2024 Area 24 FALL CONFERENCE

Hosted by District 1

2024 Area 24

FALL CONFERENCE

"More will be revealed"

October 11-13, 2024 Abu Bekr Shriners 820 Nebraska St Sioux City, IA 51101

\$18 Pre-Registration (due by Sept 20) \$21 At Door MEALS: Luncheon: Pre-Reg \$12/At Door \$15, Banquet: Pre-Reg \$20/At Door \$25, Vegetarian: \$12

"300 meals available for each, Banquet and Luncheon " Limited # of meals available at door

Friday, October 11 6:45-7:45pm Officer and Chairing Sharing Session 8:00-9:30pm Sharing Sessions DCM, GSR and Area speaker

9:45-11:15pm Workshops-Archives, Corrections, Newsletter, and PI

Saturday, October 12

meeting

8:30-11:15am Area Business and Treatment

Meeting

11:30-1:30pm Luncheon-Al-Anon Speaker: Jean L. (Dubuque, IA) and Alateen

Meeting

6:30pm Banquet, AA Speaker: John E. (Omaha NE) Delegate-"Ask It Basket" and entertainment

CPC, Grapevine, Literature,

11:15-12:15am Candlelight Meeting

Sunday, October 13

6:45-7:45am Early Bird Meeting

1:45-5:30pm Area Business 8:00-9:00am For conference committee to decide

9:15-10:15am Past

9:15-10:15am Area Officers 7:15-8:15am Early Bird AA 9:30-11:00pm Workshops— and Chairs transition meeting 10:30-11:30am AA Spiritual

Online Registration:

https://more-will-be-revealed.cheddarup.com

Seeking Volunteers for:

Coffee (Tim L.)

Registration (Russ K.)

Greeters (Rosie S.)

Entertainment (Katelyn M.)

Hospitality (Randy R.)

Set-up / Clean-up

UPCOMING EVENTS

SIOUXLAND INTERGROUP 3RD THURSDAY OF EVERY MONTH

SEPTEMBER 19, 7:00PM

at Siouxland Intergroup Central Office

AL-ANON AUTUMN AWARENESS SAT, SEPT 14, ST MARKS LUTHERAN

REGISTRATION 4:00PM

BAKE SALE, LITERATURE DRAWING, CRAFT RAFFLE, DINNER & GREAT SPEAKERS!!

2024 SERENITY RIDE

FRI-SAT, SEPTEMBER 20-21

**CHECK MEETING FLYERS OR AASIOUXCITY.ORG FOR DETAILS

18TH ANNUAL LEWIS & CLARK RECOVERY CAMPOUT SEPTEMBER 20-22

LEWIS & CLARK STATE PARK, ONAWA, IA

AREA 24 FALL CONFERENCE

HOSTED BY DISTRICT I

FRI-SAT, OCTOBER 11-13TH ABU BEKR SHRINERS, SIOUX CITY

at Siouxland Intergroup Central Office

*Due to limited space here, detailed event information can be found at your local meetings or www.aasiouxcity.org

THIS MONTH IN

- Sept 1930: Bill wrote 4th and last promise in family Bible to quit drinking.
- Sept 13, 1937 Florence R, 1st female in AA in NY.
- Sept 21, 1938 Bill W & Hank P form Works
 Publishing Co. Sept 1, 1939 1st AA group founded in
 Chicago. Sept 30, 1939 Article in Liberty magazine,
 "Alcoholics and God" by Morris Markey.
- Sept 12, 1942 U.S. Assist. Surgeon General Kolb speaks at dinner for Bill and Dr Bob.
- Sept 1946 1st A.A. group in Mexico.
- Sept 18, 1947 Dallas Central Office opens its door
- Sept 17, 1954 Bill D. AA #3 dies.
- Sept 19, 1975 Jack Alexander, author of original Saturday Evening Post article, dies.
- Sept 11, 2001 30 Vessey St, New York. Location of AA's first office is destroyed during the World Trade Center attack.

TRADTION NINE

Short Form:

"A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve."

Long Form:

"Each A.A. group needs the least possible organization. Rotating leadership is the best. The small group may elect its secretary, the large group its rotating committee, and the groups of a large metropolitan area their central or intergroup committee, which often employs a full-time secretary. The trustees of the General Service Board are, in effect, our A.A. General Service Committee. They are the custodians of our A.A. Tradition and the receivers of voluntary A.A. contributions by which we maintain our

A.A. General Service Office at New York. They are authorized by the groups to handle our overall public relations and they guarantee the integrity of our principal newspaper, the A.A. Grapevine. All such representatives are to be guided in the spirit of service, for true leaders in

A.A. are but trusted and experienced servants of the whole. They derive no real authority from their titles; they do not govern.

Universal respect is the key to their usefulness."

