup Meeting Minutes from February 20, 2025

The meeting was opened by Jesse V. at 7:00pm with serenity prayer, the Intergroup Statement of Purpose and Central Office Statement of Purpose, with 10 present.

**Secretary's Report:** Tom C., not present, stayed home not feeling well, minutes was read by Veronica K. with no corrections or deletions. Motion to accept was made by Brandi S., and seconded by Tim L., motion passed.

**Treasurer Report:** Was given by Brandi S., a motion to accept was made by Jesse V., and seconded by Tim L., motion passed.

**District Report:** Was given by Josh M., the Stone State Park Lodge was reserved for Labor Day Picnic 9/1/2025. Larry J. will be helping with picnic. They are still looking for Functions and Committee chair.

**Functions and Committees:** Veronica K. dropped off deposit to Morningside Lutheran Church, flyer is up on website. Jesse V. will look into finding Al-Anon speaker. We will have table to sell literature again this year at Tri-State Roundup.

**Old business:** Jesse V. will talk to Tom C. about printer. Loon's near the Dunes will be hosting  $2^{nd}$  Quarter Unity Dinner.

**New business**: Brandi has prices on meat \$3.08 per lb. (36 lb. box). Estimating to get 50 lbs. of ground beef. We will use ice cream scoops to help with portion control for taverns at Unity dinner. We will meet again Sunday, March 23, 2025 here at Central Office at 1:30pm.

**Announcements:** Indian Taco Fundraiser Sat. 2/22/2025 at Fellowship Club, 12pm until sold out. Tri-State Roundup 2/28-3/2/2025 at Merriott Riverfront. Aim for Ames Roundup 3/28-30/2025, Unity Dinner Saturday, 3/29/2025 Morningside Lutheran Church, Al-Anon Spring Frolic Saturday 4/12/2025 St. Mark's Lutheran Church, Men's 22<sup>nd</sup> Annual "Miracle Weekend" AA Retreat- 4/25-27/2025 Lake Okoboji United Methodist Church Camp. 2025 7<sup>th</sup> Annual Halfway House Alumni Recovery Retreat 6/6-8/2025 Okoboji Lutheran Bible Camp Ingham. Flyers available on website.

Motion to close was made by Brandi and seconded by Levi, meeting closed at 7:30pm with I am responsible.

Respectfully submitted by Veronica K.

# **Step Three** *"Made a decision to turn our will and our lives over to the care of God <u>as we understood Him.</u>"*

"Then it is explained that other Steps of the AA program, can be practiced with success only when Step Three is given the determined and persistent trial. This statement may surprise newcomers who have experienced nothing but constant deflation and a growing conviction that human will is of no value whatever.

It is when we try to make our will conform with God's that we begin to use it rightly. To all of us, this was a most wonderful revelation. Our whole trouble had been the misuse of willpower. We had tried to bombard our problems with it instead of attempting to bring it into agreement with God's intention for us. To make this increasingly possible is the purpose of AA Twelve Steps, and Step Three opens the door.

Once we have come into agreement with these ideas, it is really easy to begin the practice of Step Three. In all times of emotional disturbance or indecision, we can pause, ask for quiet, and in the stillness simply say: "God grant me the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference. Thy will, not mine, be done."

© 1952,1953 by Alcoholics Anonymous World Services, Inc. Twelve Steps and Twelve Traditions p40-41.

# **Tradition Three** "The only requirement for AA membership is a desire to stop drinking."

"This Tradition is packed with meaning. For AA is really saying to every serious drinker, "You are an AA member if you say so. You can declare yourself in; nobody can keep you out. No matter who you are, no matter how low you've gone, no matter how grave your emotional complications-even your crimes-we still can't deny you AA. We don't want to keep you out. We aren't a bit afraid you'll harm us, never mind how twisted or violent you may be. We just want to be sure that you get the same great chance for sobriety that we've had. So you're an AA member the minute you declare yourself."

