

SIouxLAND INTERGROUP, PO Box 3684 51102 or 614 Cook St, Sioux City< IA 51103, 712.252.1333



Groupline

THE SIOUXLAND INTERGROUP NEWSLETTER

OCTOBER 2024

The Next
Siouxland Intergroup
Meeting will be 7PM
Thursday, October 17, 2024
at the Central Office,
614 Cook St. in Sioux City
Come early and grab a good Seat!

If you would
like your
EVENT to be
listed in the
GROUPLINE
or if you have
artwork,
poetry or an article you
would like to be considered
for print, please email your
submission to:



aacentralofficesc@gmail.com

or drop it by the
Central Office or
call us at 712-252-1333

Our website is
www.aasiouxcity.org

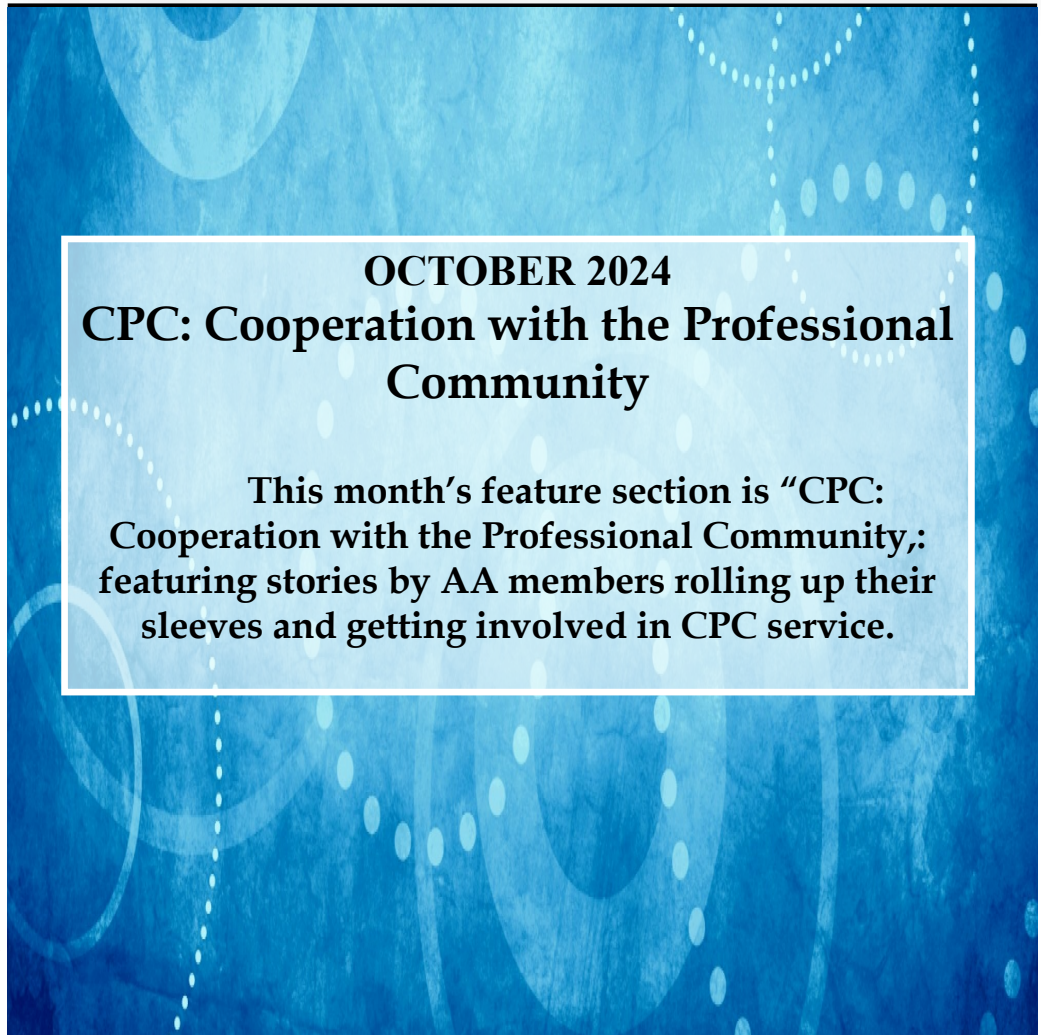
The next DISTRICT 1
Meeting will be 6:30PM
Tuesday, October 8, 2024
at Club 215
2432 Jay Ave, in Sioux City