AA STEPWORK, REFLECTIONS ON STEP 9

"Made direct amends to such people wherever possible, except when to do so would injure them or others. - STEP NINE

There are a lot of fearful feelings before, during and after making amends in the ninth step. While working step nine it's really important to understand that the way things feel is not necessarily the way things are. Because we are feeling afraid we assume that this means we truly have something to fear. But this is not fact. To prepare for this step it's a good idea to let go of all our expectations about how our amends will or should turn out.

Here are some questions to help guide you through working Step Nine:

- Do I have fears about making amends? Am I worried that someone will take revenge or reject me?
- How does the Ninth Step require a new level of surrender to the program?
- Why doesn't it matter how my amends are received?
- How will other addicts, my sponsor, and my Higher Power be sources of strength in this process?
- Which names on my Eighth Step list are complicated by circumstances? Do I owe any amends that might have serious consequences if I made them? What are they?
- What behaviors do I need to amend?
- What are my immediate plans for making amends to myself? Do I have any long-range goals that might also fit as amends to myself? What are they? What can I do to follow through?
- Have I accepted responsibility for the harm I caused and for repairing that harm?
- What experiences have I had that led me to see the harm I caused more clearly? How has that contributed to an increase in my humility?
- What are the benefits to me of practicing the principle of forgiveness? What are some situations in which I've been able to practice this principle?

District 1, Area 24 Meeting Minutes

Respectfully submitted by Jesse V.

DISTRICT ONE MEETING AREA 24 ALCOHOLICS ANONYMOUS August 13th, 2024

The Meeting was called to order at 6:30 pm by DCM Erin Z followed by the Serenity prayer. Those present were Stephanie T, Levi H, Nathan K, Tim L, Jerry K, Jane S, Marjorie J, Rose A, SandraM, Russ S, Al F, Josh M, Will M, Tonya M, Kathy B and Jesse V. (16 people present)

OFFICERS REPORTS

- SECRETARY REPORT: Jesse read the minutes from July. A motion to accept the minutes was made by Tim L and Jerry K seconded, the motion passed.
- TREASURER REPORT: Jesse read the July Treasurer's report. Cash balance at the beginning of July was 5879.23 and our total income this month was 271.00. The total expenses were 32.75, giving us an end cash balance of 6117.48 with 3000 in prudent reserve. The available cash balance is 9117.48. A motion to accept the report was made by Al F and Josh M seconded, the motion passed.

COMMITTEE REPORTS

- ARCHIVES: Russ's display at the unity dinner did not get much traffic. He is going to give it more try at the next unity dinner.
- PI/CPC: Janelle was not in attendance.
- CORRECTIONS: Levi has a flyer circulating to add more men on the roster for the men's side. Women's side is going great.
- TREATMENT: Everything is going very well. There is a signup sheet for "bridge the gap". If you are interested please contact Nathan K or Bill B.
- INTERGROUP: Next intergroup meeting is August 15th at the central office, 7pm. Unity Dinner: 70 attendees and raised \$571.00. Eighteen groups donated in July, 29 faithful fivers and 43 visitors stop in to the central office.
- LITERATURE: Filling racks every other month seems to work best on the need.
- GRAPEVINE: Rick made a motion for the district to donate a subscription to be raffled off at the next unity dinner, the deaf
 can share their message as well.
- NEWSLETTER: Another amazing newsletter for August, if you would like to be part of the newsletter's "district voices", please contact Jenn B at copluv915@gmail.com

Old Business

Unity dinner was okay.

New Business

Area Business Meeting will be attended by Erin and Rick. If you want to attend any area meetings virtually you will need to pay the registration fee.

Announcements

- YPAA Campfire Meetings, Every 2nd Friday of the month! 9/13, Time: 7pm Where: Stone State Park ** Black Bear Circle (near park) Bring Your Own Water, bug spray and chairs
- Autumn Awareness Sept. 14, 2024, St. Marks Lutheran Church 4pm ~ Registration
- 2024 SERENITY RIDE Friday & Saturday, September 20-21, 2024 Friday ~ 7pm Bonfire Meeting Saturday, ~ Please Read flyer
- Back to Basics Mondays 6:30pm, 2432 Jay Ave 9/16, 9/23, 9/30, 10/7
- 18th Annual Lewis & Clark Recovery Campout September 20-22, 2024, Lewis & Clark State Park 21914 Park Loop Onawa, IA
- 19th ANNUAL STEPPINGSTONES TO SERENITY Saturday, October 5, 2024, 8am ~ 1pm St. Martha's Episcopal Church 780
 Pinnacle Dr. Papillion, NE
- AREA 24 FALL CONFERENCE October 11 13, 2024 Abu Bekr Shriners 820 Nebraska St Sioux City, IA

Josh M motioned to close the meeting Jesse V seconded the motion passed the meeting closed at 6:50 pm with the Lord's prayer.