

SIouxLAND INTERGROUP, PO Box 3684 51102 or 614 Cook St, Sioux City< IA 51103, 712.252.1333



Groupline

THE SIOUXLAND INTERGROUP NEWSLETTER

February 2024

The Next
Siouxland Intergroup
Meeting will be 7PM
Thursday, February 15, 2024
at the Central Office,
614 Cook St. in Sioux City
Come early and grab a good Seat!

AA GRAPEVINE

The International Journal of Alcoholics Anonymous

If you would like your EVENT to be listed in the GROUPLINE or if you have artwork, poetry or an article you would like to be considered for print, please email your submission to:



aacentralofficesc@gmail.com

or drop it by the
Central Office or
call us at 712-252-1333

Our website is
www.aasiouxcity.org

The next DISTRICT 1
Meeting will be 6:30PM
Tuesday, February 13, 2024
at Club 215
2432 Jay Ave, in Sioux City



February 2024 Getting Through Tough Times

This month's feature section is "Getting Through Tough Times." Members share hopeful stories about how they reach out for help and use the tools of AA to stay sane and sober through adversity.

CENTRAL OFFICE HOURS

Sun, Mon: CLOSED
Tues--Thurs: 9:00 am to 2:00 pm
Fri: 11:30 am to 2:00 pm
Sat: 10:00 am to 1:00pm

THE INTERNATIONAL JOURNAL OF ALCOHOLICS ANONYMOUS AA
GRAPEVINE.ORG FEBRUARY 2024

A Short Memo *From Siouxland Intergroup Central Office*

Hello! This past month the phone continues to ring on average of 10-12 calls per week for available meetings within our District as well outside of our District. Last month Central Office had 21 drop in visitors: to *buy literature, meeting schedules, pamphlets and offer group donations*. The website got an average of 36 daily visits this past month (1103 total) . Donations were received from 13 AA Groups, Unity Dinner, and 22 Faithful Fiver's. Thank you to those groups and individuals that continue supporting your Intergroup Central Office! Thank you to those who stop in every month, we do have continuous sales of our AA literature from our members including District 2 and Vermillion.

District 1 meeting was cancelled due to bad weather, will pick up in February 13 2024.

Intergroup' s next meeting Feb. 15, 2024, We did sponsor our first Service Workshop Panel which went very well, with 16 attendees. We had great panel speakers that shared on our panel topics of service Siouxland Intergroup does. It was suggested we do the workshop a few times a year and adding members to bring a sponsee.

The flyers for activities that are coming up are available on the website, www.aasiouxcity.org, in the *local events* tab.

As always, I am very grateful to be here keeping the AA energy flowing and keeping AA available and accessible for new and seasoned members!

Siouxland Intergroup Central Office Manager, Veronica K.

Thank you to our January 2024 monthly "Faithful Fivers", "Birthdays" & "Groups" contributions that make it possible for Siouxland to have a Central Office!!!

Groups

By The Book
Friday 5:30pm Group
Living in The Solution
Siouxland Intergroup Mtg
No Name Group
One a Day Group (Tues.)
Stockyards Men's Group
Sun. 1030am Spiritual Group
Sunrise Attitude Adj. Zoom
Group
Sat. Sunrise Attitude Adj.
Group
Tues. Night Early Bird Group
Vast Amount of Fun
Wednesday Women's Big Book

faithful fivers

Anne B.
Bill H.
Bob L.
Carol C.
CJ
Dan P.
Delvin W.
Diane B
Don C.
Jim S.
Jesse V.
Jesse S.
Matt C
Mick M.
Mike H.
Ray G.
Rick W.
Rod C.
Ryan M.
Tim L.

Tom C.
Veronica K.

Birthdays/ Individual

Rick W. (40 Years Sober)



Siouxland Intergroup Meeting minutes from January 25, 2023

The meeting was opened at 7:00 pm with serenity prayer, the Intergroup Statement of purpose and the central office statement of purpose read by Josh M., followed by introductions with 11 members present.

Secretary's Report: The secretary's report was read by Tim L. Motion to accept the secretary's report was made by Jesse S. and seconded by Jesse V.; motion passed.

Treasurer Report: The treasurer's report was read by Veronica. The motion to accept the treasurer's report was made by Jerry K. and seconded by Jesse V., motion passed.

District 1 Report: District was cancelled due to bad weather, will be in February.

Functions and Committees: Service Panel Workshop host by Inter group will be Feb. 3, 2024 at Leeds Alano Club house, Unity Dinner will be February 10, 2024 at Morningside Lutheran Church, hosted by Friday Night YPAA group with raffle.