CENTRAL OFFICE HOURS

Sat, Sun, Mon: CLOSED
Tues--Thurs: 9:00 am to 2:30 pm
Fri: 9:00 am to 1:00 pm

AA GRAPEVINE

The International Journal of Alcoholics Anonymous



OCTOBER 2024 CPC: Cooperation with the Professional Community

This month's feature section is "CPC:
Cooperation with the Professional Community,"
featuring stories by AA members rolling up their
sleeves and getting involved in CPC service.

THE INTERNATIONAL JOURNAL OF ALCOHOLICS
ANONYMOUS AA GRAPEVINE.ORG OCTOBER 2024

A Short Memo *From Siouxland Intergroup Central Office*

Hello! This past month the phone continues to ring on average of 10-12 calls per week for available meetings within our District as well outside of our District. Last month Central Office had **29 drop in visitors:** to *buy literature, meeting schedules, pamphlets and offer group donations.*

The website got an average of 36 daily visits this past month (1080 total). Donations were received from 13 AA Groups, Unity Dinner, and 31 Faithful Fiver's. Thank you to those groups and individuals that continue supporting your Intergroup Central Office! Thank you to those who stop in every month, we do have continuous sales of our AA literature from our members including District 2 and Vermillion.

District 1 report for September, nomination for all chair positions will be taken next meeting, 10/8, it is a 2 year commitment with 2(+) years of sobriety.

Intergroup's next meeting 10/17/24, and this year's last Unity Dinner will be 11/9 hosted by District 1. **We are happy to inform the fellowship that we have a PayPal giving fund account, search us under charities if you are wanting to make personal donations or go to our website homepage.**

The flyers for activities that are coming up are available on the website, www.aasiouxcity.org, in the *local events* tab.

As always, I am very grateful to be here keeping the AA energy flowing and keeping AA available and accessible for new and seasoned members!

Siouxland Intergroup Central Office Manager, Veronica K.

Thank you to our September 2024 monthly "Faithful Fivers", "Birthdays" & "Groups" contributions that make it possible for Siouxland to have a Central Office!!!

Groups

- By The Book
- Leeds Sun. Night Spiritual Mtg
- Living in The Solution
- Lunes Near the Dunes
- Siouxland Intergroup Mtg
- One a Day Group (W & TH.)
- Sun. 1030am Spiritual Group
- Sunrise Attitude Adj. Zoom Group
- Sunrise Attitude Adj. Group
- Tuesday Night Early Bird Group
- Wed Women's BB Study
- Westlawn

Faithful Fivers

- Bill H.
- Bob L.
- Carol C.
- CJ
- Dan P.
- Dean R.
- Dave W.
- Diane B
- Dick R.
- Don C.
- Jay M.
- Jean P.
- Jim M.
- Jeff M.
- Jesse V.
- Jesse S.
- Kevin M.
- Levi M.
- Marianne B.

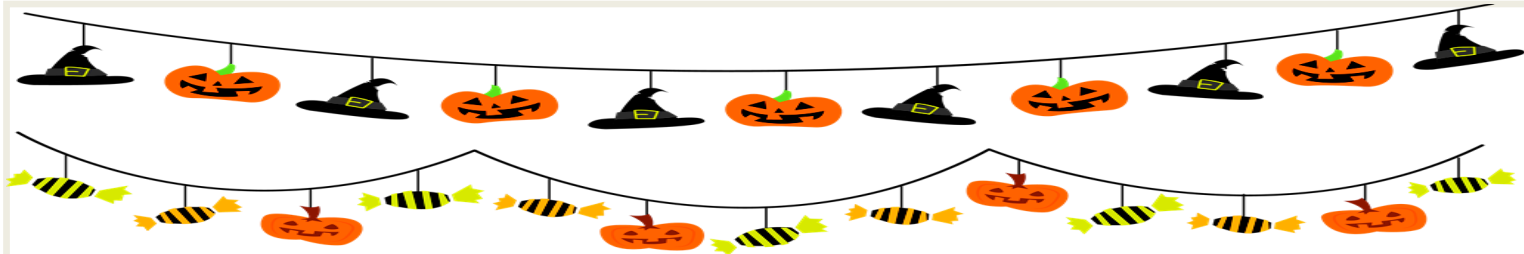
- Mick M.
- Mike H.
- Paul T.
- Ray G.
- Rick W.
- Rod C.
- Ryan
- Tim L.
- Tom C.
- Will M.
- Veronica K.
- Sunrise Attitude Adj Group



