

The Next **Siouxland Intergroup** Meeting will be 7PM Thursday, October 19, 2023 at the Central Office, 614 Cook St. in Sioux City

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Come early and grab a good Seat! The International Journal of Alcoholics Anonymous

If you would like vour **EVENT** to be listed in the **GROUPLINE** or if you have artwork,



poetry or an article you would like to be considered for print, please email your submission to:

aacentralofficesc@gmail.com

or drop it by the **Central Office or** call us at 712-252-1333

Our website is www.aasiouxcity.org

The next DISTRICT 1 Meeting will be 6:30PM Tuesday, October 10, 2023 at Club 215 2432 Jay Ave, in Sioux City

CENTRAL OFFICE HOURS

Sun, Mon: CLOSED Tues--Thurs: 9:00 am to 2:00 pm 11:30 am to 2:00 pm 10:00 am to 1:00pm Sat:



October 2023 **Mid-Sobriety Challenges**

This month's feature section is "Mid-Sobriety Challenges" Powerful stories by AA members about the challenges that happen after 10, 15 or 20+ years of sobriety.

THE INTERNATIONAL JOURNAL OF ALCOHOLICS ANONYMOUS AA **GRAPEVINE.ORG OCTOBER 2023**

A Short Memo From Siouxland Intergroup Central Office

This past month the phone continues to ring on average of 10-12 calls per week for available meetings within our District as well outside of our District. Last month Central Office had 31 drop in visitors: to buy literature, meeting schedules, pamphlets and offer group donations. The website got an average of 35 daily visits this past month (1045 total). Donations were received from 16 AA Groups, 22 Faithful Fiver's, 1Birthday. Thank you to those groups and individuals that continue supporting your Intergroup Central Office! Thank you to those who stop in every month, we do have continuous sales of our AA literature from our members including District 2 and Vermillion.

District 1 report for September, Area 24 accepted District 1 bid to host the Fall 2024 Conference. District will be asking for volunteers to help make this conference a success.

Intergroup voted on sending me to the 38th Annual ICOAA Seminar October 12-15, 2023 in Cincinnati, OH (Intergroup Central Office AA Seminar) and I look forward to sharing what I have learned with you when I come back!

The next Unity Dinner will be November 4, 2023 hosted by 7pm Saturday, Living in The Solution Group (Leeds Alano Club).

Discontinued Meetings:

Leeds Tuesday night 6:30pm Big Book Study (C) has closed, not very well attended.

The flyers for activities that are coming up are available on the website, www.aasiouxcity.org, in the *local* events tab.

As always, I am very grateful to be here keeping the AA energy flowing and keeping AA available and accessible for new and seasoned members!

Siouxland Intergroup Central Office Manager, Veronica K.

Thank you to our <u>September 2023</u> monthly "<u>Faithful Fivers</u>", "<u>Birthday</u>" & "Groups" contributions that make it possible for Siouxland to have a Central

Group!

Book & Cookies
By The Book

Friday 5:30pm Group

Leeds Sunday Nite Spiritual

Mtg

Living in The Solution

Loones Near the Dunes

No Name Group

Siouxland Intergroup Mtg

Serenity Open

Spiritual Steps 3 & 11 Grp @

Hawkeye Club

Sunrise Attitude Adj. Group

ZOOM Sunrise Att. Adj. Group

Vast Amount of Fun

Wed. Where It all Begins

Wed. Women's BB Study Grp

<u>faithful fivers</u>

Anne B. Bill H.

CJ

Dan P.

Dave W.

Delvin W.

Diane B

Jesse V.

Jesse S.

Jim S.

Mike G.

Mike H. Nick H.

Paul T.

Pat G.

Ray G. Rick W.

Rod C. Carol C. Ryan M. Tim L.

Veronica K.

Birthdays/ Individual

Marianne B. (33 year Sober!)



Siouxland Intergroup Meeting minutes from September 21st, 2023

The meeting was opened at 7:00 pm with serenity prayer and introductions by Tim L followed by the Intergroup Statement of purpose and the central office statement of purpose which was read with 10 members present.

Secretary's Report: The secretary's report was read by Jesse V. Motion to accept the secretary's report was made by Tom C and seconded by Jerry K; motion passed.

Treasurer Report: The treasurer's report was read by Bill H. The motion to accept the treasurer's report was made by Jesse V and seconded by Jerry K; motion passed.

District 1 Report: The Bid was accepted for Sioux City to host the fall 2024 Conference; now we will need volunteers to help the communities to make this conference a success.

Functions and Committees: The next unity Dinner will be November 4th hosted by the Living in the Solution Group.