Old Business: New officers were put in office and have begun to perform their duties.

New Business: Wednesday night, Where it all Begins group will be hosting the next Unity Dinner in May. Fourth Quarterly Taxes for 2023 have been filed and paid.

Announcements

District 1 Fall Conference has a monthly meeting that meets every first Tuesday of the month 5:30pm at Shriners Temple.

2024 12-Step Winter Workshop, Monday January 8, 2024 5:30pm - 6:30pm. 10 week class, Club 215 2432 Jay Ave, Sioux City, IA 51106

Service Panel Workshop hosted by Siouxland Intergroup, Saturday Feb. 3, 2024, Leeds Alano Club Lunch Will Be Provided ~ 12pm

Siouxland Intergroup Quarterly Unity Dinner, Hosted by YPAA Group, February 10, 2024 Morningside Lutheran Church 700 Martha St Sioux City, IA 51108 5pm ~ Registration & Fellowship

16th Anniversary Sioux City Tri-State Roundup March 1-3, 2024, Marriott Riverfront South Sioux City NE

A motion to Close the meeting was made by Jesse V and seconded by Jerry K. The motion passed the meeting closed at 7:45 pm with I am responsible.

Respectfully Submitted

Tim L., Intergroup Secretary

Step Two *“Came to believe that a Power greater than ourselves could restore us to sanity.”*

“Sanity” is defined as “soundness of mind.” Yet no alcoholic, soberly analyzing his destructive behavior, whether the destruction fell on the dining-room furniture or his own moral fiber, can claim “soundness of mind” for himself. Therefore, Step Two is the rallying point for all of us. Whether agnostic, atheist, or former believer, we can stand together on this Step. True humility and an open mind can lead us to faith, and every A.A. meeting is an assurance that God will restore us to sanity if we rightly relate ourselves to him.

© 1939,1955,1976 by *Alcoholics Anonymous World Services, Inc. Alcoholics Anonymous, Twelve Steps and Twelve Traditions, p 33.*

Tradition Two

“For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.”

“Thus throughout A.A. does the group conscience decree the terms upon which its leaders shall serve.”

“Nearly every oldtimer in our society goes through this process in some degree. Happily most of them survive and live to become elder statesmen. They become the real and permanent leadership of AA. Theirs is the quiet opinion, the sure knowledge and humble example that resolve a crisis. ...This is the experience which has led us to the conclusion that our group conscience, well-advised by its elders, will be in the long run wiser than any single leader.”

© 1939,1955,1976 by *Alcoholics Anonymous World Services, Inc. Alcoholics Anonymous, Twelve Steps and Twelve Traditions, p 189.*



Intergroup Board

Board Officers

Chairperson	Josh M
Co-Chairperson	Jesse V.
Secretary	Tim L.
Treasurer	Bill H.

Board Members / Intergroup Representatives

Jesse S. (Men's Stockyard Meeting)
 Tom C. (Sun Nite Leeds)
 Jerry K. (Visitor)
 Kelly W. (Y.P.A.A.)
 Spencer W. (Visitor)
 Mike (Visitor)
 Casey L. (Where It all Begins)
 Veronica K (Office Manager)

Your Intergroup board meets every third Thursday at 7pm at the Intergroup Central Office.

The Role of an Intergroup Representative

Serving as an Intergroup Representative offers you a rewarding opportunity to share in Alcoholics Anonymous' Third Legacy—Service.



Here's how it works. The Intergroup Representative is elected by his or her group. (Meetings, by definition, do not have group reps). They then attend the monthly Intergroup Representatives meeting. To this meeting they bring any suggestions, comments, or opinions their group may have. The Intergroup Representative or alternate casts their groups vote on all matters requiring a group conscience.

The purpose of the Intergroup Rep is to be a link in the chain connecting the individual member of an AA group to those who are elected to maintain the operation of Siouxland Intergroup. This allows Siouxland Intergroup to better serve its members—which is the reason for its existence as provided for in the 9th Tradition which says, “AA, as such ought never be organized; but we may create service boards or committees directly responsible to those they serve.”



Groupline

THE SIOUXLAND INTERGROUP NEWSLETTER

SIOUXLAND INTERGROUP CENTRAL OFFICE

STATEMENT OF PURPOSE

- ⇒ to receive, distribute and follow-up on "12-Step Calls"
- ⇒ to answer inquiries about A.A.;
- ⇒ establish local public information about local hospitals and recovery facilities for alcoholics;
- ⇒ to provide "Locally Produced A.A. Related material", "Conference Approved A.A. Material" and "Other Recovery Related Material." Form SI-1, Dec 2017

To become a better trusted servant of your group and of A.A. as a whole.

