SIOUXLAND INTERGROUP, PO Box 3684 51102 or 614 Cook St, Sioux City< IA 51103, 712.252.1333



The Next Siouxland Intergroup Meeting will be 7PM <u>Thursday, November 16, 2023</u> at the Central Office, 614 Cook St. in Sioux City Come early and grab a good Seat!

If you would like your EVENT to be listed in the GROUPLINE or if you have artwork,



poetry or an article you would like to be considered for print, please email your submission to:

aacentralofficesc@gmail.com

or drop it by the Central Office or call us at 712-252-1333

Our website is www.aasiouxcity.org

The next DISTRICT 1 Meeting will be 6:30PM <u>Tuesday, November 14, 2023</u> at Club 215 2432 Jay Ave, in Sioux City

#### **CENTRAL OFFICE HOURS**

 Sun, Mon:
 CLOSED

 Tues--Thurs:
 9:00 am to 2:00 pm

 Fri:
 11:30 am to 2:00 pm

 Sat:
 10:00 am to 1:00pm

Come early and grab a good Seat! The International Journal of Alcoholics Anonymous

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#### November 2023 Gratitude

This month's feature section is "Gratitude". AA members share beautiful, personal stories about learning to be grateful. The issue highlights GSO Archived and our vast Grapevine Story Archives, which date back to 1944.

THE INTERNATIONAL JOURNAL OF ALCOHOLICS ANONYMOUS AA GRAPEVINE.ORG NOVEMBER 2023

# **A Short Memo** From Siouxland Intergroup Central Office

**Hello!** This past month the phone continues to ring on average of 10-12 calls per week for available meetings within our District as well outside of our District. Last month Central Office had 27 drop in visitors: to *buy literature, meeting schedules, pamphlets and offer group donations*.

The website got an average of 38 daily visits this past month (1172 total). Donations were received from 12 AA Groups, 24 Faithful Fiver's, 0 Birthday. Thank you to those groups and individuals that continue supporting your Intergroup Central Office! Thank you to those who stop in every month, we do have continuous sales of our AA literature from our members including District 2 and Vermillion.

District 1 report for October, District 1 asking for volunteer to attend next District meeting to help form committees to prepare for the 2024 Fall Conference in Sioux City.

Intergroup next Unity Dinner will be November 4, 2023 hosted by 7pm Saturday, Living in The Solution Group (Leeds Alano Club).

I did attend the 2023 ICOAA Seminar and heard what others offices are doing to keep donations coming in and would like to ask IGRs to ask their groups input in using Venmo as another option for individual contributions. Other ideas will be brought up and discussed at the next Intergroup meeting as far as getting volunteers involved with service work.

The flyers for activities that are coming up are available on the website, www.aasiouxcity.org, in the *local events* tab.

As always, I am very grateful to be here keeping the AA energy flowing and keeping AA available and accessible for new and seasoned members!

Siouxland Intergroup Central Office Manager, Veronica K.

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# Thank you to our <u>October 2023</u> monthly "<u>Faithful Fivers</u>", "<u>Birthdays</u>" & "<u>Groups</u>" contributions that make it possible for Siouxland to have a Central Office!!!

<b>Group:</b> Early Bird Group Living in The Solution Siouxland Intergroup Mtg No Name Group One a Day Group (M & TH) Stockyards Men's Group	<b>Faithful fiver/</b> Anne B. Bill H. Bob L. CJ Chris D. Dan P.	Rod C. Carol C. Tim L. Veronica K.
Sunrise Attitude Adj. Group Zoom Sunrise Att. Adj. Group Tuesday 12x12 Group Vast Amount of Fun Wed. Where It all Begins	Dave W. Delvin W. Diane B Jesse V. Jesse S. Lyle R. Mick M. Mike G. Mike G. Mike H. Nick H. Paul T. Pat G. Ray G. Rick W.	Birthday/ Individual

#### Siouxland Intergroup Meeting minutes from Oct 19th, 2023

The meeting was opened at 7:00 pm with serenity prayer and introductions by Tim L followed by the Intergroup Statement of purpose and the central office statement of purpose which was read with 8 members present.

**Secretary's Report:** The secretary's report was read by Jesse V. Motion to accept the secretary's report was made by Josh M and seconded by Jerry K; motion passed.

**Treasurer Report:** The treasurer's report was read by Bill H. The motion to accept the treasurer's report was made by Josh M and seconded by Jesse V; motion passed.

**District 1 Report:** Erin will be getting the seed money to start getting the ball rolling on the Area Fall 2024 Conference. There is talk of changing the requirements for being able to take a meeting in Woodbury County Jail.