Birthdays/ Individual

Anonymous Donation





Siouxland Intergroup Meeting Minutes from September 19, 2024

The meeting was opened by Josh M at 7:00pm with serenity prayer, the Intergroup Statement of Purpose and Central Office Statement of Purpose, with 8 present.

Secretary's Report: Was read by Veronica K. with no corrections or deletions. Motion to accept was made by Jesse V. and seconded by Jesse S., motion passed.

Treasurer Report: Was given by Bill H. Motion to accept was made by Tom C., and seconded by Jesse V., motion passed.

District Report: Was given by Jesse V., treatment Chair stepped down, Will M. stepped up to fill position. Next month District holding nominations for all chair positions, 2 year commitment with 2 (+) years of sobriety. Area 24 Fall Conference pre-registrations are due by 9/20/24 for \$18 otherwise fee goes up to \$21 at door.

Functions and Committees: District 1 to be hosting our last Unity Dinner for 2024 at Morningside Lutheran Church, 11/9/24 serving a Taco Bar Fiesta. We are loaning out 3 easels to Al-Anon for the Area 24 Fall Conference and PA system. Tanya & Will M. will borrow the coffee pots and PA system for the Serenity Ride 9/20-21/24.

Old business: QR code update, there is fee if using other website product, will check with Casey L. if we can make one for free.

New business: Check with Paypal if we can get QR code for Giving Fund acct. New office hours will start 9/24/24, closed Saturdays-Mondays, Tues. – Thurs. 9am – 2:30pm & Fri. 9am – 1pm. Next month 10/17/24 taking nominations for Intergroup Chair positions going into works Jan 2025. GSO coming out with new book “Plain Language Big Book: A tool for reading Alcoholics Anonymous” will be available 11/1/24, Central Office will have book available as soon as possible, \$12.

Announcements: Memorial Day Indoor Picnic at Hawkeye club, Spring Conference in June in Sioux Center, Sober float coming in June during father’s day week. Motion to close was made by Levi H. and seconded by Jesse V., meeting closed at 7:35pm with I am responsible.

PayPal Giving Fund QR code



Respectfully submitted by Veronica K.

Step Ten *“Continued to take personal inventory and when we were wrong promptly admitted it.”*

“As we work the first nine Steps, we prepare ourselves for the adventure of a new life. But when we approach Step Ten we commence to put our AA way of living to practical use, day by day, in fair weather or foul. Then comes the acid test: can we stay sober, keep in emotional balance, and live to good purpose under all conditions?

A continuous look at our assets and liabilities, and a real desire to learn and grow by this means, are necessities for us. We alcoholics have learned this the hard way. More experienced people, of course, in all times and places have always known that no one can make much of his life until self-searching becomes a regular habit, until he is able to admit and accept what he finds, and until he patiently and persistently tries to correct what is wrong.

There’s the spot check inventory, taken at any time of the day, whenever we find ourselves getting tangles up. There’s the one we take at day’s end, when we review the happenings of the hours just past. Then there are those occasions when alone, or in the company of our sponsor or spiritual adviser, we make a careful review of our progress since the last time. Many AA’s go in for annual or semiannual housecleaning’s. Many of us also like the experience of an occasional retreat from the outside world where we can quiet down for an undisturbed day or so of self-overhaul and meditation.”

© 1952,1953 by *Alcoholics Anonymous World Services, Inc. Twelve Steps and Twelve Traditions* p 88-89.

Tradition Ten *“Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.”*

“Let us reemphasize that this reluctance to fight one another or anybody else is not counted as some special virtue which makes us feel superior to other people. Nor does it mean that the members of Alcoholics Anonymous, now restored as citizens of the world, are going to back away from their individual responsibilities to act as they see the right upon issues of our time. But when it comes to AA as a whole, that’s quite a different matter. In this respect, we do not enter into public controversy, because we know that our Society will perish if it does. We conceive the survival and spread of Alcoholics Anonymous to be something of far greater importance than the weight we could collectively throw back of any other cause. Since recovery from alcoholism is life itself to us, it is imperative that we preserve in full strength our means of survival.”