- ◆ **Visit the Central Office**
- ◆ **Attend Intergroup Regularly**
- ◆ **Keep your AA group Up-To-Date**
- ◆ **Ask Questions**

Intergroup Meetings: Intergroup meetings are held the *third Thursday of every month* at 7:00 p.m. at the Central Office. Intergroup Representatives (IGR's) meet with the board to discuss the needs of Intergroup and AA groups. Here, events such as the Hoe-down, Founder's Day, New Year's Celebration and Unity Dinners are planned with the groups participating in these events. **Intergroup's main purpose is to serve the suffering alcoholic through the Central Office that serves as the link between Alcoholics Anonymous and the public.**

Financial support: Intergroup is supported solely by contributions from the **groups** and from **individual members** through programs like the "**Birthday Plan**" and the "**Faithful Fivers plan**". Ask us how you can help.

Updates on AA meetings in our District

Please contact Siouxland Intergroup Central Office with any group updates or meeting changes. Help us keep an accurate updated meeting list of both in person and online meetings so the newcomer can find us.

712-252-1333



SUNRISE ATTITUDE ADJUSTMENT MEETING

Monday—Saturday
6:30am

In the Library at
The Hawkeye Club
420 Jones St
Sioux City, IA
51101

Start you day with an
“Attitude of Gratitude!”

SUNDAY BREAKFAST

FELLOWSHIP CLUB

1403 SUMMIT

8:30 AM – 10:00 AM

EVERY SUNDAY

\$5.00 SUGGESTED
DONATION

MEETING FOLLOWS @
10:30 AM

Fundraiser for the club

No one turned away – but service work may be asked for
1403 Summit Street
Sioux City, IA 51103

Food Fun and Fellowship



A \$3 donation is suggested.
Main dish is provided please bring a side.

Come celebrate your birthday at
Leeds Birthday Night!!!!



Monthly and yearly chips presented

The last Saturday of every month
5:30pm meeting followed by a Pot luck
Leeds Alano Club 4034 Floyd Blvd
Sioux City, IA 51108

Upcoming Events

Service
Workshop

Service Workshop Panel Sponsored by
Siouxland Intergroup Central Office
of Alcoholics Anonymous

“It is through service that the greatest rewards are found.”

When: February 3, 2024

**Where: Leeds Alano Club, 4034 Floyd Blvd., Sioux City, IA
51108**

Lunch Menu – Loose Meat Sandwiches

Asking for a few volunteers to bring salads/sides

Time: 12pm—2pm

**Hear Panel of members share first hand
experience having served in the following areas:**

- **Answering Phones**
- **Being on the 12th Step List**
- **Serving as an IGR**
- **Special Events Committees**
- **Speaking at non AA Facilities**
- **Temporary Sponsor**
- **Hotline Volunteer**

Q & A Time Following the Panel



Thank You
For your
service

UPCOMING EVENTS

Siouxland Intergroup Quarterly Unity Dinner

Hosted by: Young People in Alcoholics Anonymous



Menu: Chili Cook Off

Saturday, February 10, 2024

Morningside Lutheran Church

700 S. Martha St

Sioux City, IA 51106



5pm—Registration / Fellowship

5:30pm—Dinner

Menu~ Homemade Chili, (Corn Bread, Cinnamon Rolls, Fry Bread)

Asking for Volunteers w/ last names (A-N) bring Salads, (M-Z) bring Desserts, please and Thank you!

6:10pm : Al-Anon Speaker (TBA)

6:45pm: AA Speaker : (TBA)

Contact the Intergroup Central Office with any questions (712) 252-1333 or if you want to volunteer!

Suggested \$5 Freewill Donation. All proceeds help support the Siouxland Intergroup Central Office.

There will be a Pay-It forward basket at the Registration table to help those who can't contribute.

16th Anniversary Sioux City Tri-State Roundup

"We Are Not A Glum Lot"

March 1, 2 and 3rd 2024

Marriott Riverfront, 385 E. 4th, South Sioux City NE 68776

SPEAKERS & EVENTS

Fri, March 1: 5:00 pm Registration and Hospitality

7:00 pm Butch M. - Toronto-ON Canada- AA

8:30 pm Ice Cream Social—Followed by the "Young at Heart AA Meeting"

