SIOUXLAND INTERGROUP, PO Box 3684 51102 or 614 Cook St, Sioux City< IA 51103, 712.252.1333



The Next Siouxland Intergroup Meeting will be 7PM <u>Thursday, January 18, 2024</u> at the Central Office, 614 Cook St. in Sioux City Come early and grab a good Seat!

If you would like your EVENT to be listed in the GROUPLINE or if you have artwork,



poetry or an article you would like to be considered for print, please email your submission to:

aacentralofficesc@gmail.com

or drop it by the Central Office or call us at 712-252-1333

Our website is <u>www.aasiouxcity.org</u>

The next DISTRICT 1 Meeting will be 6:30PM <u>Tuesday, January 9, 2024</u> at Club 215 2432 Jay Ave, in Sioux City

CENTRAL OFFICE HOURS

 Sun, Mon:
 CLOSED

 Tues--Thurs:
 9:00 am to 2:00 pm

 Fri:
 11:30 am to 2:00 pm

 Sat:
 10:00 am to 1:00pm

Come early and grab a good Seat! The International Journal of Alcoholics Anonymous

1

January 2024 Emotional Sobriety

This month's feature section is "Emotional Sobriety." Members share hopeful stories about how much better their lives are now that they have lived in the AA program for a while.



THE INTERNATIONAL JOURNAL OF ALCOHOLICS ANONYMOUS AA GRAPEVINE.ORG JANUARY 2024

1

A Short Memo From Siouxland Intergroup Central Office

Hello! This past month the phone continues to ring on average of 10-12 calls per week for available meetings within our District as well outside of our District. Last month Central Office had 24 drop in visitors: to *buy literature, meeting schedules, pamphlets and offer group donations*. The website got an average of 32 daily visits this past month (995 total). Donations were received from 13 AA Groups, Unity Dinner, and 22 Faithful Fiver's. Thank you to those groups and individuals that continue supporting your Intergroup Central Office! Thank you to those who stop in every month, we do have continuous sales of our AA literature from our members including District 2 and Vermillion.

District 1 report for December, there was a nice turn out for the holiday party. On the first Tuesday of the month at 5:30pm at the Shriner Temple is the 2024 Fall Conference meeting, please come and see where you can help.

Intergroup' s next meeting 1/18/24, we have new board members: Intergroup Chair-Josh M., Vice Chair-Jesse V., Treasurer-Bill H., Secretary-Tim L. We will be hosting a Service Workshop Panel February 3, 2024. Lunch will be provided ~ Loose Meats. In hopes to get more volunteers to help share the load our current volunteers are doing.

The flyers for activities that are coming up are available on the website, www.aasiouxcity.org, in the *local events* tab.

As always, I am very grateful to be here keeping the AA energy flowing and keeping AA available and accessible for new and seasoned members!

Siouxland Intergroup Central Office Manager, Veronica K.

2

Thank you to our <u>December 2023</u> monthly "<u>Faithful Fivers</u>", "<u>Birthdays</u>" & "<u>Groups</u>" contributions that make it possible for Siouxland to have a Central Office!!!

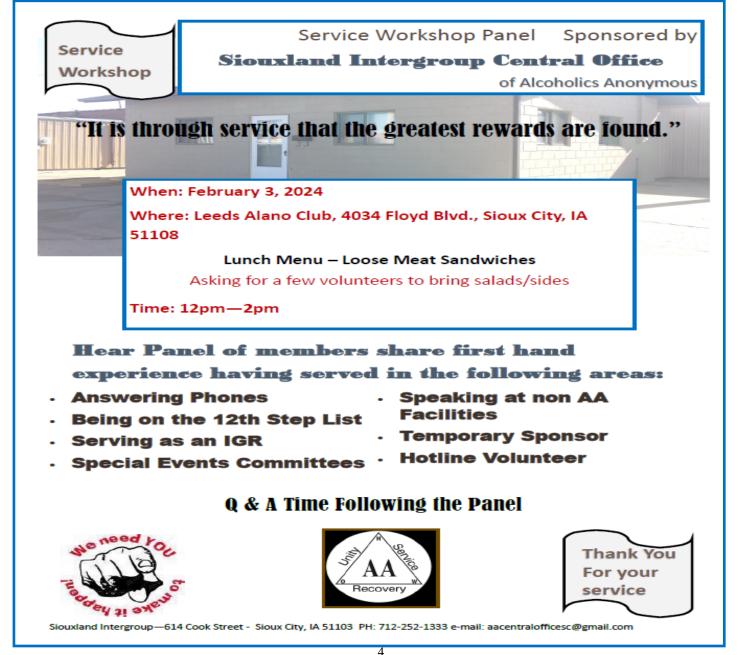
Group <i>i</i>	faithful five <i>rs</i>	
Cheyenne Non-Smoking Grp	Anne B.	
Loones Near the Dunes	Bill H.	Tom C.
Siouxland Intergroup Mtg	Carol C.	Veronica K.
No Name Group	CJ	
•		
One a Day Group (Tues. & Fri.)		<u>Birthdays/ Individual</u>
Sun. 1030am Spiritual Group	Delvin W.	(3) Individual Contributions
Sunday Night Big Book	Diane B	
Sunrise Attitude Adj. Zoom	Jane S.	
Group	Jesse V.	
Sat. Sunrise Attitude Adj.	Lori W.	
Group	Mike G.	
Vast Amount of Fun	Mike H.	
Wednesday Big Book Study	Nick H.	
Westlawn Group	Paul T.	keep an
	Pat G.	
	Ray G.	allinde
	Rick W.	GRATITUDE
	Rod C.	
	Ryan M.	
	Tim L.	-ψ-