© 1952,1953 by *Alcoholics Anonymous World Services, Inc. Twelve Steps & Twelve Traditions*, p 177



2024 Intergroup Board

Board Officers

Chairperson	Josh M.
Co-Chairperson	Jesse V.
Secretary	Tim L.
Treasurer	Bill H.

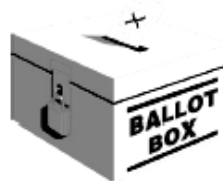
Board Members / Intergroup Representatives

Jesse S. (Men’s Stockyard Meeting)
 Levi H. (Sun 10:30am Spiritual Group)
 Tom C. (Sun 7:30pm Leeds)
 Kelly W. (Y.P.A.A.)
 Veronica K (Office Manager)

Your Intergroup board meets every third Thursday at 7pm at the Intergroup Central Office.

The Role of an Intergroup Representative

Serving as an Intergroup Representative offers you a rewarding opportunity to share in Alcoholics Anonymous’ Third Legacy—Service.



Here’s how it works. The Intergroup Representative is elected by his or her group. (Meetings, by definition, do not have group reps). They then attend the monthly Intergroup Representatives meeting. To this meeting they bring any suggestions, comments, or opinions their group may have. The Intergroup Representative or alternate casts their groups vote on all matters requiring a group conscience.

The purpose of the Intergroup Rep is to be a link in the chain connecting the individual member of an AA group to those who are elected to maintain the operation of Siouland Intergroup. This allows Siouland Intergroup to better serve its members—which is the reason for its existence as provided for in the 9th Tradition which says, “AA, as such ought never be organized; but we may create service boards or committees directly responsible to those they serve.”



Groupline

THE SIOUXLAND INTERGROUP NEWSLETTER

SIOUXLAND INTERGROUP CENTRAL OFFICE

STATEMENT OF PURPOSE

- ⇒ to receive, distribute and follow-up on "12-Step Calls"
- ⇒ to answer inquiries about A.A.;
- ⇒ establish local public information about local hospitals and recovery facilities for alcoholics;
- ⇒ to provide "Locally Produced A.A. Related material", "Conference Approved A.A. Material" and "Other Recovery Related Material." Form SI-1, Dec 2017

To become a better trusted servant of your group and of A.A. as a whole.

- ◆ **Visit the Central Office**
- ◆ **Attend Intergroup Regularly**
- ◆ **Keep your AA group Up-To-Date**
- ◆ **Ask Questions**

Intergroup Meetings: Intergroup meetings are held the *third Thursday of every month* at 7:00 p.m. at the Central Office. Intergroup Representatives (IGR's) meet with the board to discuss the needs of Intergroup and AA groups. Here, events such as the Hoe-down, Founder's Day, New Year's Celebration and Unity Dinners are planned with the groups participating in these events. **Intergroup's main purpose is to serve the suffering alcoholic through the Central Office that serves as the link between Alcoholics Anonymous and the public.**

Financial support: Intergroup is supported solely by contributions from the **groups** and from **individual members** through programs like the "**Birthday Plan**" and the "**Faithful Fivers plan**". Ask us how you can help.

Updates on AA meetings in our District

Please contact Siouxland Intergroup Central Office with any group updates or meeting changes. Help us keep an accurate updated meeting list of both in person and online meetings so the newcomer can find us.
712-252-1333



SUNRISE ATTITUDE ADJUSTMENT MEETING

Monday—Saturday
6:30am

In the Library at
The Hawkeye Club
420 Jones St
Sioux City, IA
51101

Start you day with an
“Attitude of Gratitude!”

SUNDAY BREAKFAST

FELLOWSHIP CLUB

1403 SUMMIT

8:30 AM – 10:00 AM
EVERY SUNDAY

\$5.00 SUGGESTED
DONATION

MEETING FOLLOWS @
10:30 AM

Fundraiser for the club

No one turned away – but service work may be asked for
1403 Summit Street
Sioux City, IA 51103

Food Fun and Fellowship



A \$3 donation is suggested.
Main dish is provided please bring a side.