© 1952,1953 by Alcoholics Anonymous World Services, Inc. Twelve Steps & Twelve Traditions, p 139





## 2025 Intergroup Board Board Officers

Chairperson Co-Chairperson Secretary Treasurer Jesse V. Tim L. Tom C. Brandi S.

#### **Board Members / Intergroup Representatives**

Paul T. (Visitor) Jesse S. (Men's Stockyard Meeting) Levi H. (Visitor) Stephanie T. (One A Day/Unity Dinner Volun.) Missy R, (Volunteer Unity Dinner) Josh M. (District) Veronica K (Office Manager)

Your Intergroup board meets every third Thursday at 7pm at the Intergroup Central Office.

# The Role of an Intergroup Representative

Serving as an Intergroup Representative offers you a rewarding opportunity to share in Alcoholics Anonymous' Third Legacy—Service.



Here's how it works. The Intergroup Representative is elected by his or her group. (Meetings, by definition, do not have group reps). They then attend the monthly Intergroup Representatives meeting. To this meeting they bring any suggestions, comments, or opinions their group

may have. The Intergroup Representative or alternate casts their groups vote on all matters requiring a group conscience.

The purpose of the Intergroup Rep is to be a link in the chain connecting the individual member of an AA group to those who are elected to maintain the operation of Siouxland Intergroup. This allows Siouxland Intergroup to better serve its members—which is the reason for its existence as provided for in the 9th Tradition which says, "AA, as such ought never be organized; but we may create service boards or committees directly responsible to those they serve."

# <u>Updates on AA meetings in our District</u>

Please contact Siouxland Intergroup Central Office with any group updates or meeting changes. Help us keep an accurate updated meeting list of both in person and online meetings so the newcomer can find us. 712-252-1333



# SUNRISE ATTITUDE ADJUSTMENT MEETING

Monday—Saturday 6:30am

In the Library at The Hawkeye Club 420 Jones St Sioux City, IA 51101

Start you day with an "Attitude of Gratitude!

### <u>SUNDAY BREAKFAST</u>

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<u>FELLOWSHIP CLUB</u> <u>1403 SUMMIT</u>

8:30 AM - 10:00 AM EVERY SUNDAY

<u>\$5.00 SUGGESTED</u> DONATION

MEETING FOLLOWS @ 10:30 AM

> \*Fundraiser for the club\* No one turned away – but service work may be asked for\* 1403 Summit Street Sioux City, IA 51103

#### Food Fun and Fellowship

POT LUCK

A \$3 donation is suggested. Main dish is provided please bring a side.

Come celebrate your birthday at Leeds Birthday Night!!!!



Monthly and yearly chips presented The last Saturday of every month 5:30pm meeting followed by a Pot luck Leeds Alano Club 4034 Floyd Blvd Sioux City, IA 51108







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Contact the Intergroup Central Office with any questions (712) 252-1333 or if you want to volunteer!



Upcoming Events



in Vancouver in 2025!

#### 2025 7th Annual Halfway House Alumni Co-Ed Recovery Retreat

Okoboji Lutheran Bible Camp Ingham

1203 Inwan St. Milford Iowa

June 6th-8th Pre-registration cost 100\$, 125\$ after May 30<sup>h</sup>

Recovery speakers

Brad O

Annie Q

Seth H

Allison H

Activities includes: Pizza Party Friday night, Kayaking, Canoeing, Fishing, Swimming, Bonfi Relaxation and Fellowship

We are having raffling off 2 cabins this year that ar 25\$ a Ticket each.

Contact Levi H 712-535-945

Cash App: \$cozmolevi



#### The Thirty-First Annual

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# SUNLIGHT **OF THE SPIRIT WEEKEND**

April 25th, 26th & 27th 2025

**Best Western** 1201 Torgerson Drive Fairmont, Minnesota

Email: sotsweekend@gmail.com

Check our website for updates: www.sotsweekend.org

"Becoming a ommon

# Our Primary Purpose

We, of the Sunlight of the Spirit Weekend, hope to carry the message that recovery, unity, and service are life essential elements of any spiritual program.