Old Business: The Audit was tabled till next month.

New Business: Center Office Conference Oct 12th-15th 2023.

Announcements

Area 24 Fall Conference in Dubuque IA October 13th-15th 2023.

Link on the central office website to sign up to go, Scholarships available, please come to district for more information.

October 21st - Autumn Awareness - St. Mark Lutheran Church, 5200 Glenn Ave., Sioux City, IA - Registration starts at 5:00 p.m.; 5:30 Dinner; 6:15 AA Speaker; 7:30 Al-Anon Speaker; 8:15 Pie Extravaganza

Iowa Women's Luncheon October 22, 2023, 11:30am Hilton Garden Inn Des Moines/Urbandale 8600 North Park Drive

November 4th, 2023, Unity Dinner at Morningside Lutheran Church hosted by the Living in the solution group.

A motion to close the meeting was made by Jerry K and seconded by Tom C. The motion passed, the meeting closed at 7:47 pm with I am responsible.

Respectfully Submitted Jesse V., Intergroup Secretary

Step Ten "Continued to take personal inventory and when we were wrong promptly admitted it."

"which suggests we continue to take personal inventory and continue to set right any new mistakes as we go along. We vigorously commenced this way of living as we cleaned up the past. We have entered the world of the Spirit. Our next function is to grow in understanding and effectiveness. This is not an overnight matter. It should continue for our lifetime. Continue to watch for selfishness, dishonesty, resentment, and fear. When these crop up, we ask God at once to remove them. We discuss them with someone immediately and make amends quickly if we have harmed anyone. Then we resolutely turn our thoughts to someone we can help. Love and tolerance of others is our code."

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Tradition Ten

"Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy."

Long Form—"No A.A. group or member should ever, in such a way as to implicate A.A., express any opinion on outside controversial issues-particularly those of politics, alcohol reform, or sectarian religion. The Alcoholics Anonymous groups oppose no one. Concerning such matters they can express no views whatever."

© 1939,1955,1976 by Alcoholics Anonymous World Services, Inc. Alcoholics Anonymous, p 567.



Intergroup Board Board Officers

Chairperson
Co-Chairperson
Secretary
Tim L. (SunriseAtt.Adj.Sat)
Bryon W. (SunJoe&Charlie)
Jesse V.
Bill H.

Board Members / Intergroup Representatives

Tom C. (Leeds Sunday Night Spiritual Grp7:30pm)
Josh M. (Men's Stockyard Meeting)
Jerry K. (Sat. 12x12 Noon—Fellowship Club)
Jay L (Living in the Solution Sat. 7pm Leed's)
Kelly W. (Fri. YPAA Mtg)
Veronica K. (Central Office)

Your Intergroup board meets every third Thursday at 7pm at the Intergroup Central Office.

The Role of an Intergroup Representative

Serving as an Intergroup Representative offers you a rewarding opportunity to share in Alcoholics Anonymous' Third Legacy—Service.



Here's how it works. The Intergroup Representative is elected by his or her group. (Meetings, by definition, do not have group reps). They then attend the monthly Intergroup Representatives meeting. To this meeting they bring any suggestions, comments, or opinions their group

may have. The Intergroup Representative or alternate casts their groups vote on all matters requiring a group conscience.

The purpose of the Intergroup Rep is to be a link in the chain connecting the individual member of an AA group to those who are elected to maintain the operation of Siouxland Intergroup. This allows Siouxland Intergroup to better serve its members—which is the reason for its existence as provided for in the 9th Tradition which says, "AA, as such ought never be organized; but we may create service boards or committees directly responsible to those they serve."

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SIOUXLAND INTERGROUP CENTRAL OFFICE

STATEMENT OF PURPOSE

- ⇒ to receive, distribute and follow-up on "12-Step Calls"
- ⇒ to answer inquiries about A.A.;
- ⇒ establish local public information about local hospitals and recovery facilities for alcoholics;
- ⇒ to provide "Locally Produced A.A. Related material", "Conference Approved A.A. Material" and "Other Recovery Related Material. Form SI-1. Dec 2017

To become a better trusted servant of your group and of A.A. as a whole.

- Visit the Central Office
- Attend Intergroup Regularly
- Keep your AA group Up-To-Date
- Ask Questions

Intergroup Meetings: Intergroup meetings are held the *third Thursday of every month* at 7:00 p.m. at the Central Office. Intergroup Representatives (IGR's) meet with the board to discuss the needs of Intergroup and AA groups. Here, events such as the Hoedown, Founder's Day, New Year's Celebration and Unity Dinners are planned with the groups participating in these events. Intergroup's main purpose is to serve the suffering alcoholic through the Central Office that serves as the link between Alcoholics Anonymous and the public.