**Functions and Committees:** The next unity Dinner will be November 4<sup>th</sup> hosted by the Living in the Solution Group

**Old Business:** The Audit will be completed by Frank G.

**New Business:** There will be an Al-Anon Speaker at the next Unity Dinner maybe we also have a member of intergroup explain what services we provide.

#### Announcements

November 4<sup>th</sup>, 2023, -Unity Dinner at Morningside Lutheran Church hosted by the Living in the solution group. November 23<sup>rd</sup>, 2023, -35<sup>th</sup> Anniversary Sunrise Attitude Adjustment AA Group Thanksgiving Morning Meeting Shriners Temple 820 Nebraska St 6:30 am Back to Basics is starting again November 27<sup>th</sup>, 2023, 6:30 pm Club 215 2432 Jay Ave Sober Sisters Weekend to Bahamas January12-15 2024

A motion to Close the meeting was made by Jesse V and seconded by josh M. The motion passed the meeting closed at 7:47 pm with I am responsible.

Respectfully Submitted Jesse V., Intergroup Secretary **Step Eleven** "Sought through prayer and meditation to improve our conscious contact with God <u>as we understood Him</u>, praying only for knowledge of His will for us and the power to carry that out."

"We usually conclude the period of meditation with a prayer that we be shown all throughout the day what our next step is to be, that we be given whatever we need to take care of such problems. We ask especially for freedom from self-will, and are careful to make no request for ourselves only. We may ask for ourselves, however, if others will be helped. We are careful never to pray for our own selfish ends. Many of us have wasted a lot of time doing that and it doesn't work. You can easily see why."

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#### **Tradition Eleven**

"Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy."

Long Form—"Our relations with the general public should be characterized by personal anonymity. We think A.A. ought to avoid sensational advertising. Our names and pictures as A.A. members ought not be broadcast, filmed, or publicly printed. Our public relations should be guided by the principle of attraction rather than promotion. There is never need to praise ourselves. We feel it better to let our friends recommend us."

© 1939,1955,1976 by Alcoholics Anonymous World Services, Inc. Alcoholics Anonymous, p 567.



#### Intergroup Board Board Officers

Chairperson	
Co-Chairperson	
Secretary	
Treasurer	

Tim L. Bryon W. Jesse V. Bill H.

#### **Board Members / Intergroup Representatives**

Josh M. (Men's Stockyard Meeting) Jerry K. (Sat. 12x12 Noon—Fellowship Club) Jay L (Living in the Solution Sun 7pm Leed's) Rick W. (Visitor) Tony S. (Visitor)

Your Intergroup board meets every third Thursday at 7pm at the Intergroup Central Office.

# The Role of an Intergroup Representative

Serving as an Intergroup Representative offers you a rewarding opportunity to share in Alcoholics Anonymous' Third Legacy—Service.



Here's how it works. The Intergroup Representative is elected by his or her group. (Meetings, by definition, do not have group reps). They then attend the monthly Intergroup Representatives meeting. To this meeting they bring any suggestions, comments, or opinions their group

may have. The Intergroup Representative or alternate casts their groups vote on all matters requiring a group conscience.

The purpose of the Intergroup Rep is to be a link in the chain connecting the individual member of an AA group to those who are elected to maintain the operation of Siouxland Intergroup. This allows Siouxland Intergroup to better serve its members—which is the reason for its existence as provided for in the 9th Tradition which says, "AA, as such ought never be organized; but we may create service boards or committees directly responsible to those they serve."

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CENTRAL OFFICE STATEMENT OF PURPOSE	To become a better trusted servant of your	
⇒ to receive, distribute and follow-up on "12-Step Calls"	group and of A.A. as a whole.	
$\Rightarrow$ to answer inquiries about A.A.;	Ulisik the Control Office	
$\Rightarrow$ establish local public information about	<ul> <li>Visit the Central Office</li> </ul>	
local hospitals and recovery facilities for	Attend Intergroup Regularly	
alcoholics;		
$\Rightarrow$ to provide "Locally Produced A.A. Related	Keep your AA group Up-To-	
material", "Conference Approved A.A.	Date	
Material" and "Other Recovery Related	Ash Quastians	
Material. Form SI-1, Dec 2017	Ask Questions	

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**Intergroup Meetings:** Intergroup meetings are held the *third Thursday of every month* at 7:00 p.m. at the Central Office. Intergroup Representatives (IGR's) meet with the board to discuss the needs of Intergroup and AA groups. Here, events such as the Hoedown, Founder's Day, New Year's Celebration and Unity Dinners are planned with the groups participating in these events. **Intergroup's main purpose is to serve the suffering alcoholic through the Central Office that serves as the link between Alcoholics Anonymous and the public.** 

**Financial Support:** Intergroup is supported solely by contributions from the **groups** and from **individual members** through programs like the **"Birthday Plan"** and the **"Faithful Fivers plan"**. Ask us how you can help.