2023 Group Contributions

	•		
1.	Big Book Buddies Study Group	\$	50.00
2.	Books and Cookies Group	\$ 3	300.00
3.	By The Books	\$ 2	250.00
4.	Cheyenne Non-Smoking Group	\$ 2	250.00
5.	Early Bird Group	\$:	167.01
6.	Friday 5:30pm Group	\$ 3	344.00
7.	Glenn Avenue Group	\$1	500.00
8.	Kingsley Monday Night Group	\$ 4	125.00
9.	Leed's Sunday Nite Spiritual Meeting	\$ 4	150.00
10.	Living in The Solution Group	\$ 7	737.75
11.	Lunes Near the Dunes	\$ 4	687.31
12.	Monthly Siouxland Intergroup Meeting	\$ 2	282.00
13.	Morningside Fellowship Group	\$ 3	322.00
14.	Moville Tuesday Night Group	\$:	130.00
15.	No Name Group	\$ 4	942.00
16.	One A Day	\$1	000.00
17.	S. Sioux Big Book	\$	7 <i>5.00</i>
18.	Sunrise Attitude Adjustment Zoom Group	\$ 2	250.00
19.	Saturday Night Live	\$	25.00
20.	Serenity Open	\$	60.00
21.	Sgt Bluff Group	\$:	100.00
22.	Steel Magnolias Group	\$:	150.00
23.	Spiritual Steps 3&11 Group @ Hawkeye	\$ 4	147.25
24.	Stockyards Group Men's Meeting	\$ 2	270.00
25.	Sunday Morning 1030AM Spiritual Group	\$ 3	350.00
26.	Sunrise Attitude Adjustment Group	\$1	809.00
27.	The How and Why of It Group	\$	7 <i>5.00</i>
27.	Tuesday Night Early Bird Group	\$ \$	561.00
28.	Tuesday 12x12 Group	\$:	117.00
29.	Vast Amount of Fun	\$ 4	100.00
30.	. Wed. Where It all Begins	\$:	150.00
31.	Wednesday Women's Big Book Group	\$ 2	225.00
32.	Westlawn Group	\$	25.00
33.	Sunday Night Big Book Study Group (Fellowship)	\$	14.00
34.	Wednesday Big Book Study	\$:	100.00



2022 Contributions Continue					
Faithful Fivers				\$ 1469.00	ALLEL YOU
Birthday Cont	ributions			\$ 207.79	THANK TOUL
Cash / Individu	ual Contribution	ns		\$ 3308.71	THANK
Unity Dinners				\$ 2666.00	
February	2023	\$1C	00.00	attendees: 93	
May	2023	\$	0.00	attendees: 125	
July	2023	\$ 8;	20.00	attendees: 64	
Nov.	2023	\$ 84	46.00	attendees: 88	



Siouxland Intergroup Meeting minutes from Dec 21th, 2023

The meeting was opened at 7:00 pm with serenity prayer, the Intergroup Statement of purpose and the central office statement of purpose read by Tim L followed by introductions with 7 members present.

Secretary's Report: The secretary's report was read by Jesse V. Motion to accept the secretary's report was made by Josh M and seconded by Kelly W; motion passed.

Treasurer Report: The treasurer's report was read by Veronica. The motion to accept the treasurer's report was made by Jesse V and seconded by Josh M; motion passed.