It is our goal that as our guests leave the weekend's events, each will better understand the potential for applying the principles found in both the AA and Al-Anon/Alateen programs, in their home, community, and the world around them.

Hampton Inn Best Western 507-235-2626 507-238-4771

**Quality Inn** 507-236-5444

Super 8 507-238-9444

Special Room Rate- Up to 4 persons per room

Please call the hotel directly and identify yourself as being with the Sunlight of the Spirit Weekend

when calling for reservations.

# Register online at: www.sotsweekend.org

#### **REGISTRATION FORM**

ILLOIO I ILLI	
Full Name	
Address	
City, State, Zip	
Telephone	
Name wanted on	badge
Home Group	
O AA	O Al-Anon
O Alateen	O Friend

Pre-registration \$25 prior to April 18th, 2025 \$30 at the Door

#### Mail to:

Sunlight of the Spirit Weekend P.O. Box 748, Fairmont, MN 56031 Your canceled check is your receipt

#### Friday, April 25th Registration 3:00 p.m.

Rick J., Toronto, Canada - AFG 7:00 p.m. 9:00 p.m. Karl M., Covina, CA-AA

## Saturday, April 26th

:00 a.m.	Early Bird Open Meeting
:00 a.m.	Breakfast Buffet**- Meet the Speakers
0:00 a.m.	Palmer G., Edmond, OK - AFG
:00 p.m.	Alateen Speakers
:30 p.m.	Speakers Sponsorship Panel
.00 p.m.	Open Big Book Meeting
.00 p.m.	Al-Anon Meeting
:00 p.m.	Candice M., Long Beach, CA-AA
:00 p.m.	Phil S., Ames, IA-AA
0:00 p.m.	Ice Cream/Pie Social**

#### Sunday April 27th 9:00 a.m. Gaila G., Edmond, OK-AA

\*\*At your own Cost

REGISTRAT	TION FORM
Full Name	
Address	
City, State, Zip _	
Telephone	
Name wanted on	badge
Home Group	
O AA	O Al-Anon
O Alateen	O Friend
Pre-registration \$2 \$30 at the Door	5 prior to April 18th, 2025
Mail to:	
Sunlight of the S P.O. Box 748, Fair	
Your canceled check i	is your receipt

Siouxland Intergroup Central Office





Your support of the Siouxland Intergroup Central Office helps keep the doors open and the phone connected to help save the lives of alcoholics who wish to recover.

Suggested Contribution Plan From GSO:

50-30-10-10 Central Office \*50% District \*30% Area 24 \*10% GSO \*10%



Siouxland Intergroup Paypal Giving Fund QR code





www.aasiouxcity.org

Please include your group's ID number with ALL Contributions.

Faithful Fiver's & the Birthday Plan are ways contributions help make our vital services possible.



## What are Faithful Fivers?

Faithful Fivers are A.A. members who graciously contribute five dollars or more\* each month to support Siouxland Intergroup

As a Faithful Fiver, you support efforts to carry the A.A. message of hope to still-suffering alcoholics in the Greater Sioux City Area.

### What is the Birthday Plan?

In grateful celebration of their sobriety birthdays, many A.A. members contribute one dollar or more for each year of sobriety to any or all of our four service entities; the local Intergroup, District, Area, and General Service Office.

Every A.A. service is designed to help carry the A.A. message to the alcoholic who still suffers. Your Birthday Plan contributions\* help make our vital services possible.

Intergroup Central Office

Siouxland Intergroup Mail to: P.O. Box 3684 Sioux City, IA 51102 Payable to; Siouxland Intergroup

# General Service Office (GSO)

Mail to: The General Service Office P.O. Box 2407 James A Farley Station New York, NY 10116-2407

Payable to; General Service Board

# Area 24

Area 24 T/N Mail to: P.O. Box 1291 Des Moines, IA 50301 Payable to; Area 24 Treasury

# District 1

Mail to: District 1 P.O. Box 5246 Sioux City, IA 51102 Payable to; District 1 AA

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