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# <u>Updates on AA meetings in our District</u>

Please contact Siouxland Intergroup Central Office with any group updates or meeting changes. Help us keep an accurate updated meeting list of both in person and online meetings so the newcomer can find us. 712-252-1333



# SUNRISE ATTITUDE ADJUSTMENT MEETING

Monday—Saturday 6:30am

In the Library at The Hawkeye Club 420 Jones St Sioux City, IA 51101

Start you day with an "Attitude of Gratitude!

#### <u>SUNDAY BREAKFAST</u>

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FELLOWSHIP CLUB 1403 SUMMIT

8:30 AM - 10:00 AM EVERY SUNDAY

\$5.00 SUGGESTED DONATION

MEETING FOLLOWS @ 10:30 AM

> \*Fundraiser for the club\* \*No one turned away – but service work may be asked for\* 1403 Summit Street Sioux City, 1A 51103

#### Food Fun and Fellowship



A \$3 donation is suggested. Main dish is provided please bring a side.

Come celebrate your birthday at Leeds Birthday Night!!!!



Monthly and yearly chips presented The last Saturday of every month 5:30pm meeting followed by a Pot luck Leeds Alano Club 4034 Floyd Blvd Sioux City, IA 51108



# Siouxland Intergroup Quarterly Unity Dinner



Hosted by Living in the Solution Group

#### Saturday, November 4, 2023

Morningside Lutheran Church

700 S. Martha St

Sioux City, IA 51106



5pm—Registration / Fellowship

5:30pm—Dinner

Menu~ Pulled Pork

Asking for Volunteers w/ last names (A-N) bring Salads, (M-Z) bring Desserts, please and Thank you!

6:10pm : Al-Anon Speaker (TBA) 6:45pm: AA Speaker : Roger R. (LeMars, IA)

Contact the Intergroup Central Office with any questions (712) 252-1333 or if you want to volunteer!

Suggested \$5 Freewill Donation. All proceeds help support the Siouxland Intergroup Central Office.

There will be a Pay-It forward basket at the Registration table to help those who can't contribute.

# SAVE THE DATE! District 15 Annual Christmas Darty

Saturday, December 9 | 5pm Rejoice Church in Le Mars Speakers, Food, and Fellowship 8

Potluck Meal: Meat will be provided Appetizers: A-H Salads/Sides: I-P Dessert: R-Z. AA speaker: Glenn B Al Anon speaker: TBD Contact: Jane C. at 712-578-9555

Upcoming Events



# NEXT SESSION STARTS 11/27/2023 NEXT SESSION STARTS 11/27/2023 Back To Basics New Marking <td co

12/11/2023 – Session 3: Steps 5, 6, 7, 8, 9

12/18/2023 - Session 4: Steps 10, 11, 12

# Join us **LIVE**:

#### 6:30 PM MONDAYS

Club 215

#### 2432 Jay Ave

#### **Sioux City**

Bring your "Big Book" and/or your <u>Back To Basics</u> book Limited copies of <u>Back To Basics</u> will be available for sale Please review "The Doctor's Opinion" and pages 1-43 of the "Big Book" before the first session.

Questions? Email us: backtobasicssiouxcity@gmail.com

Your support of the Siouxland Intergroup Central Office helps keep the doors open and the phone connected to help save the lives of alcoholics who wish to recover.

Suggested Contribution Plan From GSO: 50-30-10-10

> Central Office \*50% District \*30% Area 24 \*10% GSO \*10%

#### **Intergroup Central Office**

Mail to: Siouxland Intergroup P.O. Box 3684 Sioux City, IA 51102

Payable to; Siouxland Intergroup

## General Service Office (GSO)

Mail to: The General Service Office P.O. Box 2407 James A Farley Station New York, NY 10116-2407 <u>Payable to; General Service Board</u>

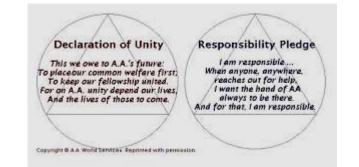
## Area 24

Mail to:

to: Area 24 T/N P.O. Box 1291 Des Moines, IA 50301 Payable to; Area 24 Treasury

#### **District 1**

Mail to: District 1 P.O. Box 5246 Sioux City, IA 51102 <u>Payable to; District 1 AA</u>



### Join the Siouxland Intergroup Birthday Club



#### What is the Birthday Plan?

In grateful celebration of their sobriety birthdays, many A.A. members contribute one dollar or more for each year of sobriety to any or all of our four service entities; the local Intergroup, District, Area, and General Service Office.

Every A.A. service is designed to help carry the A.A. message to the alcoholic who still suffers. Your Birthday Plan contributions\* help make our vital services possible.