District 1 Report: Had a nice turn out for the holiday party, On the first Tuesday of the month at 5:30pm at the Shriner Temple is the 2024 Fall Conference meeting please come and see where you can help.

Functions and Committees: Ypaa has committed to take the next unity dinner which will be held in February, ALSO IN February Veronica will be hosting a workshop on the center office to help with awareness of what it all does and how we can help out with those services

Old Business: The Audit was completed by Frank G and everything is good

New Business: Elections for intergroup were held here are the new officers: Intergroup Chair - Josh M, Intergroup Vice Chair- Jesse V, Intergroup Treasurer- Bill H, and Secretary- Tim L

Announcements

2024 12-Step Winter Workshop, Monday January 8, 2024 5:30pm - 6:30pm. 10 week class, Club 215 2432 Jay Ave, Sioux City, IA 51106

Service Panel Workshop hosted by Siouxland Intergroup, Saturday Feb. 3, 2024, Leeds Alano Club Lunch Will Be Provided ~ 12pm

Siouxland Intergroup Quarterly Unity Dinner, Hosted by YPAA Group, February 10, 2024 Morningside Lutheran Church 700 Martha St Sioux City, IA 51108 5pm ~ Registration & Fellowship

25th Annual Winter Rally January 20th & 21st 2024 Best Western Motel Fort Dodge, IA

16th Anniversary Sioux City Tri-State Roundup March 1-3, 2024, Marriott Riverfront South Sioux City NE

A motion to Close the meeting was made by Jesse V and seconded by Jerry K. The motion passed the meeting closed at 7:45 pm with I am responsible.

Respectfully Submitted Jesse V., Intergroup Secretary

Step One *"We admitted we were powerless over alcohol-that our lives had become unmanageable."*

"No other kind of bankruptcy is like this one. Alcohol, now become the rapacious creditor, bleeds us of all self-sufficiency and all will to resist its demands. Once this stark fact is accepted, our bankruptcy as going human concerns is complete.

But upon entering A.A. we soon take quite another view of this absolute humiliation. We perceive that only through utter defeat are we able to take our first steps toward liberation and strength. Our admissions of personal powerlessness finally turn out to be firm bedrock upon which happy and purposeful lives may be built."

© 1939,1955,1976 by Alcoholics Anonymous World Services, Inc. Alcoholics Anonymous, p 21.

Tradition One "Our common welfare should come first; personal recovery depends on AA unity."

Long Form—""Each member of Alcoholics Anonymous is but a small part of a great whole. A.A. must continue to live or most of us will surely die. Hence our common welfare comes first. But individual welfare follows close afterward."

© 1939,1955,1976 by Alcoholics Anonymous World Services, Inc. Alcoholics Anonymous, p 189.



Intergroup Board Board Officers

Chairperson	
Co-Chairperson	
Secretary	
Treasurer	

Tim L. Bryon W. Jesse V. Bill H.

Board Members / Intergroup Representatives

Josh M. (Men's Stockyard Meeting) Jerry K. (Sat. 12x12 Noon—Fellowship Club) Kelly W. (Y.P.A.A.) Levi H. (Visitor) Veronica K (Office Manager) Your Intergroup board meets every third Thursday at 7pm at the Intergroup Central Office.

The Role of an Intergroup Representative

Serving as an Intergroup Representative offers you a rewarding opportunity to share in Alcoholics Anonymous' Third Legacy—Service.



Here's how it works. The Intergroup Representative is elected by his or her group. (Meetings, by definition, do not have group reps). They then attend the monthly Intergroup Representatives meeting. To this meeting they bring any suggestions, comments, or opinions their group

may have. The Intergroup Representative or alternate casts their groups vote on all matters requiring a group conscience.

The purpose of the Intergroup Rep is to be a link in the chain connecting the individual member of an AA group to those who are elected to maintain the operation of Siouxland Intergroup. This allows Siouxland Intergroup to better serve its members—which is the reason for its existence as provided for in the 9th Tradition which says, "AA, as such ought never be organized; but we may create service boards or committees directly responsible to those they serve."

<u>Updates on AVA meetings in our District</u>

Please contact Siouxland Intergroup Central Office with any group updates or meeting changes. Help us keep an accurate updated meeting list of both in person and online meetings so the newcomer can find us. 712-252-1333



SUNRISE ATTITUDE ADJUSTMENT MEETING

Monday—Saturday 6:30am

In the Library at The Hawkeye Club 420 Jones St Sioux City, IA 51101

Start you day with an "Attitude of Gratitude!