Come celebrate your birthday at
Leeds Birthday Night!!!!



Monthly and yearly chips presented

The last Saturday of every month
5:30pm meeting followed by a Pot luck
Leeds Alano Club 4034 Floyd Blvd
Sioux City, IA 51108

Upcoming Events

Speakers
 AA: Monica F, Chicago, IL
 AI-Anon: Bobbi S, Des Moines, IA

Hilton Garden Inn Des Moines/Urbandale
 8600 Northpark Drive, Johnston, IA 50131

Cost: \$38 per person, includes plated lunch

11:30 am Doors open | 12:30 pm Lunch served | 1:30 pm Speakers

Raffle prizes

To pay by check, please detach and return.
 Envelopes must be postmarked no later than October 10, 2024. Late checks will be returned.

Name(s): _____
 Email: _____
 Phone: _____
 Entree(s) total # for each _____
 _____ Balsamic Chicken _____ Vegetarian Lasagna

TOTAL ENCLOSED: _____

Make checks payable to:
 Iowa Women's Luncheon
 P.O. Box 8037
 Des Moines, IA 50301

No Refunds

Hosted by District 1
 2024 Area 24

FALL CONFERENCE

"More will be revealed"

October 11-13, 2024
 Al-Anon Des Moines
 820 Nebraska St
 Sioux City, IA 51101

\$18 Pre-Registration (due by Sept 20) \$21 At Door
 MEALS: Luncheon: Pre-Reg \$12/At Door \$15, Banquet: Pre-Reg \$20/At Door \$25,
 Vegetarian: \$12
 *300 meals available for each, Banquet and Luncheon *Limited # of meals available at door

Friday, October 11	Meeting	11:15-12:15am Candlelight
6:45-7:45pm Officer and Chairing Sharing Session	8:00-9:30pm Sharing	9:45-11:15pm Workshops: Archives, Corrections, Newsletter, and PI
6:45-7:45pm Luncheon—Al-Anon Speaker: Jean L. Scorsios DDM, GSR and Area Officers	8:00-9:00am Area Business Meeting	9:15-10:15am Past Delegate—"Ask It Backer"
6:45-7:45am Early Bird Meeting	1:45-5:30pm Area Business Meeting	9:15-10:15am Area Officers and Chairs transition meeting
Saturday, October 12	8:30-11:15am Area Business meeting	10:30-11:30am AA Spiritual Speaker
7:15-8:15am Early Bird AA	9:30-11:30pm Workshops: CPC Grapevine, Literature, and Treatment	

ONLINE REGISTRATION: <https://more-will-be-revealed.cheddarup.com>

Pre-Registration due by September 20, 2024

LODGING— Call and ask for the "Area 24 Fall Conference" rates. Must reserve hotel room by Sept 11, 2024 to get rate. Taxes are 13.65% in IA.

Avid	Holiday Express	Hampton Inn
101 Court St Sioux City, IA 51101 (712) 522-3640 Total Rms. avail.—31 Kings—\$100 + tax Double Queen—\$110 + tax King/Queen—\$120 + tax Crown/Queen—\$130 + tax 901 4th St Sioux City, IA 51101 (712) 262-2700 Total Rms. Avail.—25 King \$129 + tax Double Queen \$139 + tax 300 3rd St Sioux City, IA 51101 (712) 234-1100 Total Rms. avail.—25 King \$155 + tax Double Queen \$155	4723 So. Hills Dr. Sioux City, IA 51106 (712) 274-0100 15 Double Queens 5 Kings \$124.99 + tax \$124.99 + tax So. Sioux City Marriott 385 E 4th St Sioux City, IA 51101 (402) 494-4000 10 Kings \$149 + 22% tax Comfort Inn 4203 S. Lakesport Sioux City, IA 51106 (712) 274-1300 25 Double Queens \$94 + tax	5555 Sergeant Rd Sioux City, IA 51106 30 Rooms available (712) 587-6984 King \$124 + tax Double Queen \$128 + tax *Discount cutoff date 10/12/24 The Warrior Hotel 525 6th St Sioux City, IA 51101 (712) 317-1011 10 Rooms available Kings \$164 + tax Double Queen \$174 + tax *Discount cutoff date 9/12/24

PARKING:
 - Parking Lot on Site South of building. Reserved for those with Inpatient mobility order on 8th St between 9th St & Jackson St.
 - Parking Lot ACCESS, west of Building
 - Street parking along Nebraska St.