Sat, March 2: 7:30 am Hospitality Opens

8:30 am Sought through Prayer and MEDITATION

10:30 am Jim C. Fort Dodge IA- AA

1:15 pm Larry J, and Wyman A. Shirley S. Old Timers Ticketed Call-Up Meeting

3:30 pm Lisa C., Overland Park, KS- AFG

7:30 pm Martin A. - Hamilton ON Canada-AA

9:00 pm Followed by Redeye AA Hosted by a local AA meeting

Sun, March 3: 8:00 am Hospitality Open

8:30 am Call up-"God as I understand him" AA Spiritual groups

10:00 am Chris S. Johnston IA- AA

SIoux CITY TRI-STATE ROUNDUP REGISTRATION

Mail this form and payment to:
Sioux City Tri-State Roundup
PO Box 1823
Sioux City, IA 51102

Pre-Registration: \$25 ea AA/Al-Anon

At the Door Registration: \$30 AA / Al-Anon

Pre-registrations must be received by Feb 28, 2024

Name _____
Email _____

Check One Box
 AA
 Al-Anon
 Alateen

Address _____
(STREETADDRESS) (CITY) (STATE) (ZIP)

Name _____
Email _____

Check One Box
 AA
 Al-Anon
 Alateen

Address _____
(STREETADDRESS) (CITY) (STATE) (ZIP)

Registrations at \$25 _____ (optional) Help another alcoholic attend by adding \$25 to your payment _____ Total Enclosed _____

Hosted by District 1
 2024 Area 24

FALL CONFERENCE

“More will be revealed”



October 11-13, 2024
 Abu Bekr Shriners
 820 Nebraska St
 Sioux City, IA 51101

\$18 Pre-Registration (due by Sept 20) \$21 At Door
 MEALS: Luncheon: Pre-Reg \$12/At Door \$15, Banquet: Pre-Reg \$20/At Door \$25,
 Vegetarian: \$12
 *300 meals available for each, Banquet and Luncheon * Limited # of meals available at door

SCHEDULE

Friday, October 11
 6:45-7:45pm Officer and Chairing Sharing Session
 8:00-9:30pm Sharing Sessions DCM, GSR and Area Officers
 9:45-11:15pm Workshops- Archives, Corrections, Newsletter, and PI

Saturday, October 12
 7:15-8:15am Early Bird AA meeting
 8:30-11:15am Area Business Meeting

11:30-1:30pm Luncheon— Al-Anon Speaker: Jean L. (Dubuque, IA) and Alateen speaker
 1:45-5:30pm Area Business Meeting
 6:30pm Banquet, AA Speaker: John E. (Omaha NE) and entertainment
 9:30-11:00pm Workshops— CPC, Grapevine, Literature, and Treatment

11:15-12:15am Candlelight Meeting

Sunday, October 13
 6:45-7:45am Early Bird Meeting
 8:00-9:00am For conference committee to decide
 9:15-10:15am Past Delegate—“Ask It Basket”
 9:15-10:15am Area Officers and Chairs transition meeting
 10:30-11:30am AA Spiritual Speaker

ONLINE REGISTRATION: <https://more-will-be-revealed.cheddarup.com>

Area 24 Fall Conference 2024 Pre-Registration Due by Sept 20

Name: _____ Check one: AA___ Al-Anon___ Alateen___

Badge Name: _____

Address: _____

City, State _____

Zip: _____

Phone: _____

Adults	\$18 Pre-Reg	At Door \$21	
Alateen	\$5		
Pre-Reg Meal	Sat. Lunch \$12	Dinner Banquet \$20	Veg. Meal \$12
At Door Meal	Sat. Lunch \$15	Dinner Banquet \$25	Veg. Meal \$12
TOTAL			

CHECK BOX (Due by Sept 1)

Spanish interpreter

ASL interpreter

MAKE CHECKS PAYABLE TO:
 Area 24 Fall Conference 2024 and mail to: PO Box 351 Sioux City, IA 51102

* Alateen must present Iowa Consent & Release Form at the Registration Table for Admission to the Conference

Pre-Registration due by September 20, 2024

LODGING— Call and ask for the “Area 24 Fall Conference” rates. Must reserve hotel room by Sept 11, 2024 to get rate. *Taxes are 13.65% in IA.*

Avid

101 Court St
 Sioux City, IA 51101
 (712) 522-3640
 Total Rms. avail.-31
 Kings—\$100 + tax
 Double Queen-\$110 + tax

Court Yard Marriott

901 4th St
 Sioux City, IA 51101
 (712) 202-2700
 Total Rms. Avail.—25
 King \$129 +tax
 Double Queen \$139 +tax

Stoney Creek

300 3rd St
 Sioux City, IA 51101
 (712)234-1100
 Total Rms. avail.—25
 King \$155 +tax
 Double Queen \$155