<u>SUNDAY BREAKFAST</u>

7

FELLOWSHIP CLUB 1403 SUMMIT

8:30 AM - 10:00 AM EVERY SUNDAY

<u>\$5.00 SUGGESTED</u> DONATION

MEETING FOLLOWS @ 10:30 AM

> *Fundraiser for the club* No one turned away – but service work may be asked for* 1403 Summit Street Sioux City, IA 51103





Monthly and yearly chips presented The last Saturday of every month 5:30pm meeting followed by a Pot luck Leeds Alano Club 4034 Floyd Blvd Sioux City, IA 51108

UPCOMING EVENTS



Upcoming Events

16th Anniversary Sioux City Tri-State Roundup

"We Are Not A Glum Lot" March 1, 2 and 3rd 2024

New location! Marriott Riverfront 385 E. 4th St. South Sioux City NE

> Meals will be on your own

Website: www.siouxcitytristateroundup.com



Fellowship Saturday Night following meeting

Questions to: Tonya M. 712-898-7761 Will M. 712-898-7768

Marriott Riverfront, 385 E. 4th, South Sioux City NE 68776 **** No one under 11 yrs will be allowed to attend meetings ****

SPEAKERS & EVENTS

Fri, March 1: 5:0)pm Regi	stration and Hospitality
r	7:00 pm	Butch M Toronto ON Canada- AA
	8:30 pm	Ice Cream Social-Followed by the "Young at Heart AA
	-	Meeting
Sat, March 2: 7:3	Dam Hos	pitality Opens
,	8:30 am	Sought through Prayer and MEDITATION
	10:30 am	Jim C. Fort Dodge IA- AA
	1:15 pm	Larry J, and Wyman A. Shirley S. Old Timers Ticketed
		Call-Up Meeting
	3:30 pm	Lisa C., Overland Park, KS- AFG
	7:30 pm	Martin A Hamilton ON Canada-AA
	9:00 pm	Followed by Redeye AA Hosted by a local AA meeting
Sun, March 3:	8:00 am	Hospitality Open
,,	8:30 am	Call up-"God as I understand him" AA Spiritual groups
	10:00 am	Chris S. Johnston IA- AA

Pre-Registrations must be received by February 28, 2024 Marriott Riverfront 385 E. 4th St., South Sioux City NE Ask for Tri-State Roundup Rate Front Desk 1-402-494-4000 (OVER)

16th Anniversary Sioux City Tri-State Roundup

"We Are Not A Glum Lot"

March 1, 2 and 3rd 2024 Marriott Riverfront, 385 E. 4th, South Sioux City NE 68776

SPEAKERS & EVENTS

	8:30 pm	Butch M Toronto ON Canada- AA Ice Cream Social-Followed by the "Young at	
Sat, March 2: 7:3	-	itality Opens	
	8:30 am	Sought through Prayer and MEDITATION	
	10:30 am	Jim C. Fort Dodge IA- AA	
	1:15 pm	Larry J, and Wyman A. Shirley S. Old Timers Call-Up Meeting	s licketed
	3:30 pm	Lisa C., Overland Park, KS- AFG	
	7:30 pm	Martin A Hamilton ON Canada-AA	· · · ·
	9:00 pm	Followed by Redeye AA Hosted by a local AA	meeting
Sun, March 3:	8:00 am	Hospitality Open	
	8:30 am	Call up-"God as I understand him" AA Spirit	ual groups
	10:00 am	Chris S. Johnston IA- AA	ual groups
	10:00 am	Chris S. Johnston IA- AA REGISTRATION	ual groups Mail this form and payment to: Sioux City Tri-State Roundup PO Box 1823 Sioux City, IA 51102
Pre-Registration: \$	10:00 am FATE ROUNDUP 25 ea AA/Al-Anon at be received by Fo	Chris S. Johnston IA- AA REGISTRATION At the Door Registration: \$30 AA / Al- Anon eb 28, 2024	Mail this form and payment to: Sioux City Tri-State Roundup PO Box 1823
FIGUX CITY TRI-S Pre-Registration: \$ Pre-registrations mu Name Email	10:00 am FATE ROUNDUP 25 ea AA/Al-Anon <u>st be received by Fr</u>	Chris S. Johnston IA- AA REGISTRATION At the Door Registration: \$30 AA / Al- Anon eb 28, 2024	Mail this form and payment to: Sioux City Tri-State Roundur PO Box 1823 Sioux City, IA 51102
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Pre-Registration: \$ Tre-registrations mu fame famail ddress (STI fame fame fame fame fame fame fame fame	10:00 am FATE ROUNDUP 25 ea AA/Al-Anon at be received by For REETADDRESS)	Chris S. Johnston IA- AA REGISTRATION At the Door Registration: \$30 AA / Al- Anon eb 28, 2024 (CITY) (STATE)	Mail this form and payment to; Sioux City Tri-State Roundup PO Box 1823 Sioux City IA 51162 Check One Bo AA AI-Anon Alateen