REGISTER ONLINE USING QR CODE

CONTACTS
 Area24FallConference@ceddardup.com
 Rose A. — (712) 522-9184
 Rick W. — (712) 490-2465
 Spanish speaking interpreters and ASL interpreters are available for the registration desk, also by Sept 1.

ONLINE REGISTRATION: <https://more-will-be-revealed.cheddarup.com>

Area 24 Fall Conference 2024 Pre-Registration Due by Sept 20

Name: _____ Check one: AA ___ AI-Anon ___ Alateen ___

Badge Name: _____

Address: _____

City, State _____

Zip: _____

Phone: _____

Adults	\$18 Pre-Reg	At Door \$21	
Alateen	\$5		
Pre-Reg Meal	Sat. Lunch \$12	Dinner Banquet \$20	Veg. Meal \$12
At Door Meal	Sat. Lunch \$15	Dinner Banquet \$25	Veg. Meal \$12
TOTAL			

CHECK BOX (Due by Sept 1)
 Spanish interpreter
 ASL interpreter

MAKE CHECKS PAYABLE TO:
 Area 24 Fall Conference 2024 and mail to: PO Box 351 Sioux City, IA 51102

* Alateen must present Iowa Consent & Release Form at the Registration Table for Admission to the Conference

Siouxland Intergroup Quarterly Unity Dinner

Menu: Taco Bar Fiesta!!!

Please JOIN US for DINNER, Fellowship, Speakers & show your support for Central Office!! Suggested \$10 Freewill Donation. All proceeds help support the Siouxland Intergroup Central Office.

Hosted by: District 1

Saturday, November 9, 2024

Morningside Lutheran Church
 700 S. Martha St
 Sioux City, IA 51106

5pm—Registration & Fellowship
 5:30pm—Dinner

Menu ~ Taco Bar

Asking for Volunteers w/ last names (A-N) bring Salads, (M-Z) bring Desserts, please and Thank you!

6:10pm : AI-Anon Speaker: TBA
 6:45pm: AA Speaker : TBA

Contact the Intergroup Central Office with any questions (712) 252-1333 or if you want to volunteer!

NORTHWEST IOWA 41ST PRE-WINTER RALLY

"Principles Before Personalities" | November 1-3, 2024

Lakeshore Center at Okoboji
 1864 HWY 86 | Milford, IA

Early Bird Registration: \$25 per person
 After October 25: \$30 per person Alateen: FREE



SCHEDULE

FRIDAY, NOVEMBER 1
 5:00 pm Registration Begins
 7:00 pm AA Speaker | Bev H. (Bellevue, NE)
 8:30 pm Open Candlelight AA Meeting

SATURDAY, NOVEMBER 2
 6:30 am Early Bird Meeting
 10:00 am AA Speaker | Tony S. (Sioux City, IA)
 1:30 pm Workshop
 3:00 pm AA Speaker | Mike P. (Bellevue, NE)
 6:00 pm AI-Anon Speaker | Jane S. (Sioux City, IA)
 7:30 pm AA Speaker | John E. (Nashville, TN)
 9:00 pm Ice Cream Social & Fellowship

SUNDAY, NOVEMBER 3
 8:30 am Open AA Meeting
 10:00 am AA Speaker | Cathy T. (Fairmont, MN)

Hospitality Suite
 Open Friday 6 pm through Sunday breakfast.
 Please bring food to share & stop by the food and fellowship.