Holiday Express

4723 So. Hills Dr.
 Sioux City, IA 51106
 (712) 274-0100
 15 Double Queens
 5 Kings
 \$124.99 + tax

So. Sioux City Marriott

Riverfront
 385 E 4th St
 So. Sioux City, NE 68776
 (402) 494-4000
 15 Double Queen
 10 Kings
 \$149 + 22% tax

Comfort Inn

4202 S. Lakeport
 Sioux City, IA 51106
 (712)274-1300
 25 Double Queens
 \$94 + tax

Hampton Inn

5555 Sergeant Rd
 Sioux City, IA 51106
 30 Rooms available
 (712) 587-6984
 King \$124 + tax
 Double Queen \$124 + tax
**Discount cutoff date 10/1/24*

The Warrior Hotel

525 6th St.
 Sioux City, IA 51101
 (712) 317-1011
 10 Rooms available
 Kings \$164 +tax
 Double Queen \$174 + tax
**Discount cutoff date 9/13/24*

PARKING

- ⇒ Parking Lot on Site South of building “Reserved for those with Impaired mobility” enter on 8th St between Neb St & Jackson St.
- ⇒ Parking Lot ACROSS, west of Building
- ⇒ Street parking along Nebraska St.

REGISTER ONLINE USING QR CODE



CONTACTS

Area24fallconference2024@gmail.com
 Rose A.—(712) 522-9184
 Rick W.—(712) 490-2465
Spanish speaking interpreters and ASL interpreters are available UPON request on registration form, due by Sept 1.

Contribute Your Time

“Help Carry the Message”

Revised November 16, 2023



Gratitude of Service Form / Volunteer / Service work

Personal Information – all information is confidential

Today's Date: _____ New Volunteer _____ Information Update _____
 First Name _____ Last Name _____ Gender _____
 City _____ State _____ ZIP Code _____
 Email Address _____ Sobriety Date _____
 Phone# _____ Birthdate _____
 Home Group _____ Other Language _____
 Do you have a sponsor? _____

Check All That Apply

- Intergroup Rep (IGR) (discuss with your home group)
- 12 – Step Call (at least one year sober & actively working with sponsor)
- Temporary Sponsor (at least one year sober & actively working with sponsor)
- Hotline Volunteer (at least one year sober & actively working with sponsor)
- Help with Unity Dinner Set-Up/ Clean -Up (Willingness to do service work)
- AA Speaker (at least one year sober & actively working with sponsor)

Weekday Hours Available

Monday _____
 Tuesday _____
 Wednesday _____
 Thursday _____
 Friday _____

Weekend Hours Available

Saturday _____
 Sunday _____

Notes: _____

Please return this to your home group IGR (Intergroup Rep) or to your Central Office: 614 Cook St, Sioux City, IA 51103

12- Step Volunteer: Be sure to stop in at the Central Office to pick up packet & 12-Step Call Brochure.

Hotline Volunteer: Be sure to stop in at the Central Office to pick up packet that will assist you in your service work.

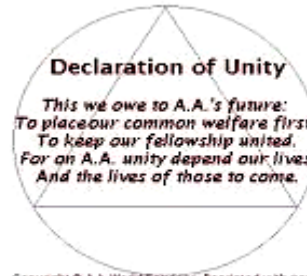
For every volunteer, Central Office will contact you and do your very best to say yes when you are called.

Siouxland Intergroup Central Office – PH (712) 252-1333 – 614 Cook St. Sioux City, IA 51103

Your support of the Siouxland Intergroup Central Office helps keep the doors open and the phone connected to help save the lives of alcoholics who wish to recover.

**Suggested Contribution Plan From GSO:
50-30-10-10**

Central Office	*50%
District	*30%
Area 24	*10%
GSO	*10%



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Join the Siouxland Intergroup Birthday Club



What is the Birthday Plan?

In grateful celebration of their sobriety birthdays, many A.A. members contribute one dollar or more for each year of sobriety to any or all of our four service entities; the local Intergroup, District, Area, and General Service Office.

Every A.A. service is designed to help carry the A.A. message to the alcoholic who still suffers. Your Birthday Plan contributions* help make our vital services possible.

Intergroup Central Office

Mail to: Siouxland Intergroup
P.O. Box 3684
Sioux City, IA 51102

Payable to: Siouxland Intergroup

General Service Office (GSO)

Mail to: The General Service Office
P.O. Box 2407
James A Farley Station New
York, NY 10116-2407

Payable to; General Service Board

Area 24

Mail to: Area 24 T/N
P.O. Box 1291
Des Moines, IA 50301

Payable to; Area 24 Treasury

District 1

Mail to: District 1
P.O. Box 5246
Sioux City, IA 51102

Payable to; District 1 AA