Hosted by District 1

2024 Area 24

FALL CONFERENCE

"More will be revealed"

October 11-13, 2024 Abu Bekr Shriners 820 Nebraska St Sioux City, IA 51101

\$18 Pre-Registration (due by Sept 20) \$21 At Door MEALS: Luncheon: Pre-Reg \$12/At Door \$15, Banquet: Pre-Reg \$20/At Door \$25, Vegetarian: \$12 *300 meals available for each, Banquet and Luncheon * Limited # of meals available at door

	Friday, October 11	Meeting	11:15-12:15am Candlelight
	6:45-7:45pm Officer and	11:30-1:30pm Luncheon—Al-	Meeting
ш	Chairing Sharing Session	Anon Speaker: John M. (San	Sunday, October 13
	8:00-9:30pm Sharing	Francisco CA) and Alateen	6:45-7:45am Early Bird
	Sessions DCM, GSR and Area	speaker	Meeting
Ъ	Officers	1:45-5:30pm Area Business	8:00-9:00am For conference
	9:45-11:15pm Workshops-	Meeting	committee to decide
뽀	Archives, Corrections,	6:30pm Banquet, AA	9:15-10:15am Past
T	Newsletter, and PI	Speaker: John E. (Omaha NE)	Delegate—"Ask It Basket"
\mathbf{O}	Saturday, October 12	and entertainment	9:15-10:15am Area Officers
S	7:15-8:15am Early Bird AA	9:30-11:00pm Workshops—	and Chairs transition meeting
	meeting	CPC, Grapevine, Literature,	10:30-11:30am AA Spiritual
	8:30-11:15am Area Business	and Treatment	Speaker

ONLINE REGISTRATION: https://more-will-be-revealed.cheddarup.com

Area 24 Fall Conference 2024 Pre-Registration Due by Sept 20						
Name:	Check	one: AA Al-A	non Alateen	_		
Badge Name:	Adults	\$18 Pre-Reg	At Door \$21			
	Alateen	\$5				
Address: City, State	Pre-Reg Meal	Sat. Lunch \$12	Dinner Banquet \$20	Veg. Meal \$12		
Zip:	At Door Meal	Sat. Lunch \$15	Dinner Banquet \$25	Veg. Meal \$12		
Phone:	TOTAL					
CHECK BOX (Due by Sept 1)						
 Spanish interpreter ASL interpreter 	MAKE CHECK Area 24 Fall Conference 2024 and mail			51102		

* Alateen must present Iowa Consent & Release Form at the Registration Table for Admission to the Conference

Pre-Registration due by September 20, 2024

LODGING-

Call and ask for the "Area 24 Fall Conference" rates. Must reserve hotel room by Sept 11, 2024 to get rate. *Taxes are 13.65% in IA.*

Avid

101 Court St Sioux City, IA 51101 (712) 522-3640 Total Rms. avail.-31 Kings—\$100 + tax Double Queen-\$110 + tax

Court Yard Marriott

901 4th St Sioux City, IA 51101 (712) 202-2700 Total Rms. Avail.—25 King \$129 +tax Double Queen \$139 +tax

Stoney Creek

300 3rd St Sioux City, IA 51101 (712)234-1100 Total Rms. avail.—25 King \$155 +tax Double Queen \$155

Holiday Express

4723 So. Hills Dr. Sioux City, IA 51106 (712) 274-0100 15 Double Queens 5 Kings \$124.99 + tax

So. Sioux City Marriott

Riverfront

385 E 4th St So. Sioux City, NE 68776 (402) 494-4000 15 Double Queen 10 Kings \$149 + 22% tax <u>Comfort Inn</u>

4202 S. Lakeport Sioux City, IA 51106 (712)274-1300 25 Double Queens \$94 + tax

Hampton Inn

5555 Sergeant Rd Sioux City, IA 51106 30 Rooms available (712) 587-6984 King \$124 + tax Double Queen \$124 + tax *Discount cutoff date 10/1/24 The Warrior Hotel 525 6th St.