MOTEL/HOTELS
 Local hotels offer great off-season rates!
 Lakeshore Center has a limited number of hotel-style rooms and men's & women's bunk rooms.
 Contact directly at (712) 337-3313

Register online:
PreWinterRally.org
 or mail in form below

PRE WINTER RALLY REGISTRATION

NAME: _____
 ADDRESS: _____
 CITY, STATE, ZIP: _____
 CIRCLE ONE
 AA AL-ANON FRIEND ALATEEN
 I am in need of a scholarship to attend
 I am contributing \$25 to the scholarship fund
 MAIL TO: PRE-WINTER RALLY
 PO BOX 372
 OKOBOJI, IA 51355

PRE WINTER RALLY REGISTRATION

NAME: _____
 ADDRESS: _____
 CITY, STATE, ZIP: _____
 CIRCLE ONE
 AA AL-ANON FRIEND ALATEEN
 I am in need of a scholarship to attend
 I am contributing \$25 to the scholarship fund
 MAIL TO: PRE-WINTER RALLY
 PO BOX 372
 OKOBOJI, IA 51355

UPCOMING EVENTS

**Mark Your Calendars and Make Plans to Attend the
2025 A.A. International Convention**

Vancouver, British Columbia, Canada

July 3-6, 2025

Vancouver will welcome A.A. members from around the world for the 2025 International Convention. This will mark the 90th anniversary of the beginning of our Fellowship's founding.

Online registration opens on September 10, 2024. Check the IC 2025 [webpage](#) for more information about online registration on or after that day.

Taking place once every five years, the A.A. International Convention marks the anniversary of Bill W.'s first meeting with Dr. Bob and the birth of Alcoholics Anonymous in 1935. At the Convention, members and their families and friends from around the world attend meetings, workshops, dances, and events. A highlight is the traditional flag ceremony to celebrate sobriety worldwide.

**Let's celebrate sobriety together
in Vancouver in 2025!**



Gratitude of Service Form / Volunteer / Service work

Personal Information – all information is confidential

Today's Date: _____ New Volunteer _____ Information Update _____

First Name _____ Last Name _____ Gender _____

City _____ State _____ ZIP Code _____

Email Address _____ Sobriety Date _____

Phone# _____ Birthdate _____

Home Group _____ Other Language _____

Do you have a sponsor? _____

Check All That Apply

- Intergroup Rep (IGR) (discuss with your home group)
- 12 – Step Call (at least one year sober & actively working with sponsor)
- Temporary Sponsor (at least one year sober & actively working with sponsor)
- Hotline Volunteer (at least one year sober & actively working with sponsor)
- Help with Unity Dinner Set-Up/ Clean -Up (Willingness to do service work)
- AA Speaker (at least one year sober & actively working with sponsor)

Weekday Hours Available

Monday _____

Tuesday _____

Wednesday _____

Thursday _____

Friday _____

Weekend Hours Available

Saturday _____

Sunday _____

Notes: _____

Please return this to your home group IGR (Intergroup Rep) or to your Central Office: 614 Cook St, Sioux City, IA 51103

12- Step Volunteer: Be sure to stop in at the Central Office to pick up packet & 12-Step Call Brochure.

Hotline Volunteer: Be sure to stop in at the Central Office to pick up packet that will assist you in your service work.

For every volunteer, Central Office will contact you and do your very best to say yes when you are called.

Siouxland Intergroup Central Office – PH (712) 252-1333 – 614 Cook St. Sioux City, IA 51103

Your support of the Siouxland Intergroup Central Office helps keep the doors open and the phone connected to help save the lives of alcoholics who wish to recover.

**Suggested Contribution Plan From GSO:
50-30-10-10**

- Central Office *50%
- District *30%
- Area 24 *10%
- GSO *10%



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**Join the
Siouxland Intergroup
Birthday Club**



Intergroup Central Office

Mail to: Siouxland Intergroup
P.O. Box 3684
Sioux City, IA 51102

Payable to: Siouxland Intergroup

General Service Office (GSO)

Mail to: The General Service Office
P.O. Box 2407
James A Farley Station New
York, NY 10116-2407

Payable to; General Service Board

Area 24

Mail to: Area 24 T/N
P.O. Box 1291
Des Moines, IA 50301

Payable to; Area 24 Treasury

District 1

Mail to: District 1
P.O. Box 5246
Sioux City, IA 51102

Payable to; District 1 AA

What is the Birthday Plan?

In grateful celebration of their sobriety birthdays, many A.A. members contribute one dollar or more for each year of sobriety to any or all of our four service entities; the local Intergroup, District, Area, and General Service Office.

Every A.A. service is designed to help carry the A.A. message to the alcoholic who still suffers. Your Birthday Plan contributions* help make our vital services possible.