Financial support: Intergroup is supported solely by contributions from the **groups** and from **individual members** through programs like the "**Birthday Plan**" and the "**Faithful Fivers plan**". Ask us how you can help.

<u>Updates on AVA meetings in our District</u>

Please contact Siouxland Intergroup
Central Office with any group updates or
meeting changes. Help us keep an
accurate updated meeting list of both in
person and online meetings so the
newcomer can find us.
712-252-1333

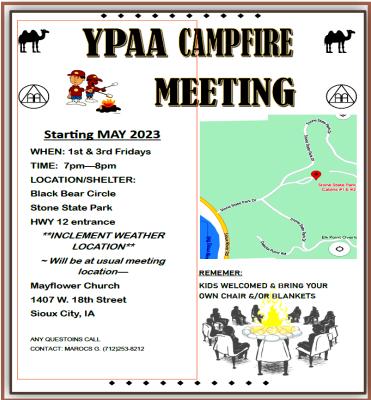


SUNRISE ATTITUDE ADJUSTMENT MEETING

Monday—Saturday 6:30am

In the Library at
The Hawkeye Club
420 Jones St
Sioux City, IA
51101

Start you day with an "Attitude of Gratitude!



Food Fun and Fellowship



A \$3 donation is suggested. Main dish is provided please bring a side.

Come celebrate your birthday at Leeds Birthday Night!!!!



Monthly and yearly chips presented
The last Saturday of every month
5:30pm meeting followed by a Pot luck
Leeds Alano Club 4034 Floyd Blvd
Sioux City, IA 51108



Sunrise Attitude Adjustment A.A. Group 35th Anniversary



Thanksgiving Morning Thurs., Nov. 23 2023 6:30 a.m.



Shriners Temple 820 Nebraska St Sioux City, iA 51101



After stuffing
the turkey,
come stuff yourself
with coffee, donuts
& fellowship!!

Upcoming Events

Siouxland Intergroup Quarterly Unity Dinner



Menu: Pulled Pork

Hosted by Living in the Solution Group

Saturday, November 4, 2023

Morningside Lutheran Church

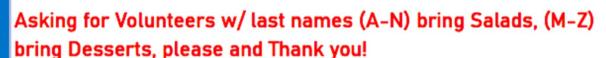
700 S. Martha St

Sioux City, IA 51106



5:30pm—Dinner

Menu~ Pulled Pork



6:00pm : AA Speaker : Roger R. (LeMars, IA)

Contact the Intergroup Central Office with any questions (712) 252-1333 or if you want to volunteer!

Suggested \$5 Freewill Donation. All proceeds help support the Siouxland Intergroup Central Office.

There will be a Pay-It forward basket at the Registration table to help those who can't contribute.



Your support of the Siouxland
Intergroup Central Office helps
keep the doors open and the
phone connected to help save the
lives of alcoholics who wish to

recover.

Suggested Contribution Plan From GSO: 50-30-10-10

Central Office *50% District *30% Area 24 *10% GSO *10%

Intergroup Central Office

Mail to: Siouxland Intergroup

P.O. Box 3684

Sioux City, IA 51102

Payable to; Siouxland Intergroup

General Service Office (GSO)

Mail to: The General Service Office

P.O. Box 2407

James A Farley Station New

York, NY 10116-2407

Payable to; General Service Board

Area 24

Mail to: Area 24 T/N

P.O. Box 1291

Des Moines, IA 50301

Payable to; Area 24 Treasury

District 1

Mail to: District 1

P.O. Box 5246

Sioux City, IA 51102

Payable to; District 1 AA

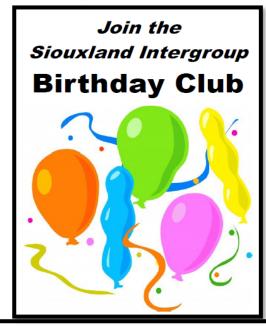
Declaration of Unity

This we owe to A.A.'s future: To placeour common welfare first; To keep our fellowship united, For on A.A. unity depend our lives, And the lives of those to come.

Responsibility Pledge

I am responsible...
When anyone, anywhere, reaches out for help, I want the hand of AA always to be there.
And for that, I am responsible

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What is the Birthday Plan?

In grateful celebration of their sobriety birthdays, many A.A. members contribute one dollar or more for each year of sobriety to any or all of our four service entities; the local Intergroup, District, Area, and General Service Office.

Every A.A. service is designed to help carry the A.A. message to the alcoholic who still suffers. Your Birthday Plan contributions* help make our vital services possible.