Sioux City, IA 51101 (712) 317-1011 10 Rooms available Kings \$164 +tax Double Queen \$174 + tax *Discount cutoff date 9/13/24

PARKING

- ⇒ Parking Lot on Site South of building "Reserved for those with Impaired mobility" enter on 8th St between Neb St & Jackson St.
- ⇒ Parking Lot ACROSS, west of Building
- ⇒ Street parking along Nebraska St.

REGISTER ONLINE USING QR CODE



CONTACTS

Area24fallconference2024@gmail.com

Rose A.-(712) 522-9184

Rick W.-(712) 490-2465

Spanish speaking interpreters and ASL interpreters are available UPON request on registration form, due by Sept 1.

Siouxland Intergroup Quarterly Unity Dinner

Hosted by: Young People in Alcoholics Anonymous

Menu: Chili Cook Off

Saturday, February 10, 2024

Morningside Lutheran Church

700 S. Martha St

Sioux City, IA 51106



5pm—Registration / Fellowship

5:30pm—Dinner

Menu~ Homemade Chili, (Corn Bread, Cinnamon Rolls, Fry Bread)

Asking for Volunteers w/ last names (A-N) bring Salads, (M-Z) bring Desserts, please and Thank you!

6:10pm : Al-Anon Speaker (TBA)

6:45pm: AA Speaker : (TBA)

Contact the Intergroup Central Office with any questions (712) 252-1333 or if you want to volunteer!

Suggested \$5 Freewill Donation. All proceeds help support the Siouxland Intergroup Central Office.

There will be a Pay-It forward basket at the Registration table to help those who can't contribute.

"Help Carry the Message"

Revised November 16, 2023



Gratitude of Service Form / Volunteer / Service work

Peronal Information - all information is confidential

Today's Date:	New Volunteer	Information Update
First Name	Last Name	Gender
City		ZIP Code
Email Address	Sobriety Date	
Phone#	Birthdate	
Home Group	Other Language	
Do you have a sponsor?		
Check All That Apply		
 12 – Step Call (at least one year sol Temporary Sponsor (at least one year Hotline Volunteer (at least one year Help with Unity Dinner Set-Up/ Cl AA Speaker (at least one year sobe 	year sober & actively wor ar sober & actively work lean -Up (Willingness to	tking with sponsor) ing with sponsor) do service work)
Weekday Hours Available		
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		
Weekend Hours Available		
Saturday		
Sunday		
Notes:		
Please return this to your home group IGR IA 51103	(Intergroup Rep) or to y	our Central Office: 614 Cook St, Sioux City,
12- Step Volunteer: Be sure to stop in at t	the Central Office to pick	t up packet & 12-Step Call Brochure.
Hotline Volunteer: Be sure to stop in at the work.	he Central Office to pick	up packet that will assist you in your service
For every volunteer, Central Office will c	ontact you and do your	very best to say yes when you are called.
Siouxland Intergroup Central Office - PH	(712) 252-1333 - 614 C	ook St. Sioux City, IA 51103

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Your support of the Siouxland Intergroup Central Office helps keep the doors open and the phone connected to help save the lives of alcoholics who wish to recover. Suggested Contribution Plan From GSO: 50-30-10-10 Central Office *50% District *30%

District *30% Area 24 *10% GSO *10%

Intergroup Central Office

Mail to: Siouxland Intergroup P.O. Box 3684 Sioux City, IA 51102 Payable to; Siouxland Intergroup

General Service Office (GSO)

Mail to: The General Service Office P.O. Box 2407 James A Farley Station New York, NY 10116-2407 Payable to; General Service Board

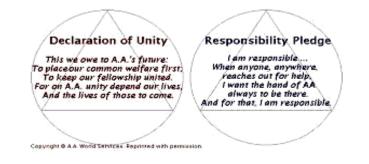
Area 24

Mail to:

to: Area 24 T/N P.O. Box 1291 Des Moines, IA 50301 Payable to; Area 24 Treasury

District 1

Mail to: District 1 P.O. Box 5246 Sioux City, IA 51102 <u>Payable to; District 1 AA</u>



Join the Siouxland Intergroup Birthday Club

What is the Birthday Plan?

In grateful celebration of their sobriety birthdays, many A.A. members contribute one dollar or more for each year of sobriety to any or all of our four service entities; the local Intergroup, District, Area, and General Service Office.

Every A.A. service is designed to help carry the A.A. message to the alcoholic who still suffers. Your Birthday Plan contributions* help make our vital services possible.